



Hennepin County Client Data Book

Hennepin County
Public Health



SHAPE 2018 Client Data Book

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Introduction

Overview

The 2018 Adult Survey of the Health of All the Population and the Environment, or SHAPE 2018, is the latest implementation in a series of surveys collecting information on the health of Hennepin County residents and the factors that affect their health across a broad range of topics. SHAPE works to help us understand how healthy residents are, examine differences in health among different communities, and understand how social factors such as income, education, and housing stability affect health. SHAPE was initiated in 1998, and has repeated the effort every four years since, including data collection iterations in 2002, 2006, 2010, and 2014. Each administration of SHAPE, has been implemented by Hennepin County Public Health.

About SHAPE 2018

The SHAPE 2018 survey collected information on the following health topics: overall health, health care access, healthy lifestyle and behaviors, and social-environmental factors. One of the primary goals of SHAPE 2018 was to reach a representative cross-section of residents to gather generalizable data for health status and other measures at a county and sub-county level. This was done in collaboration with six Hennepin County Human Service Centers, Office of Multicultural Services and NorthPoint Health and Wellness for in-person data collection.

Innovations for SHAPE 2018 included:

- Use of an in-person data collection to reach non-respondents in addition to traditional mailed methodology.
- Collaboration with the county's Volunteer Communities Partnership Program (VCP). Coordinators recruited volunteers and led training of volunteers in data collection to conduct in-person surveys. A key aspect of this approach that was critical to clients completing the survey was recruiting fully engaged volunteers who represented the diverse communities where sites were located.
- Use of incentives for in-person data collection.
- Addition of an interpreter from the Office of Multicultural Services to the SHAPE research team.
- Additionally, strategies were used to encourage respondents with limited English proficiency.
 - Survey instrument was translated into Spanish and Somali and offered at in-person data collection sites
 - Data collection at the Office of Multicultural Services over 6 weeks; this allowed participants to complete a survey utilizing language support if needed

A SHAPE 2018 Adult Data Book with the full SHAPE 2018 results is available, which reports all survey results by different geographic areas in Hennepin County. It also reports data by a variety of demographic and social factors, including age, gender, LGBT self-identification, race/ethnicity, household income, educational attainment, disability status and housing instability.

This report reflects the results from clients who completed the survey in-person at one of the eight sites described in Figure 1. A total of 3310 clients from eight in-person sites responded surveys. After excluding those surveys that were incompletes, or missing critical data, such as age and gender, 3102 surveys are in final data-set for this in-person data report.

Introduction

These reports are reflective of those clients who volunteered to complete the survey during the one week of data collection in 2018. The results are reported for the respondents overall with select breakdowns, including in-person data collection sites or locations, gender, age, race/ethnicity, as well as key socio-demographic characteristics.

In-person data collection methods

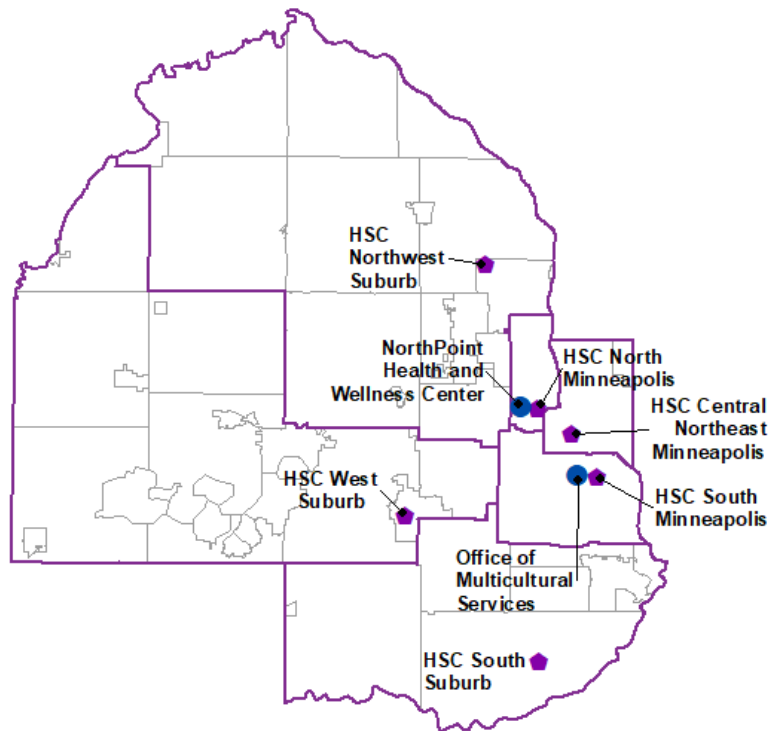
A pilot for data collection was completed in the summer of 2017 with revisions to data collection protocols based on observations and findings.

In-person data collection occurred at two sites simultaneously during weeks in June, July and August 2018. Data collection at NorthPoint Health and Wellness Center took place in early August.

The SHAPE survey instrument for in-person data collection was nearly identical to that of the mail survey. However, detailed questions regarding sugar sweetened beverage consumption were not include, and a question regarding experience with sex trafficking was added to the in-person survey only. As a result, tables 32 through 35 are blank in this report.

A copy of the survey instrument is available as Appendix B at the end of this report.

Figure 1. Locations of SHAPE 2018 in-person survey data collection



Data collection

Mail Survey

Approximately 40,000 households were randomly selected from a list of all households in Hennepin County and invited to participate in the SHAPE 2018 survey via a series of mailings, including an introductory postcard and paper surveys from May through August 2018. Data collection occurred from May through December 2018. More than 9,000 completed surveys were received by December. Households located in census tracts with a higher proportion of low income, racially diverse populations, and with a higher concentration of young adults were sampled at a higher rate compared to census tracts with a lower proportion of these populations.

In-person survey

Data collection was conducted in-person at six human service centers, the Office of Multicultural Services, and NorthPoint Health and Wellness in Hennepin County. More than 3,300 surveys, averaging 400 per site, were completed. Of those, about 300 were completed in Spanish, nearly 100 in Somali, and dozens in several other languages including Oromo, Russian, Amharic, and Hmong.

Who responded

Responses from the mailed survey were the base sample for the SHAPE 2018 general population data reporting. After data cleaning and removal of duplicate and incomplete surveys, the final sample from the mail survey was 8,810.

For the Hennepin County SHAPE 2018 Adult Data Book¹, responses from the in-person survey were used for both non-response conversion and mail survey sample replacement.

Respondents for the in-person survey were asked to provide their address. Of the 3,300 surveys collected, more than 2,700 provided an address. Complete residential addresses were geocoded using ArcGIS 10.52, and then matched to households that were in the mail sample via exact address match (205 surveys) or within 200 meters of an address in the mail sample (2,128 surveys)-sample replacement. These 2,333 surveys were included in the final dataset of the SHAPE 2018 Adult Data book. However, all in-person completed and non-duplicate surveys collected in-person, regardless if they provided an address, were homeless, or listed an address outside of Hennepin County, are included in this data book (3,102). Table A details the final dataset for the in-person results reported in this data book by key demographic characteristics.

Data collection

Table A. SHAPE 2018 client sample description

Characteristic	Number of respondents
Hennepin County Total	3,102
Location (site)	
Human Service Center (HSC) North Minneapolis	389
HSC Central Northeast Minneapolis	388
HSC South Minneapolis	394
HSC Northwest Suburb	388
HSC West Suburb	383
HSC South Suburb	405
Office of Multicultural Services	352
NorthPoint Health and Wellness Center	403
Age	
18-24	368
25-34	831
35-44	701
45-54	522
55-64	402
65-74	189
75 and older	59
Gender	
Male	980
Female	2,111
LGBT self-identification	
LGBT self-identified	303
Not LGBT self-identified	2,325

Data collection

Race/Ethnicity	
Hispanic	435
Non-Hispanic	
American Indian or Alaska Native	154
Asian or Asian American	127
Southeast Asian	88
Black or African American	1,580
US-born	1,079
Foreign-born	403
White	603
Income	
< 200% Federal Poverty Level (FPL)	2,733
< 100% FPL	1,992
100-199% FPL	741
≥ 200% FPL	229
Educational Attainment	
Less than high school	635
High school or General Education Diploma (GED)	1,139
Some college	993
College degree or higher	270

Limitations

This data was not collected via random sample, so results cannot be generalized to the community or all persons utilizing services from Hennepin County or Northpoint Health and Wellness. The data in this report has not been adjusted or weighted to account for differences in persons completing the survey and the general population. The full SHAPE 2018 Adult Data Book report should be referenced when looking for overall county and subpopulation breakdowns. For assistance in interpreting these results, please call (612) 348-7416 or email SHAPE@hennepin.us.



Overall health

Overall Health


Summary measures
Overall health

Table 1	Very Good or Excellent Health		Poor or Fair Health		Frequent Physical Health Distress		Frequent Mental Distress	
	N	Percent	N	Percent	N	Percent	N	Percent
Hennepin County total	3,078	37.4%	3,078	28.3%	2,934	22.6%	2,928	29.5%
Location								
HSC - North Minneapolis	385	35.8%	385	30.6%	373	29.5%	374	34.2%
HSC - Central Northeast Minneapolis	387	39.0%	387	29.5%	367	23.2%	376	33.5%
HSC - South Minneapolis	391	43.0%	391	26.6%	377	22.5%	375	30.4%
HSC - Northwest Suburban	386	33.2%	386	30.8%	372	25.3%	363	35.8%
HSC - West Suburban	382	42.7%	382	20.2%	363	20.1%	362	28.5%
HSC - South Suburban	404	37.4%	404	26.5%	381	20.2%	381	30.7%
Office of Multicultural Services	350	30.3%	350	30.3%	324	16.7%	319	12.2%
NorthPoint Health & Wellness Center	393	36.9%	393	32.1%	377	22.3%	378	28.6%
Age								
18-34	1,194	50.1%	1,194	15.7%	1,143	13.5%	1,135	24.4%
35-54	1,209	30.4%	1,209	34.6%	1,155	27.4%	1,154	33.9%
55 and older	675	27.3%	675	39.3%	636	30.0%	639	30.8%
Gender								
Male	975	36.8%	975	30.4%	935	24.7%	934	29.7%
Female	2,092	37.6%	2,092	27.3%	1,990	21.5%	1,985	29.5%
LGBT self-identification								
LGBT self-identified	300	40.7%	300	27.0%	285	23.9%	284	34.9%
Not LGBT self-identified	2,309	36.4%	2,309	29.1%	2,233	22.9%	2,229	30.9%
Selected race/ethnicity								
Hispanic	431	32.3%	431	27.4%	394	17.8%	387	19.4%
Non-Hispanic								
American Indian or Alaska Native	152	36.8%	152	35.5%	150	24.0%	148	45.3%
Asian or Asian American	126	20.6%	126	34.9%	120	30.0%	122	32.8%
Southeast Asian	88	17.0%	88	36.4%	86	31.4%	86	34.9%
Black or African American	1,566	42.0%	1,566	27.1%	1,494	21.3%	1,490	27.0%
US-born black	1,069	35.4%	1,069	30.9%	1,026	23.7%	1,028	33.6%
Foreign-born black	400	56.8%	400	18.3%	379	16.4%	374	12.0%
White	602	31.2%	602	30.2%	582	27.0%	586	37.2%
Household income								
< 100% of Federal Poverty Level	1,979	36.3%	1,979	30.4%	1,896	23.6%	1,888	31.9%
≥ 100% of Federal Poverty Level	959	39.9%	959	22.6%	920	20.4%	924	24.6%

Overall Health


Summary measures
Overall health

Table 1	Very Good or Excellent Health		Poor or Fair Health		Frequent Physical Health Distress		Frequent Mental Distress	
	N	Percent	N	Percent	N	Percent	N	Percent
Household with children aged 0 to 5								
Yes	1,176	44.6%	1,176	19.6%	1,122	15.9%	1,111	24.1%
No	1,899	32.9%	1,899	33.8%	1,809	26.7%	1,814	32.9%
Household with children aged 0 to 17								
Yes	1,787	41.1%	1,787	23.1%	1,695	18.6%	1,687	26.3%
No	1,288	32.3%	1,288	35.6%	1,236	27.9%	1,238	34.0%
Educational attainment								
Less than high school	628	33.0%	628	32.6%	587	24.0%	584	29.3%
High school or GED	1,130	38.3%	1,130	28.1%	1,082	22.9%	1,076	28.3%
Some college or higher	1,257	38.5%	1,257	26.0%	1,208	21.7%	1,210	31.6%
Food insecurity								
Yes	1,696	29.8%	1,696	33.6%	1,624	27.5%	1,621	38.7%
No	1,329	46.5%	1,329	21.7%	1,263	16.4%	1,260	18.2%
Transportation insecurity								
Yes	1,378	32.0%	1,378	32.7%	1,314	26.1%	1,312	36.2%
No	1,674	41.6%	1,674	24.7%	1,596	19.7%	1,593	24.4%
Currently experiencing homelessness								
Yes	189	36.5%	189	32.8%	182	23.1%	186	33.3%
No	2,889	37.4%	2,889	28.0%	2,752	22.5%	2,742	29.3%
Housing insecurity								
Yes	1,539	33.8%	1,539	29.6%	1,483	24.8%	1,483	35.5%
No	1,524	41.0%	1,524	26.9%	1,438	20.2%	1,432	23.7%
Self-reported disability								
Yes	1,113	16.9%	1,113	49.4%	1,082	41.4%	1,080	51.9%
No	1,928	48.9%	1,928	16.0%	1,822	11.4%	1,816	16.3%
Frequent mental distress								
Yes	863	19.7%	863	48.6%	848	52.0%	865	100.0%
No	2,056	44.4%	2,056	19.3%	2,032	10.1%	2,063	0.0%

NOTE: Definitions for the indicators are provided in Appendix A.

Overall Health

Q: In general, would you say your health is ...?

Table 2	Sample Size	Excellent	Very Good	Good	Fair	Poor
	N	Percent	Percent	Percent	Percent	Percent
Hennepin County total	3,078	15.3%	22.1%	34.3%	22.3%	6.0%
Location						
HSC - North Minneapolis	385	15.1%	20.8%	33.5%	23.4%	7.3%
HSC - Central Northeast Minneapolis	387	16.0%	23.0%	31.5%	23.3%	6.2%
HSC - South Minneapolis	391	18.9%	24.0%	30.4%	22.3%	4.3%
HSC - Northwest Suburban	386	14.8%	18.4%	36.0%	23.3%	7.5%
HSC - West Suburban	382	17.0%	25.7%	37.2%	16.0%	4.2%
HSC - South Suburban	404	12.4%	25.0%	36.1%	21.0%	5.4%
Office of Multicultural Services	350	15.7%	14.6%	39.4%	24.0%	6.3%
NorthPoint Health & Wellness Center	393	12.7%	24.2%	31.0%	25.4%	6.6%
Age						
18-34	1,194	22.4%	27.7%	34.2%	14.2%	1.5%
35-54	1,209	11.9%	18.5%	35.0%	27.0%	7.5%
55 and older	675	8.9%	18.4%	33.5%	28.1%	11.1%
Gender						
Male	975	17.1%	19.7%	32.8%	22.4%	8.0%
Female	2,092	14.4%	23.1%	35.1%	22.3%	5.0%
LGBT self-identification						
LGBT self-identified	300	16.7%	24.0%	32.3%	20.0%	7.0%
Not LGBT self-identified	2,309	14.0%	22.4%	34.5%	22.9%	6.2%
Selected race/ethnicity						
Hispanic	431	15.1%	17.2%	40.4%	24.6%	2.8%
Non-Hispanic						
American Indian or Alaska Native	152	10.5%	26.3%	27.6%	27.0%	8.6%
Asian or Asian American	126	5.6%	15.1%	44.4%	18.3%	16.7%
Southeast Asian	88	2.3%	14.8%	46.6%	19.3%	17.0%
Black or African American	1,566	19.3%	22.7%	30.8%	21.9%	5.2%
US-born black	1,069	14.1%	21.2%	33.8%	25.3%	5.6%
Foreign-born black	400	31.0%	25.8%	25.0%	13.8%	4.5%
White	602	8.0%	23.3%	38.5%	22.6%	7.6%
Household income						
< 100% of Federal Poverty Level	1,979	15.4%	21.0%	33.3%	23.4%	6.9%
≥ 100% of Federal Poverty Level	959	14.5%	25.4%	37.4%	18.7%	4.0%

Overall Health



In general, would you say your health is ...?

Table 2	Sample Size	Excellent	Very Good	Good	Fair	Poor
	N	Percent	Percent	Percent	Percent	Percent
Household with children aged 0 to 5						
Yes	1,176	20.3%	24.3%	35.8%	16.8%	2.7%
No	1,899	12.2%	20.7%	33.3%	25.8%	8.0%
Household with children aged 0 to 17						
Yes	1,787	17.3%	23.8%	35.8%	19.4%	3.7%
No	1,288	12.6%	19.7%	32.1%	26.4%	9.2%
Educational attainment						
Less than high school	628	16.7%	16.2%	34.4%	25.8%	6.8%
High school or GED	1,130	16.1%	22.2%	33.5%	21.9%	6.2%
Some college or higher	1,257	13.3%	25.2%	35.5%	20.8%	5.2%
Food insecurity						
Yes	1,696	11.0%	18.8%	36.6%	25.5%	8.1%
No	1,329	20.6%	25.9%	31.8%	18.4%	3.3%
Transportation insecurity						
Yes	1,378	13.5%	18.5%	35.3%	25.3%	7.5%
No	1,674	16.6%	25.0%	33.6%	20.0%	4.8%
Currently experiencing homelessness						
Yes	189	17.5%	19.0%	30.7%	27.0%	5.8%
No	2,889	15.2%	22.3%	34.6%	22.0%	6.0%
Housing insecurity						
Yes	1,539	13.4%	20.4%	36.6%	23.2%	6.4%
No	1,524	17.3%	23.8%	32.1%	21.3%	5.6%
Self-reported disability						
Yes	1,113	5.0%	11.9%	33.7%	35.0%	14.4%
No	1,928	21.1%	27.8%	35.1%	14.9%	1.1%
Frequent mental distress						
Yes	863	5.3%	14.4%	31.7%	34.1%	14.5%
No	2,056	18.6%	25.8%	36.3%	16.8%	2.4%

NOTE: Definitions for the indicators are provided in Appendix A.

Overall Health



Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Table 3	Sample Size	0 days	1 or 2 days	3 to 7 days	8 to 13 days	14 or more days
	N	Percent	Percent	Percent	Percent	Percent
Hennepin County total	2,934	39.0%	13.7%	18.5%	6.2%	22.6%
Location						
HSC - North Minneapolis	373	33.2%	15.5%	15.8%	5.9%	29.5%
HSC - Central Northeast Minneapolis	367	37.3%	13.4%	16.6%	9.5%	23.2%
HSC - South Minneapolis	377	41.1%	12.7%	19.1%	4.5%	22.5%
HSC - Northwest Suburban	372	38.7%	11.6%	18.0%	6.5%	25.3%
HSC - West Suburban	363	48.8%	9.4%	18.2%	3.6%	20.1%
HSC - South Suburban	381	40.2%	13.9%	18.4%	7.3%	20.2%
Office of Multicultural Services	324	41.4%	17.9%	18.2%	5.9%	16.7%
NorthPoint Health & Wellness Center	377	32.1%	15.4%	23.9%	6.4%	22.3%
Age						
18-34	1,143	47.3%	15.2%	18.6%	5.3%	13.5%
35-54	1,155	35.3%	11.8%	19.0%	6.4%	27.4%
55 and older	636	30.8%	14.3%	17.5%	7.4%	30.0%
Gender						
Male	935	37.0%	13.3%	17.6%	7.4%	24.7%
Female	1,990	39.8%	13.9%	19.0%	5.7%	21.5%
LGBT self-identification						
LGBT self-identified	285	37.5%	13.0%	18.9%	6.7%	23.9%
Not LGBT self-identified	2,233	38.2%	13.8%	18.7%	6.4%	22.9%
Selected race/ethnicity						
Hispanic	394	41.4%	15.0%	20.1%	5.8%	17.8%
Non-Hispanic						
American Indian or Alaska Native	150	31.3%	12.7%	24.7%	7.3%	24.0%
Asian or Asian American	120	35.0%	13.3%	15.0%	6.7%	30.0%
Southeast Asian	86	37.2%	8.1%	15.1%	8.1%	31.4%
Black or African American	1,494	40.8%	12.9%	18.3%	6.8%	21.3%
US-born black	1,026	36.9%	11.5%	20.0%	7.9%	23.7%
Foreign-born black	379	51.2%	15.0%	13.7%	3.7%	16.4%
White	582	36.1%	15.3%	17.4%	4.3%	27.0%
Household income						
< 100% of Federal Poverty Level	1,896	37.0%	13.5%	19.6%	6.3%	23.6%
≥ 100% of Federal Poverty Level	920	43.3%	14.6%	15.4%	6.3%	20.4%

Overall Health



Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Table 3	Sample Size	0 days	1 or 2 days	3 to 7 days	8 to 13 days	14 or more days
	N	Percent	Percent	Percent	Percent	Percent
Household with children aged 0 to 5						
Yes	1,122	47.2%	13.6%	17.5%	5.8%	15.9%
No	1,809	34.0%	13.7%	19.1%	6.5%	26.7%
Household with children aged 0 to 17						
Yes	1,695	43.5%	13.9%	18.2%	5.7%	18.6%
No	1,236	32.9%	13.3%	18.9%	6.9%	27.9%
Educational attainment						
Less than high school	587	36.8%	12.9%	20.3%	6.0%	24.0%
High school or GED	1,082	39.6%	14.2%	16.6%	6.7%	22.9%
Some college or higher	1,208	39.5%	13.3%	19.4%	6.1%	21.7%
Food insecurity						
Yes	1,624	31.4%	13.5%	20.8%	6.8%	27.5%
No	1,263	48.9%	13.7%	15.6%	5.5%	16.4%
Transportation insecurity						
Yes	1,314	32.2%	14.0%	20.5%	7.2%	26.1%
No	1,596	44.4%	13.5%	17.0%	5.5%	19.7%
Currently experiencing homelessness						
Yes	182	35.2%	13.2%	21.4%	7.1%	23.1%
No	2,752	39.3%	13.7%	18.4%	6.1%	22.5%
Housing insecurity						
Yes	1,483	32.8%	14.2%	21.0%	7.1%	24.8%
No	1,438	45.3%	13.1%	16.1%	5.3%	20.2%
Self-reported disability						
Yes	1,082	16.4%	10.7%	21.3%	10.2%	41.4%
No	1,822	52.4%	15.5%	16.8%	3.9%	11.4%
Frequent mental distress						
Yes	848	15.8%	7.8%	15.8%	8.6%	52.0%
No	2,032	49.1%	16.0%	19.6%	5.1%	10.1%

NOTE: Definitions for the indicators are provided in Appendix A.

Overall Health



Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your physical health not good?

Table 4	Sample Size	0 days	1 or 2 days	3 to 7 days	8 to 13 days	14 or more days
	N	Percent	Percent	Percent	Percent	Percent
Hennepin County total	2,928	38.9%	8.5%	15.0%	8.0%	29.5%
Location						
HSC - North Minneapolis	374	33.2%	8.3%	18.4%	5.9%	34.2%
HSC - Central Northeast Minneapolis	376	33.0%	9.0%	17.0%	7.4%	33.5%
HSC - South Minneapolis	375	42.7%	8.3%	11.5%	7.2%	30.4%
HSC - Northwest Suburban	363	33.3%	7.2%	14.3%	9.4%	35.8%
HSC - West Suburban	362	40.9%	6.9%	11.9%	11.9%	28.5%
HSC - South Suburban	381	38.8%	7.3%	15.0%	8.1%	30.7%
Office of Multicultural Services	319	59.9%	11.9%	11.9%	4.1%	12.2%
NorthPoint Health & Wellness Center	378	32.8%	9.5%	19.3%	9.8%	28.6%
Age						
18-34	1,135	42.0%	9.5%	15.9%	8.2%	24.4%
35-54	1,154	36.0%	7.1%	14.2%	8.8%	33.9%
55 and older	639	38.8%	9.2%	14.9%	6.3%	30.8%
Gender						
Male	934	40.5%	7.2%	15.2%	7.5%	29.7%
Female	1,985	38.1%	9.1%	14.9%	8.3%	29.5%
LGBT self-identification						
LGBT self-identified	284	28.9%	9.9%	16.2%	10.2%	34.9%
Not LGBT self-identified	2,229	37.1%	8.4%	15.2%	8.3%	30.9%
Selected race/ethnicity						
Hispanic	387	45.5%	13.7%	15.8%	5.7%	19.4%
Non-Hispanic						
American Indian or Alaska Native	148	23.0%	6.8%	13.5%	11.5%	45.3%
Asian or Asian American	122	36.9%	10.7%	12.3%	7.4%	32.8%
Southeast Asian	86	32.6%	9.3%	15.1%	8.1%	34.9%
Black or African American	1,490	43.2%	7.9%	14.8%	7.1%	27.0%
US-born black	1,028	33.7%	7.9%	16.1%	8.8%	33.6%
Foreign-born black	374	68.2%	7.2%	9.6%	2.9%	12.0%
White	586	30.4%	7.7%	13.5%	11.3%	37.2%
Household income						
< 100% of Federal Poverty Level	1,888	37.6%	8.0%	14.8%	7.7%	31.9%
≥ 100% of Federal Poverty Level	924	42.1%	9.7%	15.0%	8.5%	24.6%

Overall Health



Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your physical health not good?

Table 4	Sample	0 days	1 or 2 days	3 to 7 days	8 to 13 days	14 or more days
	Size N	Percent	Percent	Percent	Percent	Percent
Household with children aged 0 to 5						
Yes	1,111	45.3%	8.9%	14.0%	7.7%	24.1%
No	1,814	35.1%	8.2%	15.5%	8.3%	32.9%
Household with children aged 0 to 17						
Yes	1,687	42.6%	8.8%	15.0%	7.4%	26.3%
No	1,238	34.1%	8.1%	14.9%	8.9%	34.0%
Educational attainment						
Less than high school	584	43.0%	7.5%	14.0%	6.2%	29.3%
High school or GED	1,076	39.6%	9.4%	14.3%	8.5%	28.3%
Some college or higher	1,210	35.4%	8.2%	16.1%	8.8%	31.6%
Food insecurity						
Yes	1,621	27.1%	8.0%	17.0%	9.1%	38.7%
No	1,260	54.3%	9.0%	11.8%	6.7%	18.2%
Transportation insecurity						
Yes	1,312	29.4%	7.9%	17.7%	8.8%	36.2%
No	1,593	46.5%	9.2%	12.8%	7.2%	24.4%
Currently experiencing homelessness						
Yes	186	32.3%	9.7%	15.6%	9.1%	33.3%
No	2,742	39.4%	8.4%	15.0%	8.0%	29.3%
Housing insecurity						
Yes	1,483	28.9%	8.4%	17.4%	9.9%	35.5%
No	1,432	49.2%	8.6%	12.5%	6.0%	23.7%
Self-reported disability						
Yes	1,080	18.5%	5.2%	14.0%	10.4%	51.9%
No	1,816	51.0%	10.4%	15.7%	6.6%	16.3%
Frequent mental distress						
Yes	865	N/A	N/A	N/A	N/A	N/A
No	2,063	N/A	N/A	N/A	N/A	N/A

NOTE: Definitions for the indicators are provided in Appendix A.

Overall Health



High risk of depression during the past two weeks

Table 5	Sample	Yes
	Size	
Hennepin County total		
	N	
Hennepin County total	3,075	24.7%
Location		
HSC - North Minneapolis	386	28.0%
HSC - Central Northeast Minneapolis	386	29.0%
HSC - South Minneapolis	392	24.0%
HSC - Northwest Suburban	385	29.4%
HSC - West Suburban	382	20.4%
HSC - South Suburban	401	20.9%
Office of Multicultural Services	350	17.1%
NorthPoint Health & Wellness Center	393	28.0%
Age		
18-34	1,190	17.8%
35-54	1,210	29.3%
55 and older	675	28.6%
Gender		
Male	975	25.6%
Female	2,090	24.3%
LGBT self-identification		
LGBT self-identified	298	30.9%
Not LGBT self-identified	2,309	25.0%
Selected race/ethnicity		
Hispanic	432	18.1%
Non-Hispanic		
American Indian or Alaska Native	153	31.4%
Asian or Asian American	127	32.3%
Southeast Asian	88	36.4%
Black or African American	1,560	24.0%
US-born black	1,067	27.6%
Foreign-born black	397	15.4%
White	602	26.7%
Household income		
< 100% of Federal Poverty Level	1,975	27.6%
≥ 100% of Federal Poverty Level	960	18.5%

Overall Health



High risk of depression during the past two weeks

Table 5	Sample Size	Yes
	N	Percent
Household with children aged 0 to 5		
Yes	1,174	18.7%
No	1,898	28.3%
Household with children aged 0 to 17		
Yes	1,782	21.1%
No	1,290	29.6%
Educational attainment		
Less than high school	628	29.6%
High school or GED	1,129	25.0%
Some college or higher	1,254	22.2%
Food insecurity		
Yes	1,698	32.2%
No	1,324	14.9%
Transportation insecurity		
Yes	1,381	31.2%
No	1,668	19.4%
Currently experiencing homelessness		
Yes	190	28.9%
No	2,885	24.4%
Housing insecurity		
Yes	1,543	28.9%
No	1,517	20.4%
Self-reported disability		
Yes	1,114	43.7%
No	1,924	13.4%
Frequent mental distress		
Yes	865	55.1%
No	2,056	12.3%

NOTE: Definitions for the indicators are provided in Appendix A.

Overall Health



Have you ever been told by a doctor, nurse, or other health professional that you had...

**Hypertension, also called high blood pressure
(Excluding gestational hypertension)**

Table 6	Sample Size	Ever had hypertension	Ever had borderline hypertension or pre-hypertension
	N	Percent	Percent
Hennepin County total	3,067	26.7%	4.3%
Location			
HSC - North Minneapolis	387	28.9%	3.9%
HSC - Central Northeast Minneapolis	383	23.8%	4.7%
HSC - South Minneapolis	394	23.4%	3.3%
HSC - Northwest Suburban	386	28.5%	5.4%
HSC - West Suburban	380	20.3%	5.3%
HSC - South Suburban	402	27.1%	4.5%
Office of Multicultural Services	345	25.8%	2.6%
NorthPoint Health & Wellness Center	390	35.6%	4.4%
Age			
18-34	1,191	9.4%	2.8%
35-54	1,203	30.7%	4.4%
55 and older	673	50.2%	6.7%
Gender			
Male	971	35.6%	5.0%
Female	2,085	22.6%	3.9%
LGBT self-identification			
LGBT self-identified	298	24.8%	7.7%
Not LGBT self-identified	2,304	27.2%	4.1%
Selected race/ethnicity			
Hispanic	424	15.3%	3.5%
Non-Hispanic			
American Indian or Alaska Native	153	23.5%	7.2%
Asian or Asian American	126	31.0%	2.4%
Southeast Asian	87	31.0%	1.1%
Black or African American	1,563	28.3%	3.4%
US-born black	1,069	31.4%	3.6%
Foreign-born black	397	18.9%	3.3%
White	601	31.3%	5.8%
Household income			
< 100% of Federal Poverty Level	1,971	26.9%	4.0%
≥ 100% of Federal Poverty Level	957	26.6%	4.4%

Overall Health



**Have you ever been told by a doctor, nurse, or other health professional that you had...
Hypertension, also called high blood pressure
(Excluding gestational hypertension)**

Table 6	Sample Size	Ever had hypertension	Ever had borderline hypertension or pre-hypertension
	N	Percent	Percent
Household with children aged 0 to 5			
Yes	1,172	13.4%	2.3%
No	1,892	34.9%	5.5%
Household with children aged 0 to 17			
Yes	1,778	16.8%	3.2%
No	1,286	40.3%	5.8%
Educational attainment			
Less than high school	622	27.2%	4.5%
High school or GED	1,127	26.2%	3.4%
Some college or higher	1,253	27.1%	4.9%
Food insecurity			
Yes	1,693	30.6%	4.4%
No	1,322	21.7%	3.9%
Transportation insecurity			
Yes	1,374	28.7%	4.7%
No	1,667	25.0%	4.0%
Currently experiencing homelessness			
Yes	190	32.1%	2.6%
No	2,877	26.3%	4.4%
Housing insecurity			
Yes	1,538	28.3%	4.1%
No	1,514	24.8%	4.5%
Self-reported disability			
Yes	1,113	42.6%	6.1%
No	1,920	17.5%	3.2%
Frequent mental distress			
Yes	863	34.9%	5.8%
No	2,049	23.7%	3.7%

NOTE: Definitions for the indicators are provided in Appendix A.

Overall Health



**Have you ever been told by a doctor, nurse, or other health professional that you had...
Diabetes or sugar disease (Excluding gestational diabetes)**

Table 7	Sample Size	Ever had diabetes	Ever had borderline diabetes or pre-diabetes
	N	Percent	Percent
Hennepin County total	3,037	11.7%	5.9%
Location			
HSC - North Minneapolis	381	11.8%	6.0%
HSC - Central Northeast Minneapolis	381	7.9%	5.2%
HSC - South Minneapolis	389	10.0%	6.7%
HSC - Northwest Suburban	379	9.5%	5.0%
HSC - West Suburban	375	7.7%	5.1%
HSC - South Suburban	401	12.5%	8.5%
Office of Multicultural Services	343	15.7%	5.8%
NorthPoint Health & Wellness Center	388	18.8%	4.9%
Age			
18-34	1,179	3.3%	2.5%
35-54	1,191	12.6%	8.3%
55 and older	667	25.0%	7.8%
Gender			
Male	956	14.6%	6.1%
Female	2,071	10.3%	5.9%
LGBT self-identification			
LGBT self-identified	296	10.1%	7.8%
Not LGBT self-identified	2,283	11.4%	5.7%
Selected race/ethnicity			
Hispanic	426	10.3%	7.3%
Non-Hispanic			
American Indian or Alaska Native	151	14.6%	6.6%
Asian or Asian American	127	14.2%	4.7%
Southeast Asian	88	13.6%	2.3%
Black or African American	1,537	11.8%	5.7%
US-born black	1,056	11.5%	6.2%
Foreign-born black	389	13.6%	4.4%
White	596	12.1%	6.0%
Household income			
< 100% of Federal Poverty Level	1,950	12.3%	5.6%
≥ 100% of Federal Poverty Level	952	10.2%	6.3%

Overall Health



**Have you ever been told by a doctor, nurse, or other health professional that you had...
Diabetes or sugar disease (Excluding gestational diabetes)**

Table 7	Sample Size	Ever had diabetes	Ever had borderline diabetes or pre-diabetes
	N	Percent	Percent
Household with children aged 0 to 5			
Yes	1,162	6.2%	5.1%
No	1,872	15.1%	6.5%
Household with children aged 0 to 17			
Yes	1,765	7.6%	5.7%
No	1,269	17.3%	6.2%
Educational attainment			
Less than high school	617	15.9%	6.0%
High school or GED	1,113	11.2%	4.9%
Some college or higher	1,243	9.7%	6.9%
Food insecurity			
Yes	1,681	12.8%	6.5%
No	1,304	10.2%	5.3%
Transportation insecurity			
Yes	1,363	11.4%	6.2%
No	1,648	11.9%	5.8%
Currently experiencing homelessness			
Yes	183	7.1%	4.9%
No	2,854	12.0%	6.0%
Housing insecurity			
Yes	1,520	11.1%	6.4%
No	1,502	12.3%	5.5%
Self-reported disability			
Yes	1,102	19.3%	8.9%
No	1,900	7.3%	4.2%
Frequent mental distress			
Yes	856	14.1%	8.2%
No	2,031	10.6%	5.1%

NOTE: Definitions for the indicators are provided in Appendix A.

Overall Health



Weight status based on Body Mass Index (BMI) calculation

Table 8	Sample	Underweight	Normal	Overweight	Obese
	Size	Percent	Percent	Percent	Percent
Hennepin County total	2,843	2.6%	29.2%	29.6%	38.6%
Location					
HSC - North Minneapolis	362	3.9%	28.2%	28.5%	39.5%
HSC - Central Northeast Minneapolis	357	2.5%	38.4%	24.9%	34.2%
HSC - South Minneapolis	352	2.8%	29.5%	29.3%	38.4%
HSC - Northwest Suburban	367	1.9%	23.7%	27.8%	46.6%
HSC - West Suburban	361	3.0%	33.2%	28.0%	35.7%
HSC - South Suburban	382	2.9%	25.9%	31.7%	39.5%
Office of Multicultural Services	281	1.8%	33.5%	37.4%	27.4%
NorthPoint Health & Wellness Center	381	2.1%	23.1%	30.7%	44.1%
Age					
18-34	1,098	3.4%	30.9%	27.4%	38.3%
35-54	1,103	2.2%	27.2%	28.6%	42.1%
55 and older	642	2.2%	29.9%	35.0%	32.9%
Gender					
Male	912	2.0%	37.7%	32.6%	27.7%
Female	1,922	3.0%	25.2%	28.1%	43.7%
LGBT self-identification					
LGBT self-identified	274	2.9%	29.2%	32.1%	35.8%
Not LGBT self-identified	2,195	2.3%	28.8%	29.0%	39.9%
Selected race/ethnicity					
Hispanic	348	2.3%	25.3%	31.9%	40.5%
Non-Hispanic					
American Indian or Alaska Native	148	4.7%	22.3%	27.0%	45.9%
Asian or Asian American	124	3.2%	38.7%	31.5%	26.6%
Southeast Asian	87	2.3%	36.8%	33.3%	27.6%
Black or African American	1,443	2.4%	30.0%	29.4%	38.2%
US-born black	1,015	1.8%	27.7%	27.2%	43.3%
Foreign-born black	340	3.8%	35.3%	34.1%	26.8%
White	588	2.6%	30.3%	32.1%	35.0%
Household income					
< 100% of Federal Poverty Level	1,826	2.6%	29.8%	29.8%	37.8%
≥ 100% of Federal Poverty Level	908	2.6%	27.1%	29.4%	40.9%

Overall Health



Weight status based on Body Mass Index (BMI) calculation

Table 8	Sample	Underweight	Normal	Overweight	Obese
	Size	Percent	Percent	Percent	Percent
	N				
Household with children aged 0 to 5					
Yes	1,061	3.0%	26.5%	28.5%	42.0%
No	1,779	2.4%	30.9%	30.3%	36.4%
Household with children aged 0 to 17					
Yes	1,614	2.5%	26.1%	27.9%	43.4%
No	1,226	2.7%	33.4%	31.9%	32.1%
Educational attainment					
Less than high school	542	2.6%	28.4%	31.0%	38.0%
High school or GED	1,039	2.9%	31.6%	29.5%	36.1%
Some college or higher	1,210	2.2%	27.6%	29.1%	41.1%
Food insecurity					
Yes	1,588	2.9%	28.1%	28.3%	40.6%
No	1,206	2.2%	30.6%	31.2%	36.0%
Transportation insecurity					
Yes	1,264	2.6%	29.7%	29.7%	38.0%
No	1,554	2.6%	29.1%	29.5%	38.8%
Currently experiencing homelessness					
Yes	177	5.1%	35.6%	29.9%	29.4%
No	2,666	2.5%	28.8%	29.6%	39.2%
Housing insecurity					
Yes	1,442	2.6%	28.7%	27.9%	40.8%
No	1,389	2.7%	29.9%	31.2%	36.1%
Self-reported disability					
Yes	1,063	2.4%	25.9%	27.6%	44.1%
No	1,752	2.7%	31.4%	30.5%	35.3%
Frequent mental distress					
Yes	835	2.9%	27.1%	26.7%	43.4%
No	1,897	2.5%	30.7%	30.6%	36.3%

NOTE: Definitions for the indicators are provided in Appendix A.

Overall Health



Are you limited in any activities because of a physical, mental, or emotional problem?

Table 9	Among persons aged 18 and older: Yes		Among persons aged 55 and older: Yes		Among persons aged 65 and older: Yes	
	N	Percent	N	Percent	N	Percent
Hennepin County total	3,049	36.7%	663	52.6%	269	45.0%
Location						
HSC - North Minneapolis	385	41.3%	76	53.9%	< 30	
HSC - Central Northeast Minneapolis	382	38.2%	50	54.0%	< 30	
HSC - South Minneapolis	387	33.6%	62	51.6%	< 30	
HSC - Northwest Suburban	382	39.5%	56	69.6%	< 30	
HSC - West Suburban	380	31.3%	72	41.7%	< 30	
HSC - South Suburban	402	39.3%	115	48.7%	51	43.1%
Office of Multicultural Services	343	28.6%	120	49.2%	83	51.8%
NorthPoint Health & Wellness Center	388	40.7%	112	58.0%	33	45.5%
Age						
18-34	1,185	22.6%	N/A		N/A	
35-54	1,201	41.8%	N/A		N/A	
55 and older	663	52.6%	663	52.6%	269	45.0%
Gender						
Male	969	44.0%	281	57.7%	112	50.0%
Female	2,069	33.3%	382	49.0%	157	41.4%
LGBT self-identification						
LGBT self-identified	294	42.5%	38	47.4%	< 30	
Not LGBT self-identified	2,293	37.8%	496	55.0%	191	46.1%
Selected race/ethnicity						
Hispanic	426	24.4%	38	39.5%	< 30	
Non-Hispanic						
American Indian or Alaska Native	151	41.7%	< 30		< 30	
Asian or Asian American	126	43.7%	46	58.7%	32	59.4%
Southeast Asian	88	50.0%	30	80.0%	< 30	
Black or African American	1,547	34.6%	309	51.1%	112	40.2%
US-born black	1,058	39.7%	190	56.8%	44	36.4%
Foreign-born black	395	22.0%	99	42.4%	58	43.1%
White	600	48.3%	228	53.5%	93	48.4%
Household income						
< 100% of Federal Poverty Level	1,961	39.8%	410	56.6%	176	48.9%
≥ 100% of Federal Poverty Level	950	31.1%	221	48.4%	82	37.8%

Overall Health



Are you limited in any activities because of a physical, mental, or emotional problem?

Table 9

	Among persons aged 18 and older: Yes		Among persons aged 55 and older: Yes		Among persons aged 65 and older: Yes	
	N	Percent	N	Percent	N	Percent
Household with children aged 0 to 5						
Yes	1,169	23.0%	53	43.4%	< 30	
No	1,877	45.1%	609	53.4%	251	46.2%
Household with children aged 0 to 17						
Yes	1,778	27.2%	125	40.8%	45	24.4%
No	1,268	49.9%	537	55.3%	223	48.9%
Educational attainment						
Less than high school	622	41.3%	160	52.5%	88	50.0%
High school or GED	1,119	33.5%	194	50.0%	67	34.3%
Some college or higher	1,248	37.7%	294	55.1%	106	49.1%
Food insecurity						
Yes	1,682	43.6%	319	61.4%	98	56.1%
No	1,319	27.9%	330	43.9%	161	38.5%
Transportation insecurity						
Yes	1,365	43.4%	233	63.1%	81	55.6%
No	1,659	31.1%	424	46.7%	183	39.9%
Currently experiencing homelessness						
Yes	186	43.5%	< 30		< 30	
No	2,863	36.3%	645	52.2%	266	45.1%
Housing insecurity						
Yes	1,527	41.3%	235	54.9%	59	47.5%
No	1,508	32.2%	424	51.2%	206	43.7%
Self-reported disability						
Yes	1,119	N/A	349	N/A	121	N/A
No	1,930	N/A	314	N/A	148	N/A
Frequent mental distress						
Yes	857	65.5%	195	77.9%	51	82.4%
No	2,039	25.5%	433	41.8%	201	36.3%

NOTE: Definitions for the indicators are provided in Appendix A.

Overall Health



Because of any impairment or health problem, do you need help from another person with personal care needs such as eating, bathing, dressing, or getting around your house?

Table 10

	Among persons aged 55 and older: Yes		Among persons aged 65 and older: Yes	
	N	Percent	N	Percent
Hennepin County total	669	26.3%	273	29.3%
Location				
HSC - North Minneapolis	75	29.3%	< 30	
HSC - Central Northeast Minneapolis	51	21.6%	< 30	
HSC - South Minneapolis	64	23.4%	< 30	
HSC - Northwest Suburban	55	27.3%	< 30	
HSC - West Suburban	71	14.1%	< 30	
HSC - South Suburban	115	12.2%	52	13.5%
Office of Multicultural Services	123	44.7%	83	50.6%
NorthPoint Health & Wellness Center	115	29.6%	35	28.6%
Age				
18-34	N/A		N/A	
35-54	N/A		N/A	
55 and older	669	26.3%	273	29.3%
Gender				
Male	283	29.3%	115	33.9%
Female	386	24.1%	158	25.9%
LGBT self-identification				
LGBT self-identified	38	21.1%	< 30	
Not LGBT self-identified	499	26.5%	194	30.4%
Selected race/ethnicity				
Hispanic	39	20.5%	< 30	
Non-Hispanic				
American Indian or Alaska Native	< 30		< 30	
Asian or Asian American	46	37.0%	32	37.5%
Southeast Asian	30	50.0%	< 30	
Black or African American	312	34.6%	116	38.8%
US-born black	191	31.9%	47	29.8%
Foreign-born black	100	43.0%	58	48.3%
White	229	13.5%	93	17.2%
Household income				
< 100% of Federal Poverty Level	414	33.8%	179	36.3%
≥ 100% of Federal Poverty Level	224	13.4%	84	14.3%

Overall Health



Because of any impairment or health problem, do you need help from another person with personal care needs such as eating, bathing, dressing, or getting around your house?

Table 10	Among persons aged 55 and older:		Among persons aged 65 and older:	
	N	Percent	N	Percent
Household with children aged 0 to 5				
Yes	53	37.7%	< 30	
No	615	25.4%	254	29.1%
Household with children aged 0 to 17				
Yes	124	28.2%	46	21.7%
No	544	25.9%	226	31.0%
Educational attainment				
Less than high school	162	40.1%	88	43.2%
High school or GED	196	26.5%	68	20.6%
Some college or higher	294	18.4%	108	23.1%
Food insecurity				
Yes	324	29.0%	101	33.7%
No	329	23.1%	161	26.7%
Transportation insecurity				
Yes	238	35.7%	84	32.1%
No	424	20.8%	184	27.7%
Currently experiencing homelessness				
Yes	< 30		< 30	
No	651	26.4%	269	29.7%
Housing insecurity				
Yes	239	25.5%	62	24.2%
No	425	26.8%	207	30.9%
Self-reported disability				
Yes	345	42.3%	120	52.5%
No	312	9.0%	147	10.9%
Frequent mental distress				
Yes	194	37.6%	52	44.2%
No	439	21.6%	203	25.6%

NOTE: Definitions for the indicators are provided in Appendix A.

Overall Health



Because of any impairment or health problem, do you need help from another person in handling routine needs such as everyday household chores, business, shopping, or getting around for other purposes?

Table 11	Among persons aged 55 and older:		Among persons aged 65 and older:	
	N	Percent	N	Percent
Hennepin County total	668	35.3%	275	36.4%
Location				
HSC - North Minneapolis	74	37.8%	< 30	
HSC - Central Northeast Minneapolis	50	26.0%	< 30	
HSC - South Minneapolis	64	31.3%	< 30	
HSC - Northwest Suburban	57	47.4%	< 30	
HSC - West Suburban	71	19.7%	< 30	
HSC - South Suburban	115	24.3%	52	23.1%
Office of Multicultural Services	123	48.8%	84	54.8%
NorthPoint Health & Wellness Center	114	40.4%	35	45.7%
Age				
18-34	N/A		N/A	
35-54	N/A		N/A	
55 and older	668	35.3%	275	36.4%
Gender				
Male	281	36.3%	115	37.4%
Female	387	34.6%	160	35.6%
LGBT self-identification				
LGBT self-identified	39	35.9%	< 30	
Not LGBT self-identified	497	35.4%	195	36.4%
Selected race/ethnicity				
Hispanic	38	28.9%	< 30	
Non-Hispanic				
American Indian or Alaska Native	< 30		< 30	
Asian or Asian American	46	45.7%	32	46.9%
Southeast Asian	30	56.7%	< 30	
Black or African American	312	41.0%	118	41.5%
US-born black	190	42.1%	48	35.4%
Foreign-born black	101	41.6%	59	49.2%
White	228	25.4%	93	28.0%
Household income				
< 100% of Federal Poverty Level	412	43.2%	179	41.9%
≥ 100% of Federal Poverty Level	224	22.3%	85	25.9%

Overall Health



Because of any impairment or health problem, do you need help from another person in handling routine needs such as everyday household chores, business, shopping, or getting around for other purposes?

Table 11	Among persons aged 55 and older:		Among persons aged 65 and older:	
	N	Percent	N	Percent
Household with children aged 0 to 5				
Yes	54	40.7%	< 30	
No	613	34.7%	256	36.7%
Household with children aged 0 to 17				
Yes	125	32.8%	46	21.7%
No	542	35.8%	228	39.0%
Educational attainment				
Less than high school	161	49.7%	89	52.8%
High school or GED	195	32.3%	68	23.5%
Some college or higher	295	29.5%	109	31.2%
Food insecurity				
Yes	321	40.8%	101	40.6%
No	331	29.3%	163	33.7%
Transportation insecurity				
Yes	237	48.1%	85	44.7%
No	424	28.1%	185	32.4%
Currently experiencing homelessness				
Yes	< 30		< 30	
No	650	35.8%	271	36.9%
Housing insecurity				
Yes	238	35.3%	62	33.9%
No	425	35.3%	209	37.3%
Self-reported disability				
Yes	342	57.3%	120	67.5%
No	314	11.1%	148	11.5%
Frequent mental distress				
Yes	192	50.5%	52	55.8%
No	441	29.0%	205	32.2%

NOTE: Definitions for the indicators are provided in Appendix A.

Overall Health



Because of any impairment or health problem, needs any type of help (ADL or IADL)

Table 12	Among persons aged 55 and older:		Among persons aged 65 and older:	
	N	Percent	N	Percent
Hennepin County total	675	37.6%	276	39.9%
Location				
HSC - North Minneapolis	76	39.5%	< 30	
HSC - Central Northeast Minneapolis	51	29.4%	< 30	
HSC - South Minneapolis	64	34.4%	< 30	
HSC - Northwest Suburban	57	47.4%	< 30	
HSC - West Suburban	72	23.6%	< 30	
HSC - South Suburban	116	25.9%	52	25.0%
Office of Multicultural Services	124	53.2%	84	59.5%
NorthPoint Health & Wellness Center	115	40.9%	35	45.7%
Age				
18-34	N/A		N/A	
35-54	N/A		N/A	
55 and older	675	37.6%	276	39.9%
Gender				
Male	285	39.6%	115	43.5%
Female	390	36.2%	161	37.3%
LGBT self-identification				
LGBT self-identified	39	38.5%	< 30	
Not LGBT self-identified	502	38.0%	196	41.3%
Selected race/ethnicity				
Hispanic	39	33.3%	< 30	
Non-Hispanic				
American Indian or Alaska Native	< 30		< 30	
Asian or Asian American	46	50.0%	32	50.0%
Southeast Asian	30	63.3%	< 30	
Black or African American	316	43.7%	118	46.6%
US-born black	193	44.0%	48	41.7%
Foreign-born black	101	45.5%	59	52.5%
White	230	26.1%	94	29.8%
Household income				
< 100% of Federal Poverty Level	417	46.0%	180	46.1%
≥ 100% of Federal Poverty Level	226	23.5%	85	28.2%

Overall Health



Because of any impairment or health problem, needs any type of help (ADL or IADL)

Table 12

	Among persons aged 55 and older: Yes		Among persons aged 65 and older: Yes	
	N	Percent	N	Percent
Household with children aged 0 to 5				
Yes	54	48.1%	< 30	
No	620	36.6%	257	39.3%
Household with children aged 0 to 17				
Yes	125	36.0%	46	28.3%
No	549	37.9%	229	41.9%
Educational attainment				
Less than high school	163	51.5%	89	55.1%
High school or GED	197	35.5%	69	29.0%
Some college or higher	297	31.0%	109	33.9%
Food insecurity				
Yes	326	42.3%	101	44.6%
No	333	32.4%	164	37.2%
Transportation insecurity				
Yes	240	49.6%	85	48.2%
No	428	30.6%	186	36.0%
Currently experiencing homelessness				
Yes	< 30		< 30	
No	657	38.1%	272	40.4%
Housing insecurity				
Yes	241	37.8%	62	38.7%
No	429	37.5%	210	40.5%
Self-reported disability				
Yes	348	59.5%	121	70.2%
No	314	13.4%	148	15.5%
Frequent mental distress				
Yes	197	52.8%	53	60.4%
No	442	31.0%	205	35.1%

NOTE: Definitions for the indicators are provided in Appendix A.



Access to health care

Access to Health Care


Current health insurance coverage
Among persons aged 18 and older

Table 13	Sample Size	Public	Private	Insured, type unknown	Uninsured
	N	Percent	Percent	Percent	Percent
Hennepin County total	3,007	8.7%	76.5%	2.1%	12.7%
Location					
HSC - North Minneapolis	376	9.0%	79.8%	1.3%	9.8%
HSC - Central Northeast Minneapolis	381	6.8%	82.9%	1.0%	9.2%
HSC - South Minneapolis	386	4.1%	78.2%	2.3%	15.3%
HSC - Northwest Suburban	383	10.2%	74.4%	2.1%	13.3%
HSC - West Suburban	373	12.1%	76.4%	2.9%	8.6%
HSC - South Suburban	395	11.4%	75.7%	2.3%	10.6%
Office of Multicultural Services	324	5.6%	65.4%	2.2%	26.9%
NorthPoint Health & Wellness Center	389	10.3%	77.1%	2.3%	10.3%
Age					
18-34	1,168	10.8%	71.4%	2.0%	15.8%
35-54	1,171	8.5%	74.7%	2.6%	14.3%
55 and older	668	5.7%	88.3%	1.3%	4.6%
Gender					
Male	958	9.1%	76.1%	1.7%	13.2%
Female	2,038	8.6%	76.7%	2.3%	12.5%
LGBT self-identification					
LGBT self-identified	295	10.8%	79.7%	0.3%	9.2%
Not LGBT self-identified	2,277	9.4%	76.1%	2.1%	12.5%
Selected race/ethnicity					
Hispanic	398	10.1%	51.3%	4.3%	34.4%
Non-Hispanic					
American Indian or Alaska Native	152	7.9%	80.3%	0.7%	11.2%
Asian or Asian American	125	10.4%	84.8%	0.0%	4.8%
Southeast Asian	88	11.4%	84.1%	0.0%	4.5%
Black or African American	1,537	7.7%	80.7%	2.1%	9.5%
US-born black	1,050	7.8%	79.8%	2.2%	10.2%
Foreign-born black	393	6.9%	83.7%	1.3%	8.1%
White	598	11.0%	78.8%	1.2%	9.0%
Household income					
< 100% of Federal Poverty Level	1,942	5.1%	82.5%	0.7%	11.7%
≥ 100% of Federal Poverty Level	941	16.7%	65.6%	3.2%	14.6%

Access to Health Care


Current health insurance coverage
Among persons aged 18 and older

Table 13	Sample Size	Public	Private	Insured, type unknown	Uninsured
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,148	9.4%	75.0%	1.9%	13.7%
No	1,856	8.4%	77.3%	2.2%	12.2%
Household with children aged 0 to 17					
Yes	1,734	9.3%	73.6%	2.1%	15.0%
No	1,270	8.0%	80.2%	2.0%	9.7%
Educational attainment					
Less than high school	608	4.4%	78.1%	2.0%	15.5%
High school or GED	1,103	8.2%	75.5%	1.7%	14.6%
Some college or higher	1,239	11.6%	76.2%	2.3%	9.8%
Food insecurity					
Yes	1,668	6.9%	78.1%	1.7%	13.2%
No	1,290	11.1%	74.7%	2.3%	11.9%
Transportation insecurity					
Yes	1,354	6.0%	79.0%	1.6%	13.4%
No	1,628	11.1%	74.3%	2.3%	12.3%
Currently experiencing homelessness					
Yes	190	6.3%	77.9%	3.2%	12.6%
No	2,817	8.9%	76.4%	2.0%	12.7%
Housing insecurity					
Yes	1,517	6.9%	78.2%	1.8%	13.1%
No	1,476	10.6%	74.7%	2.3%	12.3%
Self-reported disability					
Yes	1,100	6.5%	85.2%	1.8%	6.5%
No	1,874	9.9%	71.3%	2.2%	16.5%
Frequent mental distress					
Yes	849	5.7%	82.6%	1.2%	10.6%
No	2,015	10.0%	74.3%	2.4%	13.2%

NOTE: Definitions for the indicators are provided in Appendix A.

Access to Health Care


Current health insurance coverage
Among persons aged 18 to 64

Table 14	Sample Size	Public	Private	Insured, type unknown	Uninsured
	N	Percent	Percent	Percent	Percent
Hennepin County total	2,732	9.4%	74.6%	2.2%	13.8%
Location					
HSC - North Minneapolis	354	9.3%	78.8%	1.4%	10.5%
HSC - Central Northeast Minneapolis	372	7.0%	82.5%	1.1%	9.4%
HSC - South Minneapolis	362	4.4%	77.1%	2.5%	16.0%
HSC - Northwest Suburban	361	10.5%	73.1%	2.2%	14.1%
HSC - West Suburban	346	12.7%	74.9%	3.2%	9.2%
HSC - South Suburban	343	12.2%	73.2%	2.6%	12.0%
Office of Multicultural Services	240	7.1%	55.4%	2.9%	34.6%
NorthPoint Health & Wellness Center	354	11.3%	75.1%	2.3%	11.3%
Age					
18-34	1,168	10.8%	71.4%	2.0%	15.8%
35-54	1,171	8.5%	74.7%	2.6%	14.3%
55 and older	393	7.9%	83.7%	2.0%	6.4%
Gender					
Male	843	10.0%	73.4%	1.9%	14.7%
Female	1,878	9.1%	75.2%	2.4%	13.3%
LGBT self-identification					
LGBT self-identified	278	11.2%	78.8%	0.4%	9.7%
Not LGBT self-identified	2,081	10.0%	74.2%	2.2%	13.6%
Selected race/ethnicity					
Hispanic	381	10.5%	49.9%	4.2%	35.4%
Non-Hispanic					
American Indian or Alaska Native	148	8.1%	79.7%	0.7%	11.5%
Asian or Asian American	93	11.8%	81.7%	0.0%	6.5%
Southeast Asian	69	13.0%	81.2%	0.0%	5.8%
Black or African American	1,420	8.2%	79.4%	2.3%	10.1%
US-born black	1,003	8.1%	79.0%	2.3%	10.7%
Foreign-born black	334	8.1%	81.4%	1.5%	9.0%
White	504	12.5%	75.8%	1.4%	10.3%
Household income					
< 100% of Federal Poverty Level	1,762	5.4%	81.2%	0.7%	12.7%
≥ 100% of Federal Poverty Level	857	18.1%	62.5%	3.5%	15.9%

Access to Health Care


Current health insurance coverage
Among persons aged 18 to 64

Table 14	Sample Size	Public	Private	Insured, type unknown	Uninsured
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,130	9.6%	74.6%	1.9%	13.9%
No	1,600	9.3%	74.6%	2.4%	13.8%
Household with children aged 0 to 17					
Yes	1,688	9.4%	73.0%	2.1%	15.4%
No	1,042	9.3%	77.1%	2.4%	11.2%
Educational attainment					
Less than high school	520	5.0%	75.6%	2.1%	17.3%
High school or GED	1,034	8.5%	74.1%	1.8%	15.6%
Some college or higher	1,130	12.4%	74.4%	2.6%	10.6%
Food insecurity					
Yes	1,567	7.2%	77.1%	1.8%	13.9%
No	1,127	12.2%	71.7%	2.7%	13.4%
Transportation insecurity					
Yes	1,269	6.3%	77.8%	1.7%	14.2%
No	1,443	12.1%	71.7%	2.6%	13.6%
Currently experiencing homelessness					
Yes	186	6.5%	77.4%	3.2%	12.9%
No	2,546	9.6%	74.4%	2.2%	13.9%
Housing insecurity					
Yes	1,456	7.2%	77.4%	1.9%	13.5%
No	1,266	11.8%	71.5%	2.6%	14.1%
Self-reported disability					
Yes	979	7.2%	84.0%	2.0%	6.8%
No	1,727	10.5%	69.4%	2.3%	17.8%
Frequent mental distress					
Yes	796	6.0%	81.8%	1.3%	10.9%
No	1,810	10.8%	72.0%	2.7%	14.5%

NOTE: Definitions for the indicators are provided in Appendix A.

Access to Health Care



During the past 12 months, did you have health insurance for the entire year, only part of the year, or were you not insured for the entire year?

Table 15	Sample	Insured the entire year		Insured only part of the year	Not insured for the entire year
	Size	Percent	Percent	Percent	Percent
Hennepin County total	3,003	68.5%		16.5%	15.0%
Location					
HSC - North Minneapolis	381	69.8%		16.8%	13.4%
HSC - Central Northeast Minneapolis	377	65.5%		18.8%	15.6%
HSC - South Minneapolis	384	61.2%		23.2%	15.6%
HSC - Northwest Suburban	380	66.1%		18.9%	15.0%
HSC - West Suburban	372	76.3%		15.1%	8.6%
HSC - South Suburban	395	73.9%		15.2%	10.9%
Office of Multicultural Services	330	62.7%		10.0%	27.3%
NorthPoint Health & Wellness Center	384	71.6%		13.3%	15.1%
Age					
18-34	1,166	61.4%		21.7%	16.9%
35-54	1,182	67.1%		15.2%	17.7%
55 and older	655	83.7%		9.6%	6.7%
Gender					
Male	961	66.0%		18.3%	15.7%
Female	2,031	69.8%		15.7%	14.5%
LGBT self-identification					
LGBT self-identified	297	62.6%		22.2%	15.2%
Not LGBT self-identified	2,275	69.9%		16.4%	13.8%
Selected race/ethnicity					
Hispanic	408	43.1%		21.1%	35.8%
Non-Hispanic					
American Indian or Alaska Native	151	66.9%		18.5%	14.6%
Asian or Asian American	124	83.9%		8.9%	7.3%
Southeast Asian	88	84.1%		6.8%	9.1%
Black or African American	1,525	70.4%		16.3%	13.3%
US-born black	1,051	67.9%		17.2%	14.8%
Foreign-born black	382	77.2%		14.4%	8.4%
White	598	78.4%		14.2%	7.4%
Household income					
< 100% of Federal Poverty Level	1,939	68.7%		16.2%	15.1%
≥ 100% of Federal Poverty Level	941	69.3%		16.6%	14.1%

Access to Health Care



During the past 12 months, did you have health insurance for the entire year, only part of the year, or were you not insured for the entire year?

Table 15	Sample Size	Insured the entire year		Insured only part of the year	Not insured for the entire year
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,149	65.9%	17.7%	16.4%	
No	1,851	70.1%	15.8%	14.0%	
Household with children aged 0 to 17					
Yes	1,739	65.7%	16.6%	17.7%	
No	1,261	72.3%	16.4%	11.3%	
Educational attainment					
Less than high school	605	65.0%	16.7%	18.3%	
High school or GED	1,107	63.8%	18.1%	18.2%	
Some college or higher	1,236	74.8%	15.0%	10.2%	
Food insecurity					
Yes	1,662	66.8%	17.9%	15.3%	
No	1,292	71.1%	14.7%	14.2%	
Transportation insecurity					
Yes	1,352	64.3%	19.2%	16.4%	
No	1,627	72.1%	14.1%	13.8%	
Currently experiencing homelessness					
Yes	186	57.0%	28.5%	14.5%	
No	2,817	69.3%	15.7%	15.0%	
Housing insecurity					
Yes	1,507	65.1%	19.4%	15.5%	
No	1,481	72.2%	13.4%	14.4%	
Self-reported disability					
Yes	1,094	76.0%	15.9%	8.1%	
No	1,875	64.2%	17.0%	18.9%	
Frequent mental distress					
Yes	848	73.0%	17.0%	10.0%	
No	2,011	67.8%	16.0%	16.2%	

NOTE: Definitions for the indicators are provided in Appendix A.

Access to Health Care



During the past 12 months how difficult has it been for you and your family to pay for health insurance premiums, co-pays, and deductibles?

Table 16	Sample Size	Very difficult	Somewhat difficult	Not too difficult	Not at all difficult	Not applicable
	N	Percent	Percent	Percent	Percent	Percent
Hennepin County total	3,025	16.5%	17.1%	16.3%	24.7%	25.4%
Location						
HSC - North Minneapolis	379	20.6%	16.6%	16.1%	27.2%	19.5%
HSC - Central Northeast Minneapolis	378	18.0%	15.1%	15.6%	24.6%	26.7%
HSC - South Minneapolis	385	16.4%	15.8%	17.1%	25.7%	24.9%
HSC - Northwest Suburban	385	18.4%	20.8%	13.0%	21.0%	26.8%
HSC - West Suburban	377	13.5%	17.5%	17.2%	26.0%	25.7%
HSC - South Suburban	401	13.5%	20.4%	19.2%	19.5%	27.4%
Office of Multicultural Services	333	12.6%	12.9%	17.7%	27.9%	28.8%
NorthPoint Health & Wellness Center	387	18.6%	16.5%	14.5%	26.6%	23.8%
Age						
18-34	1,179	14.4%	17.0%	18.0%	25.4%	25.2%
35-54	1,189	18.5%	17.2%	15.3%	21.1%	27.8%
55 and older	657	16.6%	16.9%	15.1%	30.0%	21.5%
Gender						
Male	965	15.8%	19.8%	17.8%	25.2%	21.5%
Female	2,049	16.8%	15.8%	15.6%	24.5%	27.3%
LGBT self-identification						
LGBT self-identified	295	18.0%	17.6%	13.9%	27.5%	23.1%
Not LGBT self-identified	2,291	16.4%	17.1%	17.1%	24.6%	24.9%
Selected race/ethnicity						
Hispanic	415	19.8%	21.7%	17.8%	13.0%	27.7%
Non-Hispanic						
American Indian or Alaska Native	151	15.9%	16.6%	14.6%	23.8%	29.1%
Asian or Asian American	125	18.4%	22.4%	21.6%	22.4%	15.2%
Southeast Asian	88	18.2%	23.9%	22.7%	19.3%	15.9%
Black or African American	1,540	15.7%	14.7%	16.1%	30.6%	22.8%
US-born black	1,057	17.4%	14.7%	16.4%	28.6%	23.0%
Foreign-born black	392	12.0%	14.3%	15.1%	35.2%	23.5%
White	598	16.9%	18.9%	16.2%	19.6%	28.4%
Household income						
< 100% of Federal Poverty Level	1,949	16.1%	14.4%	15.0%	25.7%	28.8%
≥ 100% of Federal Poverty Level	949	17.3%	22.4%	19.6%	22.1%	18.5%

Access to Health Care



During the past 12 months how difficult has it been for you and your family to pay for health insurance premiums, co-pays, and deductibles?

Table 16	Sample Size	Very difficult	Somewhat difficult	Not too difficult	Not at all difficult	Not applicable
	N	Percent	Percent	Percent	Percent	Percent
Household with children aged 0 to 5						
Yes	1,157	14.3%	17.9%	16.9%	25.0%	26.0%
No	1,865	17.8%	16.6%	16.0%	24.6%	25.0%
Household with children aged 0 to 17						
Yes	1,752	16.3%	18.1%	16.8%	23.2%	25.5%
No	1,270	16.6%	15.7%	15.6%	26.9%	25.3%
Educational attainment						
Less than high school	616	17.5%	15.6%	15.4%	28.4%	23.1%
High school or GED	1,112	15.8%	15.7%	17.8%	24.0%	26.6%
Some college or higher	1,241	16.8%	18.9%	15.3%	23.4%	25.6%
Food insecurity						
Yes	1,672	21.7%	19.3%	13.9%	20.6%	24.6%
No	1,303	9.7%	14.0%	19.8%	29.8%	26.6%
Transportation insecurity						
Yes	1,361	22.0%	18.3%	15.4%	20.4%	24.0%
No	1,640	12.1%	16.0%	17.1%	28.3%	26.5%
Currently experiencing homelessness						
Yes	187	11.8%	16.0%	15.5%	24.6%	32.1%
No	2,838	16.8%	17.1%	16.3%	24.7%	25.0%
Housing insecurity						
Yes	1,523	21.5%	18.5%	14.7%	20.9%	24.5%
No	1,488	11.4%	15.7%	18.0%	28.6%	26.4%
Self-reported disability						
Yes	1,102	20.1%	17.2%	15.2%	21.5%	26.0%
No	1,889	14.2%	17.0%	17.2%	26.5%	25.1%
Frequent mental distress						
Yes	855	20.0%	17.8%	15.1%	21.1%	26.1%
No	2,024	14.8%	16.9%	16.6%	26.7%	25.0%

NOTE: Definitions for the indicators are provided in Appendix A.

Access to Health Care



During the past 12 months, have you seen a doctor or other health care professional for your own health?

Table 17	Sample	Yes
	Size	Percent
N		
Hennepin County total	3,060	77.8%
Location		
HSC - North Minneapolis	383	79.1%
HSC - Central Northeast Minneapolis	384	70.6%
HSC - South Minneapolis	389	75.6%
HSC - Northwest Suburban	384	77.1%
HSC - West Suburban	382	83.8%
HSC - South Suburban	403	81.1%
Office of Multicultural Services	346	74.0%
NorthPoint Health & Wellness Center	389	80.7%
Age		
18-34	1,186	70.8%
35-54	1,202	79.1%
55 and older	672	87.8%
Gender		
Male	969	74.9%
Female	2,080	79.3%
LGBT self-identification		
LGBT self-identified	298	75.8%
Not LGBT self-identified	2,299	78.7%
Selected race/ethnicity		
Hispanic	428	71.7%
Non-Hispanic		
American Indian or Alaska Native	152	72.4%
Asian or Asian American	126	81.0%
Southeast Asian	88	79.5%
Black or African American	1,554	76.8%
US-born black	1,065	77.5%
Foreign-born black	396	77.0%
White	600	85.3%
Household income		
< 100% of Federal Poverty Level	1,967	77.3%
≥ 100% of Federal Poverty Level	954	79.4%

Access to Health Care



During the past 12 months, have you seen a doctor or other health care professional for your own health?

Table 17	Sample	Yes
	Size	Percent
	N	
Household with children aged 0 to 5		
Yes	1,171	74.0%
No	1,886	80.1%
Household with children aged 0 to 17		
Yes	1,777	74.5%
No	1,280	82.3%
Educational attainment		
Less than high school	623	74.6%
High school or GED	1,123	72.0%
Some college or higher	1,250	84.9%
Food insecurity		
Yes	1,684	79.3%
No	1,323	76.3%
Transportation insecurity		
Yes	1,367	77.2%
No	1,667	78.6%
Currently experiencing homelessness		
Yes	189	67.7%
No	2,871	78.5%
Housing insecurity		
Yes	1,528	77.2%
No	1,517	78.5%
Self-reported disability		
Yes	1,110	88.7%
No	1,912	71.6%
Frequent mental distress		
Yes	856	85.5%
No	2,045	75.1%

NOTE: Definitions for the indicators are provided in Appendix A.

Access to Health Care



During the past 12 months, have you seen a psychiatrist, psychologist, therapist, counselor, or other mental health provider about your own health?

Table 18	Sample	Yes
	Size	Percent
	N	
Hennepin County total	3,049	35.9%
Location		
HSC - North Minneapolis	383	41.8%
HSC - Central Northeast Minneapolis	384	46.4%
HSC - South Minneapolis	383	34.2%
HSC - Northwest Suburban	382	34.0%
HSC - West Suburban	378	34.1%
HSC - South Suburban	401	35.4%
Office of Multicultural Services	350	15.1%
NorthPoint Health & Wellness Center	388	44.6%
Age		
18-34	1,182	29.8%
35-54	1,198	40.7%
55 and older	669	38.4%
Gender		
Male	964	38.5%
Female	2,074	34.9%
LGBT self-identification		
LGBT self-identified	295	48.1%
Not LGBT self-identified	2,291	36.6%
Selected race/ethnicity		
Hispanic	430	24.2%
Non-Hispanic		
American Indian or Alaska Native	152	47.4%
Asian or Asian American	126	25.4%
Southeast Asian	88	27.3%
Black or African American	1,545	33.4%
US-born black	1,063	38.7%
Foreign-born black	390	19.5%
White	598	48.0%
Household income		
< 100% of Federal Poverty Level	1,966	38.9%
≥ 100% of Federal Poverty Level	947	30.5%

Access to Health Care



During the past 12 months, have you seen a psychiatrist, psychologist, therapist, counselor, or other mental health provider about your own health?

Table 18	Sample	Yes
	Size N	Percent
Household with children aged 0 to 5		
Yes	1,167	27.0%
No	1,879	41.5%
Household with children aged 0 to 17		
Yes	1,771	30.1%
No	1,275	44.0%
Educational attainment		
Less than high school	618	35.3%
High school or GED	1,121	34.3%
Some college or higher	1,246	38.0%
Food insecurity		
Yes	1,684	41.9%
No	1,314	28.1%
Transportation insecurity		
Yes	1,364	42.9%
No	1,660	30.2%
Currently experiencing homelessness		
Yes	189	43.4%
No	2,860	35.5%
Housing insecurity		
Yes	1,530	42.3%
No	1,506	29.3%
Self-reported disability		
Yes	1,108	59.1%
No	1,904	22.5%
Frequent mental distress		
Yes	853	58.4%
No	2,040	27.3%

NOTE: Definitions for the indicators are provided in Appendix A.

Access to Health Care



During the past 12 months, was there a time you needed medical care?

Table 19	Among persons aged 18 and older: Yes		Among persons who needed care: Delayed or did not get the needed care Yes		Among persons who delayed or did not get care: Was that due to cost or lack of insurance? Yes	
	N	Percent	N	Percent	N	Percent
Hennepin County total	2,963	57.0%	1,442	36.8%	486	54.1%
Location						
HSC - North Minneapolis	369	58.3%	182	40.1%	67	50.7%
HSC - Central Northeast Minneapolis	373	54.4%	178	43.8%	73	46.6%
HSC - South Minneapolis	383	52.2%	173	39.3%	63	49.2%
HSC - Northwest Suburban	367	57.8%	182	41.8%	73	72.6%
HSC - West Suburban	367	60.8%	191	35.1%	59	54.2%
HSC - South Suburban	390	61.8%	199	34.2%	61	49.2%
Office of Multicultural Services	334	54.8%	162	24.1%	35	60.0%
NorthPoint Health & Wellness Center	380	55.8%	175	34.9%	55	50.9%
Age						
18-34	1,159	46.5%	469	36.9%	166	56.0%
35-54	1,161	59.0%	587	39.2%	214	54.7%
55 and older	643	72.3%	386	32.9%	106	50.0%
Gender						
Male	937	60.1%	487	41.9%	187	54.5%
Female	2,017	55.5%	949	33.9%	295	53.9%
LGBT self-identification						
LGBT self-identified	292	61.3%	159	39.6%	60	46.7%
Not LGBT self-identified	2,238	56.9%	1,086	36.6%	367	55.0%
Selected race/ethnicity						
Hispanic	412	49.3%	166	36.1%	58	60.3%
Non-Hispanic						
American Indian or Alaska Native	151	57.0%	72	54.2%	35	60.0%
Asian or Asian American	123	67.5%	73	34.2%	< 30	
Southeast Asian	88	68.2%	54	31.5%	< 30	
Black or African American	1,491	53.1%	691	36.3%	226	53.1%
US-born black	1,042	55.1%	497	40.0%	183	51.4%
Foreign-born black	371	48.5%	163	27.0%	37	62.2%
White	591	69.4%	341	34.9%	109	56.0%
Household income						
< 100% of Federal Poverty Level	1,909	57.4%	955	36.9%	321	50.5%
≥ 100% of Federal Poverty Level	928	57.2%	442	34.8%	143	61.5%

Access to Health Care



During the past 12 months, was there a time you needed medical care?

Table 19

	Among persons aged 18 and older: Yes		Among persons who needed care: Delayed or did not get the needed care Yes		Among persons who delayed or did not get care: Was that due to cost or lack of insurance? Yes	
	N	Percent	N	Percent	N	Percent
Household with children aged 0 to 5						
Yes	1,130	47.4%	475	34.3%	154	53.9%
No	1,831	62.9%	965	38.0%	332	54.2%
Household with children aged 0 to 17						
Yes	1,717	50.7%	751	36.4%	257	56.4%
No	1,244	65.6%	689	37.3%	229	51.5%
Educational attainment						
Less than high school	612	53.6%	283	36.7%	91	56.0%
High school or GED	1,076	50.9%	478	40.2%	179	50.8%
Some college or higher	1,218	64.5%	661	34.5%	210	57.1%
Food insecurity						
Yes	1,633	61.6%	850	41.8%	330	57.3%
No	1,280	51.2%	567	29.3%	148	48.6%
Transportation insecurity						
Yes	1,327	62.2%	702	43.6%	288	52.4%
No	1,613	52.8%	729	29.9%	194	57.2%
Currently experiencing homelessness						
Yes	188	58.0%	89	42.7%	37	51.4%
No	2,775	56.9%	1,353	36.4%	449	54.3%
Housing insecurity						
Yes	1,476	60.3%	760	43.9%	318	57.9%
No	1,472	53.7%	675	28.6%	165	47.9%
Self-reported disability						
Yes	1,082	77.2%	704	41.3%	267	51.3%
No	1,844	45.3%	723	32.8%	218	57.3%
Frequent mental distress						
Yes	841	74.0%	540	44.1%	220	53.2%
No	1,981	50.3%	850	32.0%	249	54.6%

NOTE: Definitions for the indicators are provided in Appendix A.

Access to Health Care



During the past 12 months was there a time when you wanted to talk with or seek help from a health professional about stress, depression, a problem with emotions, excessive worrying, or troubling thoughts?

Table 20	Among persons aged 18 and older: Yes		Among persons who needed care: Delayed or did not get the needed care Yes		Among persons who delayed or did not get care: Was that due to cost or lack of insurance? Yes	
	N	Percent	N	Percent	N	Percent
Hennepin County total	3,001	37.2%	980	54.4%	517	47.2%
Location						
HSC - North Minneapolis	380	38.2%	128	55.5%	70	48.6%
HSC - Central Northeast Minneapolis	375	40.8%	134	57.5%	74	39.2%
HSC - South Minneapolis	381	36.0%	123	56.9%	67	38.8%
HSC - Northwest Suburban	375	41.1%	146	61.6%	87	54.0%
HSC - West Suburban	372	39.2%	127	55.1%	69	53.6%
HSC - South Suburban	399	38.6%	127	55.1%	69	43.5%
Office of Multicultural Services	340	21.5%	62	35.5%	< 30	
NorthPoint Health & Wellness Center	379	40.4%	133	47.4%	60	46.7%
Age						
18-34	1,167	32.0%	345	57.1%	189	50.8%
35-54	1,178	41.7%	419	54.7%	225	44.9%
55 and older	656	38.1%	216	49.5%	103	45.6%
Gender						
Male	949	38.4%	324	54.3%	172	50.6%
Female	2,041	36.6%	653	54.5%	344	45.6%
LGBT self-identification						
LGBT self-identified	296	51.7%	138	55.1%	73	47.9%
Not LGBT self-identified	2,268	37.8%	756	55.0%	405	45.2%
Selected race/ethnicity						
Hispanic	419	30.3%	102	58.8%	56	57.1%
Non-Hispanic						
American Indian or Alaska Native	153	52.3%	70	60.0%	39	43.6%
Asian or Asian American	123	39.8%	43	46.5%	< 30	
Southeast Asian	87	40.2%	31	45.2%	< 30	
Black or African American	1,510	32.5%	437	51.0%	222	45.5%
US-born black	1,047	39.1%	367	53.4%	195	43.6%
Foreign-born black	384	16.9%	57	40.4%	< 30	
White	600	47.5%	250	55.6%	135	46.7%
Household income						
< 100% of Federal Poverty Level	1,940	38.8%	670	50.4%	328	43.0%
≥ 100% of Federal Poverty Level	936	34.0%	279	63.4%	172	55.8%

Access to Health Care



During the past 12 months was there a time when you wanted to talk with or seek help from a health professional about stress, depression, a problem with emotions, excessive worrying, or troubling thoughts?

Table 20

	Among persons aged 18 and older: Yes		Among persons who needed care: Delayed or did not get the needed care Yes		Among persons who delayed or did not get care: Was that due to cost or lack of insurance? Yes	
	N	Percent	N	Percent	N	Percent
Household with children aged 0 to 5						
Yes	1,151	30.1%	312	58.0%	177	50.3%
No	1,847	41.6%	667	52.6%	340	45.6%
Household with children aged 0 to 17						
Yes	1,739	32.7%	503	59.2%	292	48.3%
No	1,259	43.4%	476	49.2%	225	45.8%
Educational attainment						
Less than high school	615	34.0%	189	45.0%	84	41.7%
High school or GED	1,093	33.3%	325	55.1%	170	47.1%
Some college or higher	1,232	42.3%	453	57.8%	257	49.0%
Food insecurity						
Yes	1,658	46.2%	673	59.9%	390	46.2%
No	1,293	25.4%	291	42.3%	120	49.2%
Transportation insecurity						
Yes	1,342	47.3%	560	58.2%	318	48.1%
No	1,635	28.9%	412	49.0%	194	45.9%
Currently experiencing homelessness						
Yes	189	44.4%	74	62.2%	45	37.8%
No	2,812	36.7%	906	53.8%	472	48.1%
Housing insecurity						
Yes	1,511	46.4%	619	58.3%	353	48.7%
No	1,475	27.7%	356	47.5%	161	43.5%
Self-reported disability						
Yes	1,089	59.0%	563	54.7%	301	42.5%
No	1,875	24.4%	405	54.1%	210	54.8%
Frequent mental distress						
Yes	851	69.6%	523	57.0%	289	41.9%
No	2,003	24.5%	432	51.4%	216	55.6%

NOTE: Definitions for the indicators are provided in Appendix A.

Access to Health Care



When you are sick or need medical care, where do you usually go?

Table 21	Sample Size	Doctor's office or clinic	Hospital emergency room	Urgent care	Clinic located in a drug or grocery store	No usual place
	N	Percent	Percent	Percent	Percent	Percent
Hennepin County total	3,060	55.4%	20.7%	12.8%	1.8%	9.2%
Location						
HSC - North Minneapolis	386	46.9%	30.8%	13.0%	1.0%	8.3%
HSC - Central Northeast Minneapolis	384	39.6%	33.3%	12.8%	0.8%	13.5%
HSC - South Minneapolis	393	52.7%	23.2%	9.9%	3.1%	11.2%
HSC - Northwest Suburban	385	50.9%	20.5%	17.1%	1.3%	10.1%
HSC - West Suburban	380	58.7%	12.6%	21.3%	1.6%	5.8%
HSC - South Suburban	400	64.8%	11.0%	13.8%	3.0%	7.5%
Office of Multicultural Services	345	71.9%	12.8%	3.8%	2.6%	9.0%
NorthPoint Health & Wellness Center	387	59.4%	20.4%	10.3%	1.3%	8.5%
Age						
18-34	1,192	44.7%	23.8%	17.0%	2.1%	12.3%
35-54	1,199	58.8%	18.9%	11.7%	2.0%	8.6%
55 and older	669	68.5%	18.1%	7.5%	1.0%	4.9%
Gender						
Male	970	47.9%	25.8%	12.5%	1.6%	12.2%
Female	2,079	59.1%	18.2%	12.9%	1.9%	7.9%
LGBT self-identification						
LGBT self-identified	297	40.7%	29.3%	16.5%	2.7%	10.8%
Not LGBT self-identified	2,302	56.7%	19.7%	13.2%	1.5%	8.9%
Selected race/ethnicity						
Hispanic	422	54.7%	19.0%	8.8%	3.8%	13.7%
Non-Hispanic						
American Indian or Alaska Native	153	49.7%	23.5%	15.7%	2.6%	8.5%
Asian or Asian American	127	66.1%	13.4%	7.9%	1.6%	11.0%
Southeast Asian	88	68.2%	10.2%	6.8%	2.3%	12.5%
Black or African American	1,556	51.0%	25.4%	14.0%	1.5%	8.0%
US-born black	1,065	46.8%	29.9%	14.3%	1.1%	8.0%
Foreign-born black	398	64.8%	13.6%	11.6%	2.5%	7.5%
White	599	69.3%	9.2%	11.2%	1.0%	9.3%
Household income						
< 100% of Federal Poverty Level	1,974	52.5%	23.3%	12.8%	1.9%	9.6%
≥ 100% of Federal Poverty Level	952	62.3%	13.8%	13.3%	1.7%	8.9%

Access to Health Care



When you are sick or need medical care, where do you usually go?

Table 21	Sample Size	Doctor's office or clinic	Hospital emergency room	Urgent care	Clinic located in a drug or grocery store	No usual place
	N	Percent	Percent	Percent	Percent	Percent
Household with children aged 0 to 5						
Yes	1,166	50.2%	23.0%	14.5%	2.2%	10.1%
No	1,891	58.6%	19.2%	11.8%	1.6%	8.7%
Household with children aged 0 to 17						
Yes	1,774	53.5%	20.5%	14.6%	2.2%	9.2%
No	1,283	58.1%	20.8%	10.4%	1.3%	9.4%
Educational attainment						
Less than high school	621	56.5%	24.2%	9.5%	2.6%	7.2%
High school or GED	1,125	49.6%	24.3%	12.9%	2.0%	11.2%
Some college or higher	1,251	60.0%	15.7%	14.5%	1.3%	8.5%
Food insecurity						
Yes	1,691	52.3%	22.6%	13.5%	2.0%	9.6%
No	1,317	59.8%	17.8%	12.1%	1.5%	8.7%
Transportation insecurity						
Yes	1,375	49.3%	25.6%	12.9%	1.7%	10.4%
No	1,659	60.5%	16.7%	12.7%	1.8%	8.4%
Currently experiencing homelessness						
Yes	190	35.3%	28.9%	14.2%	2.6%	18.9%
No	2,870	56.8%	20.1%	12.8%	1.8%	8.6%
Housing insecurity						
Yes	1,537	48.1%	25.4%	13.5%	1.6%	11.3%
No	1,508	63.1%	15.7%	12.1%	2.0%	7.1%
Self-reported disability						
Yes	1,108	57.4%	22.8%	12.7%	1.4%	5.7%
No	1,912	54.4%	19.1%	13.1%	2.0%	11.3%
Frequent mental distress						
Yes	854	54.3%	22.8%	13.8%	1.3%	7.7%
No	2,046	56.1%	19.6%	12.7%	1.9%	9.7%

NOTE: Definitions for the indicators are provided in Appendix A.

Access to Health Care



During the past 12 months, did you skip doses, take smaller amounts of your prescription, or did not fill a prescription because of cost?

Table 22	Among person aged 18 and older who take prescription medication: Yes		Among person aged 65 and older who take prescription medication: Yes	
	N	Percent	N	Percent
Hennepin County total	2,567	20.7%	260	18.1%
Location				
HSC - North Minneapolis	332	25.0%	< 30	
HSC - Central Northeast Minneapolis	324	25.0%	< 30	
HSC - South Minneapolis	331	19.6%	< 30	
HSC - Northwest Suburban	324	21.9%	< 30	
HSC - West Suburban	318	19.2%	< 30	
HSC - South Suburban	336	17.9%	48	10.4%
Office of Multicultural Services	280	12.1%	79	15.2%
NorthPoint Health & Wellness Center	322	23.6%	33	24.2%
Age				
18-34	901	17.4%	N/A	
35-54	1,040	22.4%	N/A	
55 and older	626	22.5%	260	18.1%
Gender				
Male	833	23.2%	112	23.2%
Female	1,728	19.5%	148	14.2%
LGBT self-identification				
LGBT self-identified	255	26.7%	< 30	
Not LGBT self-identified	1,921	21.1%	184	21.2%
Selected race/ethnicity				
Hispanic	316	19.6%	< 30	
Non-Hispanic				
American Indian or Alaska Native	127	33.1%	< 30	
Asian or Asian American	105	17.1%	30	20.0%
Southeast Asian	72	18.1%	< 30	
Black or African American	1,330	19.8%	108	17.6%
US-born black	904	21.7%	43	16.3%
Foreign-born black	347	15.3%	56	16.1%
White	526	21.9%	91	19.8%
Household income				
< 100% of Federal Poverty Level	1,673	20.0%	170	20.0%
≥ 100% of Federal Poverty Level	783	22.3%	79	13.9%

Access to Health Care



During the past 12 months, did you skip doses, take smaller amounts of your prescription, or did not fill a prescription because of cost?

Table 22	Among person aged 18 and older who take prescription medication: Yes		Among person aged 65 and older who take prescription medication: Yes	
	N	Percent	N	Percent
Household with children aged 0 to 5				
Yes	945	17.7%	< 30	
No	1,619	22.4%	245	17.6%
Household with children aged 0 to 17				
Yes	1,437	19.1%	42	21.4%
No	1,127	22.5%	217	17.1%
Educational attainment				
Less than high school	531	18.6%	81	18.5%
High school or GED	921	18.0%	66	12.1%
Some college or higher	1,061	24.1%	104	19.2%
Food insecurity				
Yes	1,448	26.1%	96	22.9%
No	1,077	13.4%	155	14.8%
Transportation insecurity				
Yes	1,170	27.1%	80	25.0%
No	1,376	15.1%	176	14.2%
Currently experiencing homelessness				
Yes	154	30.5%	< 30	
No	2,413	20.1%	257	18.3%
Housing insecurity				
Yes	1,288	26.7%	55	27.3%
No	1,269	14.4%	202	14.9%
Self-reported disability				
Yes	1,031	26.6%	116	21.6%
No	1,499	16.5%	139	15.1%
Frequent mental distress				
Yes	762	27.2%	50	30.0%
No	1,667	18.1%	192	16.1%

NOTE: Definitions for the indicators are provided in Appendix A.

Access to Health Care



How long has it been since you last visited a dentist or dental clinic for any reason?

Table 23	Sample Size	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never
	N	Percent	Percent	Percent	Percent	Percent
Hennepin County total	3,069	48.5%	21.1%	10.6%	13.5%	6.4%
Location						
HSC - North Minneapolis	383	47.0%	20.4%	13.6%	14.1%	5.0%
HSC - Central Northeast Minneapolis	386	40.9%	24.1%	12.2%	16.8%	6.0%
HSC - South Minneapolis	392	44.6%	24.7%	10.5%	12.5%	7.7%
HSC - Northwest Suburban	382	44.8%	20.7%	11.5%	15.7%	7.3%
HSC - West Suburban	381	50.4%	22.6%	10.5%	11.8%	4.7%
HSC - South Suburban	403	50.1%	20.6%	9.9%	15.1%	4.2%
Office of Multicultural Services	345	52.2%	18.0%	8.4%	9.9%	11.6%
NorthPoint Health & Wellness Center	397	57.9%	17.6%	7.8%	11.6%	5.0%
Age						
18-34	1,185	45.7%	22.7%	12.2%	12.7%	6.8%
35-54	1,214	48.8%	20.2%	10.0%	13.8%	7.1%
55 and older	670	52.8%	20.0%	8.7%	14.3%	4.2%
Gender						
Male	969	46.0%	20.0%	10.9%	15.9%	7.1%
Female	2,091	49.7%	21.6%	10.4%	12.4%	5.9%
LGBT self-identification						
LGBT self-identified	296	40.9%	26.7%	11.5%	14.2%	6.8%
Not LGBT self-identified	2,307	48.5%	21.0%	11.3%	14.1%	5.1%
Selected race/ethnicity						
Hispanic	430	41.6%	24.7%	11.9%	12.6%	9.3%
Non-Hispanic						
American Indian or Alaska Native	153	35.3%	33.3%	13.1%	16.3%	2.0%
Asian or Asian American	127	55.1%	18.1%	7.9%	15.0%	3.9%
Southeast Asian	88	53.4%	17.0%	9.1%	17.0%	3.4%
Black or African American	1,561	51.2%	20.2%	9.4%	11.8%	7.4%
US-born black	1,065	49.6%	22.0%	10.4%	12.9%	5.2%
Foreign-born black	400	55.5%	16.5%	5.8%	9.5%	12.8%
White	599	49.6%	18.2%	12.7%	16.4%	3.2%
Household income						
< 100% of Federal Poverty Level	1,970	47.8%	21.7%	10.2%	14.1%	6.2%
≥ 100% of Federal Poverty Level	963	50.3%	20.2%	11.6%	12.4%	5.5%

Access to Health Care



How long has it been since you last visited a dentist or dental clinic for any reason?

Table 23	Sample Size	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never
	N	Percent	Percent	Percent	Percent	Percent
Household with children aged 0 to 5						
Yes	1,176	48.4%	21.9%	9.9%	12.2%	7.6%
No	1,890	48.5%	20.6%	11.0%	14.3%	5.6%
Household with children aged 0 to 17						
Yes	1,781	49.2%	21.7%	9.9%	12.2%	6.9%
No	1,285	47.5%	20.3%	11.4%	15.2%	5.6%
Educational attainment						
Less than high school	626	48.6%	20.1%	10.7%	12.5%	8.1%
High school or GED	1,130	44.7%	22.7%	9.6%	15.4%	7.6%
Some college or higher	1,253	51.6%	20.4%	11.7%	12.3%	4.0%
Food insecurity						
Yes	1,695	45.1%	23.4%	11.7%	15.5%	4.2%
No	1,323	53.1%	18.1%	9.2%	10.7%	8.9%
Transportation insecurity						
Yes	1,383	42.4%	24.4%	11.8%	16.3%	5.1%
No	1,661	53.7%	18.2%	9.6%	11.1%	7.3%
Currently experiencing homelessness						
Yes	189	31.2%	25.4%	15.9%	18.5%	9.0%
No	2,880	49.6%	20.8%	10.2%	13.2%	6.2%
Housing insecurity						
Yes	1,534	43.9%	23.0%	12.6%	15.2%	5.2%
No	1,521	53.3%	19.1%	8.4%	11.8%	7.4%
Self-reported disability						
Yes	1,105	49.4%	22.4%	10.7%	14.6%	3.0%
No	1,911	48.0%	20.3%	10.6%	12.7%	8.4%
Frequent mental distress						
Yes	854	44.8%	24.5%	12.3%	15.7%	2.7%
No	2,044	50.1%	20.1%	9.9%	12.6%	7.3%

NOTE: Definitions for the indicators are provided in Appendix A.

Access to Health Care



**During the past 12 months, how often did your health care provider tell or give you information about your health and health care that was easy to understand?
Among those who saw a health care provider**

Table 24	Sample Size	Always	Most of the time	Some of the time	None of the time
	N	Percent	Percent	Percent	Percent
Hennepin County total	2,811	51.2%	25.9%	16.2%	6.8%
Location					
HSC - North Minneapolis	352	50.9%	23.9%	15.9%	9.4%
HSC - Central Northeast Minneapolis	348	45.4%	26.7%	19.8%	8.0%
HSC - South Minneapolis	360	50.0%	26.9%	17.5%	5.6%
HSC - Northwest Suburban	344	47.4%	31.4%	15.1%	6.1%
HSC - West Suburban	361	52.4%	29.6%	12.5%	5.5%
HSC - South Suburban	372	47.6%	30.9%	15.6%	5.9%
Office of Multicultural Services	299	58.5%	14.7%	20.4%	6.4%
NorthPoint Health & Wellness Center	375	58.4%	21.1%	13.3%	7.2%
Age					
18-34	1,064	47.3%	28.0%	17.2%	7.5%
35-54	1,106	50.5%	24.9%	17.1%	7.5%
55 and older	641	59.0%	24.0%	12.8%	4.2%
Gender					
Male	865	48.6%	26.6%	17.2%	7.6%
Female	1,938	52.4%	25.5%	15.7%	6.3%
LGBT self-identification					
LGBT self-identified	271	44.3%	29.2%	18.8%	7.7%
Not LGBT self-identified	2,128	51.3%	27.0%	15.6%	6.2%
Selected race/ethnicity					
Hispanic	362	43.4%	24.6%	25.7%	6.4%
Non-Hispanic					
American Indian or Alaska Native	146	47.9%	29.5%	16.4%	6.2%
Asian or Asian American	117	36.8%	27.4%	33.3%	2.6%
Southeast Asian	80	32.5%	28.8%	37.5%	1.3%
Black or African American	1,447	54.3%	23.2%	14.1%	8.4%
US-born black	983	53.0%	24.7%	14.1%	8.1%
Foreign-born black	377	58.9%	20.2%	13.8%	7.2%
White	553	51.0%	33.1%	12.5%	3.4%
Household income					
< 100% of Federal Poverty Level	1,806	49.7%	26.4%	16.7%	7.3%
≥ 100% of Federal Poverty Level	885	53.7%	25.6%	14.7%	6.0%

Access to Health Care



During the past 12 months, how often did your health care provider tell or give you information about your health and health care that was easy to understand?
Among those who saw a health care provider

Table 24	Sample Size	Always	Most of the time	Some of the time	None of the time
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,068	49.5%	26.2%	16.9%	7.4%
No	1,740	52.2%	25.7%	15.7%	6.3%
Household with children aged 0 to 17					
Yes	1,616	49.3%	26.1%	17.2%	7.4%
No	1,192	53.9%	25.6%	14.8%	5.8%
Educational attainment					
Less than high school	573	51.5%	22.0%	21.1%	5.4%
High school or GED	1,018	49.0%	25.7%	16.9%	8.3%
Some college or higher	1,165	53.3%	28.2%	12.6%	5.8%
Food insecurity					
Yes	1,555	46.6%	28.0%	19.5%	5.9%
No	1,212	56.8%	23.5%	12.1%	7.5%
Transportation insecurity					
Yes	1,278	46.8%	27.9%	18.8%	6.5%
No	1,510	55.0%	24.2%	13.8%	7.0%
Currently experiencing homelessness					
Yes	168	41.7%	31.0%	19.6%	7.7%
No	2,643	51.8%	25.5%	15.9%	6.7%
Housing insecurity					
Yes	1,414	46.7%	27.6%	18.6%	7.1%
No	1,385	55.9%	24.2%	13.6%	6.4%
Self-reported disability					
Yes	1,058	48.2%	29.2%	17.1%	5.5%
No	1,709	53.1%	23.8%	15.4%	7.6%
Frequent mental distress					
Yes	803	45.5%	30.4%	18.3%	5.9%
No	1,864	53.5%	24.3%	15.2%	7.0%

NOTE: Definitions for the indicators are provided in Appendix A.

Access to Health Care



During the past 12 months, how often were you treated with respect by your health care providers?

Among those who saw a health care provider

Table 25	Sample Size	Always	Most of the time	Some of the time	None of the time
	N	Percent	Percent	Percent	Percent
Hennepin County total	2,855	67.2%	21.1%	8.3%	3.4%
Location					
HSC - North Minneapolis	354	62.4%	21.5%	12.1%	4.0%
HSC - Central Northeast Minneapolis	353	57.8%	26.3%	9.9%	5.9%
HSC - South Minneapolis	365	68.5%	17.8%	10.1%	3.6%
HSC - Northwest Suburban	356	60.1%	27.5%	8.4%	3.9%
HSC - West Suburban	364	70.3%	21.2%	5.8%	2.7%
HSC - South Suburban	371	68.2%	21.6%	7.8%	2.4%
Office of Multicultural Services	313	79.9%	12.8%	6.4%	1.0%
NorthPoint Health & Wellness Center	379	71.2%	19.0%	6.1%	3.7%
Age					
18-34	1,092	65.3%	21.6%	9.2%	3.8%
35-54	1,118	65.7%	21.8%	9.0%	3.5%
55 and older	645	73.0%	18.8%	5.6%	2.6%
Gender					
Male	884	67.1%	19.5%	9.4%	4.1%
Female	1,961	67.2%	21.9%	7.9%	3.1%
LGBT self-identification					
LGBT self-identified	275	57.8%	27.6%	10.9%	3.6%
Not LGBT self-identified	2,151	67.2%	21.4%	8.3%	3.2%
Selected race/ethnicity					
Hispanic	379	69.1%	19.3%	9.0%	2.6%
Non-Hispanic					
American Indian or Alaska Native	146	55.5%	31.5%	11.0%	2.1%
Asian or Asian American	119	56.3%	28.6%	12.6%	2.5%
Southeast Asian	83	55.4%	32.5%	9.6%	2.4%
Black or African American	1,467	69.4%	17.5%	8.5%	4.6%
US-born black	998	67.8%	18.9%	9.1%	4.1%
Foreign-born black	383	74.4%	14.9%	5.5%	5.2%
White	561	65.4%	27.3%	5.7%	1.6%
Household income					
< 100% of Federal Poverty Level	1,837	65.0%	21.7%	9.3%	4.0%
≥ 100% of Federal Poverty Level	894	71.8%	19.6%	6.3%	2.3%

Access to Health Care



During the past 12 months, how often were you treated with respect by your health care providers?

Among those who saw a health care provider

Table 25	Sample Size	Always	Most of the time	Some of the time	None of the time
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,092	65.8%	22.1%	8.2%	3.9%
No	1,760	68.0%	20.5%	8.4%	3.1%
Household with children aged 0 to 17					
Yes	1,652	66.5%	20.9%	8.7%	3.9%
No	1,200	68.1%	21.3%	7.8%	2.8%
Educational attainment					
Less than high school	582	67.5%	19.1%	9.5%	4.0%
High school or GED	1,037	68.1%	18.3%	8.6%	5.0%
Some college or higher	1,180	66.3%	24.3%	7.5%	1.9%
Food insecurity					
Yes	1,583	63.4%	23.5%	10.2%	3.0%
No	1,230	72.1%	17.9%	6.3%	3.7%
Transportation insecurity					
Yes	1,291	61.9%	23.9%	11.2%	3.0%
No	1,543	71.7%	18.6%	6.0%	3.8%
Currently experiencing homelessness					
Yes	167	53.9%	29.9%	10.8%	5.4%
No	2,688	68.0%	20.5%	8.2%	3.3%
Housing insecurity					
Yes	1,429	61.7%	23.6%	11.0%	3.8%
No	1,414	72.8%	18.5%	5.7%	3.1%
Self-reported disability					
Yes	1,073	61.6%	26.9%	9.1%	2.3%
No	1,735	71.0%	17.2%	7.7%	4.2%
Frequent mental distress					
Yes	814	60.9%	26.4%	10.6%	2.1%
No	1,887	70.4%	18.7%	7.1%	3.8%

NOTE: Definitions for the indicators are provided in Appendix A.



Healthy lifestyle and behavior

Healthy Lifestyle and Behaviors



Summary measures

Nutrition and beverage intake

Table 26	Having 2 servings or more a day of fruit		Having 3 servings or more a day of vegetables		Having 5 servings or more a day of fruit, fruit juice and vegetables	
	N	Percent	N	Percent	N	Percent
Hennepin County total	2,996	46.1%	2,943	20.9%	3,018	39.8%
Location						
HSC - North Minneapolis	377	45.9%	367	19.3%	380	43.4%
HSC - Central Northeast Minneapolis	376	46.3%	363	25.6%	380	44.7%
HSC - South Minneapolis	374	42.2%	372	19.6%	377	38.2%
HSC - Northwest Suburban	379	47.2%	369	21.4%	381	39.9%
HSC - West Suburban	365	52.3%	362	22.1%	372	40.1%
HSC - South Suburban	399	44.4%	393	22.9%	403	37.5%
Office of Multicultural Services	338	45.9%	329	13.4%	340	33.8%
NorthPoint Health & Wellness Center	388	45.1%	388	21.9%	385	40.3%
Age						
18-34	1,162	50.4%	1,139	23.2%	1,165	45.2%
35-54	1,181	44.3%	1,158	20.6%	1,195	37.2%
55 and older	653	41.8%	646	17.5%	658	35.0%
Gender						
Male	933	42.7%	925	20.2%	942	38.5%
Female	2,053	47.7%	2,010	21.1%	2,066	40.4%
LGBT self-identification						
LGBT self-identified	289	48.8%	273	26.4%	288	45.5%
Not LGBT self-identified	2,264	45.1%	2,240	20.0%	2,279	38.5%
Selected race/ethnicity						
Hispanic	416	48.3%	408	17.9%	420	36.9%
Non-Hispanic						
American Indian or Alaska Native	152	45.4%	151	26.5%	151	45.0%
Asian or Asian American	123	52.8%	123	25.2%	123	42.3%
Southeast Asian	87	56.3%	86	31.4%	85	42.4%
Black or African American	1,521	46.4%	1,487	20.5%	1,532	42.8%
US-born black	1,046	46.9%	1,027	21.6%	1,050	44.9%
Foreign-born black	385	43.1%	376	14.4%	392	35.2%
White	589	41.4%	588	20.4%	595	30.4%
Household income						
< 100% of Federal Poverty Level	1,932	46.1%	1,893	19.5%	1,947	40.6%
≥ 100% of Federal Poverty Level	944	46.6%	937	23.6%	947	38.5%

Healthy Lifestyle and Behaviors



Summary measures

Nutrition and beverage intake

Table 26	Having 2 servings or more a day of fruit		Having 3 servings or more a day of vegetables		Having 5 servings or more a day of fruit, fruit juice and vegetables	
	N	Percent	N	Percent	N	Percent
Household with children aged 0 to 5						
Yes	1,147	52.7%	1,122	23.2%	1,161	45.1%
No	1,846	42.1%	1,818	19.5%	1,854	36.5%
Household with children aged 0 to 17						
Yes	1,737	51.1%	1,703	22.7%	1,755	43.0%
No	1,256	39.3%	1,237	18.5%	1,260	35.5%
Educational attainment						
Less than high school	603	44.6%	595	17.8%	611	39.4%
High school or GED	1,102	47.0%	1,087	21.5%	1,108	41.2%
Some college or higher	1,230	46.0%	1,206	21.8%	1,238	38.8%
Food insecurity						
Yes	1,651	43.5%	1,636	20.9%	1,665	38.4%
No	1,293	49.5%	1,260	20.9%	1,301	41.4%
Transportation insecurity						
Yes	1,344	44.9%	1,324	21.0%	1,354	42.0%
No	1,627	47.1%	1,597	20.7%	1,638	37.7%
Currently experiencing homelessness						
Yes	187	40.1%	181	16.0%	187	38.0%
No	2,809	46.5%	2,762	21.2%	2,831	39.9%
Housing insecurity						
Yes	1,507	45.9%	1,473	21.5%	1,510	41.6%
No	1,474	46.3%	1,457	20.0%	1,493	37.7%
Self-reported disability						
Yes	1,079	42.2%	1,062	19.0%	1,088	37.0%
No	1,867	48.1%	1,831	21.9%	1,880	41.1%
Frequent mental distress						
Yes	834	39.3%	823	18.2%	840	32.7%
No	2,017	48.6%	1,983	22.1%	2,027	42.4%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



A serving of vegetables - not including french fries - is one cup of salad greens or a half cup vegetables. How many servings of vegetables did you have yesterday?

Table 27	Sample	0 servings		1 serving		2 servings		3 or more servings	
	Size	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
Hennepin County total	2,943	23.6%		27.2%		28.3%		20.9%	
Location									
HSC - North Minneapolis	367	24.8%		25.1%		30.8%		19.3%	
HSC - Central Northeast Minneapolis	363	29.2%		23.4%		21.8%		25.6%	
HSC - South Minneapolis	372	28.2%		25.0%		27.2%		19.6%	
HSC - Northwest Suburban	369	24.7%		24.7%		29.3%		21.4%	
HSC - West Suburban	362	21.5%		26.8%		29.6%		22.1%	
HSC - South Suburban	393	18.1%		27.0%		32.1%		22.9%	
Office of Multicultural Services	329	17.9%		43.2%		25.5%		13.4%	
NorthPoint Health & Wellness Center	388	24.0%		24.2%		29.9%		21.9%	
Age									
18-34	1,139	24.8%		23.0%		29.0%		23.2%	
35-54	1,158	23.7%		28.3%		27.4%		20.6%	
55 and older	646	21.1%		32.5%		28.9%		17.5%	
Gender									
Male	925	27.4%		26.4%		26.1%		20.2%	
Female	2,010	21.9%		27.6%		29.5%		21.1%	
LGBT self-identification									
LGBT self-identified	273	23.1%		27.1%		23.4%		26.4%	
Not LGBT self-identified	2,240	24.1%		27.1%		28.9%		20.0%	
Selected race/ethnicity									
Hispanic	408	24.3%		31.4%		26.5%		17.9%	
Non-Hispanic									
American Indian or Alaska Native	151	18.5%		23.2%		31.8%		26.5%	
Asian or Asian American	123	9.8%		31.7%		33.3%		25.2%	
Southeast Asian	86	7.0%		26.7%		34.9%		31.4%	
Black or African American	1,487	26.0%		24.4%		29.1%		20.5%	
US-born black	1,027	27.6%		21.3%		29.5%		21.6%	
Foreign-born black	376	23.4%		33.5%		28.7%		14.4%	
White	588	21.4%		31.0%		27.2%		20.4%	
Household income									
< 100% of Federal Poverty Level	1,893	25.0%		26.4%		29.0%		19.5%	
≥ 100% of Federal Poverty Level	937	19.6%		29.5%		27.3%		23.6%	

Healthy Lifestyle and Behaviors



A serving of vegetables - not including french fries - is one cup of salad greens or a half cup vegetables. How many servings of vegetables did you have yesterday?

Table 27	Sample	0 servings	1 serving	2 servings	3 or more
	Size	Percent	Percent	Percent	Percent
	N				
Household with children aged 0 to 5					
Yes	1,122	23.4%	24.3%	29.1%	23.2%
No	1,818	23.6%	28.9%	27.9%	19.5%
Household with children aged 0 to 17					
Yes	1,703	21.1%	27.1%	29.1%	22.7%
No	1,237	26.8%	27.2%	27.4%	18.5%
Educational attainment					
Less than high school	595	21.7%	31.4%	29.1%	17.8%
High school or GED	1,087	26.3%	24.8%	27.3%	21.5%
Some college or higher	1,206	22.1%	27.1%	29.0%	21.8%
Food insecurity					
Yes	1,636	26.1%	25.3%	27.7%	20.9%
No	1,260	20.6%	29.3%	29.3%	20.9%
Transportation insecurity					
Yes	1,324	27.2%	23.3%	28.5%	21.0%
No	1,597	20.8%	30.4%	28.1%	20.7%
Currently experiencing homelessness					
Yes	181	28.7%	23.2%	32.0%	16.0%
No	2,762	23.2%	27.4%	28.1%	21.2%
Housing insecurity					
Yes	1,473	26.4%	24.5%	27.6%	21.5%
No	1,457	20.9%	29.8%	29.3%	20.0%
Self-reported disability					
Yes	1,062	25.7%	28.2%	27.1%	19.0%
No	1,831	22.6%	26.6%	28.9%	21.9%
Frequent mental distress					
Yes	823	30.6%	27.7%	23.5%	18.2%
No	1,983	21.2%	26.7%	30.0%	22.1%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



A serving of fruit is a medium-sized piece of fruit or a half cup of chopped, cut or canned fruit.

How many servings of fruit did you have yesterday? (Do not include fruit juice)

Table 28	Sample	0 servings	1 serving	2 servings	3 or more servings
	Size	Percent	Percent	Percent	Percent
Hennepin County total	2,996	25.9%	28.0%	24.6%	21.6%
Location					
HSC - North Minneapolis	377	28.1%	26.0%	24.4%	21.5%
HSC - Central Northeast Minneapolis	376	29.8%	23.9%	21.8%	24.5%
HSC - South Minneapolis	374	30.2%	27.5%	22.7%	19.5%
HSC - Northwest Suburban	379	26.6%	26.1%	25.1%	22.2%
HSC - West Suburban	365	24.1%	23.6%	27.9%	24.4%
HSC - South Suburban	399	26.3%	29.3%	25.8%	18.5%
Office of Multicultural Services	338	13.6%	40.5%	26.3%	19.5%
NorthPoint Health & Wellness Center	388	27.1%	27.8%	22.7%	22.4%
Age					
18-34	1,162	25.3%	24.3%	24.7%	25.7%
35-54	1,181	26.8%	28.9%	25.4%	18.9%
55 and older	653	25.3%	32.9%	22.8%	19.0%
Gender					
Male	933	28.2%	29.2%	21.3%	21.3%
Female	2,053	24.8%	27.5%	26.0%	21.8%
LGBT self-identification					
LGBT self-identified	289	29.1%	22.1%	23.9%	24.9%
Not LGBT self-identified	2,264	26.6%	28.2%	24.6%	20.6%
Selected race/ethnicity					
Hispanic	416	17.3%	34.4%	25.7%	22.6%
Non-Hispanic					
American Indian or Alaska Native	152	25.7%	28.9%	23.0%	22.4%
Asian or Asian American	123	21.1%	26.0%	30.1%	22.8%
Southeast Asian	87	19.5%	24.1%	32.2%	24.1%
Black or African American	1,521	28.3%	25.3%	23.7%	22.7%
US-born black	1,046	30.1%	22.9%	23.1%	23.8%
Foreign-born black	385	24.7%	32.2%	25.7%	17.4%
White	589	26.8%	31.7%	24.3%	17.1%
Household income					
< 100% of Federal Poverty Level	1,932	26.3%	27.6%	24.3%	21.8%
≥ 100% of Federal Poverty Level	944	24.8%	28.6%	25.6%	21.0%

Healthy Lifestyle and Behaviors



A serving of fruit is a medium-sized piece of fruit or a half cup of chopped, cut or canned fruit.

How many servings of fruit did you have yesterday? (Do not include fruit juice)

Table 28	Sample	0 servings	1 serving	2 servings	3 or more
	Size	Percent	Percent	Percent	Percent
	N				
Household with children aged 0 to 5					
Yes	1,147	22.7%	24.7%	27.0%	25.6%
No	1,846	27.9%	30.0%	23.0%	19.1%
Household with children aged 0 to 17					
Yes	1,737	23.2%	25.7%	26.8%	24.2%
No	1,256	29.6%	31.1%	21.4%	17.9%
Educational attainment					
Less than high school	603	21.6%	33.8%	23.2%	21.4%
High school or GED	1,102	27.0%	26.0%	24.7%	22.3%
Some college or higher	1,230	27.2%	26.8%	25.1%	20.9%
Food insecurity					
Yes	1,651	28.0%	28.5%	23.6%	19.9%
No	1,293	23.1%	27.4%	26.3%	23.2%
Transportation insecurity					
Yes	1,344	27.2%	27.9%	24.2%	20.8%
No	1,627	25.0%	28.0%	25.1%	22.0%
Currently experiencing homelessness					
Yes	187	32.6%	27.3%	22.5%	17.6%
No	2,809	25.5%	28.0%	24.7%	21.8%
Housing insecurity					
Yes	1,507	27.3%	26.7%	23.4%	22.5%
No	1,474	24.5%	29.2%	25.9%	20.4%
Self-reported disability					
Yes	1,079	28.7%	29.1%	22.9%	19.3%
No	1,867	24.6%	27.3%	25.4%	22.7%
Frequent mental distress					
Yes	834	32.3%	28.4%	23.0%	16.3%
No	2,017	23.7%	27.6%	25.3%	23.4%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



A serving of 100% fruit juice is 6 ounces.

How many servings of fruit juice did you have yesterday?

Table 29	Sample	0 servings		1 serving		2 servings		3 or more servings		
	Size	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	
Hennepin County total	2,960	44.5%		24.1%		15.0%		16.3%		
Location										
HSC - North Minneapolis	363	42.7%		17.1%		15.4%		24.8%		
HSC - Central Northeast Minneapolis	374	38.8%		18.7%		19.3%		23.3%		
HSC - South Minneapolis	369	45.3%		21.7%		17.1%		16.0%		
HSC - Northwest Suburban	372	42.2%		24.5%		18.8%		14.5%		
HSC - West Suburban	362	47.0%		29.0%		11.6%		12.4%		
HSC - South Suburban	399	55.1%		23.8%		12.8%		8.3%		
Office of Multicultural Services	337	41.8%		35.3%		11.0%		11.9%		
NorthPoint Health & Wellness Center	384	42.4%		24.0%		14.1%		19.5%		
Age										
18-34	1,150	40.0%		23.0%		16.7%		20.3%		
35-54	1,168	47.4%		23.2%		14.7%		14.6%		
55 and older	642	47.4%		27.9%		12.6%		12.1%		
Gender										
Male	919	41.0%		23.4%		16.2%		19.4%		
Female	2,033	46.1%		24.4%		14.5%		14.9%		
LGBT self-identification										
LGBT self-identified	284	43.7%		20.8%		11.3%		24.3%		
Not LGBT self-identified	2,243	46.1%		23.5%		15.3%		15.1%		
Selected race/ethnicity										
Hispanic	408	48.5%		28.2%		10.0%		13.2%		
Non-Hispanic										
American Indian or Alaska Native	151	50.3%		19.2%		13.9%		16.6%		
Asian or Asian American	125	47.2%		26.4%		12.8%		13.6%		
Southeast Asian	87	50.6%		28.7%		9.2%		11.5%		
Black or African American	1,494	37.3%		23.0%		19.0%		20.7%		
US-born black	1,026	39.5%		18.6%		19.1%		22.8%		
Foreign-born black	379	33.0%		33.2%		20.1%		13.7%		
White	587	59.1%		25.6%		9.0%		6.3%		
Household income										
< 100% of Federal Poverty Level	1,911	42.1%		24.0%		15.7%		18.2%		
≥ 100% of Federal Poverty Level	932	49.6%		24.9%		13.1%		12.4%		

Healthy Lifestyle and Behaviors



A serving of 100% fruit juice is 6 ounces.
How many servings of fruit juice did you have yesterday?

Table 29	Sample	0 servings	1 serving	2 servings	3 or more
	Size	Percent	Percent	Percent	Percent
	N				
Household with children aged 0 to 5					
Yes	1,141	40.2%	24.8%	17.1%	17.9%
No	1,816	47.2%	23.7%	13.7%	15.4%
Household with children aged 0 to 17					
Yes	1,715	43.1%	24.9%	15.4%	16.6%
No	1,242	46.5%	23.0%	14.5%	15.9%
Educational attainment					
Less than high school	602	40.5%	26.9%	16.4%	16.1%
High school or GED	1,092	40.4%	24.5%	15.5%	19.7%
Some college or higher	1,213	50.5%	22.3%	13.8%	13.4%
Food insecurity					
Yes	1,629	47.7%	23.5%	13.6%	15.2%
No	1,283	41.0%	24.6%	16.9%	17.5%
Transportation insecurity					
Yes	1,325	42.6%	22.6%	15.2%	19.6%
No	1,609	46.5%	25.5%	14.8%	13.2%
Currently experiencing homelessness					
Yes	189	43.4%	18.0%	19.6%	19.0%
No	2,771	44.6%	24.5%	14.7%	16.1%
Housing insecurity					
Yes	1,484	43.9%	22.3%	15.4%	18.4%
No	1,463	45.2%	26.0%	14.8%	14.0%
Self-reported disability					
Yes	1,063	48.6%	21.7%	13.0%	16.7%
No	1,847	42.7%	25.1%	16.1%	16.1%
Frequent mental distress					
Yes	824	52.5%	19.7%	12.5%	15.3%
No	2,002	41.8%	25.4%	16.1%	16.6%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



Total servings of fruit (not including juice) or vegetables consumed yesterday

Table 30	Sample	0 servings		1 serving		2 servings		3 or more servings	
	Size	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
Hennepin County total	3,026	14.2%		11.8%		20.1%		53.9%	
Location									
HSC - North Minneapolis	380	15.0%		10.3%		22.1%		52.6%	
HSC - Central Northeast Minneapolis	381	19.7%		10.8%		17.6%		52.0%	
HSC - South Minneapolis	378	15.6%		16.1%		15.3%		52.9%	
HSC - Northwest Suburban	383	15.4%		12.0%		18.3%		54.3%	
HSC - West Suburban	372	13.4%		9.4%		20.4%		56.7%	
HSC - South Suburban	402	11.9%		11.9%		19.7%		56.5%	
Office of Multicultural Services	339	6.8%		12.7%		30.1%		50.4%	
NorthPoint Health & Wellness Center	391	15.3%		11.0%		18.4%		55.2%	
Age									
18-34	1,173	15.3%		10.2%		17.1%		57.4%	
35-54	1,195	14.1%		12.9%		21.4%		51.5%	
55 and older	658	12.5%		12.5%		23.1%		52.0%	
Gender									
Male	950	17.2%		12.4%		21.6%		48.8%	
Female	2,066	12.9%		11.5%		19.4%		56.2%	
LGBT self-identification									
LGBT self-identified	291	17.5%		7.9%		17.5%		57.0%	
Not LGBT self-identified	2,285	14.3%		12.5%		20.1%		53.2%	
Selected race/ethnicity									
Hispanic	419	8.8%		14.8%		23.6%		52.7%	
Non-Hispanic									
American Indian or Alaska Native	153	14.4%		8.5%		17.0%		60.1%	
Asian or Asian American	124	6.5%		10.5%		20.2%		62.9%	
Southeast Asian	87	5.7%		8.0%		14.9%		71.3%	
Black or African American	1,538	16.5%		10.7%		19.9%		52.9%	
US-born black	1,056	17.8%		9.5%		19.2%		53.5%	
Foreign-born black	390	12.8%		15.6%		22.6%		49.0%	
White	595	13.8%		12.3%		20.2%		53.8%	
Household income									
< 100% of Federal Poverty Level	1,952	15.3%		11.7%		20.2%		52.7%	
≥ 100% of Federal Poverty Level	950	11.4%		11.5%		20.2%		56.9%	

Healthy Lifestyle and Behaviors



Total servings of fruit (not including juice) or vegetables consumed yesterday

Table 30	Sample	0 servings	1 serving	2 servings	3 or more
	Size	Percent	Percent	Percent	Percent
	N				
Household with children aged 0 to 5					
Yes	1,160	12.8%	10.4%	19.1%	57.8%
No	1,863	15.2%	12.5%	20.7%	51.6%
Household with children aged 0 to 17					
Yes	1,756	11.6%	11.3%	19.6%	57.5%
No	1,267	18.0%	12.2%	20.8%	49.0%
Educational attainment					
Less than high school	611	11.8%	11.3%	23.1%	53.8%
High school or GED	1,115	16.6%	11.5%	19.1%	52.8%
Some college or higher	1,239	13.4%	11.9%	19.8%	54.9%
Food insecurity					
Yes	1,668	15.9%	12.7%	19.2%	52.2%
No	1,306	12.2%	10.5%	21.2%	56.1%
Transportation insecurity					
Yes	1,360	16.5%	11.5%	18.6%	53.5%
No	1,641	12.4%	12.0%	21.3%	54.2%
Currently experiencing homelessness					
Yes	186	22.0%	7.0%	22.0%	48.9%
No	2,840	13.7%	12.1%	20.0%	54.2%
Housing insecurity					
Yes	1,515	15.6%	11.9%	19.1%	53.4%
No	1,496	12.9%	11.6%	21.1%	54.3%
Self-reported disability					
Yes	1,090	15.2%	14.2%	20.4%	50.2%
No	1,884	13.9%	10.5%	19.9%	55.8%
Frequent mental distress					
Yes	841	18.8%	15.0%	19.0%	47.2%
No	2,036	12.8%	10.5%	20.3%	56.5%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



Total servings of vegetables, fruit, or fruit juice consumed yesterday

Table 31	Sample	0 servings	1 serving	2 servings	3 or 4 servings	5 or more servings
	Size	Percent	Percent	Percent	Percent	Percent
Hennepin County total	3,018	11.0%	8.5%	13.2%	27.5%	39.8%
Location						
HSC - North Minneapolis	380	11.8%	6.6%	13.7%	24.5%	43.4%
HSC - Central Northeast Minneapolis	380	15.5%	7.6%	9.7%	22.4%	44.7%
HSC - South Minneapolis	377	11.1%	12.2%	14.1%	24.4%	38.2%
HSC - Northwest Suburban	381	11.5%	8.7%	10.5%	29.4%	39.9%
HSC - West Suburban	372	9.9%	7.5%	14.5%	28.0%	40.1%
HSC - South Suburban	403	10.2%	9.7%	12.4%	30.3%	37.5%
Office of Multicultural Services	340	4.7%	7.9%	20.0%	33.5%	33.8%
NorthPoint Health & Wellness Center	385	12.2%	8.1%	11.7%	27.8%	40.3%
Age						
18-34	1,165	11.3%	7.4%	12.1%	24.0%	45.2%
35-54	1,195	11.0%	9.4%	14.6%	27.9%	37.2%
55 and older	658	10.3%	9.1%	12.8%	32.8%	35.0%
Gender						
Male	942	13.4%	8.3%	12.1%	27.7%	38.5%
Female	2,066	9.8%	8.7%	13.7%	27.3%	40.4%
LGBT self-identification						
LGBT self-identified	288	14.2%	6.3%	12.5%	21.5%	45.5%
Not LGBT self-identified	2,279	10.8%	9.3%	13.5%	27.9%	38.5%
Selected race/ethnicity						
Hispanic	420	7.1%	9.0%	17.6%	29.3%	36.9%
Non-Hispanic						
American Indian or Alaska Native	151	11.3%	9.3%	11.3%	23.2%	45.0%
Asian or Asian American	123	3.3%	9.8%	13.8%	30.9%	42.3%
Southeast Asian	85	4.7%	7.1%	10.6%	35.3%	42.4%
Black or African American	1,532	12.7%	7.2%	12.7%	24.7%	42.8%
US-born black	1,050	13.6%	7.2%	11.5%	22.8%	44.9%
Foreign-born black	392	9.2%	8.4%	17.1%	30.1%	35.2%
White	595	10.8%	10.8%	12.9%	35.1%	30.4%
Household income						
< 100% of Federal Poverty Level	1,947	11.7%	8.8%	13.1%	25.8%	40.6%
≥ 100% of Federal Poverty Level	947	8.8%	8.6%	12.9%	31.3%	38.5%

Healthy Lifestyle and Behaviors



Total servings of vegetables, fruit, or fruit juice consumed yesterday

Table 31	Sample	0 servings	1 serving	2 servings	3 or 4 servings	5 or more servings
	Size	Percent	Percent	Percent	Percent	Percent
Household with children aged 0 to 5						
Yes	1,161	10.1%	6.8%	12.6%	25.4%	45.1%
No	1,854	11.5%	9.7%	13.5%	28.7%	36.5%
Household with children aged 0 to 17						
Yes	1,755	8.9%	7.8%	13.7%	26.7%	43.0%
No	1,260	13.9%	9.6%	12.5%	28.6%	35.5%
Educational attainment						
Less than high school	611	8.2%	6.9%	16.7%	28.8%	39.4%
High school or GED	1,108	13.0%	8.8%	12.1%	25.0%	41.2%
Some college or higher	1,238	10.5%	9.2%	12.4%	29.1%	38.8%
Food insecurity						
Yes	1,665	12.6%	9.7%	13.6%	25.8%	38.4%
No	1,301	9.0%	7.1%	12.8%	29.7%	41.4%
Transportation insecurity						
Yes	1,354	12.6%	8.9%	12.7%	23.8%	42.0%
No	1,638	9.6%	8.3%	13.7%	30.6%	37.7%
Currently experiencing homelessness						
Yes	187	17.1%	6.4%	10.7%	27.8%	38.0%
No	2,831	10.6%	8.7%	13.4%	27.4%	39.9%
Housing insecurity						
Yes	1,510	12.1%	8.9%	12.8%	24.6%	41.6%
No	1,493	9.8%	8.2%	13.7%	30.5%	37.7%
Self-reported disability						
Yes	1,088	11.9%	10.8%	13.5%	26.7%	37.0%
No	1,880	10.6%	7.3%	13.1%	27.9%	41.1%
Frequent mental distress						
Yes	840	14.2%	11.5%	14.3%	27.3%	32.7%
No	2,027	9.9%	7.4%	12.5%	27.8%	42.4%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



NOTE: These tables were intentionally left blank

Tables 32 to 35	Sample Size	Percent
N		
Hennepin County total		
Location		
HSC - North Minneapolis		
HSC - Central Northeast Minneapolis		
HSC - South Minneapolis		
HSC - Northwest Suburban		
HSC - West Suburban		
HSC - South Suburban		
Office of Multicultural Services		
NorthPoint Health & Wellness Center		
Age		
18-34		
35-54		
55 and older		
Gender		
Male		
Female		
LGBT self-identification		
LGBT self-identified		
Not LGBT self-identified		
Selected race/ethnicity		
Hispanic		
Non-Hispanic		
American Indian or Alaska Native		
Asian or Asian American		
Southeast Asian		
Black or African American		
US-born black		
Foreign-born black		
White		
Household income		
< 100% of Federal Poverty Level		
≥ 100% of Federal Poverty Level		

Healthy Lifestyle and Behaviors



NOTE: These tables were intentionally left blank

Tables 32 to 35	Sample Size	Percent
Household with children aged 0 to 5		
Yes		
No		
Household with children aged 0 to 17		
Yes		
No		
Educational attainment		
Less than high school		
High school or GED		
Some college or higher		
Food insecurity		
Yes		
No		
Transportation insecurity		
Yes		
No		
Currently experiencing homelessness		
Yes		
No		
Housing insecurity		
Yes		
No		
Self-reported disability		
Yes		
No		
Frequent mental distress		
Yes		
No		

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



Healthy People 2020 physical activity guidelines

Table 36	Met moderate physical activity guideline		Met vigorous physical activity guideline		Met either moderate or vigorous physical activity guideline	
	N	Percent	N	Percent	N	Percent
Hennepin County total	2,598	24.2%	2,741	33.8%	2,634	42.4%
Location						
HSC - North Minneapolis	324	24.1%	343	38.2%	331	44.7%
HSC - Central Northeast Minneapolis	308	29.2%	327	44.0%	314	52.9%
HSC - South Minneapolis	318	27.4%	340	34.4%	323	45.5%
HSC - Northwest Suburban	315	24.1%	343	32.7%	325	42.5%
HSC - West Suburban	330	24.8%	342	33.6%	332	42.5%
HSC - South Suburban	353	23.5%	369	31.2%	361	39.3%
Office of Multicultural Services	313	19.5%	319	21.3%	307	30.6%
NorthPoint Health & Wellness Center	337	21.7%	358	34.9%	341	41.6%
Age						
18-34	1,010	25.5%	1,049	38.5%	1,026	46.2%
35-54	1,024	23.8%	1,090	32.8%	1,042	41.6%
55 and older	564	22.7%	602	27.6%	566	37.3%
Gender						
Male	784	29.0%	839	38.4%	796	48.9%
Female	1,805	22.2%	1,894	31.8%	1,830	39.6%
LGBT self-identification						
LGBT self-identified	248	23.8%	262	36.3%	254	44.1%
Not LGBT self-identified	1,956	25.3%	2,081	34.2%	1,993	43.2%
Selected race/ethnicity						
Hispanic	377	21.8%	387	30.2%	377	39.0%
Non-Hispanic						
American Indian or Alaska Native	123	32.5%	129	43.4%	128	52.3%
Asian or Asian American	112	22.3%	115	28.7%	112	39.3%
Southeast Asian	76	22.4%	80	31.3%	77	40.3%
Black or African American	1,309	21.3%	1,378	33.7%	1,325	41.6%
US-born black	894	24.3%	949	37.9%	915	45.9%
Foreign-born black	334	14.1%	350	23.7%	330	31.2%
White	510	30.8%	556	32.2%	524	42.7%
Household income						
< 100% of Federal Poverty Level	1,676	24.3%	1,761	32.3%	1,687	41.1%
≥ 100% of Federal Poverty Level	814	24.6%	869	37.1%	842	45.0%

Healthy Lifestyle and Behaviors



Healthy People 2020 physical activity guidelines

Table 36	Met moderate physical activity guideline		Met vigorous physical activity guideline		Met either moderate or vigorous physical activity guideline	
	N	Percent	N	Percent	N	Percent
Household with children aged 0 to 5						
Yes	1,003	23.1%	1,038	34.4%	1,012	41.8%
No	1,593	24.9%	1,701	33.5%	1,620	42.8%
Household with children aged 0 to 17						
Yes	1,529	23.3%	1,578	33.8%	1,543	41.7%
No	1,067	25.5%	1,161	33.9%	1,089	43.5%
Educational attainment						
Less than high school	530	20.2%	547	25.6%	523	34.4%
High school or GED	950	23.9%	1,000	35.1%	967	43.7%
Some college or higher	1,062	26.9%	1,138	36.6%	1,090	45.4%
Food insecurity						
Yes	1,393	24.8%	1,502	34.6%	1,432	43.4%
No	1,164	23.4%	1,202	32.6%	1,165	41.2%
Transportation insecurity						
Yes	1,129	25.8%	1,211	35.2%	1,152	43.9%
No	1,447	23.0%	1,508	32.8%	1,461	41.4%
Currently experiencing homelessness						
Yes	152	32.9%	169	41.4%	160	50.0%
No	2,446	23.7%	2,572	33.3%	2,474	42.0%
Housing insecurity						
Yes	1,271	25.6%	1,357	36.6%	1,301	44.8%
No	1,313	23.1%	1,372	31.2%	1,320	40.3%
Self-reported disability						
Yes	903	23.3%	984	29.7%	919	39.3%
No	1,646	24.8%	1,711	36.2%	1,669	44.3%
Frequent mental distress						
Yes	674	25.4%	738	30.4%	688	41.9%
No	1,794	23.7%	1,875	35.4%	1,822	42.8%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



During the past 30 days, other than your regular job, did you participate in any physical activity or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

Table 37	Sample	Yes
	Size	Percent
N		
Hennepin County total	2,950	62.7%
Location		
HSC - North Minneapolis	361	56.0%
HSC - Central Northeast Minneapolis	352	63.6%
HSC - South Minneapolis	376	58.8%
HSC - Northwest Suburban	367	64.6%
HSC - West Suburban	369	66.9%
HSC - South Suburban	398	70.1%
Office of Multicultural Services	339	61.9%
NorthPoint Health & Wellness Center	388	59.0%
Age		
18-34	1,141	65.9%
35-54	1,157	61.2%
55 and older	652	59.7%
Gender		
Male	920	61.2%
Female	2,020	63.4%
LGBT self-identification		
LGBT self-identified	280	58.9%
Not LGBT self-identified	2,230	64.2%
Selected race/ethnicity		
Hispanic	422	62.8%
Non-Hispanic		
American Indian or Alaska Native	148	71.6%
Asian or Asian American	120	71.7%
Southeast Asian	83	74.7%
Black or African American	1,474	56.6%
US-born black	1,011	57.3%
Foreign-born black	379	54.9%
White	591	73.4%
Household income		
< 100% of Federal Poverty Level	1,897	59.5%
≥ 100% of Federal Poverty Level	926	68.8%

Healthy Lifestyle and Behaviors



During the past 30 days, other than your regular job, did you participate in any physical activity or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

Table 37	Sample	Yes
	Size N	Percent
Household with children aged 0 to 5		
Yes	1,124	63.4%
No	1,823	62.2%
Household with children aged 0 to 17		
Yes	1,711	63.5%
No	1,236	61.6%
Educational attainment		
Less than high school	594	54.0%
High school or GED	1,082	60.7%
Some college or higher	1,219	69.8%
Food insecurity		
Yes	1,626	62.1%
No	1,276	64.1%
Transportation insecurity		
Yes	1,315	61.0%
No	1,613	64.4%
Currently experiencing homelessness		
Yes	176	63.1%
No	2,774	62.7%
Housing insecurity		
Yes	1,470	62.0%
No	1,465	63.6%
Self-reported disability		
Yes	1,068	56.9%
No	1,836	66.3%
Frequent mental distress		
Yes	827	58.3%
No	1,966	64.8%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity?

Moderate activities cause only light sweating and a small increase in breathing or heart

Table 38	Sample	0 days	1-2 days	3-4 days	5-7 days
	Size	Percent	Percent	Percent	Percent
Hennepin County total	2,598	25.8%	24.7%	25.3%	24.2%
Location					
HSC - North Minneapolis	324	28.4%	24.4%	23.1%	24.1%
HSC - Central Northeast Minneapolis	308	24.7%	21.1%	25.0%	29.2%
HSC - South Minneapolis	318	23.6%	26.1%	23.0%	27.4%
HSC - Northwest Suburban	315	26.7%	23.8%	25.4%	24.1%
HSC - West Suburban	330	24.8%	24.2%	26.1%	24.8%
HSC - South Suburban	353	21.8%	25.5%	29.2%	23.5%
Office of Multicultural Services	313	30.4%	29.4%	20.8%	19.5%
NorthPoint Health & Wellness Center	337	26.7%	22.8%	28.8%	21.7%
Age					
18-34	1,010	23.1%	25.5%	25.8%	25.5%
35-54	1,024	26.0%	25.5%	24.7%	23.8%
55 and older	564	30.5%	21.6%	25.2%	22.7%
Gender					
Male	784	25.9%	21.4%	23.7%	29.0%
Female	1,805	25.8%	26.1%	25.9%	22.2%
LGBT self-identification					
LGBT self-identified	248	31.5%	20.6%	24.2%	23.8%
Not LGBT self-identified	1,956	24.7%	24.2%	25.8%	25.3%
Selected race/ethnicity					
Hispanic	377	23.3%	30.2%	24.7%	21.8%
Non-Hispanic					
American Indian or Alaska Native	123	21.1%	22.0%	24.4%	32.5%
Asian or Asian American	112	21.4%	26.8%	29.5%	22.3%
Southeast Asian	76	19.7%	25.0%	32.9%	22.4%
Black or African American	1,309	30.3%	24.3%	24.1%	21.3%
US-born black	894	28.7%	22.3%	24.7%	24.3%
Foreign-born black	334	34.4%	28.7%	22.8%	14.1%
White	510	19.4%	22.2%	27.6%	30.8%
Household income					
< 100% of Federal Poverty Level	1,676	27.4%	24.2%	24.1%	24.3%
≥ 100% of Federal Poverty Level	814	22.1%	26.0%	27.3%	24.6%

Healthy Lifestyle and Behaviors



During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity?

Moderate activities cause only light sweating and a small increase in breathing or heart

Table 38	Sample	0 days	1-2 days	3-4 days	5-7 days
	Size N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,003	24.0%	28.0%	24.8%	23.1%
No	1,593	27.0%	22.5%	25.5%	24.9%
Household with children aged 0 to 17					
Yes	1,529	24.4%	26.9%	25.4%	23.3%
No	1,067	27.9%	21.5%	25.1%	25.5%
Educational attainment					
Less than high school	530	33.2%	24.2%	22.5%	20.2%
High school or GED	950	27.7%	24.6%	23.8%	23.9%
Some college or higher	1,062	19.7%	25.3%	28.1%	26.9%
Food insecurity					
Yes	1,393	27.1%	22.8%	25.3%	24.8%
No	1,164	24.3%	27.1%	25.2%	23.4%
Transportation insecurity					
Yes	1,129	25.2%	25.0%	24.0%	25.8%
No	1,447	26.3%	24.3%	26.4%	23.0%
Currently experiencing homelessness					
Yes	152	25.7%	21.1%	20.4%	32.9%
No	2,446	25.8%	24.9%	25.6%	23.7%
Housing insecurity					
Yes	1,271	24.5%	24.5%	25.4%	25.6%
No	1,313	27.0%	24.8%	25.1%	23.1%
Self-reported disability					
Yes	903	31.2%	23.3%	22.3%	23.3%
No	1,646	22.8%	25.4%	27.0%	24.8%
Frequent mental distress					
Yes	674	31.6%	20.3%	22.7%	25.4%
No	1,794	23.8%	26.1%	26.4%	23.7%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity?

Vigorous activities cause heavy sweating and a large increase in breathing and heart

Table 39	Sample	0 days	1-2 days	3-4 days	5-7 days
	Size	Percent	Percent	Percent	Percent
Hennepin County total	2,741	39.6%	26.6%	15.8%	18.1%
Location					
HSC - North Minneapolis	343	35.9%	25.9%	17.5%	20.7%
HSC - Central Northeast Minneapolis	327	30.9%	25.1%	21.1%	22.9%
HSC - South Minneapolis	340	40.3%	25.3%	14.7%	19.7%
HSC - Northwest Suburban	343	37.6%	29.7%	14.9%	17.8%
HSC - West Suburban	342	39.5%	26.9%	17.3%	16.4%
HSC - South Suburban	369	41.2%	27.6%	13.6%	17.6%
Office of Multicultural Services	319	55.2%	23.5%	10.7%	10.7%
NorthPoint Health & Wellness Center	358	37.2%	27.9%	16.5%	18.4%
Age					
18-34	1,049	33.3%	28.2%	17.4%	21.1%
35-54	1,090	39.8%	27.4%	15.8%	17.0%
55 and older	602	50.3%	22.1%	12.8%	14.8%
Gender					
Male	839	37.5%	24.1%	17.2%	21.2%
Female	1,894	40.5%	27.7%	15.2%	16.6%
LGBT self-identification					
LGBT self-identified	262	39.7%	24.0%	17.2%	19.1%
Not LGBT self-identified	2,081	39.7%	26.1%	15.7%	18.5%
Selected race/ethnicity					
Hispanic	387	42.9%	26.9%	14.7%	15.5%
Non-Hispanic					
American Indian or Alaska Native	129	34.1%	22.5%	17.1%	26.4%
Asian or Asian American	115	47.8%	23.5%	13.0%	15.7%
Southeast Asian	80	48.8%	20.0%	12.5%	18.8%
Black or African American	1,378	39.4%	26.9%	16.5%	17.2%
US-born black	949	37.3%	24.8%	17.3%	20.7%
Foreign-born black	350	44.3%	32.0%	14.9%	8.9%
White	556	39.6%	28.2%	13.5%	18.7%
Household income					
< 100% of Federal Poverty Level	1,761	41.5%	26.2%	15.0%	17.3%
≥ 100% of Federal Poverty Level	869	35.4%	27.5%	17.1%	19.9%

Healthy Lifestyle and Behaviors



During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity?

Vigorous activities cause heavy sweating and a large increase in breathing and heart

Table 39	Sample	0 days	1-2 days	3-4 days	5-7 days
	Size N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,038	35.6%	30.0%	16.0%	18.4%
No	1,701	42.1%	24.5%	15.6%	17.8%
Household with children aged 0 to 17					
Yes	1,578	37.2%	29.0%	15.7%	18.1%
No	1,161	43.0%	23.2%	15.9%	17.9%
Educational attainment					
Less than high school	547	50.8%	23.6%	12.1%	13.5%
High school or GED	1,000	40.4%	24.5%	16.0%	19.1%
Some college or higher	1,138	33.4%	30.0%	17.5%	19.2%
Food insecurity					
Yes	1,502	39.7%	25.6%	15.6%	19.0%
No	1,202	39.8%	27.6%	15.8%	16.8%
Transportation insecurity					
Yes	1,211	37.0%	27.8%	15.2%	20.0%
No	1,508	41.8%	25.4%	16.2%	16.6%
Currently experiencing homelessness					
Yes	169	33.7%	24.9%	16.0%	25.4%
No	2,572	40.0%	26.7%	15.7%	17.6%
Housing insecurity					
Yes	1,357	36.6%	26.8%	16.3%	20.3%
No	1,372	42.5%	26.3%	15.2%	16.0%
Self-reported disability					
Yes	984	48.4%	22.0%	13.5%	16.2%
No	1,711	34.8%	29.0%	17.2%	19.1%
Frequent mental distress					
Yes	738	48.5%	21.1%	14.6%	15.7%
No	1,875	36.2%	28.5%	16.6%	18.7%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



During an average week, how many days do you walk to get to and from places (such as to work, stores, run errands)?

Table 40	Sample	0 days	1-2 days	3-4 days	5-6 days	7 days
	Size	Percent	Percent	Percent	Percent	Percent
Hennepin County total	2,755	20.2%	19.9%	20.6%	15.8%	23.4%
Location						
HSC - North Minneapolis	337	18.4%	17.2%	20.2%	16.3%	27.9%
HSC - Central Northeast Minneapolis	324	10.5%	14.5%	17.3%	18.5%	39.2%
HSC - South Minneapolis	347	13.0%	17.9%	21.0%	19.9%	28.2%
HSC - Northwest Suburban	342	26.6%	21.9%	20.2%	14.6%	16.7%
HSC - West Suburban	351	31.9%	19.9%	20.5%	12.5%	15.1%
HSC - South Suburban	378	24.3%	18.5%	21.2%	16.9%	19.0%
Office of Multicultural Services	326	15.0%	31.3%	23.3%	11.3%	19.0%
NorthPoint Health & Wellness Center	350	20.6%	18.6%	21.1%	16.0%	23.7%
Age						
18-34	1,057	18.2%	19.4%	20.2%	16.7%	25.5%
35-54	1,101	20.2%	19.8%	21.2%	16.3%	22.6%
55 and older	597	24.0%	21.1%	20.3%	13.4%	21.3%
Gender						
Male	846	18.7%	17.6%	20.1%	18.1%	25.5%
Female	1,902	20.9%	20.9%	20.9%	14.8%	22.5%
LGBT self-identification						
LGBT self-identified	265	16.6%	20.4%	21.9%	13.2%	27.9%
Not LGBT self-identified	2,067	21.5%	19.3%	19.3%	16.3%	23.6%
Selected race/ethnicity						
Hispanic	403	12.4%	25.1%	24.3%	17.9%	20.3%
Non-Hispanic						
American Indian or Alaska Native	129	13.2%	14.7%	19.4%	14.0%	38.8%
Asian or Asian American	118	29.7%	23.7%	13.6%	7.6%	25.4%
Southeast Asian	83	30.1%	24.1%	12.0%	9.6%	24.1%
Black or African American	1,370	18.9%	20.4%	21.6%	16.6%	22.4%
US-born black	928	18.1%	17.7%	21.2%	17.7%	25.3%
Foreign-born black	360	21.1%	27.2%	23.6%	13.3%	14.7%
White	560	29.3%	16.3%	18.8%	13.6%	22.1%
Household income						
< 100% of Federal Poverty Level	1,756	18.6%	19.2%	21.9%	15.9%	24.4%
≥ 100% of Federal Poverty Level	880	23.3%	21.7%	18.0%	15.8%	21.3%

Healthy Lifestyle and Behaviors



During an average week, how many days do you walk to get to and from places (such as to work, stores, run errands)?

Table 40	Sample	0 days	1-2 days	3-4 days	5-6 days	7 days
	Size	Percent	Percent	Percent	Percent	Percent
	N					
Household with children aged 0 to 5						
Yes	1,055	18.6%	20.9%	21.7%	17.2%	21.7%
No	1,698	21.3%	19.3%	19.9%	15.0%	24.6%
Household with children aged 0 to 17						
Yes	1,606	18.6%	21.7%	21.1%	16.7%	21.9%
No	1,147	22.5%	17.3%	19.9%	14.6%	25.7%
Educational attainment						
Less than high school	554	19.5%	22.9%	22.9%	13.5%	21.1%
High school or GED	995	19.7%	19.0%	20.7%	17.3%	23.3%
Some college or higher	1,148	21.0%	19.5%	19.2%	15.2%	25.1%
Food insecurity						
Yes	1,502	20.6%	18.0%	20.5%	15.9%	25.0%
No	1,209	19.8%	22.3%	20.7%	15.3%	21.9%
Transportation insecurity						
Yes	1,207	16.2%	17.7%	21.3%	18.3%	26.4%
No	1,525	23.2%	21.6%	20.1%	14.0%	21.1%
Currently experiencing homelessness						
Yes	165	12.7%	13.9%	14.5%	18.8%	40.0%
No	2,590	20.7%	20.3%	21.0%	15.6%	22.4%
Housing insecurity						
Yes	1,360	20.0%	18.6%	19.6%	16.3%	25.5%
No	1,381	20.3%	21.4%	21.6%	15.4%	21.4%
Self-reported disability						
Yes	977	26.7%	17.9%	19.2%	13.8%	22.3%
No	1,731	16.5%	20.9%	21.5%	17.0%	24.1%
Frequent mental distress						
Yes	740	24.7%	17.8%	18.8%	13.9%	24.7%
No	1,875	18.8%	20.8%	21.2%	16.5%	22.8%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



During an average week, how many days do you bike to get to and from places for exercise or recreation?

Table 41	Sample	0 days	1-2 days	3-4 days	5-6 days	7 days
	Size	Percent	Percent	Percent	Percent	Percent
Hennepin County total	2,928	78.3%	11.7%	5.0%	3.1%	1.9%
Location						
HSC - North Minneapolis	367	74.7%	13.9%	6.0%	3.5%	1.9%
HSC - Central Northeast Minneapolis	351	72.1%	13.7%	6.3%	5.1%	2.8%
HSC - South Minneapolis	368	76.4%	12.8%	4.9%	4.1%	1.9%
HSC - Northwest Suburban	373	78.0%	13.4%	5.4%	2.4%	0.8%
HSC - West Suburban	366	84.2%	9.3%	3.3%	1.9%	1.4%
HSC - South Suburban	395	83.0%	8.9%	5.1%	1.5%	1.5%
Office of Multicultural Services	336	83.0%	10.4%	3.3%	2.1%	1.2%
NorthPoint Health & Wellness Center	372	74.7%	11.6%	5.6%	4.0%	4.0%
Age						
18-34	1,129	75.4%	13.4%	5.8%	3.6%	1.9%
35-54	1,155	78.7%	12.1%	4.8%	2.6%	1.8%
55 and older	644	82.6%	8.1%	4.0%	3.0%	2.3%
Gender						
Male	908	69.9%	15.0%	6.5%	5.0%	3.6%
Female	2,011	82.1%	10.2%	4.3%	2.2%	1.2%
LGBT self-identification						
LGBT self-identified	275	74.2%	12.4%	9.1%	2.9%	1.5%
Not LGBT self-identified	2,215	79.1%	11.4%	4.3%	3.2%	2.0%
Selected race/ethnicity						
Hispanic	408	76.5%	13.5%	4.9%	3.7%	1.5%
Non-Hispanic						
American Indian or Alaska Native	146	70.5%	13.0%	5.5%	4.1%	6.8%
Asian or Asian American	124	79.8%	11.3%	4.8%	1.6%	2.4%
Southeast Asian	87	81.6%	9.2%	3.4%	2.3%	3.4%
Black or African American	1,478	78.4%	11.8%	5.7%	2.7%	1.4%
US-born black	1,012	78.4%	11.6%	5.1%	3.2%	1.8%
Foreign-born black	378	81.5%	11.1%	5.8%	0.8%	0.8%
White	581	81.1%	10.3%	3.3%	3.1%	2.2%
Household income						
< 100% of Federal Poverty Level	1,882	78.9%	11.1%	4.4%	3.3%	2.2%
≥ 100% of Federal Poverty Level	924	77.4%	12.8%	5.6%	2.6%	1.6%

Healthy Lifestyle and Behaviors



During an average week, how many days do you bike to get to and from places for exercise or recreation?

Table 41	Sample	0 days	1-2 days	3-4 days	5-6 days	7 days
	Size	Percent	Percent	Percent	Percent	Percent
Household with children aged 0 to 5						
Yes	1,124	78.6%	11.6%	5.8%	2.6%	1.4%
No	1,801	78.0%	11.8%	4.5%	3.4%	2.3%
Household with children aged 0 to 17						
Yes	1,700	78.4%	12.3%	5.4%	2.7%	1.3%
No	1,225	78.1%	10.9%	4.5%	3.6%	2.9%
Educational attainment						
Less than high school	589	82.5%	9.2%	3.4%	3.6%	1.4%
High school or GED	1,071	73.9%	13.4%	6.5%	3.5%	2.7%
Some college or higher	1,213	80.6%	11.0%	4.4%	2.3%	1.6%
Food insecurity						
Yes	1,610	79.4%	11.4%	4.5%	2.6%	2.0%
No	1,272	76.9%	12.1%	5.5%	3.6%	1.9%
Transportation insecurity						
Yes	1,305	76.8%	12.3%	5.6%	3.2%	2.1%
No	1,599	79.5%	11.3%	4.4%	2.9%	1.8%
Currently experiencing homelessness						
Yes	178	70.2%	13.5%	7.9%	7.3%	1.1%
No	2,750	78.8%	11.6%	4.8%	2.8%	2.0%
Housing insecurity						
Yes	1,463	77.7%	11.8%	5.3%	3.1%	2.1%
No	1,452	79.1%	11.5%	4.6%	3.0%	1.9%
Self-reported disability						
Yes	1,054	82.9%	8.2%	4.1%	3.2%	1.6%
No	1,825	75.8%	13.7%	5.4%	3.0%	2.1%
Frequent mental distress						
Yes	814	85.0%	7.7%	3.4%	2.1%	1.7%
No	1,980	75.6%	13.2%	5.5%	3.6%	2.1%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



Summary measures

Alcohol use

Table 42

	Currently drinking		Heavy drinking (>1 drink/day females or >2 drinks/day males)		Binge drinking (≥ 4 drinks females or ≥ 5 drinks males, 1x + past 30 days)		Excessive drinking (Engaged in either heavy or binge drinking)	
	N	Percent	N	Percent	N	Percent	N	Percent
Hennepin County total	3,030	40.3%	2,936	25.9%	2,841	25.7%	2,855	34.6%
Location								
HSC - North Minneapolis	381	50.1%	368	32.6%	353	34.8%	361	44.3%
HSC - Central Northeast Minneapolis	380	47.1%	369	28.2%	349	33.5%	355	42.3%
HSC - South Minneapolis	382	36.6%	363	22.6%	357	23.2%	352	31.3%
HSC - Northwest Suburban	385	49.4%	372	32.0%	358	29.9%	357	42.6%
HSC - West Suburban	373	37.0%	366	23.0%	362	19.3%	358	27.9%
HSC - South Suburban	399	33.3%	386	22.0%	377	20.2%	378	28.3%
Office of Multicultural Services	340	14.7%	331	8.8%	319	9.1%	320	12.5%
NorthPoint Health & Wellness Center	390	51.3%	381	36.0%	366	33.9%	374	45.5%
Age								
18-34	1,173	44.2%	1,141	30.9%	1,110	30.7%	1,119	39.5%
35-54	1,199	38.9%	1,167	24.5%	1,104	23.7%	1,120	33.7%
55 and older	658	35.9%	628	19.3%	627	20.1%	616	27.6%
Gender								
Male	959	46.7%	926	23.0%	866	29.9%	879	37.0%
Female	2,061	37.5%	2,000	27.4%	1,975	23.8%	1,976	33.6%
LGBT self-identification								
LGBT self-identified	295	52.9%	289	34.9%	262	31.7%	278	45.3%
Not LGBT self-identified	2,286	42.0%	2,214	26.7%	2,169	27.1%	2,169	35.8%
Selected race/ethnicity								
Hispanic	418	31.8%	404	23.0%	379	20.1%	391	28.4%
Non-Hispanic								
American Indian or Alaska Native	154	39.0%	146	24.0%	146	25.3%	144	32.6%
Asian or Asian American	121	26.4%	118	16.1%	118	15.3%	113	23.9%
Southeast Asian	87	21.8%	85	11.8%	84	13.1%	82	19.5%
Black or African American	1,541	43.2%	1,491	27.5%	1,427	30.0%	1,446	39.1%
US-born black	1,060	53.7%	1,024	35.2%	980	38.5%	1,000	49.3%
Foreign-born black	384	16.7%	374	8.6%	359	7.8%	357	12.6%
White	598	38.5%	582	24.1%	581	18.8%	572	28.0%
Household income								
< 100% of Federal Poverty Level	1,951	38.0%	1,893	25.0%	1,825	24.6%	1,846	33.6%
≥ 100% of Federal Poverty Level	950	45.8%	921	28.1%	907	28.3%	899	37.2%

Healthy Lifestyle and Behaviors



Summary measures

Alcohol use

Table 42	Currently drinking		Heavy drinking (>1 drink/day females or >2 drinks/day males)		Binge drinking (≥ 4 drinks females or ≥ 5 drinks males, 1x + past 30 days)		Excessive drinking (Engaged in either heavy or binge drinking)	
	N	Percent	N	Percent	N	Percent	N	Percent
Household with children aged 0 to 5								
Yes	1,158	39.1%	1,123	26.6%	1,089	26.0%	1,096	34.8%
No	1,870	41.1%	1,811	25.5%	1,749	25.5%	1,757	34.6%
Household with children aged 0 to 17								
Yes	1,761	39.1%	1,707	26.7%	1,646	25.3%	1,666	34.5%
No	1,267	42.1%	1,227	24.8%	1,192	26.2%	1,187	34.9%
Educational attainment								
Less than high school	609	30.0%	586	18.4%	562	19.4%	564	26.8%
High school or GED	1,119	41.9%	1,092	27.1%	1,037	29.1%	1,055	37.7%
Some college or higher	1,242	44.3%	1,201	28.5%	1,190	25.8%	1,181	35.9%
Food insecurity								
Yes	1,678	43.9%	1,621	28.5%	1,585	27.8%	1,585	38.5%
No	1,304	36.0%	1,271	22.8%	1,218	23.0%	1,230	29.8%
Transportation insecurity								
Yes	1,361	43.9%	1,307	29.0%	1,268	29.2%	1,279	39.0%
No	1,645	37.5%	1,605	23.5%	1,554	22.8%	1,557	31.2%
Currently experiencing homelessness								
Yes	189	48.1%	186	27.4%	170	30.6%	178	40.4%
No	2,841	39.8%	2,750	25.8%	2,671	25.3%	2,677	34.3%
Housing insecurity								
Yes	1,522	48.1%	1,471	32.5%	1,423	32.1%	1,438	42.9%
No	1,494	32.4%	1,451	19.3%	1,408	19.2%	1,407	26.3%
Self-reported disability								
Yes	1,100	39.2%	1,060	24.7%	1,025	24.3%	1,025	33.2%
No	1,878	40.8%	1,828	26.5%	1,768	26.5%	1,783	35.5%
Frequent mental distress								
Yes	854	43.0%	823	28.7%	810	29.1%	810	38.1%
No	2,029	39.9%	1,974	25.2%	1,897	24.5%	1,914	33.7%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?

Table 43	Sample	0 days	1 to 3 days	4 to 9 days	10 to 19 days	≥ 20 days
	Size	Percent	Percent	Percent	Percent	Percent
Hennepin County total	3,030	59.7%	25.0%	8.5%	3.8%	3.0%
Location						
HSC - North Minneapolis	381	49.9%	30.2%	9.4%	5.2%	5.2%
HSC - Central Northeast Minneapolis	380	52.9%	29.5%	8.9%	6.1%	2.6%
HSC - South Minneapolis	382	63.4%	24.3%	8.4%	2.6%	1.3%
HSC - Northwest Suburban	385	50.6%	33.0%	10.1%	3.6%	2.6%
HSC - West Suburban	373	63.0%	19.0%	9.4%	5.1%	3.5%
HSC - South Suburban	399	66.7%	18.8%	7.3%	3.5%	3.8%
Office of Multicultural Services	340	85.3%	12.1%	1.5%	0.3%	0.9%
NorthPoint Health & Wellness Center	390	48.7%	31.8%	12.1%	3.3%	4.1%
Age						
18-34	1,173	55.8%	27.5%	9.5%	4.2%	3.0%
35-54	1,199	61.1%	26.1%	7.1%	3.1%	2.7%
55 and older	658	64.1%	18.7%	9.1%	4.3%	3.8%
Gender						
Male	959	53.3%	26.7%	10.8%	4.8%	4.4%
Female	2,061	62.5%	24.3%	7.4%	3.3%	2.4%
LGBT self-identification						
LGBT self-identified	295	47.1%	32.2%	10.8%	5.4%	4.4%
Not LGBT self-identified	2,286	58.0%	25.9%	8.8%	4.1%	3.2%
Selected race/ethnicity						
Hispanic	418	68.2%	23.9%	5.5%	1.0%	1.4%
Non-Hispanic						
American Indian or Alaska Native	154	61.0%	22.7%	7.1%	2.6%	6.5%
Asian or Asian American	121	73.6%	16.5%	6.6%	1.7%	1.7%
Southeast Asian	87	78.2%	14.9%	4.6%	1.1%	1.1%
Black or African American	1,541	56.8%	28.7%	8.2%	3.6%	2.7%
US-born black	1,060	46.3%	35.5%	10.3%	4.4%	3.5%
Foreign-born black	384	83.3%	10.9%	3.1%	2.1%	0.5%
White	598	61.5%	16.2%	11.9%	5.4%	5.0%
Household income						
< 100% of Federal Poverty Level	1,951	62.0%	24.9%	7.0%	3.0%	3.1%
≥ 100% of Federal Poverty Level	950	54.2%	25.9%	11.7%	5.3%	2.9%

Healthy Lifestyle and Behaviors



During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?

Table 43	Sample	0 days	1 to 3 days	4 to 9 days	10 to 19 days	≥ 20 days
	Size	Percent	Percent	Percent	Percent	Percent
	N					
Household with children aged 0 to 5						
Yes	1,158	60.9%	25.5%	8.2%	2.8%	2.7%
No	1,870	58.9%	24.8%	8.7%	4.4%	3.3%
Household with children aged 0 to 17						
Yes	1,761	60.9%	25.6%	7.7%	3.4%	2.5%
No	1,267	57.9%	24.3%	9.6%	4.3%	3.8%
Educational attainment						
Less than high school	609	70.0%	20.4%	5.3%	2.0%	2.5%
High school or GED	1,119	58.1%	26.8%	8.6%	3.3%	3.2%
Some college or higher	1,242	55.7%	25.8%	10.1%	5.2%	3.1%
Food insecurity						
Yes	1,678	56.1%	27.7%	8.5%	4.4%	3.3%
No	1,304	64.0%	21.9%	8.4%	3.1%	2.6%
Transportation insecurity						
Yes	1,361	56.1%	27.2%	9.6%	3.8%	3.4%
No	1,645	62.5%	23.3%	7.7%	3.7%	2.8%
Currently experiencing homelessness						
Yes	189	51.9%	26.5%	11.1%	6.3%	4.2%
No	2,841	60.2%	24.9%	8.3%	3.6%	3.0%
Housing insecurity						
Yes	1,522	51.9%	29.6%	10.2%	4.3%	3.9%
No	1,494	67.6%	20.3%	6.6%	3.3%	2.1%
Self-reported disability						
Yes	1,100	60.8%	23.5%	7.7%	3.9%	4.1%
No	1,878	59.2%	25.8%	8.9%	3.7%	2.4%
Frequent mental distress						
Yes	854	57.0%	25.2%	8.4%	5.0%	4.3%
No	2,029	60.1%	25.1%	8.7%	3.4%	2.7%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



During the past 30 days, on the days when you drank, about how many drinks did you have on average?

Table 44	Sample	0 drinks	1 drink	2 drinks	3 or more drinks
	Size	Percent	Percent	Percent	Percent
Hennepin County total	2,968	58.9%	24.0%	9.7%	7.5%
Location					
HSC - North Minneapolis	376	49.2%	27.7%	11.7%	11.4%
HSC - Central Northeast Minneapolis	373	52.0%	27.9%	12.9%	7.2%
HSC - South Minneapolis	370	62.2%	22.2%	9.5%	6.2%
HSC - Northwest Suburban	375	49.3%	31.2%	10.9%	8.5%
HSC - West Suburban	368	62.5%	25.0%	8.2%	4.3%
HSC - South Suburban	388	65.7%	22.4%	7.2%	4.6%
Office of Multicultural Services	332	84.9%	8.4%	2.7%	3.9%
NorthPoint Health & Wellness Center	386	48.2%	25.1%	13.7%	13.0%
Age					
18-34	1,152	55.0%	24.0%	12.2%	8.8%
35-54	1,173	60.2%	23.5%	8.7%	7.6%
55 and older	643	63.3%	24.7%	7.0%	5.0%
Gender					
Male	941	52.4%	25.5%	11.3%	10.8%
Female	2,017	61.7%	23.3%	9.0%	5.9%
LGBT self-identification					
LGBT self-identified	293	46.8%	28.0%	13.0%	12.3%
Not LGBT self-identified	2,241	57.1%	25.5%	10.4%	7.0%
Selected race/ethnicity					
Hispanic	407	67.3%	15.2%	9.3%	8.1%
Non-Hispanic					
American Indian or Alaska Native	152	60.5%	21.7%	9.9%	7.9%
Asian or Asian American	118	72.9%	17.8%	5.9%	3.4%
Southeast Asian	85	77.6%	14.1%	4.7%	3.5%
Black or African American	1,512	56.0%	24.7%	10.4%	8.9%
US-born black	1,043	45.4%	30.3%	13.5%	10.7%
Foreign-born black	374	82.9%	10.7%	2.7%	3.7%
White	584	60.6%	26.5%	8.4%	4.5%
Household income					
< 100% of Federal Poverty Level	1,915	61.3%	21.8%	9.6%	7.4%
≥ 100% of Federal Poverty Level	929	53.2%	29.0%	10.2%	7.6%

Healthy Lifestyle and Behaviors



During the past 30 days, on the days when you drank, about how many drinks did you have on average?

Table 44	Sample	0 drinks	1 drink	2 drinks	3 or more drinks
	Size	Percent	Percent	Percent	Percent
	N				
Household with children aged 0 to 5					
Yes	1,135	60.1%	23.4%	8.9%	7.6%
No	1,831	58.1%	24.3%	10.2%	7.4%
Household with children aged 0 to 17					
Yes	1,723	60.1%	23.5%	9.1%	7.3%
No	1,243	57.1%	24.6%	10.5%	7.7%
Educational attainment					
Less than high school	596	69.3%	16.6%	7.9%	6.2%
High school or GED	1,104	57.5%	22.9%	10.0%	9.6%
Some college or higher	1,210	54.5%	28.9%	10.7%	5.9%
Food insecurity					
Yes	1,644	55.2%	26.4%	10.5%	7.9%
No	1,280	63.4%	20.8%	8.9%	7.0%
Transportation insecurity					
Yes	1,330	55.0%	24.0%	10.7%	10.3%
No	1,614	61.8%	24.0%	9.0%	5.1%
Currently experiencing homelessness					
Yes	188	51.6%	26.6%	11.2%	10.6%
No	2,780	59.4%	23.8%	9.6%	7.3%
Housing insecurity					
Yes	1,494	51.0%	27.0%	12.0%	10.0%
No	1,460	66.8%	20.8%	7.4%	4.9%
Self-reported disability					
Yes	1,072	59.8%	23.7%	9.6%	6.9%
No	1,846	58.5%	24.0%	9.7%	7.9%
Frequent mental distress					
Yes	836	56.1%	24.3%	10.5%	9.1%
No	1,991	59.3%	24.2%	9.5%	7.0%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors

**Binge drinking during the past 30 days****(For females: having 4 or more drinks on one occasion at least one time;****For males: having 5 or more drinks on one occasion at least one time)**

Table 45	Sample	0 times	1 time	2 times	3 to 5 times	6 or more times
	Size	Percent	Percent	Percent	Percent	Percent
Hennepin County total	2,835	74.5%	7.3%	6.4%	8.2%	3.6%
Location						
HSC - North Minneapolis	352	65.3%	8.2%	8.2%	13.6%	4.5%
HSC - Central Northeast Minneapolis	349	66.5%	8.9%	11.2%	10.3%	3.2%
HSC - South Minneapolis	357	76.8%	7.8%	6.7%	6.7%	2.0%
HSC - Northwest Suburban	357	70.3%	9.2%	6.7%	9.2%	4.5%
HSC - West Suburban	361	80.9%	5.5%	3.6%	7.2%	2.8%
HSC - South Suburban	376	80.1%	7.2%	4.3%	5.3%	3.2%
Office of Multicultural Services	318	91.2%	3.1%	2.5%	2.2%	0.9%
NorthPoint Health & Wellness Center	365	66.3%	8.2%	7.9%	10.4%	7.1%
Age						
18-34	1,107	69.5%	8.9%	6.4%	10.7%	4.4%
35-54	1,104	76.3%	7.1%	7.1%	6.3%	3.3%
55 and older	624	80.3%	5.0%	5.3%	6.9%	2.6%
Gender						
Male	864	70.3%	7.3%	6.0%	11.9%	4.5%
Female	1,971	76.4%	7.4%	6.6%	6.5%	3.1%
LGBT self-identification						
LGBT self-identified	261	68.6%	6.9%	6.9%	11.5%	6.1%
Not LGBT self-identified	2,165	73.1%	8.2%	6.8%	8.5%	3.4%
Selected race/ethnicity						
Hispanic	378	80.2%	6.1%	4.5%	6.9%	2.4%
Non-Hispanic						
American Indian or Alaska Native	145	75.2%	8.3%	6.9%	5.5%	4.1%
Asian or Asian American	118	84.7%	5.9%	1.7%	5.1%	2.5%
Southeast Asian	84	86.9%	6.0%	1.2%	3.6%	2.4%
Black or African American	1,423	70.2%	8.2%	7.8%	10.0%	3.8%
US-born black	977	61.7%	10.5%	10.0%	13.0%	4.7%
Foreign-born black	359	92.2%	2.5%	2.2%	2.5%	0.6%
White	581	81.2%	5.9%	4.5%	4.8%	3.6%
Household income						
< 100% of Federal Poverty Level	1,821	75.6%	6.6%	6.9%	7.7%	3.1%
≥ 100% of Federal Poverty Level	905	71.8%	8.8%	5.5%	9.1%	4.8%

Healthy Lifestyle and Behaviors

**Binge drinking during the past 30 days**

(For females: having 4 or more drinks on one occasion at least one time;

For males: having 5 or more drinks on one occasion at least one time)

Table 45	Sample	0 times	1 time	2 times	3 to 5 times	6 or more
	Size	Percent	Percent	Percent	Percent	Percent
Household with children aged 0 to 5	N					
Yes	1,088	74.1%	8.4%	6.7%	7.2%	3.7%
No	1,744	74.7%	6.7%	6.3%	8.8%	3.5%
Household with children aged 0 to 17						
Yes	1,644	74.8%	8.3%	6.6%	7.1%	3.3%
No	1,188	74.1%	6.0%	6.2%	9.8%	4.0%
Educational attainment						
Less than high school	561	80.7%	6.2%	5.0%	6.2%	1.8%
High school or GED	1,035	71.0%	7.1%	8.1%	9.6%	4.3%
Some college or higher	1,187	74.4%	8.3%	5.7%	8.1%	3.5%
Food insecurity						
Yes	1,583	72.3%	7.6%	7.1%	8.7%	4.4%
No	1,214	77.3%	7.1%	5.5%	7.8%	2.3%
Transportation insecurity						
Yes	1,266	70.9%	7.3%	7.1%	9.9%	4.8%
No	1,550	77.4%	7.4%	5.9%	6.8%	2.5%
Currently experiencing homelessness						
Yes	170	69.4%	8.2%	8.8%	8.2%	5.3%
No	2,665	74.8%	7.3%	6.3%	8.2%	3.5%
Housing insecurity						
Yes	1,421	68.0%	8.8%	7.7%	10.3%	5.1%
No	1,404	81.1%	5.8%	5.1%	6.1%	1.9%
Self-reported disability						
Yes	1,024	75.8%	6.2%	5.7%	8.3%	4.1%
No	1,763	73.7%	8.2%	6.9%	8.0%	3.2%
Frequent mental distress						
Yes	808	71.0%	6.8%	7.3%	10.4%	4.5%
No	1,894	75.7%	7.8%	6.1%	7.3%	3.2%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



Current smoking status

Table 46	Sample	Yes
	Size	Percent
	N	
Hennepin County total	2,973	32.4%
Location		
HSC - North Minneapolis	369	43.6%
HSC - Central Northeast Minneapolis	365	51.0%
HSC - South Minneapolis	386	33.9%
HSC - Northwest Suburban	375	31.7%
HSC - West Suburban	368	25.8%
HSC - South Suburban	389	28.3%
Office of Multicultural Services	338	5.6%
NorthPoint Health & Wellness Center	383	36.8%
Age		
18-34	1,157	30.7%
35-54	1,164	36.5%
55 and older	652	27.9%
Gender		
Male	943	43.5%
Female	2,020	27.3%
LGBT self-identification		
LGBT self-identified	292	41.1%
Not LGBT self-identified	2,238	34.6%
Selected race/ethnicity		
Hispanic	418	17.0%
Non-Hispanic		
American Indian or Alaska Native	149	58.4%
Asian or Asian American	125	14.4%
Southeast Asian	88	14.8%
Black or African American	1,497	32.4%
US-born black	1,031	43.1%
Foreign-born black	386	5.7%
White	588	36.7%
Household income		
< 100% of Federal Poverty Level	1,909	35.3%
≥ 100% of Federal Poverty Level	935	27.1%

Healthy Lifestyle and Behaviors



Current smoking status

Table 46	Sample	Yes
	Size	Percent
	N	
Household with children aged 0 to 5		
Yes	1,141	27.7%
No	1,829	35.3%
Household with children aged 0 to 17		
Yes	1,724	27.1%
No	1,246	39.6%
Educational attainment		
Less than high school	610	27.5%
High school or GED	1,082	36.7%
Some college or higher	1,222	31.8%
Food insecurity		
Yes	1,650	38.9%
No	1,275	24.4%
Transportation insecurity		
Yes	1,337	42.5%
No	1,610	24.2%
Currently experiencing homelessness		
Yes	185	55.7%
No	2,788	30.8%
Housing insecurity		
Yes	1,492	42.8%
No	1,467	21.9%
Self-reported disability		
Yes	1,079	41.7%
No	1,844	27.1%
Frequent mental distress		
Yes	836	47.2%
No	1,973	27.1%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



Current smoking status

Table 47	Sample Size	Every day smoker	Some days smoker	Former smoker	Never smoked
	N	Percent	Percent	Percent	Percent
Hennepin County total	2,973	22.5%	9.9%	7.5%	60.1%
Location					
HSC - North Minneapolis	369	30.9%	12.7%	5.1%	51.2%
HSC - Central Northeast Minneapolis	365	36.7%	14.2%	7.1%	41.9%
HSC - South Minneapolis	386	23.6%	10.4%	7.0%	59.1%
HSC - Northwest Suburban	375	22.4%	9.3%	6.4%	61.9%
HSC - West Suburban	368	18.8%	7.1%	12.5%	61.7%
HSC - South Suburban	389	20.1%	8.2%	9.5%	62.2%
Office of Multicultural Services	338	2.4%	3.3%	4.4%	89.9%
NorthPoint Health & Wellness Center	383	23.5%	13.3%	7.8%	55.4%
Age					
18-34	1,157	19.8%	10.9%	5.0%	64.3%
35-54	1,164	26.9%	9.6%	7.0%	56.5%
55 and older	652	19.3%	8.6%	13.0%	59.0%
Gender					
Male	943	30.8%	12.7%	9.4%	47.1%
Female	2,020	18.7%	8.6%	6.7%	66.0%
LGBT self-identification					
LGBT self-identified	292	28.4%	12.7%	9.6%	49.3%
Not LGBT self-identified	2,238	24.4%	10.2%	8.0%	57.3%
Selected race/ethnicity					
Hispanic	418	7.7%	9.3%	5.3%	77.8%
Non-Hispanic					
American Indian or Alaska Native	149	39.6%	18.8%	8.1%	33.6%
Asian or Asian American	125	9.6%	4.8%	8.0%	77.6%
Southeast Asian	88	9.1%	5.7%	6.8%	78.4%
Black or African American	1,497	21.9%	10.5%	4.9%	62.7%
US-born black	1,031	29.6%	13.5%	5.9%	51.0%
Foreign-born black	386	2.8%	2.8%	2.6%	91.7%
White	588	30.8%	6.0%	15.8%	47.4%
Household income					
< 100% of Federal Poverty Level	1,909	24.8%	10.5%	6.2%	58.5%
≥ 100% of Federal Poverty Level	935	18.5%	8.6%	10.6%	62.4%

Healthy Lifestyle and Behaviors



Current smoking status

Table 47	Sample Size	Every day smoker	Some days smoker	Former smoker	Never smoked
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,141	17.5%	10.2%	4.8%	67.5%
No	1,829	25.6%	9.7%	9.2%	55.5%
Household with children aged 0 to 17					
Yes	1,724	17.7%	9.4%	5.3%	67.6%
No	1,246	29.1%	10.5%	10.6%	49.8%
Educational attainment					
Less than high school	610	19.7%	7.9%	6.1%	66.4%
High school or GED	1,082	25.4%	11.3%	5.9%	57.4%
Some college or higher	1,222	21.9%	9.8%	9.7%	58.6%
Food insecurity					
Yes	1,650	27.5%	11.4%	7.3%	53.8%
No	1,275	16.3%	8.1%	7.8%	67.8%
Transportation insecurity					
Yes	1,337	30.3%	12.2%	5.2%	52.4%
No	1,610	16.1%	8.1%	9.4%	66.4%
Currently experiencing homelessness					
Yes	185	40.0%	15.7%	8.1%	36.2%
No	2,788	21.3%	9.5%	7.5%	61.7%
Housing insecurity					
Yes	1,492	30.0%	12.7%	6.2%	51.0%
No	1,467	14.9%	7.0%	8.7%	69.4%
Self-reported disability					
Yes	1,079	31.1%	10.6%	10.0%	48.3%
No	1,844	17.5%	9.5%	6.2%	66.8%
Frequent mental distress					
Yes	836	35.9%	11.4%	8.5%	44.3%
No	1,973	17.5%	9.5%	7.3%	65.6%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors

Q: Menthol cigarette use

Table 48

	Among persons aged 18 and older: Currently smoke menthol cigarettes Yes		Among persons 18 and older and are current smokers: Menthol is usual cigarette brand Yes	
	N	Percent	N	Percent
Hennepin County total	3,019	22.4%	964	70.2%
Location				
HSC - North Minneapolis	374	37.4%	162	86.4%
HSC - Central Northeast Minneapolis	374	36.9%	187	73.8%
HSC - South Minneapolis	389	21.1%	130	63.1%
HSC - Northwest Suburban	376	22.3%	118	71.2%
HSC - West Suburban	377	14.3%	96	56.3%
HSC - South Suburban	391	13.0%	111	45.9%
Office of Multicultural Services	345	2.9%	< 30	
NorthPoint Health & Wellness Center	393	30.0%	141	83.7%
Age				
18-34	1,171	23.9%	355	78.9%
35-54	1,185	24.2%	425	67.5%
55 and older	663	16.6%	184	59.8%
Gender				
Male	959	29.4%	407	69.3%
Female	2,050	19.2%	556	70.9%
LGBT self-identification				
LGBT self-identified	298	30.2%	123	73.2%
Not LGBT self-identified	2,266	23.7%	774	69.3%
Selected race/ethnicity				
Hispanic	423	10.9%	69	66.7%
Non-Hispanic				
American Indian or Alaska Native	150	29.3%	87	50.6%
Asian or Asian American	126	8.7%	< 30	
Southeast Asian	88	8.0%	< 30	
Black or African American	1,528	28.7%	487	89.9%
US-born black	1,047	39.2%	444	92.3%
Foreign-born black	394	3.8%	< 30	
White	593	12.0%	216	32.9%
Household income				
< 100% of Federal Poverty Level	1,934	25.0%	676	71.6%
≥ 100% of Federal Poverty Level	949	17.9%	253	67.2%

Healthy Lifestyle and Behaviors



Menthol cigarette use

Table 48	Among persons aged 18 and older: Currently smoke menthol cigarettes Yes		Among persons 18 and older and are current smokers: Menthol is usual cigarette brand Yes	
	N	Percent	N	Percent
Household with children aged 0 to 5				
Yes	1,157	21.9%	317	79.8%
No	1,859	22.8%	646	65.5%
Household with children aged 0 to 17				
Yes	1,748	20.7%	468	77.4%
No	1,268	24.8%	495	63.4%
Educational attainment				
Less than high school	619	19.5%	171	70.8%
High school or GED	1,103	27.1%	398	75.1%
Some college or higher	1,236	20.3%	385	65.2%
Food insecurity				
Yes	1,668	26.9%	641	70.0%
No	1,300	16.9%	313	70.3%
Transportation insecurity				
Yes	1,353	31.6%	569	75.0%
No	1,640	15.1%	391	63.2%
Currently experiencing homelessness				
Yes	186	39.8%	103	71.8%
No	2,833	21.3%	861	70.0%
Housing insecurity				
Yes	1,510	30.9%	636	73.4%
No	1,494	13.9%	325	64.0%
Self-reported disability				
Yes	1,088	27.8%	449	67.3%
No	1,880	19.2%	501	72.1%
Frequent mental distress				
Yes	844	31.9%	393	68.4%
No	2,010	19.2%	538	71.6%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

Table 49	Sample Size	Among current smokers:
	N	Yes Percent
Hennepin County total	952	59.0%
Location		
HSC - North Minneapolis	160	50.6%
HSC - Central Northeast Minneapolis	184	58.2%
HSC - South Minneapolis	130	61.5%
HSC - Northwest Suburban	116	62.9%
HSC - West Suburban	94	72.3%
HSC - South Suburban	110	58.2%
Office of Multicultural Services	< 30	
NorthPoint Health & Wellness Center	139	56.1%
Age		
18-34	352	61.4%
35-54	420	57.9%
55 and older	180	57.2%
Gender		
Male	406	58.6%
Female	545	59.3%
LGBT self-identification		
LGBT self-identified	120	59.2%
Not LGBT self-identified	767	57.9%
Selected race/ethnicity		
Hispanic	70	70.0%
Non-Hispanic		
American Indian or Alaska Native	87	47.1%
Asian or Asian American	< 30	
Southeast Asian	< 30	
Black or African American	477	58.1%
US-born black	438	58.2%
Foreign-born black	< 30	
White	215	58.1%
Household income		
< 100% of Federal Poverty Level	668	57.8%
≥ 100% of Federal Poverty Level	250	61.2%

Healthy Lifestyle and Behaviors



During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

Table 49	Sample Size	Among current smokers:
	N	Yes Percent
Household with children aged 0 to 5		
Yes	312	61.2%
No	639	57.9%
Household with children aged 0 to 17		
Yes	463	62.2%
No	488	55.9%
Educational attainment		
Less than high school	166	47.0%
High school or GED	394	56.6%
Some college or higher	384	66.1%
Food insecurity		
Yes	637	58.6%
No	306	59.5%
Transportation insecurity		
Yes	562	59.3%
No	386	58.3%
Currently experiencing homelessness		
Yes	103	58.3%
No	849	59.1%
Housing insecurity		
Yes	630	60.0%
No	319	56.7%
Self-reported disability		
Yes	447	55.7%
No	492	62.0%
Frequent mental distress		
Yes	392	56.6%
No	528	60.4%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



During the past 12 months, have you used other tobacco products such as cigars, pipes, snuff, chewing tobacco, bidis, kreteks, snus, a hookah water pipe, or any other type of tobacco product?

Table 50	Sample	Yes
	Size	Percent
	N	
Hennepin County total	3,063	13.4%
Location		
HSC - North Minneapolis	384	18.5%
HSC - Central Northeast Minneapolis	384	21.9%
HSC - South Minneapolis	390	12.8%
HSC - Northwest Suburban	383	14.1%
HSC - West Suburban	381	12.1%
HSC - South Suburban	402	11.4%
Office of Multicultural Services	344	2.0%
NorthPoint Health & Wellness Center	395	13.4%
Age		
18-34	1,187	14.4%
35-54	1,207	14.1%
55 and older	669	10.5%
Gender		
Male	968	21.0%
Female	2,085	9.9%
LGBT self-identification		
LGBT self-identified	299	20.4%
Not LGBT self-identified	2,299	13.9%
Selected race/ethnicity		
Hispanic	424	7.1%
Non-Hispanic		
American Indian or Alaska Native	153	18.3%
Asian or Asian American	126	5.6%
Southeast Asian	88	2.3%
Black or African American	1,561	13.9%
US-born black	1,068	18.3%
Foreign-born black	398	2.5%
White	598	14.0%
Household income		
< 100% of Federal Poverty Level	1,968	14.6%
≥ 100% of Federal Poverty Level	961	11.0%

Healthy Lifestyle and Behaviors



During the past 12 months, have you used other tobacco products such as cigars, pipes, snuff, chewing tobacco, bidis, kreteks, snus, a hookah water pipe, or any other type of tobacco product?

Table 50	Sample	Yes
	Size N	Percent
Household with children aged 0 to 5		
Yes	1,174	11.2%
No	1,887	14.7%
Household with children aged 0 to 17		
Yes	1,780	11.1%
No	1,281	16.6%
Educational attainment		
Less than high school	626	9.4%
High school or GED	1,127	16.1%
Some college or higher	1,248	12.9%
Food insecurity		
Yes	1,691	16.4%
No	1,320	9.6%
Transportation insecurity		
Yes	1,377	18.3%
No	1,661	9.3%
Currently experiencing homelessness		
Yes	191	20.9%
No	2,872	12.9%
Housing insecurity		
Yes	1,533	18.7%
No	1,516	8.0%
Self-reported disability		
Yes	1,104	17.4%
No	1,908	10.9%
Frequent mental distress		
Yes	857	18.3%
No	2,036	11.7%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



Does anyone, including yourself, smoke cigarettes, cigars, or pipes regularly inside your home?

Table 51	Among all persons aged 18 and older:		Among households with children 0-17:	
	N	Percent	N	Percent
Hennepin County total	3,053	19.4%	1,772	15.3%
Location				
HSC - North Minneapolis	381	28.6%	225	28.0%
HSC - Central Northeast Minneapolis	382	30.1%	175	24.0%
HSC - South Minneapolis	385	20.0%	228	14.9%
HSC - Northwest Suburban	383	19.1%	263	18.3%
HSC - West Suburban	377	11.1%	245	9.8%
HSC - South Suburban	402	16.4%	219	9.6%
Office of Multicultural Services	345	1.7%	203	0.5%
NorthPoint Health & Wellness Center	398	26.1%	214	18.2%
Age				
18-34	1,178	17.5%	892	15.5%
35-54	1,208	21.1%	758	14.5%
55 and older	667	19.6%	122	19.7%
Gender				
Male	961	26.4%	328	25.3%
Female	2,081	16.2%	1,434	13.1%
LGBT self-identification				
LGBT self-identified	294	25.5%	168	23.2%
Not LGBT self-identified	2,294	20.8%	1,304	16.7%
Selected race/ethnicity				
Hispanic	422	8.8%	349	4.3%
Non-Hispanic				
American Indian or Alaska Native	151	29.1%	88	23.9%
Asian or Asian American	125	5.6%	68	2.9%
Southeast Asian	88	3.4%	52	0.0%
Black or African American	1,558	21.2%	924	18.2%
US-born black	1,068	28.9%	622	25.1%
Foreign-born black	397	2.3%	258	1.9%
White	595	20.3%	220	18.6%
Household income				
< 100% of Federal Poverty Level	1,957	21.4%	1,166	17.4%
≥ 100% of Federal Poverty Level	959	15.4%	531	11.5%

Healthy Lifestyle and Behaviors



Does anyone, including yourself, smoke cigarettes, cigars, or pipes regularly inside your home?

Table 51	Among all persons aged 18 and older:		Among households with children 0-17:	
	N	Percent	N	Percent
Household with children aged 0 to 5				
Yes	1,168	15.3%	1,168	15.3%
No	1,882	21.9%	604	15.4%
Household with children aged 0 to 17				
Yes	1,772	15.3%	1,772	15.3%
No	1,278	25.0%	N/A	
Educational attainment				
Less than high school	625	18.6%	358	15.1%
High school or GED	1,121	22.6%	665	18.0%
Some college or higher	1,243	17.3%	719	13.5%
Food insecurity				
Yes	1,687	23.9%	984	19.5%
No	1,315	13.8%	762	10.0%
Transportation insecurity				
Yes	1,375	26.2%	790	21.9%
No	1,653	13.9%	968	10.2%
Currently experiencing homelessness				
Yes	189	30.7%	66	33.3%
No	2,864	18.6%	1,706	14.7%
Housing insecurity				
Yes	1,526	25.1%	925	20.4%
No	1,513	13.6%	840	9.8%
Self-reported disability				
Yes	1,100	26.9%	472	24.2%
No	1,902	14.9%	1,278	12.1%
Frequent mental distress				
Yes	852	28.3%	498	14.5%
No	2,030	16.4%	813	16.1%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



Electronic cigarettes (E-cigarettes) use status

Table 52	Currently use E-cigarettes		Ever used E-cigarettes	
	N	Percent	N	Percent
Hennepin County total	3,065	7.5%	3,065	14.9%
Location				
HSC - North Minneapolis	383	9.9%	383	16.2%
HSC - Central Northeast Minneapolis	387	11.6%	387	23.5%
HSC - South Minneapolis	389	6.4%	389	12.6%
HSC - Northwest Suburban	383	7.8%	383	14.6%
HSC - West Suburban	381	6.8%	381	16.3%
HSC - South Suburban	401	7.2%	401	16.2%
Office of Multicultural Services	347	2.3%	347	2.6%
NorthPoint Health & Wellness Center	394	7.1%	394	15.7%
Age				
18-34	1,187	9.3%	1,187	17.2%
35-54	1,208	6.6%	1,208	14.6%
55 and older	670	5.8%	670	11.3%
Gender				
Male	970	10.6%	970	19.6%
Female	2,084	6.0%	2,084	12.7%
LGBT self-identification				
LGBT self-identified	300	13.7%	300	25.7%
Not LGBT self-identified	2,300	7.3%	2,300	15.0%
Selected race/ethnicity				
Hispanic	426	5.2%	426	10.1%
Non-Hispanic				
American Indian or Alaska Native	153	9.8%	153	14.4%
Asian or Asian American	126	5.6%	126	9.5%
Southeast Asian	88	2.3%	88	6.8%
Black or African American	1,564	7.9%	1,564	14.6%
US-born black	1,069	9.7%	1,069	18.3%
Foreign-born black	397	2.3%	397	4.5%
White	597	7.4%	597	17.6%
Household income				
< 100% of Federal Poverty Level	1,969	8.3%	1,969	16.4%
≥ 100% of Federal Poverty Level	959	6.0%	959	12.7%

Healthy Lifestyle and Behaviors



Electronic cigarettes (E-cigarettes) use status

Table 52	Currently use E-cigarettes		Ever used E-cigarettes	
	N	Percent	N	Percent
Household with children aged 0 to 5				
Yes	1,176	7.2%	1,176	13.7%
No	1,886	7.6%	1,886	15.6%
Household with children aged 0 to 17				
Yes	1,782	6.5%	1,782	13.2%
No	1,280	8.9%	1,280	17.1%
Educational attainment				
Less than high school	625	6.6%	625	11.8%
High school or GED	1,126	7.9%	1,126	15.5%
Some college or higher	1,251	7.3%	1,251	15.7%
Food insecurity				
Yes	1,692	9.0%	1,692	18.0%
No	1,324	5.4%	1,324	11.0%
Transportation insecurity				
Yes	1,379	9.9%	1,379	19.4%
No	1,662	5.4%	1,662	11.1%
Currently experiencing homelessness				
Yes	190	8.4%	190	23.2%
No	2,875	7.4%	2,875	14.3%
Housing insecurity				
Yes	1,531	10.0%	1,531	19.5%
No	1,520	4.8%	1,520	10.2%
Self-reported disability				
Yes	1,100	9.4%	1,100	18.9%
No	1,914	6.5%	1,914	12.7%
Frequent mental distress				
Yes	853	9.7%	853	19.7%
No	2,039	6.8%	2,039	13.3%

NOTE: Definitions for the indicators are provided in Appendix A.

Healthy Lifestyle and Behaviors



Do you currently use electronic cigarettes, such as e-cigarettes, e-hookahs, or vaping pens?

Table 53	Sample Size	Every day	Some days	Used to, but not now	Never
	N	Percent	Percent	Percent	Percent
Hennepin County total	3,065	2.6%	4.9%	7.4%	85.1%
Location					
HSC - North Minneapolis	383	2.1%	7.8%	6.3%	83.8%
HSC - Central Northeast Minneapolis	387	3.9%	7.8%	11.9%	76.5%
HSC - South Minneapolis	389	2.3%	4.1%	6.2%	87.4%
HSC - Northwest Suburban	383	2.1%	5.7%	6.8%	85.4%
HSC - West Suburban	381	2.6%	4.2%	9.4%	83.7%
HSC - South Suburban	401	3.0%	4.2%	9.0%	83.8%
Office of Multicultural Services	347	0.9%	1.4%	0.3%	97.4%
NorthPoint Health & Wellness Center	394	3.6%	3.6%	8.6%	84.3%
Age					
18-34	1,187	2.5%	6.7%	7.9%	82.8%
35-54	1,208	2.5%	4.1%	7.9%	85.4%
55 and older	670	2.8%	3.0%	5.5%	88.7%
Gender					
Male	970	4.0%	6.6%	9.0%	80.4%
Female	2,084	1.9%	4.1%	6.6%	87.3%
LGBT self-identification					
LGBT self-identified	300	4.3%	9.3%	12.0%	74.3%
Not LGBT self-identified	2,300	2.5%	4.9%	7.7%	85.0%
Selected race/ethnicity					
Hispanic	426	1.9%	3.3%	4.9%	89.9%
Non-Hispanic					
American Indian or Alaska Native	153	2.6%	7.2%	4.6%	85.6%
Asian or Asian American	126	4.0%	1.6%	4.0%	90.5%
Southeast Asian	88	1.1%	1.1%	4.5%	93.2%
Black or African American	1,564	2.5%	5.4%	6.7%	85.4%
US-born black	1,069	2.8%	6.9%	8.6%	81.7%
Foreign-born black	397	0.8%	1.5%	2.3%	95.5%
White	597	3.0%	4.4%	10.2%	82.4%
Household income					
< 100% of Federal Poverty Level	1,969	2.4%	5.8%	8.1%	83.6%
≥ 100% of Federal Poverty Level	959	2.9%	3.1%	6.7%	87.3%

Healthy Lifestyle and Behaviors



Do you currently use electronic cigarettes, such as e-cigarettes, e-hookahs, or vaping pens?

Table 53	Sample Size	Every day	Some days	Used to, but not now	Never
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,176	2.4%	4.8%	6.5%	86.3%
No	1,886	2.7%	4.9%	8.0%	84.4%
Household with children aged 0 to 17					
Yes	1,782	2.0%	4.5%	6.8%	86.8%
No	1,280	3.4%	5.5%	8.2%	82.9%
Educational attainment					
Less than high school	625	2.4%	4.2%	5.3%	88.2%
High school or GED	1,126	2.2%	5.7%	7.6%	84.5%
Some college or higher	1,251	2.6%	4.6%	8.5%	84.3%
Food insecurity					
Yes	1,692	2.8%	6.1%	9.0%	82.0%
No	1,324	2.3%	3.2%	5.5%	89.0%
Transportation insecurity					
Yes	1,379	2.5%	7.3%	9.5%	80.6%
No	1,662	2.6%	2.8%	5.7%	88.9%
Currently experiencing homelessness					
Yes	190	3.2%	5.3%	14.7%	76.8%
No	2,875	2.5%	4.9%	6.9%	85.7%
Housing insecurity					
Yes	1,531	3.5%	6.5%	9.5%	80.5%
No	1,520	1.6%	3.2%	5.4%	89.8%
Self-reported disability					
Yes	1,100	3.6%	5.7%	9.5%	81.1%
No	1,914	1.9%	4.5%	6.2%	87.3%
Frequent mental distress					
Yes	853	3.4%	6.3%	10.0%	80.3%
No	2,039	2.4%	4.4%	6.5%	86.7%

NOTE: Definitions for the indicators are provided in Appendix A.



How you feel

How You Feel



**During the past 30 days, about how often did you feel ...?
So sad that nothing could cheer you up**

Table 54	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	Percent	Percent	Percent	Percent
Hennepin County total	3,075	39.8%	24.5%	22.3%	13.4%
Location					
HSC - North Minneapolis	385	33.5%	25.7%	22.3%	18.4%
HSC - Central Northeast Minneapolis	383	36.8%	22.5%	26.6%	14.1%
HSC - South Minneapolis	388	42.8%	22.7%	21.6%	12.9%
HSC - Northwest Suburban	387	35.7%	25.6%	22.7%	16.0%
HSC - West Suburban	382	43.7%	27.5%	18.3%	10.5%
HSC - South Suburban	403	40.0%	26.6%	22.3%	11.2%
Office of Multicultural Services	348	50.9%	19.3%	22.1%	7.8%
NorthPoint Health & Wellness Center	399	36.1%	25.6%	22.3%	16.0%
Age					
18-34	1,188	44.0%	27.1%	17.7%	11.2%
35-54	1,213	35.3%	23.0%	25.8%	15.9%
55 and older	674	40.4%	22.6%	24.2%	12.9%
Gender					
Male	973	39.0%	24.2%	22.7%	14.2%
Female	2,091	40.1%	24.7%	22.2%	13.0%
LGBT self-identification					
LGBT self-identified	302	31.8%	23.8%	24.2%	20.2%
Not LGBT self-identified	2,308	39.7%	25.1%	22.3%	12.9%
Selected race/ethnicity					
Hispanic	431	46.4%	20.9%	26.0%	6.7%
Non-Hispanic					
American Indian or Alaska Native	154	27.9%	31.8%	28.6%	11.7%
Asian or Asian American	126	38.1%	21.4%	25.4%	15.1%
Southeast Asian	88	37.5%	18.2%	27.3%	17.0%
Black or African American	1,561	41.5%	22.7%	20.4%	15.4%
US-born black	1,070	36.4%	23.3%	23.4%	16.9%
Foreign-born black	394	54.8%	21.8%	12.9%	10.4%
White	600	36.3%	28.7%	23.2%	11.8%
Household income					
< 100% of Federal Poverty Level	1,970	37.0%	24.3%	24.1%	14.7%
≥ 100% of Federal Poverty Level	965	44.7%	25.8%	19.0%	10.6%

How You Feel



**During the past 30 days, about how often did you feel ...?
So sad that nothing could cheer you up**

Table 54	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,174	45.2%	25.7%	18.4%	10.6%
No	1,898	36.4%	23.8%	24.7%	15.2%
Household with children aged 0 to 17					
Yes	1,784	43.0%	24.8%	20.5%	11.7%
No	1,288	35.2%	24.1%	24.8%	15.8%
Educational attainment					
Less than high school	631	38.2%	21.4%	26.9%	13.5%
High school or GED	1,127	39.7%	24.3%	21.2%	14.8%
Some college or higher	1,253	40.7%	26.4%	20.9%	12.0%
Food insecurity					
Yes	1,700	29.3%	25.8%	28.2%	16.8%
No	1,322	52.9%	22.8%	15.2%	9.2%
Transportation insecurity					
Yes	1,380	29.4%	26.0%	27.2%	17.3%
No	1,672	48.1%	23.3%	18.4%	10.2%
Currently experiencing homelessness					
Yes	190	32.6%	21.6%	30.5%	15.3%
No	2,885	40.2%	24.7%	21.8%	13.3%
Housing insecurity					
Yes	1,539	31.4%	26.8%	25.5%	16.2%
No	1,521	48.1%	22.2%	19.1%	10.7%
Self-reported disability					
Yes	1,111	21.2%	23.4%	32.4%	23.0%
No	1,912	50.7%	25.2%	16.3%	7.8%
Frequent mental distress					
Yes	858	13.6%	22.3%	36.5%	27.6%
No	2,044	49.6%	25.7%	16.9%	7.8%

NOTE: Definitions for the indicators are provided in Appendix A.

How You Feel



During the past 30 days, about how often did you feel ...?

Nervous

Table 55	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	Percent	Percent	Percent	Percent
Hennepin County total	3,077	30.3%	26.6%	25.3%	17.8%
Location					
HSC - North Minneapolis	383	28.2%	27.9%	22.2%	21.7%
HSC - Central Northeast Minneapolis	383	24.8%	23.5%	29.2%	22.5%
HSC - South Minneapolis	393	30.8%	31.8%	21.9%	15.5%
HSC - Northwest Suburban	387	25.3%	26.9%	26.1%	21.7%
HSC - West Suburban	383	29.2%	29.0%	23.8%	18.0%
HSC - South Suburban	403	29.0%	29.3%	23.8%	17.9%
Office of Multicultural Services	349	45.0%	18.6%	28.1%	8.3%
NorthPoint Health & Wellness Center	396	31.6%	24.7%	27.5%	16.2%
Age					
18-34	1,189	32.3%	29.4%	22.0%	16.3%
35-54	1,216	28.0%	23.1%	27.5%	21.3%
55 and older	672	31.0%	27.8%	27.1%	14.1%
Gender					
Male	971	32.1%	24.6%	26.9%	16.4%
Female	2,095	29.5%	27.5%	24.5%	18.5%
LGBT self-identification					
LGBT self-identified	301	23.6%	19.9%	28.2%	28.2%
Not LGBT self-identified	2,309	29.1%	28.2%	25.4%	17.4%
Selected race/ethnicity					
Hispanic	432	34.5%	21.5%	33.3%	10.6%
Non-Hispanic					
American Indian or Alaska Native	154	21.4%	26.0%	24.7%	27.9%
Asian or Asian American	125	30.4%	28.0%	24.8%	16.8%
Southeast Asian	88	30.7%	23.9%	29.5%	15.9%
Black or African American	1,561	33.8%	27.2%	22.7%	16.3%
US-born black	1,068	29.3%	27.1%	24.6%	19.0%
Foreign-born black	397	46.1%	27.0%	17.1%	9.8%
White	603	21.1%	27.9%	27.7%	23.4%
Household income					
< 100% of Federal Poverty Level	1,973	28.8%	26.8%	25.3%	19.0%
≥ 100% of Federal Poverty Level	964	32.4%	27.1%	24.8%	15.8%

How You Feel



During the past 30 days, about how often did you feel ...?

Nervous

Table 55	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,177	34.9%	28.5%	23.3%	13.3%
No	1,897	27.5%	25.4%	26.6%	20.6%
Household with children aged 0 to 17					
Yes	1,788	32.7%	28.2%	24.2%	14.9%
No	1,286	27.0%	24.3%	26.8%	21.9%
Educational attainment					
Less than high school	627	32.4%	22.6%	25.8%	19.1%
High school or GED	1,130	32.6%	25.8%	24.7%	16.9%
Some college or higher	1,257	27.1%	29.1%	25.9%	17.9%
Food insecurity					
Yes	1,701	21.0%	27.1%	29.0%	22.9%
No	1,325	42.0%	25.8%	21.0%	11.2%
Transportation insecurity					
Yes	1,381	20.5%	27.2%	28.9%	23.5%
No	1,671	38.4%	26.0%	22.4%	13.2%
Currently experiencing homelessness					
Yes	191	23.6%	26.2%	23.0%	27.2%
No	2,886	30.8%	26.6%	25.4%	17.2%
Housing insecurity					
Yes	1,538	22.1%	28.5%	27.5%	21.9%
No	1,524	38.5%	24.8%	23.0%	13.7%
Self-reported disability					
Yes	1,113	15.2%	22.8%	30.7%	31.3%
No	1,912	39.2%	29.0%	21.8%	9.9%
Frequent mental distress					
Yes	860	10.7%	18.1%	32.8%	38.4%
No	2,044	37.6%	30.7%	21.8%	10.0%

NOTE: Definitions for the indicators are provided in Appendix A.

How You Feel



**During the past 30 days, about how often did you feel ...?
So restless or fidgety that you could not sit still**

Table 56	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	Percent	Percent	Percent	Percent
Hennepin County total	3,074	42.7%	21.6%	21.2%	14.5%
Location					
HSC - North Minneapolis	386	38.6%	21.2%	19.4%	20.7%
HSC - Central Northeast Minneapolis	383	34.7%	23.2%	25.1%	17.0%
HSC - South Minneapolis	391	44.8%	22.5%	18.9%	13.8%
HSC - Northwest Suburban	387	35.4%	20.9%	26.1%	17.6%
HSC - West Suburban	382	45.5%	20.2%	20.4%	13.9%
HSC - South Suburban	401	41.6%	28.7%	18.7%	11.0%
Office of Multicultural Services	346	60.1%	14.7%	19.4%	5.8%
NorthPoint Health & Wellness Center	398	42.7%	20.1%	21.6%	15.6%
Age					
18-34	1,188	44.6%	21.8%	19.8%	13.8%
35-54	1,211	39.2%	20.8%	23.0%	17.0%
55 and older	675	45.6%	22.5%	20.6%	11.3%
Gender					
Male	972	39.9%	22.2%	22.9%	14.9%
Female	2,092	43.9%	21.3%	20.5%	14.3%
LGBT self-identification					
LGBT self-identified	302	30.1%	20.9%	28.5%	20.5%
Not LGBT self-identified	2,309	42.1%	22.4%	21.3%	14.2%
Selected race/ethnicity					
Hispanic	431	49.2%	17.9%	23.7%	9.3%
Non-Hispanic					
American Indian or Alaska Native	154	29.2%	19.5%	28.6%	22.7%
Asian or Asian American	126	54.0%	13.5%	19.8%	12.7%
Southeast Asian	88	50.0%	15.9%	21.6%	12.5%
Black or African American	1,558	45.3%	20.6%	18.8%	15.3%
US-born black	1,068	39.0%	22.4%	20.4%	18.2%
Foreign-born black	394	64.2%	15.0%	13.5%	7.4%
White	603	35.0%	27.4%	24.5%	13.1%
Household income					
< 100% of Federal Poverty Level	1,971	40.4%	20.4%	22.5%	16.6%
≥ 100% of Federal Poverty Level	966	46.4%	24.7%	19.0%	9.8%

How You Feel



**During the past 30 days, about how often did you feel ...?
So restless or fidgety that you could not sit still**

Table 56	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,176	47.9%	20.4%	19.3%	12.4%
No	1,895	39.5%	22.3%	22.4%	15.8%
Household with children aged 0 to 17					
Yes	1,783	45.9%	20.8%	20.1%	13.2%
No	1,288	38.3%	22.7%	22.7%	16.3%
Educational attainment					
Less than high school	628	40.4%	21.0%	22.5%	16.1%
High school or GED	1,129	43.2%	20.4%	20.9%	15.5%
Some college or higher	1,254	43.1%	23.0%	21.1%	12.8%
Food insecurity					
Yes	1,698	31.7%	24.4%	25.3%	18.6%
No	1,324	56.8%	17.7%	15.9%	9.6%
Transportation insecurity					
Yes	1,380	31.2%	23.4%	24.6%	20.7%
No	1,669	52.1%	20.0%	18.5%	9.5%
Currently experiencing homelessness					
Yes	190	32.6%	25.8%	21.6%	20.0%
No	2,884	43.4%	21.3%	21.2%	14.1%
Housing insecurity					
Yes	1,537	33.4%	23.1%	24.9%	18.6%
No	1,522	52.1%	19.8%	17.6%	10.4%
Self-reported disability					
Yes	1,109	24.1%	21.4%	29.7%	24.9%
No	1,913	53.5%	21.7%	16.2%	8.5%
Frequent mental distress					
Yes	859	18.6%	21.8%	31.8%	27.8%
No	2,044	51.6%	22.0%	17.1%	9.3%

NOTE: Definitions for the indicators are provided in Appendix A.

How You Feel



During the past 30 days, about how often did you feel ...?

Hopeless

Table 57	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	Percent	Percent	Percent	Percent
Hennepin County total	3,082	50.7%	18.5%	18.3%	12.5%
Location					
HSC - North Minneapolis	385	48.1%	17.9%	14.3%	19.7%
HSC - Central Northeast Minneapolis	384	41.4%	22.7%	22.4%	13.5%
HSC - South Minneapolis	392	51.0%	18.4%	18.9%	11.7%
HSC - Northwest Suburban	387	44.4%	19.4%	20.9%	15.2%
HSC - West Suburban	383	56.4%	17.2%	16.4%	9.9%
HSC - South Suburban	402	53.5%	21.9%	14.9%	9.7%
Office of Multicultural Services	350	64.0%	11.4%	19.7%	4.9%
NorthPoint Health & Wellness Center	399	47.9%	18.3%	19.0%	14.8%
Age					
18-34	1,192	54.8%	19.2%	14.4%	11.6%
35-54	1,215	45.3%	18.8%	22.0%	14.0%
55 and older	675	53.2%	16.7%	18.5%	11.6%
Gender					
Male	974	47.6%	18.7%	20.7%	12.9%
Female	2,097	52.1%	18.5%	17.2%	12.3%
LGBT self-identification					
LGBT self-identified	300	34.3%	21.0%	20.7%	24.0%
Not LGBT self-identified	2,312	51.0%	19.2%	18.3%	11.5%
Selected race/ethnicity					
Hispanic	431	52.0%	17.2%	23.4%	7.4%
Non-Hispanic					
American Indian or Alaska Native	152	34.9%	28.3%	25.0%	11.8%
Asian or Asian American	127	50.4%	12.6%	20.5%	16.5%
Southeast Asian	88	44.3%	15.9%	23.9%	15.9%
Black or African American	1,568	54.8%	15.8%	15.9%	13.5%
US-born black	1,069	48.8%	17.0%	19.0%	15.2%
Foreign-born black	401	71.1%	11.7%	8.7%	8.5%
White	601	45.6%	23.8%	19.6%	11.0%
Household income					
< 100% of Federal Poverty Level	1,976	47.8%	18.4%	19.8%	14.1%
≥ 100% of Federal Poverty Level	966	56.2%	19.8%	14.8%	9.2%

How You Feel



During the past 30 days, about how often did you feel ...?
Hopeless

Table 57	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,179	57.1%	17.3%	15.7%	9.9%
No	1,900	46.7%	19.3%	19.9%	14.1%
Household with children aged 0 to 17					
Yes	1,790	55.0%	17.6%	16.9%	10.5%
No	1,289	44.7%	19.8%	20.2%	15.3%
Educational attainment					
Less than high school	631	49.3%	16.2%	21.6%	13.0%
High school or GED	1,131	50.9%	18.3%	17.7%	13.1%
Some college or higher	1,256	51.4%	19.7%	17.4%	11.6%
Food insecurity					
Yes	1,705	38.2%	21.5%	23.8%	16.4%
No	1,332	66.4%	14.9%	11.3%	7.4%
Transportation insecurity					
Yes	1,382	38.3%	20.4%	25.0%	16.4%
No	1,675	60.8%	16.9%	12.9%	9.4%
Currently experiencing homelessness					
Yes	191	31.9%	27.2%	22.0%	18.8%
No	2,891	51.9%	17.9%	18.1%	12.1%
Housing insecurity					
Yes	1,544	39.8%	22.0%	21.8%	16.4%
No	1,523	61.8%	14.9%	14.8%	8.5%
Self-reported disability					
Yes	1,111	29.0%	20.9%	27.9%	22.2%
No	1,920	63.1%	17.4%	12.8%	6.8%
Frequent mental distress					
Yes	858	20.2%	20.2%	32.8%	26.9%
No	2,051	62.5%	18.3%	12.3%	7.0%

NOTE: Definitions for the indicators are provided in Appendix A.

How You Feel



During the past 30 days, about how often did you feel ...?
That everything was an effort

Table 58	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	Percent	Percent	Percent	Percent
Hennepin County total	3,055	32.1%	22.4%	22.6%	22.9%
Location					
HSC - North Minneapolis	382	28.5%	19.9%	24.1%	27.5%
HSC - Central Northeast Minneapolis	385	21.0%	23.9%	28.1%	27.0%
HSC - South Minneapolis	385	30.6%	24.4%	21.0%	23.9%
HSC - Northwest Suburban	384	29.4%	21.1%	23.7%	25.8%
HSC - West Suburban	376	34.0%	23.7%	21.3%	21.0%
HSC - South Suburban	401	32.4%	28.7%	19.2%	19.7%
Office of Multicultural Services	344	49.1%	14.2%	23.5%	13.1%
NorthPoint Health & Wellness Center	398	33.2%	22.4%	20.4%	24.1%
Age					
18-34	1,183	33.6%	22.3%	21.9%	22.1%
35-54	1,206	29.6%	21.2%	23.7%	25.5%
55 and older	666	33.8%	24.8%	21.9%	19.5%
Gender					
Male	965	29.8%	22.0%	23.9%	24.2%
Female	2,080	33.0%	22.7%	22.1%	22.2%
LGBT self-identification					
LGBT self-identified	298	23.5%	23.5%	24.8%	28.2%
Not LGBT self-identified	2,299	30.1%	23.4%	23.0%	23.5%
Selected race/ethnicity					
Hispanic	430	40.7%	19.3%	26.0%	14.0%
Non-Hispanic					
American Indian or Alaska Native	152	21.7%	21.1%	31.6%	25.7%
Asian or Asian American	127	29.1%	26.0%	22.8%	22.0%
Southeast Asian	88	26.1%	27.3%	25.0%	21.6%
Black or African American	1,547	33.8%	20.5%	20.7%	25.0%
US-born black	1,058	28.1%	22.6%	21.9%	27.4%
Foreign-born black	392	47.7%	16.1%	17.3%	18.9%
White	600	26.3%	29.5%	22.3%	21.8%
Household income					
< 100% of Federal Poverty Level	1,963	31.1%	20.9%	23.5%	24.5%
≥ 100% of Federal Poverty Level	958	32.4%	26.6%	21.2%	19.8%

How You Feel



During the past 30 days, about how often did you feel ...?
That everything was an effort

Table 58	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,172	37.5%	20.8%	20.9%	20.7%
No	1,880	28.7%	23.5%	23.7%	24.2%
Household with children aged 0 to 17					
Yes	1,775	35.5%	20.8%	22.1%	21.5%
No	1,277	27.3%	24.7%	23.3%	24.7%
Educational attainment					
Less than high school	623	34.5%	19.4%	26.5%	19.6%
High school or GED	1,127	36.3%	20.2%	20.8%	22.7%
Some college or higher	1,245	26.4%	26.5%	22.7%	24.4%
Food insecurity					
Yes	1,693	23.8%	23.2%	25.9%	27.1%
No	1,322	42.5%	21.5%	18.5%	17.5%
Transportation insecurity					
Yes	1,371	22.9%	21.8%	27.9%	27.4%
No	1,659	39.5%	23.0%	18.1%	19.3%
Currently experiencing homelessness					
Yes	190	20.0%	24.2%	26.3%	29.5%
No	2,865	32.9%	22.3%	22.4%	22.4%
Housing insecurity					
Yes	1,536	24.1%	23.1%	26.1%	26.7%
No	1,506	40.2%	21.8%	19.1%	19.0%
Self-reported disability					
Yes	1,100	16.1%	22.5%	28.2%	33.3%
No	1,904	41.3%	22.5%	19.4%	16.8%
Frequent mental distress					
Yes	851	11.2%	17.5%	32.0%	39.4%
No	2,036	40.1%	24.8%	18.7%	16.4%

NOTE: Definitions for the indicators are provided in Appendix A.

How You Feel



During the past 30 days, about how often did you feel ...?

Worthless

Table 59	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	Percent	Percent	Percent	Percent
Hennepin County total	3,070	56.3%	16.0%	15.4%	12.3%
Location					
HSC - North Minneapolis	383	52.0%	15.7%	15.9%	16.4%
HSC - Central Northeast Minneapolis	385	46.8%	22.1%	16.6%	14.5%
HSC - South Minneapolis	387	56.8%	16.8%	14.0%	12.4%
HSC - Northwest Suburban	387	51.2%	15.0%	18.3%	15.5%
HSC - West Suburban	381	61.2%	15.7%	13.4%	9.7%
HSC - South Suburban	399	57.4%	17.5%	16.3%	8.8%
Office of Multicultural Services	348	69.5%	8.9%	15.5%	6.0%
NorthPoint Health & Wellness Center	400	56.5%	15.3%	13.5%	14.8%
Age					
18-34	1,190	59.4%	16.5%	12.9%	11.2%
35-54	1,208	52.1%	16.6%	16.7%	14.7%
55 and older	672	58.2%	14.0%	17.6%	10.3%
Gender					
Male	970	52.6%	16.5%	16.7%	14.2%
Female	2,090	57.9%	15.7%	14.9%	11.4%
LGBT self-identification					
LGBT self-identified	300	41.7%	14.3%	19.3%	24.7%
Not LGBT self-identified	2,311	56.6%	16.5%	15.7%	11.3%
Selected race/ethnicity					
Hispanic	432	57.4%	14.4%	18.1%	10.2%
Non-Hispanic					
American Indian or Alaska Native	152	44.1%	23.0%	19.1%	13.8%
Asian or Asian American	125	55.2%	10.4%	19.2%	15.2%
Southeast Asian	88	52.3%	10.2%	20.5%	17.0%
Black or African American	1,562	59.9%	14.8%	13.7%	11.6%
US-born black	1,072	54.3%	16.0%	16.6%	13.1%
Foreign-born black	394	75.6%	11.4%	6.9%	6.1%
White	601	51.6%	19.1%	17.0%	12.3%
Household income					
< 100% of Federal Poverty Level	1,970	53.7%	15.6%	17.2%	13.6%
≥ 100% of Federal Poverty Level	962	61.5%	16.6%	12.5%	9.4%

How You Feel



During the past 30 days, about how often did you feel ...?

Worthless

Table 59	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,173	61.6%	15.3%	13.0%	10.1%
No	1,894	52.9%	16.4%	16.9%	13.7%
Household with children aged 0 to 17					
Yes	1,781	59.7%	15.7%	14.3%	10.2%
No	1,286	51.4%	16.3%	17.0%	15.2%
Educational attainment					
Less than high school	626	53.8%	13.1%	20.1%	12.9%
High school or GED	1,133	56.4%	16.4%	15.1%	12.1%
Some college or higher	1,252	57.2%	16.9%	13.9%	12.0%
Food insecurity					
Yes	1,705	43.9%	19.9%	20.2%	16.0%
No	1,327	72.0%	11.0%	9.5%	7.5%
Transportation insecurity					
Yes	1,378	43.5%	20.0%	20.5%	16.0%
No	1,670	66.8%	12.7%	11.4%	9.1%
Currently experiencing homelessness					
Yes	191	40.8%	18.3%	20.4%	20.4%
No	2,879	57.3%	15.8%	15.1%	11.8%
Housing insecurity					
Yes	1,541	45.6%	19.3%	19.3%	15.7%
No	1,519	67.0%	12.6%	11.6%	8.8%
Self-reported disability					
Yes	1,107	36.4%	18.2%	24.3%	21.0%
No	1,912	67.7%	14.6%	10.4%	7.3%
Frequent mental distress					
Yes	856	27.2%	19.3%	27.0%	26.5%
No	2,041	67.3%	14.8%	10.9%	7.0%

NOTE: Definitions for the indicators are provided in Appendix A.

How You Feel



Percent of adults who experiences serious psychological distress during the past 30 days

Table 60	Serious psychological distress		Any psychological distress	
	N	Percent	N	Percent
Hennepin County total	2,999	18.4%	2,999	45.0%
Location				
HSC - North Minneapolis	373	24.9%	373	50.4%
HSC - Central Northeast Minneapolis	373	20.4%	373	54.2%
HSC - South Minneapolis	375	18.4%	375	43.7%
HSC - Northwest Suburban	382	22.8%	382	51.8%
HSC - West Suburban	372	16.1%	372	40.9%
HSC - South Suburban	397	14.6%	397	40.1%
Office of Multicultural Services	336	9.8%	336	32.4%
NorthPoint Health & Wellness Center	391	19.7%	391	45.3%
Age				
18-34	1,160	15.9%	1,160	40.9%
35-54	1,185	21.8%	1,185	50.5%
55 and older	654	17.0%	654	42.2%
Gender				
Male	947	19.2%	947	47.4%
Female	2,043	18.1%	2,043	43.9%
LGBT self-identification				
LGBT self-identified	294	30.6%	294	59.9%
Not LGBT self-identified	2,272	17.6%	2,272	44.7%
Selected race/ethnicity				
Hispanic	424	13.2%	424	39.9%
Non-Hispanic				
American Indian or Alaska Native	152	25.0%	152	59.9%
Asian or Asian American	123	20.3%	123	48.0%
Southeast Asian	88	21.6%	88	51.1%
Black or African American	1,510	18.3%	1,510	42.3%
US-born black	1,046	21.5%	1,046	47.9%
Foreign-born black	373	9.4%	373	26.3%
White	597	19.1%	597	48.4%
Household income				
< 100% of Federal Poverty Level	1,922	20.5%	1,922	48.3%
≥ 100% of Federal Poverty Level	947	14.1%	947	37.9%

How You Feel



Percent of adults who experiences serious psychological distress during the past 30 days

Table 60	Serious psychological distress		Any psychological distress	
	N	Percent	N	Percent
Household with children aged 0 to 5				
Yes	1,149	14.1%	1,149	38.9%
No	1,847	21.1%	1,847	48.8%
Household with children aged 0 to 17				
Yes	1,740	15.8%	1,740	41.1%
No	1,256	22.1%	1,256	50.4%
Educational attainment				
Less than high school	608	20.6%	608	48.2%
High school or GED	1,108	18.1%	1,108	45.3%
Some college or higher	1,229	17.7%	1,229	43.1%
Food insecurity				
Yes	1,671	24.7%	1,671	56.9%
No	1,295	10.5%	1,295	30.0%
Transportation insecurity				
Yes	1,346	25.4%	1,346	58.1%
No	1,633	12.7%	1,633	34.4%
Currently experiencing homelessness				
Yes	188	26.6%	188	59.6%
No	2,811	17.9%	2,811	44.0%
Housing insecurity				
Yes	1,509	23.9%	1,509	55.0%
No	1,480	12.9%	1,480	34.8%
Self-reported disability				
Yes	1,085	34.1%	1,085	68.4%
No	1,865	9.2%	1,865	31.4%
Frequent mental distress				
Yes	841	41.4%	841	78.7%
No	1,995	9.6%	1,995	32.2%

NOTE: Definitions for the indicators are provided in Appendix A.

How You Feel



Stress means a situation in which a person feels tense, restless, nervous, or anxious, or is unable to sleep at night because his/her mind is troubled all the time. About how often do you feel this kind of stress?

Table 61	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	Percent	Percent	Percent	Percent
Hennepin County total	3,077	32.0%	22.1%	23.9%	22.0%
Location					
HSC - North Minneapolis	384	28.9%	20.8%	21.4%	28.9%
HSC - Central Northeast Minneapolis	387	27.9%	20.4%	24.0%	27.6%
HSC - South Minneapolis	388	34.3%	22.7%	22.4%	20.6%
HSC - Northwest Suburban	387	26.6%	21.7%	27.1%	24.5%
HSC - West Suburban	382	32.2%	23.8%	23.8%	20.2%
HSC - South Suburban	401	27.2%	28.4%	21.2%	23.2%
Office of Multicultural Services	350	47.4%	14.3%	30.9%	7.4%
NorthPoint Health & Wellness Center	398	33.2%	23.6%	20.9%	22.4%
Age					
18-34	1,194	35.9%	22.8%	19.7%	21.6%
35-54	1,212	27.9%	20.3%	26.0%	25.8%
55 and older	671	32.5%	24.1%	27.4%	15.9%
Gender					
Male	974	33.2%	21.7%	25.1%	20.1%
Female	2,093	31.3%	22.4%	23.3%	22.9%
LGBT self-identification					
LGBT self-identified	300	25.0%	16.7%	23.7%	34.7%
Not LGBT self-identified	2,313	29.8%	23.3%	24.5%	22.4%
Selected race/ethnicity					
Hispanic	433	33.9%	18.0%	32.6%	15.5%
Non-Hispanic					
American Indian or Alaska Native	152	22.4%	20.4%	23.0%	34.2%
Asian or Asian American	127	30.7%	26.0%	23.6%	19.7%
Southeast Asian	88	28.4%	22.7%	31.8%	17.0%
Black or African American	1,565	37.4%	21.0%	20.4%	21.2%
US-born black	1,071	29.6%	21.9%	22.3%	26.1%
Foreign-born black	398	56.5%	19.1%	15.3%	9.0%
White	601	20.1%	26.8%	28.1%	25.0%
Household income					
< 100% of Federal Poverty Level	1,975	32.2%	20.5%	23.3%	24.0%
≥ 100% of Federal Poverty Level	963	30.7%	26.7%	24.6%	18.0%

How You Feel



Stress means a situation in which a person feels tense, restless, nervous, or anxious, or is unable to sleep at night because his/her mind is troubled all the time. About how often do you feel this kind of stress?

Table 61	Sample Size	None of the time	A little of the time	Some of the time	Most/All of the time
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,179	39.1%	20.2%	21.5%	19.3%
No	1,895	27.6%	23.3%	25.4%	23.7%
Household with children aged 0 to 17					
Yes	1,788	35.7%	21.4%	22.9%	20.1%
No	1,286	26.9%	23.1%	25.3%	24.7%
Educational attainment					
Less than high school	631	35.0%	18.5%	24.7%	21.7%
High school or GED	1,135	36.3%	20.3%	21.9%	21.6%
Some college or higher	1,252	26.0%	25.7%	25.2%	23.0%
Food insecurity					
Yes	1,706	22.0%	20.7%	27.3%	30.0%
No	1,333	44.7%	24.1%	19.3%	11.9%
Transportation insecurity					
Yes	1,383	22.0%	20.7%	27.5%	29.8%
No	1,673	40.0%	23.3%	20.9%	15.8%
Currently experiencing homelessness					
Yes	191	24.1%	23.0%	22.5%	30.4%
No	2,886	32.5%	22.0%	23.9%	21.5%
Housing insecurity					
Yes	1,544	22.4%	21.6%	26.3%	29.7%
No	1,523	41.6%	22.6%	21.3%	14.4%
Self-reported disability					
Yes	1,108	14.0%	18.9%	29.1%	38.1%
No	1,918	42.2%	24.0%	20.9%	12.9%
Frequent mental distress					
Yes	859	9.4%	13.4%	30.2%	47.0%
No	2,044	40.1%	26.1%	21.5%	12.3%

NOTE: Definitions for the indicators are provided in Appendix A.



About your community

About Your Community



How often are you involved in school, community, or neighborhood activities?

Table 62	Sample Size	Weekly	Monthly	Several times a year	About once a year/less often that yearly	Never
	N	Percent	Percent	Percent	Percent	Percent
Hennepin County total	3,065	17.3%	10.7%	18.5%	20.2%	33.3%
Location						
HSC - North Minneapolis	382	18.1%	8.4%	16.2%	18.8%	38.5%
HSC - Central Northeast Minneapolis	385	16.9%	11.7%	14.8%	22.3%	34.3%
HSC - South Minneapolis	386	16.3%	11.9%	17.1%	19.7%	35.0%
HSC - Northwest Suburban	386	9.6%	13.7%	21.5%	21.0%	34.2%
HSC - West Suburban	382	20.9%	12.3%	18.3%	18.1%	30.4%
HSC - South Suburban	397	14.1%	8.8%	19.1%	23.7%	34.3%
Office of Multicultural Services	348	25.3%	7.5%	20.7%	17.8%	28.7%
NorthPoint Health & Wellness Center	399	18.3%	11.0%	20.3%	19.5%	30.8%
Age						
18-34	1,193	16.6%	12.6%	18.9%	21.5%	30.4%
35-54	1,202	16.1%	10.1%	20.0%	21.5%	32.4%
55 and older	670	20.9%	8.5%	14.9%	15.5%	40.1%
Gender						
Male	970	15.2%	8.8%	16.4%	19.4%	40.3%
Female	2,085	18.4%	11.6%	19.5%	20.4%	30.0%
LGBT self-identification						
LGBT self-identified	300	14.7%	11.7%	18.3%	18.3%	37.0%
Not LGBT self-identified	2,310	17.4%	10.6%	18.2%	20.5%	33.2%
Selected race/ethnicity						
Hispanic	431	10.9%	7.4%	27.6%	22.7%	31.3%
Non-Hispanic						
American Indian or Alaska Native	152	14.5%	10.5%	16.4%	27.0%	31.6%
Asian or Asian American	126	8.7%	17.5%	14.3%	19.8%	39.7%
Southeast Asian	87	5.7%	19.5%	16.1%	18.4%	40.2%
Black or African American	1,560	18.5%	10.8%	17.4%	19.6%	33.6%
US-born black	1,071	15.6%	10.1%	17.7%	21.5%	35.1%
Foreign-born black	394	24.9%	12.9%	17.0%	16.2%	28.9%
White	599	21.5%	10.2%	16.5%	16.9%	34.9%
Household income						
< 100% of Federal Poverty Level	1,974	16.4%	10.4%	17.9%	20.5%	34.8%
≥ 100% of Federal Poverty Level	957	19.5%	11.1%	19.9%	20.8%	28.7%

About Your Community



How often are you involved in school, community, or neighborhood activities?

Table 62	Sample Size	Weekly	Monthly	Several times a year	About once a year/less often that yearly	Never
	N	Percent	Percent	Percent	Percent	Percent
Household with children aged 0 to 5						
Yes	1,173	15.6%	12.2%	20.5%	23.2%	28.5%
No	1,889	18.4%	9.8%	17.2%	18.3%	36.3%
Household with children aged 0 to 17						
Yes	1,781	16.6%	12.0%	22.5%	22.3%	26.6%
No	1,281	18.4%	8.9%	12.9%	17.2%	42.6%
Educational attainment						
Less than high school	626	15.5%	9.9%	18.4%	17.1%	39.1%
High school or GED	1,129	15.9%	9.7%	16.8%	20.9%	36.7%
Some college or higher	1,252	19.5%	12.1%	19.7%	21.2%	27.5%
Food insecurity						
Yes	1,700	13.8%	11.2%	18.8%	21.6%	34.5%
No	1,331	21.6%	10.0%	18.4%	18.5%	31.5%
Transportation insecurity						
Yes	1,379	15.6%	11.2%	19.0%	21.5%	32.7%
No	1,666	19.0%	10.3%	18.0%	18.9%	33.8%
Currently experiencing homelessness						
Yes	189	12.2%	12.7%	13.8%	20.6%	40.7%
No	2,876	17.7%	10.6%	18.8%	20.1%	32.8%
Housing insecurity						
Yes	1,543	14.5%	11.3%	18.9%	22.4%	33.0%
No	1,514	20.3%	10.1%	18.1%	17.8%	33.7%
Self-reported disability						
Yes	1,101	15.3%	9.3%	15.8%	20.8%	38.9%
No	1,914	18.5%	11.3%	20.0%	19.7%	30.4%
Frequent mental distress						
Yes	857	11.8%	10.6%	16.1%	21.7%	39.8%
No	2,039	19.9%	10.7%	19.3%	19.6%	30.6%

NOTE: Definitions for the indicators are provided in Appendix A.

About Your Community



How often do you get the social and emotional support you need?

Please include support from any source, such as family, friends, neighbors, and/or coworkers.

Table 63	Sample Size	Always	Usually	Sometimes	Rarely/Never
	N	Percent	Percent	Percent	Percent
Hennepin County total	3,060	28.6%	18.2%	24.2%	29.0%
Location					
HSC - North Minneapolis	381	25.7%	19.4%	18.1%	36.7%
HSC - Central Northeast Minneapolis	382	21.7%	18.6%	25.7%	34.0%
HSC - South Minneapolis	389	27.0%	19.3%	25.4%	28.3%
HSC - Northwest Suburban	384	23.2%	18.5%	24.2%	34.1%
HSC - West Suburban	380	29.2%	19.5%	25.3%	26.1%
HSC - South Suburban	397	25.7%	22.4%	25.9%	25.9%
Office of Multicultural Services	350	46.9%	10.6%	21.4%	21.1%
NorthPoint Health & Wellness Center	397	30.7%	16.6%	27.5%	25.2%
Age					
18-34	1,185	27.3%	18.9%	22.7%	31.1%
35-54	1,204	26.2%	16.9%	26.5%	30.4%
55 and older	671	35.0%	19.4%	23.0%	22.7%
Gender					
Male	967	25.3%	19.1%	24.0%	31.5%
Female	2,083	30.1%	17.8%	24.4%	27.7%
LGBT self-identification					
LGBT self-identified	297	22.2%	17.5%	23.6%	36.7%
Not LGBT self-identified	2,305	29.4%	18.9%	24.6%	27.2%
Selected race/ethnicity					
Hispanic	431	30.9%	14.4%	28.5%	26.2%
Non-Hispanic					
American Indian or Alaska Native	151	24.5%	15.9%	28.5%	31.1%
Asian or Asian American	127	26.0%	14.2%	29.9%	29.9%
Southeast Asian	88	26.1%	15.9%	29.5%	28.4%
Black or African American	1,555	29.6%	16.5%	22.0%	31.9%
US-born black	1,065	25.8%	17.8%	23.8%	32.6%
Foreign-born black	396	39.6%	14.4%	16.2%	29.8%
White	598	27.4%	26.6%	24.7%	21.2%
Household income					
< 100% of Federal Poverty Level	1,962	28.2%	17.0%	24.3%	30.4%
≥ 100% of Federal Poverty Level	961	30.0%	20.6%	23.9%	25.5%

About Your Community



How often do you get the social and emotional support you need?

Please include support from any source, such as family, friends, neighbors, and/or coworkers.

Table 63	Sample Size	Always	Usually	Sometimes	Rarely/Never
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,167	28.3%	17.4%	23.1%	31.2%
No	1,890	28.7%	18.7%	25.0%	27.6%
Household with children aged 0 to 17					
Yes	1,775	28.5%	17.1%	24.1%	30.3%
No	1,282	28.6%	19.7%	24.5%	27.1%
Educational attainment					
Less than high school	627	33.0%	13.4%	25.4%	28.2%
High school or GED	1,128	27.2%	16.5%	23.0%	33.3%
Some college or higher	1,246	27.6%	22.6%	24.5%	25.3%
Food insecurity					
Yes	1,707	22.2%	18.3%	28.0%	31.5%
No	1,322	36.7%	18.0%	19.5%	25.8%
Transportation insecurity					
Yes	1,379	23.1%	17.5%	28.4%	31.0%
No	1,662	33.1%	18.8%	20.7%	27.4%
Currently experiencing homelessness					
Yes	189	20.1%	16.9%	29.1%	33.9%
No	2,871	29.1%	18.3%	23.9%	28.7%
Housing insecurity					
Yes	1,542	21.6%	18.2%	28.8%	31.4%
No	1,511	35.7%	18.1%	19.5%	26.7%
Self-reported disability					
Yes	1,103	22.7%	17.6%	30.5%	29.3%
No	1,906	31.8%	18.4%	20.8%	29.0%
Frequent mental distress					
Yes	860	17.2%	15.3%	32.4%	35.0%
No	2,032	33.5%	19.9%	20.7%	25.9%

NOTE: Definitions for the indicators are provided in Appendix A.

About Your Community



How often do you feel isolated from others?

Table 64	Sample	Always/Usually	Sometimes	Rarely	Never
	Size	Percent	Percent	Percent	Percent
Hennepin County total	3,059	18.7%	24.9%	18.6%	37.8%
Location					
HSC - North Minneapolis	384	21.6%	25.0%	18.0%	35.4%
HSC - Central Northeast Minneapolis	383	24.8%	26.9%	19.6%	28.7%
HSC - South Minneapolis	387	14.5%	24.8%	21.2%	39.5%
HSC - Northwest Suburban	383	20.4%	29.0%	17.8%	32.9%
HSC - West Suburban	381	18.6%	23.6%	22.8%	34.9%
HSC - South Suburban	397	18.6%	25.7%	19.4%	36.3%
Office of Multicultural Services	346	7.8%	16.2%	13.9%	62.1%
NorthPoint Health & Wellness Center	398	22.4%	27.4%	15.6%	34.7%
Age					
18-34	1,184	17.0%	23.2%	20.4%	39.4%
35-54	1,207	21.7%	26.9%	15.6%	35.8%
55 and older	668	16.5%	24.4%	20.8%	38.3%
Gender					
Male	967	21.4%	25.4%	18.6%	34.5%
Female	2,082	17.5%	24.8%	18.6%	39.1%
LGBT self-identification					
LGBT self-identified	299	25.4%	29.1%	17.4%	28.1%
Not LGBT self-identified	2,300	18.9%	25.6%	19.7%	35.8%
Selected race/ethnicity					
Hispanic	428	14.5%	25.7%	19.9%	40.0%
Non-Hispanic					
American Indian or Alaska Native	151	29.1%	27.2%	17.2%	26.5%
Asian or Asian American	127	13.4%	26.0%	12.6%	48.0%
Southeast Asian	88	13.6%	27.3%	12.5%	46.6%
Black or African American	1,554	18.3%	22.3%	17.1%	42.3%
US-born black	1,068	22.8%	26.0%	18.2%	33.0%
Foreign-born black	390	7.4%	12.8%	14.4%	65.4%
White	599	19.9%	29.9%	22.2%	28.0%
Household income					
< 100% of Federal Poverty Level	1,970	20.2%	26.0%	16.9%	36.9%
≥ 100% of Federal Poverty Level	956	15.1%	23.4%	22.9%	38.6%

About Your Community



How often do you feel isolated from others?

Table 64	Sample	Always/Usually	Sometimes	Rarely	Never
	Size N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,169	15.3%	22.6%	19.0%	43.1%
No	1,887	20.8%	26.4%	18.3%	34.4%
Household with children aged 0 to 17					
Yes	1,775	16.4%	22.8%	18.9%	42.0%
No	1,281	21.9%	28.0%	18.2%	31.9%
Educational attainment					
Less than high school	625	19.0%	25.0%	14.4%	41.6%
High school or GED	1,129	17.8%	23.8%	18.3%	40.0%
Some college or higher	1,244	19.7%	26.0%	21.1%	33.2%
Food insecurity					
Yes	1,703	26.5%	29.8%	17.0%	26.6%
No	1,327	8.8%	18.8%	20.7%	51.6%
Transportation insecurity					
Yes	1,378	26.7%	31.0%	16.5%	25.8%
No	1,661	12.1%	20.0%	20.3%	47.5%
Currently experiencing homelessness					
Yes	190	24.2%	32.1%	18.9%	24.7%
No	2,869	18.4%	24.5%	18.5%	38.6%
Housing insecurity					
Yes	1,539	24.6%	29.4%	18.7%	27.4%
No	1,514	12.8%	20.4%	18.3%	48.5%
Self-reported disability					
Yes	1,106	30.1%	34.7%	15.0%	20.2%
No	1,903	12.2%	19.5%	20.5%	47.7%
Frequent mental distress					
Yes	857	36.9%	36.2%	12.0%	14.9%
No	2,039	11.5%	20.5%	21.1%	46.8%

NOTE: Definitions for the indicators are provided in Appendix A.

About Your Community



This is a good community to raise children in.

Table 65	Sample	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	Size	Percent	Percent	Percent	Percent
Hennepin County total	3,032	37.7%	38.3%	14.9%	9.1%
Location					
HSC - North Minneapolis	376	21.3%	39.6%	22.1%	17.0%
HSC - Central Northeast Minneapolis	382	29.1%	38.0%	21.5%	11.5%
HSC - South Minneapolis	384	31.5%	43.0%	14.8%	10.7%
HSC - Northwest Suburban	381	28.1%	44.9%	17.1%	10.0%
HSC - West Suburban	376	52.4%	36.4%	8.5%	2.7%
HSC - South Suburban	398	48.5%	39.9%	7.8%	3.8%
Office of Multicultural Services	342	59.9%	24.6%	9.9%	5.6%
NorthPoint Health & Wellness Center	393	32.8%	38.7%	17.3%	11.2%
Age					
18-34	1,180	35.0%	39.4%	15.8%	9.8%
35-54	1,192	37.5%	38.2%	14.7%	9.6%
55 and older	660	42.9%	36.7%	13.8%	6.7%
Gender					
Male	958	37.5%	38.2%	15.4%	8.9%
Female	2,064	37.7%	38.5%	14.7%	9.1%
LGBT self-identification					
LGBT self-identified	297	26.6%	41.1%	18.2%	14.1%
Not LGBT self-identified	2,286	36.5%	39.9%	15.0%	8.6%
Selected race/ethnicity					
Hispanic	420	52.1%	32.4%	9.5%	6.0%
Non-Hispanic					
American Indian or Alaska Native	150	23.3%	42.0%	20.7%	14.0%
Asian or Asian American	127	32.3%	48.8%	12.6%	6.3%
Southeast Asian	88	30.7%	48.9%	14.8%	5.7%
Black or African American	1,544	36.8%	37.8%	14.8%	10.6%
US-born black	1,060	28.8%	42.5%	17.2%	11.5%
Foreign-born black	390	55.4%	27.2%	8.7%	8.7%
White	594	37.9%	40.6%	16.2%	5.4%
Household income					
< 100% of Federal Poverty Level	1,951	35.5%	38.1%	16.3%	10.1%
≥ 100% of Federal Poverty Level	953	41.9%	39.3%	11.5%	7.2%

About Your Community



This is a good community to raise children in.

Table 65	Sample	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	Size	Percent	Percent	Percent	Percent
	N				
Household with children aged 0 to 5					
Yes	1,163	38.2%	37.9%	13.9%	10.0%
No	1,866	37.4%	38.5%	15.5%	8.5%
Household with children aged 0 to 17					
Yes	1,766	39.2%	38.4%	13.8%	8.5%
No	1,263	35.6%	38.1%	16.5%	9.9%
Educational attainment					
Less than high school	624	44.1%	31.4%	15.2%	9.3%
High school or GED	1,120	35.8%	39.1%	15.8%	9.3%
Some college or higher	1,236	36.0%	41.3%	14.3%	8.4%
Food insecurity					
Yes	1,684	32.3%	42.6%	16.7%	8.4%
No	1,322	44.6%	32.8%	12.9%	9.8%
Transportation insecurity					
Yes	1,365	31.4%	40.1%	18.5%	10.0%
No	1,649	43.2%	36.9%	11.8%	8.1%
Currently experiencing homelessness					
Yes	185	27.6%	41.6%	16.2%	14.6%
No	2,847	38.4%	38.1%	14.8%	8.7%
Housing insecurity					
Yes	1,527	29.9%	41.5%	18.0%	10.5%
No	1,500	45.6%	35.1%	11.8%	7.5%
Self-reported disability					
Yes	1,088	31.2%	40.4%	18.0%	10.4%
No	1,894	41.2%	37.2%	13.3%	8.3%
Frequent mental distress					
Yes	845	28.5%	42.6%	18.9%	9.9%
No	2,025	40.6%	37.1%	13.4%	8.9%

NOTE: Definitions for the indicators are provided in Appendix A.

About Your Community



In general, how safe from crime do you consider your neighborhood to be?

Table 66	Sample Size	Very safe	Somewhat safe	Somewhat unsafe	Not at all safe
	N	Percent	Percent	Percent	Percent
Hennepin County total	3,047	36.2%	38.0%	15.5%	10.2%
Location					
HSC - North Minneapolis	381	19.2%	36.2%	25.7%	18.9%
HSC - Central Northeast Minneapolis	383	28.7%	34.5%	23.2%	13.6%
HSC - South Minneapolis	383	31.9%	40.5%	17.5%	10.2%
HSC - Northwest Suburban	381	28.9%	49.1%	11.8%	10.2%
HSC - West Suburban	380	60.3%	30.0%	4.5%	5.3%
HSC - South Suburban	399	51.4%	40.1%	6.3%	2.3%
Office of Multicultural Services	346	44.2%	36.7%	10.7%	8.4%
NorthPoint Health & Wellness Center	394	25.9%	37.1%	23.9%	13.2%
Age					
18-34	1,176	36.4%	37.8%	14.8%	11.1%
35-54	1,202	33.9%	38.4%	16.6%	11.1%
55 and older	669	40.1%	38.0%	14.6%	7.3%
Gender					
Male	963	34.9%	37.1%	18.0%	10.1%
Female	2,074	36.8%	38.5%	14.4%	10.3%
LGBT self-identification					
LGBT self-identified	294	33.0%	30.3%	21.8%	15.0%
Not LGBT self-identified	2,291	35.1%	39.7%	15.4%	9.8%
Selected race/ethnicity					
Hispanic	424	31.6%	43.9%	14.9%	9.7%
Non-Hispanic					
American Indian or Alaska Native	151	19.9%	40.4%	22.5%	17.2%
Asian or Asian American	127	28.3%	47.2%	13.4%	11.0%
Southeast Asian	88	25.0%	50.0%	13.6%	11.4%
Black or African American	1,550	38.4%	35.5%	15.5%	10.6%
US-born black	1,064	29.5%	40.4%	18.8%	11.3%
Foreign-born black	392	59.9%	23.7%	7.7%	8.7%
White	597	43.0%	38.0%	12.6%	6.4%
Household income					
< 100% of Federal Poverty Level	1,958	34.0%	37.9%	16.0%	12.1%
≥ 100% of Federal Poverty Level	955	40.3%	39.2%	14.0%	6.5%

About Your Community



In general, how safe from crime do you consider your neighborhood to be?

Table 66	Sample Size	Very safe	Somewhat safe	Somewhat unsafe	Not at all safe
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,158	36.7%	38.7%	13.4%	11.2%
No	1,886	36.0%	37.7%	16.6%	9.7%
Household with children aged 0 to 17					
Yes	1,764	36.7%	38.9%	13.8%	10.5%
No	1,280	35.6%	36.9%	17.6%	9.9%
Educational attainment					
Less than high school	621	35.6%	36.2%	15.6%	12.6%
High school or GED	1,126	35.0%	39.7%	15.2%	10.1%
Some college or higher	1,240	37.5%	38.4%	15.5%	8.6%
Food insecurity					
Yes	1,695	30.8%	40.1%	19.4%	9.8%
No	1,325	43.4%	35.4%	10.6%	10.6%
Transportation insecurity					
Yes	1,372	27.8%	40.1%	19.4%	12.7%
No	1,655	43.3%	36.3%	12.2%	8.2%
Currently experiencing homelessness					
Yes	188	22.3%	35.6%	26.1%	16.0%
No	2,859	37.1%	38.2%	14.8%	9.9%
Housing insecurity					
Yes	1,538	28.9%	39.3%	20.2%	11.7%
No	1,503	43.8%	36.9%	10.6%	8.7%
Self-reported disability					
Yes	1,101	29.5%	39.7%	19.0%	11.8%
No	1,896	40.5%	37.0%	13.4%	9.1%
Frequent mental distress					
Yes	850	26.7%	40.2%	19.9%	13.2%
No	2,032	40.0%	37.1%	13.9%	9.1%

NOTE: Definitions for the indicators are provided in Appendix A.

About Your Community



Have you ever exchanged sex in return for money, shelter, safety, food, clothing, or gang status?

Table 66a	Sample Size	Yes, within last 12 months	Yes, more than 12 months ago	No, Never
	N	Percent	Percent	Percent
Hennepin County total	3,008	3.1%	5.1%	91.8%
Location				
HSC - North Minneapolis	379	4.7%	9.2%	86.0%
HSC - Central Northeast Minneapolis	380	6.1%	8.9%	85.0%
HSC - South Minneapolis	379	3.4%	3.7%	92.9%
HSC - Northwest Suburban	377	1.9%	5.6%	92.6%
HSC - West Suburban	375	1.9%	1.6%	96.5%
HSC - South Suburban	395	0.5%	4.1%	95.4%
Office of Multicultural Services	342	1.2%	0.3%	98.5%
NorthPoint Health & Wellness Center	381	5.2%	7.1%	87.7%
Age				
18-34	1,175	4.1%	5.7%	90.2%
35-54	1,185	2.7%	5.0%	92.3%
55 and older	648	2.2%	4.3%	93.5%
Gender				
Male	950	4.4%	6.2%	89.4%
Female	2,049	2.5%	4.6%	92.9%
LGBT self-identification				
LGBT self-identified	292	8.9%	13.7%	77.4%
Not LGBT self-identified	2,261	2.7%	4.4%	92.9%
Selected race/ethnicity				
Hispanic	427	4.7%	3.3%	92.0%
Non-Hispanic				
American Indian or Alaska Native	151	4.0%	6.6%	89.4%
Asian or Asian American	110	2.7%	4.5%	92.7%
Southeast Asian	71	2.8%	2.8%	94.4%
Black or African American	1,533	3.3%	5.6%	91.1%
US-born black	1,057	4.0%	7.1%	88.9%
Foreign-born black	384	1.0%	1.0%	97.9%
White	590	1.4%	4.2%	94.4%
Household income				
< 100% of Federal Poverty Level	1,931	3.7%	5.6%	90.7%
≥ 100% of Federal Poverty Level	947	1.9%	4.4%	93.7%

About Your Community



Have you ever exchanged sex in return for money, shelter, safety, food, clothing, or gang status?

Table 66a	Sample Size	Yes, within last 12 months	Yes, more than 12 months ago	No, Never
	N	Percent	Percent	Percent
Household with children aged 0 to 5				
Yes	1,149	2.9%	4.6%	92.5%
No	1,856	3.3%	5.4%	91.3%
Household with children aged 0 to 17				
Yes	1,744	2.8%	4.5%	92.8%
No	1,261	3.6%	6.0%	90.3%
Educational attainment				
Less than high school	601	3.3%	5.2%	91.5%
High school or GED	1,112	3.3%	5.2%	91.5%
Some college or higher	1,237	2.6%	4.9%	92.6%
Food insecurity				
Yes	1,674	4.5%	6.6%	88.9%
No	1,312	1.4%	3.0%	95.5%
Transportation insecurity				
Yes	1,352	5.2%	7.5%	87.3%
No	1,638	1.4%	3.1%	95.5%
Currently experiencing homelessness				
Yes	189	4.8%	10.6%	84.7%
No	2,819	3.0%	4.8%	92.2%
Housing insecurity				
Yes	1,518	5.3%	8.2%	86.6%
No	1,485	0.9%	2.0%	97.1%
Self-reported disability				
Yes	1,081	3.9%	7.1%	89.0%
No	1,879	2.7%	3.9%	93.3%
Frequent mental distress				
Yes	837	3.9%	6.3%	89.7%
No	2,002	2.8%	4.8%	92.4%

NOTE: Definitions for the indicators are provided in Appendix A.

About Your Community



During the past 12 months, how often did you worry that food would run out before you had money to buy more?

Table 67	Sample Size	Often	Sometimes	Rarely	Never
	N	Percent	Percent	Percent	Percent
Hennepin County total	3,049	23.6%	32.5%	17.3%	26.6%
Location					
HSC - North Minneapolis	379	29.3%	34.8%	16.6%	19.3%
HSC - Central Northeast Minneapolis	383	31.1%	30.0%	17.0%	21.9%
HSC - South Minneapolis	386	20.5%	35.8%	14.0%	29.8%
HSC - Northwest Suburban	385	29.1%	32.5%	16.4%	22.1%
HSC - West Suburban	383	23.0%	28.7%	17.2%	31.1%
HSC - South Suburban	396	22.5%	35.4%	17.7%	24.5%
Office of Multicultural Services	343	7.0%	32.1%	19.2%	41.7%
NorthPoint Health & Wellness Center	394	24.9%	31.0%	20.1%	24.1%
Age					
18-34	1,185	22.4%	33.1%	17.3%	27.2%
35-54	1,200	27.9%	32.7%	16.9%	22.5%
55 and older	664	17.9%	31.3%	17.8%	33.0%
Gender					
Male	966	24.1%	32.5%	16.7%	26.7%
Female	2,073	23.4%	32.5%	17.6%	26.5%
LGBT self-identification					
LGBT self-identified	294	30.6%	32.3%	16.3%	20.7%
Not LGBT self-identified	2,295	24.6%	32.6%	17.8%	25.0%
Selected race/ethnicity					
Hispanic	427	17.6%	37.2%	20.1%	25.1%
Non-Hispanic					
American Indian or Alaska Native	151	35.1%	35.1%	13.2%	16.6%
Asian or Asian American	126	20.6%	35.7%	15.1%	28.6%
Southeast Asian	88	25.0%	35.2%	14.8%	25.0%
Black or African American	1,553	23.3%	31.0%	17.5%	28.2%
US-born black	1,069	28.7%	32.5%	18.1%	20.7%
Foreign-born black	390	10.8%	29.2%	14.9%	45.1%
White	597	24.1%	32.2%	15.9%	27.8%
Household income					
< 100% of Federal Poverty Level	1,961	26.1%	33.8%	16.5%	23.6%
≥ 100% of Federal Poverty Level	955	19.6%	29.7%	19.2%	31.5%

About Your Community



During the past 12 months, how often did you worry that food would run out before you had money to buy more?

Table 67	Sample Size	Often	Sometimes	Rarely	Never
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,168	20.2%	34.2%	18.8%	26.8%
No	1,878	25.7%	31.5%	16.3%	26.5%
Household with children aged 0 to 17					
Yes	1,775	22.5%	34.0%	18.5%	25.0%
No	1,271	25.2%	30.4%	15.5%	28.9%
Educational attainment					
Less than high school	626	20.6%	35.3%	16.6%	27.5%
High school or GED	1,125	25.5%	31.1%	17.2%	26.1%
Some college or higher	1,241	24.1%	32.6%	17.6%	25.7%
Food insecurity					
Yes	1,712	N/A	N/A	N/A	N/A
No	1,337	N/A	N/A	N/A	N/A
Transportation insecurity					
Yes	1,381	35.0%	39.8%	13.5%	11.7%
No	1,650	14.2%	26.5%	20.2%	39.0%
Currently experiencing homelessness					
Yes	190	32.6%	31.1%	15.3%	21.1%
No	2,859	23.0%	32.6%	17.4%	27.0%
Housing insecurity					
Yes	1,536	35.0%	38.2%	14.3%	12.4%
No	1,508	12.0%	26.7%	20.2%	41.0%
Self-reported disability					
Yes	1,101	32.9%	33.7%	15.3%	18.1%
No	1,900	18.2%	31.7%	18.5%	31.6%
Frequent mental distress					
Yes	856	38.9%	34.3%	12.0%	14.7%
No	2,025	17.6%	31.5%	19.9%	31.1%

NOTE: Definitions for the indicators are provided in Appendix A.

About Your Community



During the past 12 month, did you or your family miss or delay a rent or mortgage payment because you did not have enough money?

Table 68	Sample	Yes
	Size	Percent
	N	
Hennepin County total	3,050	35.4%
Location		
HSC - North Minneapolis	379	38.8%
HSC - Central Northeast Minneapolis	380	33.9%
HSC - South Minneapolis	388	35.8%
HSC - Northwest Suburban	386	46.9%
HSC - West Suburban	380	39.2%
HSC - South Suburban	397	37.0%
Office of Multicultural Services	345	16.5%
NorthPoint Health & Wellness Center	395	32.9%
Age		
18-34	1,187	36.9%
35-54	1,200	39.0%
55 and older	663	26.1%
Gender		
Male	955	32.8%
Female	2,085	36.6%
LGBT self-identification		
LGBT self-identified	297	38.4%
Not LGBT self-identified	2,292	36.7%
Selected race/ethnicity		
Hispanic	431	33.6%
Non-Hispanic		
American Indian or Alaska Native	149	43.0%
Asian or Asian American	126	34.9%
Southeast Asian	88	34.1%
Black or African American	1,554	35.6%
US-born black	1,067	41.7%
Foreign-born black	394	22.1%
White	594	34.3%
Household income		
< 100% of Federal Poverty Level	1,961	34.9%
≥ 100% of Federal Poverty Level	956	37.6%

About Your Community



During the past 12 month, did you or your family miss or delay a rent or mortgage payment because you did not have enough money?

Table 68	Sample Size	Yes
	N	Percent
Household with children aged 0 to 5		
Yes	1,170	40.1%
No	1,877	32.4%
Household with children aged 0 to 17		
Yes	1,777	40.2%
No	1,270	28.6%
Educational attainment		
Less than high school	624	28.7%
High school or GED	1,127	33.3%
Some college or higher	1,239	41.3%
Food insecurity		
Yes	1,696	49.8%
No	1,329	17.2%
Transportation insecurity		
Yes	1,366	47.6%
No	1,667	25.6%
Currently experiencing homelessness		
Yes	186	32.3%
No	2,864	35.6%
Housing insecurity		
Yes	1,538	N/A
No	1,512	N/A
Self-reported disability		
Yes	1,098	41.3%
No	1,901	32.2%
Frequent mental distress		
Yes	850	44.9%
No	2,029	32.0%

NOTE: Definitions for the indicators are provided in Appendix A.

About Your Community



During past 12 months, how often have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay?

Table 69	Sample Size	Never	Once	Twice	Three or more times
	N	Percent	Percent	Percent	Percent
Hennepin County total	3,074	70.9%	10.5%	5.8%	12.9%
Location					
HSC - North Minneapolis	386	57.8%	15.0%	8.5%	18.7%
HSC - Central Northeast Minneapolis	384	41.4%	16.1%	14.6%	27.9%
HSC - South Minneapolis	388	73.7%	8.8%	4.9%	12.6%
HSC - Northwest Suburban	387	71.8%	12.7%	3.9%	11.6%
HSC - West Suburban	382	79.6%	8.4%	3.4%	8.6%
HSC - South Suburban	404	81.7%	6.2%	3.0%	9.2%
Office of Multicultural Services	347	94.2%	2.6%	1.2%	2.0%
NorthPoint Health & Wellness Center	396	68.4%	13.4%	6.3%	11.9%
Age					
18-34	1,192	63.6%	13.6%	8.6%	14.3%
35-54	1,211	72.0%	9.4%	4.5%	14.1%
55 and older	671	81.7%	6.9%	3.1%	8.3%
Gender					
Male	967	65.5%	10.1%	6.4%	18.0%
Female	2,097	73.3%	10.7%	5.4%	10.6%
LGBT self-identification					
LGBT self-identified	300	57.0%	13.3%	9.3%	20.3%
Not LGBT self-identified	2,316	70.7%	10.6%	5.5%	13.2%
Selected race/ethnicity					
Hispanic	427	81.7%	7.7%	3.5%	7.0%
Non-Hispanic					
American Indian or Alaska Native	153	50.3%	16.3%	4.6%	28.8%
Asian or Asian American	127	86.6%	6.3%	1.6%	5.5%
Southeast Asian	88	90.9%	4.5%	1.1%	3.4%
Black or African American	1,571	66.5%	12.1%	7.8%	13.6%
US-born black	1,076	57.3%	14.9%	10.0%	17.8%
Foreign-born black	399	88.7%	5.0%	2.8%	3.5%
White	599	81.0%	6.0%	2.3%	10.7%
Household income					
< 100% of Federal Poverty Level	1,977	65.8%	12.0%	6.7%	15.5%
≥ 100% of Federal Poverty Level	963	80.4%	7.8%	3.6%	8.2%

About Your Community



During past 12 months, how often have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay?

Table 69	Sample Size	Never	Once	Twice	Three or more times
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,174	69.0%	13.5%	7.1%	10.5%
No	1,897	72.0%	8.6%	5.0%	14.4%
Household with children aged 0 to 17					
Yes	1,789	71.9%	12.0%	6.1%	9.9%
No	1,282	69.3%	8.3%	5.2%	17.1%
Educational attainment					
Less than high school	631	72.4%	7.9%	6.0%	13.6%
High school or GED	1,134	65.5%	14.0%	7.1%	13.3%
Some college or higher	1,252	75.3%	8.3%	4.1%	12.3%
Food insecurity					
Yes	1,704	62.9%	12.5%	7.2%	17.5%
No	1,328	81.1%	8.1%	3.8%	7.0%
Transportation insecurity					
Yes	1,386	55.3%	15.0%	8.2%	21.4%
No	1,676	83.8%	6.6%	3.6%	6.0%
Currently experiencing homelessness					
Yes	190	19.5%	17.4%	14.7%	48.4%
No	2,884	74.2%	10.0%	5.2%	10.6%
Housing insecurity					
Yes	1,550	N/A	N/A	N/A	N/A
No	1,524	N/A	N/A	N/A	N/A
Self-reported disability					
Yes	1,109	65.6%	10.9%	6.5%	17.0%
No	1,913	74.1%	10.1%	5.3%	10.5%
Frequent mental distress					
Yes	1,001	78.5%	8.3%	4.2%	9.0%
No	1,183	73.7%	9.8%	4.9%	11.6%

NOTE: Definitions for the indicators are provided in Appendix A.

About Your Community



During past 12 months, how often did lack of transportation keep you from getting places where you needed to go, such as jobs, medical appointments, or shopping?

Table 70	Sample Size	Often	Sometimes	Rarely	Never
	N	Percent	Percent	Percent	Percent
Hennepin County total	3,076	18.8%	26.5%	13.2%	41.5%
Location					
HSC - North Minneapolis	385	24.4%	32.2%	13.2%	30.1%
HSC - Central Northeast Minneapolis	384	29.4%	33.9%	14.6%	22.1%
HSC - South Minneapolis	392	21.9%	28.6%	11.5%	38.0%
HSC - Northwest Suburban	386	17.4%	29.5%	13.0%	40.2%
HSC - West Suburban	378	14.3%	19.3%	9.8%	56.6%
HSC - South Suburban	402	13.2%	20.4%	13.9%	52.5%
Office of Multicultural Services	352	11.9%	21.3%	13.6%	53.1%
NorthPoint Health & Wellness Center	397	17.4%	26.4%	16.1%	40.1%
Age					
18-34	1,190	21.4%	28.5%	12.9%	37.2%
35-54	1,213	18.8%	27.1%	13.2%	40.9%
55 and older	673	14.1%	21.8%	14.0%	50.1%
Gender					
Male	971	20.4%	27.3%	14.6%	37.7%
Female	2,095	18.0%	26.3%	12.6%	43.1%
LGBT self-identification					
LGBT self-identified	302	24.2%	30.1%	13.6%	32.1%
Not LGBT self-identified	2,313	19.2%	25.8%	13.9%	41.1%
Selected race/ethnicity					
Hispanic	433	15.2%	28.6%	14.3%	41.8%
Non-Hispanic					
American Indian or Alaska Native	153	32.0%	32.0%	13.7%	22.2%
Asian or Asian American	127	15.7%	25.2%	11.8%	47.2%
Southeast Asian	88	13.6%	23.9%	12.5%	50.0%
Black or African American	1,567	19.5%	28.7%	13.5%	38.3%
US-born black	1,074	22.7%	32.0%	14.7%	30.5%
Foreign-born black	397	12.1%	20.7%	10.1%	57.2%
White	601	14.6%	18.5%	11.6%	55.2%
Household income					
< 100% of Federal Poverty Level	1,977	22.9%	29.3%	13.5%	34.3%
≥ 100% of Federal Poverty Level	966	11.3%	20.8%	12.7%	55.2%

About Your Community



During past 12 months, how often did lack of transportation keep you from getting places where you needed to go, such as jobs, medical appointments, or shopping?

Table 70	Sample Size	Often	Sometimes	Rarely	Never
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,172	17.7%	27.4%	14.0%	41.0%
No	1,901	19.4%	26.0%	12.7%	41.9%
Household with children aged 0 to 17					
Yes	1,786	17.9%	27.0%	13.2%	41.9%
No	1,287	19.9%	25.9%	13.2%	41.0%
Educational attainment					
Less than high school	632	21.4%	29.0%	13.0%	36.7%
High school or GED	1,132	19.0%	28.7%	13.8%	38.5%
Some college or higher	1,252	17.2%	23.3%	12.9%	46.6%
Food insecurity					
Yes	1,705	27.0%	33.6%	12.1%	27.3%
No	1,326	8.5%	17.7%	14.5%	59.3%
Transportation insecurity					
Yes	1,393	N/A	N/A	N/A	N/A
No	1,683	N/A	N/A	N/A	N/A
Currently experiencing homelessness					
Yes	190	35.8%	32.6%	15.3%	16.3%
No	2,886	17.7%	26.1%	13.1%	43.1%
Housing insecurity					
Yes	1,545	27.0%	34.2%	14.4%	24.5%
No	1,524	10.5%	18.6%	12.1%	58.9%
Self-reported disability					
Yes	1,109	24.4%	29.0%	14.4%	32.1%
No	1,915	15.4%	24.9%	12.4%	47.3%
Frequent mental distress					
Yes	863	27.5%	27.6%	13.7%	31.3%
No	2,042	15.2%	25.8%	13.3%	45.7%

NOTE: Definitions for the indicators are provided in Appendix A.

About Your Community



How often are you in a situation where you feel you are not accepted because of your race, culture, religion, or immigration status?

Table 71	Sample Size	At least once a week/Once or twice a month	A few times a year	Once a year or less often	Never
	N	Percent	Percent	Percent	Percent
Hennepin County total	3,061	18.2%	17.7%	10.4%	53.7%
Location					
HSC - North Minneapolis	385	23.1%	18.7%	10.4%	47.8%
HSC - Central Northeast Minneapolis	382	25.4%	19.6%	13.4%	41.6%
HSC - South Minneapolis	388	20.4%	15.2%	11.9%	52.6%
HSC - Northwest Suburban	383	18.8%	21.1%	8.6%	51.4%
HSC - West Suburban	379	12.9%	14.2%	7.7%	65.2%
HSC - South Suburban	395	12.9%	17.0%	12.2%	58.0%
Office of Multicultural Services	350	9.4%	18.3%	7.1%	65.1%
NorthPoint Health & Wellness Center	399	21.8%	17.8%	11.3%	49.1%
Age					
18-34	1,184	20.8%	16.0%	10.5%	52.7%
35-54	1,208	18.1%	20.4%	10.8%	50.7%
55 and older	669	13.8%	15.8%	9.4%	61.0%
Gender					
Male	969	21.3%	18.5%	11.1%	49.1%
Female	2,083	16.8%	17.5%	10.0%	55.7%
LGBT self-identification					
LGBT self-identified	298	23.2%	17.1%	9.4%	50.3%
Not LGBT self-identified	2,306	18.9%	18.5%	11.0%	51.6%
Selected race/ethnicity					
Hispanic	431	15.5%	21.3%	10.4%	52.7%
Non-Hispanic					
American Indian or Alaska Native	152	27.6%	23.7%	14.5%	34.2%
Asian or Asian American	126	11.9%	21.4%	11.1%	55.6%
Southeast Asian	87	6.9%	23.0%	12.6%	57.5%
Black or African American	1,561	21.6%	18.7%	10.2%	49.5%
US-born black	1,071	26.1%	19.8%	11.1%	43.0%
Foreign-born black	396	11.4%	16.2%	8.3%	64.1%
White	598	7.2%	9.4%	9.5%	73.9%
Household income					
< 100% of Federal Poverty Level	1,967	19.6%	18.1%	10.1%	52.2%
≥ 100% of Federal Poverty Level	962	15.0%	16.6%	11.3%	57.1%

About Your Community



How often are you in a situation where you feel you are not accepted because of your race, culture, religion, or immigration status?

Table 71	Sample Size	At least once a week/Once or twice a month	A few times a year	Once a year or less often	Never
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,171	18.0%	18.0%	9.8%	54.1%
No	1,887	18.3%	17.5%	10.7%	53.5%
Household with children aged 0 to 17					
Yes	1,779	18.0%	19.0%	9.6%	53.4%
No	1,279	18.5%	15.9%	11.4%	54.2%
Educational attainment					
Less than high school	626	18.1%	18.2%	9.9%	53.8%
High school or GED	1,128	16.9%	16.3%	9.8%	56.9%
Some college or higher	1,250	19.1%	18.7%	11.5%	50.6%
Food insecurity					
Yes	1,698	24.7%	21.2%	11.1%	43.0%
No	1,317	9.9%	13.2%	9.3%	67.5%
Transportation insecurity					
Yes	1,385	28.4%	23.8%	9.9%	37.8%
No	1,662	9.5%	12.6%	10.8%	67.0%
Currently experiencing homelessness					
Yes	188	23.4%	21.8%	12.8%	42.0%
No	2,873	17.9%	17.5%	10.2%	54.5%
Housing insecurity					
Yes	1,532	25.0%	20.7%	11.7%	42.6%
No	1,519	11.3%	14.7%	9.0%	65.0%
Self-reported disability					
Yes	1,107	22.6%	21.3%	10.2%	45.9%
No	1,904	15.6%	15.5%	10.5%	58.4%
Frequent mental distress					
Yes	857	26.4%	21.4%	10.4%	41.9%
No	2,034	15.4%	16.4%	10.6%	57.6%

NOTE: Definitions for the indicators are provided in Appendix A.

About Your Community



How often are you in a situation where you feel you are not accepted because of your sexual orientation or gender identity?

Table 72	Sample Size	At least once a week/Once or twice a month	A few times a year	Once a year or less often	Never
	N	Percent	Percent	Percent	Percent
Hennepin County total	3,059	7.8%	6.5%	4.7%	80.9%
Location					
HSC - North Minneapolis	381	8.7%	8.7%	5.8%	76.9%
HSC - Central Northeast Minneapolis	383	12.3%	9.1%	7.6%	71.0%
HSC - South Minneapolis	387	6.7%	8.0%	4.1%	81.1%
HSC - Northwest Suburban	386	8.5%	5.4%	5.4%	80.6%
HSC - West Suburban	381	4.5%	2.6%	3.9%	89.0%
HSC - South Suburban	397	4.5%	5.3%	4.3%	85.9%
Office of Multicultural Services	346	4.3%	5.8%	2.9%	87.0%
NorthPoint Health & Wellness Center	398	12.6%	7.0%	3.8%	76.6%
Age					
18-34	1,181	8.6%	6.3%	5.6%	79.5%
35-54	1,212	7.3%	6.7%	4.6%	81.4%
55 and older	666	7.4%	6.6%	3.5%	82.6%
Gender					
Male	969	8.5%	7.5%	4.7%	79.3%
Female	2,082	7.5%	6.0%	4.8%	81.7%
LGBT self-identification					
LGBT self-identified	298	21.1%	14.8%	9.1%	55.0%
Not LGBT self-identified	2,308	6.5%	5.9%	4.7%	82.9%
Selected race/ethnicity					
Hispanic	430	5.3%	7.0%	3.3%	84.4%
Non-Hispanic					
American Indian or Alaska Native	151	11.3%	6.6%	7.9%	74.2%
Asian or Asian American	126	5.6%	9.5%	7.1%	77.8%
Southeast Asian	87	6.9%	8.0%	6.9%	78.2%
Black or African American	1,559	9.9%	6.4%	5.2%	78.5%
US-born black	1,066	11.8%	6.1%	5.9%	76.2%
Foreign-born black	397	5.0%	6.0%	3.5%	85.4%
White	598	3.5%	4.2%	2.8%	89.5%
Household income					
< 100% of Federal Poverty Level	1,968	9.1%	7.1%	4.8%	79.1%
≥ 100% of Federal Poverty Level	962	5.6%	5.6%	4.7%	84.1%

About Your Community



How often are you in a situation where you feel you are not accepted because of your sexual orientation or gender identity?

Table 72	Sample Size	At least once a week/Once or twice a month	A few times a year	Once a year or less often	Never
	N	Percent	Percent	Percent	Percent
Household with children aged 0 to 5					
Yes	1,168	7.0%	5.7%	4.6%	82.7%
No	1,888	8.3%	7.0%	4.8%	79.8%
Household with children aged 0 to 17					
Yes	1,779	7.1%	6.2%	4.6%	82.1%
No	1,277	8.8%	7.0%	4.9%	79.2%
Educational attainment					
Less than high school	624	10.1%	8.0%	5.1%	76.8%
High school or GED	1,125	8.1%	4.9%	4.4%	82.7%
Some college or higher	1,254	6.4%	7.1%	4.9%	81.6%
Food insecurity					
Yes	1,688	10.5%	7.9%	5.8%	75.8%
No	1,326	4.3%	4.7%	3.5%	87.6%
Transportation insecurity					
Yes	1,376	12.6%	9.6%	5.8%	71.9%
No	1,669	3.8%	4.0%	3.8%	88.4%
Currently experiencing homelessness					
Yes	188	10.1%	9.0%	4.3%	76.6%
No	2,871	7.7%	6.3%	4.8%	81.2%
Housing insecurity					
Yes	1,528	11.5%	8.2%	6.2%	74.1%
No	1,522	4.1%	4.7%	3.2%	88.0%
Self-reported disability					
Yes	1,100	10.7%	9.1%	5.6%	74.5%
No	1,908	5.9%	5.1%	4.2%	84.7%
Frequent mental distress					
Yes	855	11.5%	8.9%	6.2%	73.5%
No	2,035	6.5%	5.7%	4.3%	83.5%

NOTE: Definitions for the indicators are provided in Appendix A.

About Your Community



LGBT self-identification

Table 73	Sample	Yes
	Size	Percent
	N	
Hennepin County total	2,628	11.5%
Location		
HSC - North Minneapolis	344	14.8%
HSC - Central Northeast Minneapolis	348	15.5%
HSC - South Minneapolis	339	13.0%
HSC - Northwest Suburban	343	11.4%
HSC - West Suburban	334	7.5%
HSC - South Suburban	352	10.2%
Office of Multicultural Services	226	4.9%
NorthPoint Health & Wellness Center	342	12.6%
Age		
18-34	1,046	16.6%
35-54	1,037	8.6%
55 and older	545	7.3%
Gender		
Male	865	9.4%
Female	1,757	12.6%
LGBT self-identification		
LGBT self-identified	303	N/A
Not LGBT self-identified	2,325	N/A
Selected race/ethnicity		
Hispanic	311	13.5%
Non-Hispanic		
American Indian or Alaska Native	149	11.4%
Asian or Asian American	110	12.7%
Southeast Asian	75	10.7%
Black or African American	1,333	10.4%
US-born black	973	10.8%
Foreign-born black	294	6.1%
White	546	10.3%
Household income		
< 100% of Federal Poverty Level	1,702	12.5%
≥ 100% of Federal Poverty Level	850	9.9%

About Your Community



LGBT self-identification

Table 73	Sample	Yes
	Size	Percent
	N	
Household with children aged 0 to 5		
Yes	981	13.1%
No	1,644	10.6%
Household with children aged 0 to 17		
Yes	1,494	11.6%
No	1,131	11.4%
Educational attainment		
Less than high school	493	13.2%
High school or GED	961	11.1%
Some college or higher	1,149	10.9%
Food insecurity		
Yes	1,498	12.3%
No	1,091	10.0%
Transportation insecurity		
Yes	1,204	13.6%
No	1,411	9.8%
Currently experiencing homelessness		
Yes	177	14.1%
No	2,451	11.3%
Housing insecurity		
Yes	1,380	12.8%
No	1,241	9.9%
Self-reported disability		
Yes	992	12.6%
No	1,595	10.6%
Frequent mental distress		
Yes	788	12.6%
No	1,725	10.7%

NOTE: Definitions for the indicators are provided in Appendix A.



Appendices

Appendix A

Technical Notes

General Technical Notes

Each of the data tables in this data book presents data on one or more health indicators. The data are reported for eight in-person data collection sites combined, for each of in-person data collection sites, and 14 selected demographic characteristics, social conditions. The general technical notes describe each of these data reporting categories, and important data cleaning and coding steps involved.

Location

There are eight in-person data collection sites or locations. "HSC" is the abbreviation for Hennepin County's human service center. Of note, residents could visit more than one site during data collection and could be included more than once. It was not possible to identify who may have done multiple surveys as no personal identifiable questions were asked.

Age

Age was based on the survey respondent's self-reported age (Question F4).

F4. What is your age?

 Years

Of 3,310 in-person surveys collected, 236 have age missing or outside valid range of 18 to 115. Detailed data processes and cleaning were made to reduce the missing and data errors, including manually checking original paper surveys for related comments, imputing missing with age-related survey questions (e.g. country of birth and years in United States). These efforts reduced surveys with age missing or invalid range to 169, and they were excluded from the final dataset for this report.

Gender

Gender was assessed by the questions F1 and F2:

F1. Are you...

- Male
- Female

F2. Do you consider yourself to be transgender?

- Yes
- No

Of 3310 in-person surveys collected, 74 left gender blank. Three gender-related survey questions were used to impute missing, and reduced the number from 74 to 11. These three gender-related survey questions are:

- Hypertension during pregnancy (A5a),
- Diabetes during pregnancy (A5b),
- Gender specific binge drinking question (C22).

SHAPE survey considers transgender as a gender category. However, of 3102 clients in final dataset, only 59 clients considered checked Yes to Question F2, a very small sample size to report data. However, transgender is included, along with these clients who self-identified as gay, lesbian, and bisexual in the category "LGBT

Technical Notes

self-identified", consistent with the GLAAD publication: *Ally's Guide to Terminology: Talking about LGBT People and Equality*².

LGBT self-identity

Respondents were asked to check one response category to represent their sexual orientation via question F3.

- F3. Do you consider yourself?**
- Heterosexual or straight
 - Lesbian or gay
 - Bisexual

In case those respondents checked more than one response category, a trumping rule was used to guide data entry: the highest priority included bisexual, then lesbian or gay, and then, heterosexual or straight.

In this data book, gay, lesbian and bisexual respondents are combined along with transgender respondents in the category "LGBT self-identified", consistent with the GLAAD publication: *Ally's Guide to Terminology: Talking about LGBT People and Equality*².

Selected race and ethnicity

For this data book, health indicators are reported for five major racial and ethnic groups, and three sub-race groups. These race and ethnicity categories were derived from the answers to the following two questions:

- F6. Are you Hispanic or Latino/a?**
- Yes
 - No
- F7. Which of the following do you consider yourself?**
(MARK ALL THAT APPLY)
- White
 - Black or African American
 - If Black or African American, are you...?
 - African American
 - Somali, Oromo, Ethiopian, or from another East African country
 - Liberian, Nigerian, or from another West African country
 - Other, specify _____
 - Asian or Asian American
 - If Asian or Asian American, are you...?
 - Hmong, Cambodian, Laotian, Thai, Vietnamese or Burmese,
 - Other, specify _____
 - American Indian or Alaska Native
 - Native Hawaiian or other Pacific Islander
 - Other, specify _____

Technical Notes

Special notes on race and ethnicity groups and subgroups include:

- Question F3 is “check all that apply” question where chances for errors caused by stray marks during survey scanning were high. Data quality check was made to detect and fix these errors
- Open-end texts were coded and if applicable, race group was designated.
- Hispanic ethnicity and race are mutually exclusive. If a respondent who self-identified with Hispanic ethnicity, and at the same time, checked one or more race, they were classified as “Hispanic” only.
- The major race groups listed in table are the primary race that survey respondents checked. Anyone who checked two or more races were categorized in “multiracial” groups, which is not reported.
- One exemption is for American Indian or Alaska Native. They include these who checked American Indian or Alaska Native alone or in combination of these who also checked only other race.
- Southeast Asian are those respondents who indicated they were Hmong, Cambodian, Laotian, Thai, Vietnamese or Burmese.
- The two sub-groups of foreign-born or US-born black or African American, were derived from their response to Question F10.

F10. Were you born in the United States

- Yes → GO TO QUESTION F12
 No

Household Income

Household income was measured by Federal Poverty Level (FPL). Reporting categories include under 100 percent FPL as well as at or above 100 percent FPL. These reporting categories were derived from the answers to survey questions on household income, household size, and categorized using 2017 FPL³

Data on household size was the sum of responses from three categories under Question F9.

F9. INCLUDING YOURSELF, how many adults and children live in your household?

<input type="text"/>	Number of adults age 18 or older (INCLUDING YOURSELF)
<input type="text"/>	Number of children age 0-5
<input type="text"/>	Number of children age 6-17

Special efforts were made to reduce potential data error in household size, correcting invalid values. For cases where household size was missing, a simple imputation was performed to designate a new value for the the number of adults living in the household for these respondents using the following logic:

- If value was missing or 0, the designated value was 1,
- If the value was 1 and the respondents reported being married, living with a partner in a marriage-like relationship, the designated value was 2.

Technical Notes

To get the measurement for household income, survey respondents were asked (F8):

F8. Please tell us your annual household income in 2017 from all earners and all sources, before taxes.

Remember, your responses are confidential.

- | | |
|---|---|
| <input type="radio"/> \$10,000 or less | <input type="radio"/> \$41,001 – 49,000 |
| <input type="radio"/> \$10,001 – 15,000 | <input type="radio"/> \$49,001 – 58,000 |
| <input type="radio"/> \$15,001 – 24,000 | <input type="radio"/> \$58,001 – 66,000 |
| <input type="radio"/> \$24,001 – 32,000 | <input type="radio"/> \$66,001 – 74,000 |
| <input type="radio"/> \$32,001 – 41,000 | <input type="radio"/> \$74,001 or more |

The income level ranges listed in F8 were designed to capture data for three levels of FPL classification, and were guided by the 2017 Federal Poverty Guideline³ (Table B) with more detailed income levels for low income.

Table B. 2017 Federal Poverty Guidelines

Household size	100% FPL	200% FPL*
1	\$12,060	\$24,120
2	\$16,240	\$32,480
3	\$20,420	\$40,840
4	\$24,600	\$49,200
5	\$28,760	\$57,660
6	\$32,960	\$65,920
7	\$37,140	\$74,280
8	\$41,320	\$82,640
9	\$45,500	\$91,000
10	\$49,680	\$99,360

Respondents were instructed to check only one option. If respondents checked two response categories, one was selected via systematic randomization using a randomization sheet. If three response categories were checked, the mid-point was selected. If 4 or more categories were marked, the response was marked as invalid.

These income categories were then converted to FPL, either under 200 percent FPL (<200% FPL) or at or above 200 percent FPL (≥200% FPL) according to 2017 FPL and household size. The household size was capped at ten in the poverty level calculation. Details on the classification are illustrated in Table C

Technical Notes

Table C Classification of household income measured by 2017 Federal Poverty Guidelines (FPL)

Household income Household size	<10,000 (1)	\$10,001- \$15,000 (2)	\$15,001- \$24,000 (3)	\$24,001- \$32,000 (4)	\$32,001- \$41,000 (5)	\$41,001- \$49,000 (6)	\$49,001- \$58,000 (7)	\$58,001- \$66,000 (8)	\$66,001- \$74,000 (9)	\$74,001 or above (10)
1	<100%	100-199%	100-199%	≥200%	≥200%	≥200%	≥200%	≥200%	≥200%	≥200%
2	<100%	≤100%	100-199%	100-199%	≥200%	≥200%	≥200%	≥200%	≥200%	≥200%
3	<100%	≤100%	100-199%	100-199%	100-199%**	≥200%	≥200%	≥200%	≥200%	≥200%
4	<100%	≤100%	≤100%	100-199%	100-199%	100-199%	≥200%	≥200%	≥200%	≥200%
5	<100%	≤100%	≤100%	100-199%	100-199%	100-199%	100-199%**	≥200%	≥200%	≥200%
6	<100%	≤100%	≤100%	≤100%	100-199%	100-199%	100-199%**	100-199%**	≥200%	≥200%
7	<100%	≤100%	≤100%	≤100%	100-199%	100-199%	100-199%	100-199%	100-199%	≥200%
8	<100%	<100%	<100%	<100%	<100%	100-199%	100-199%	100-199%	100-199%	≥200%
9	<100%	<100%	<100%	<100%	<100%	100-199%	100-199%	100-199%	100-199%	≥200%
10	<100%	<100%	<100%	<100%	<100%	<100%	100-199%	100-199%	100-199%	≥200%

< 100% FPL

100-199% FPL

≥ 200% FPL

Household with children aged 0 to 5

Household with children aged 0 to 5 was classified based the response to the 2nd answer category of Question F9. Surveys with very high number of children aged 0 to 5 in the household were pulled out to double check for potential data entry errors.

F9. INCLUDING YOURSELF, how many adults and children live in your household?

- Number of adults age 18 or older (INCLUDING YOURSELF)
- Number of children age 0-5
- Number of children age 6-17

Household with children aged 0 to 17

Household with children aged 0 to 17 was the sum of responses to the 2nd and 3rd categories of question 9 (see above). Surveys with very high number of children aged 0-17 were pulled out to double check for potential data entry errors.

Technical Notes

Educational attainment

Level of survey respondents' educational attainment was obtained by asking question F5. The 3rd and 4th responses were combined as "some college or higher" for this data book.

- F5. What is the highest grade or year of school you have completed?**
- Less than high school
 - High school graduate or GED
 - Some college, associate's degree or vocational/technical/business school
 - Bachelor's degree or higher

Respondents were instructed to check only one option. When respondents checked two or more options, the higher or the highest educational level was selected for data entry.

Food insecurity

Food insecurity experience was assessed via Question E7.

- E7. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?**
- Often
 - Sometimes
 - Rarely
 - Never

Respondents who checked Often or sometimes were classified as experienced food insecurity during the past 12 months.

Transportation insecurity

Transportation insecurity experience was assessed via Question E10.

- E10. During the past 12 months, how often did lack of transportation keep you from getting places where you needed to go, such as jobs, medical appointments, or shopping?**
- Often
 - Sometimes
 - Rarely
 - Never

Respondents who checked Often or sometimes were classified as experienced transportation insecurity during the past 12 months.

Technical Notes

Currently experiencing homelessness

Respondents currently experiencing homelessness were identified based on response to the last question on current address.

Please provide your address. Your address will only be used by the Hennepin County Survey Team to describe who responded to the survey. As a reminder, you can refuse to answer any question and it will not affect your ability to receive services through Hennepin County in any way. All of the information you provide is private. Only survey staff at Hennepin County Public Health will have access to information you provide.

More information is available at www.Hennepin.us/SHAPE. If you have questions about the survey, call 612-348-3034 or e-mail shape@hennepin.us.

What is your current address?

Street (Example: 123 Elm Street) _____

Apartment/unit # _____

City _____ Zip code _____

Respondents were classified as currently experiencing homelessness if they filled out the address fields with:

- Homeless
- General delivery
- An address that is a homeless shelter

Housing insecurity

Housing insecurity was derived from survey responses to the following two questions:

E8. During the past 12 months, did you or your family miss or delay a rent or mortgage payment because you did not have enough money?

- Yes
- No

E9. During the past 12 months, how often have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay?

- Never
- Once
- Twice
- Three or more times

Respondents who answered "yes" to Question E8 or "once" or more often to Question E9 were classified as having experienced housing insecurity during the past 12 months.

Disability status

Disability status was classified based on the response to the survey question A8.

A8. Are you limited in any activities because of physical, mental, or emotional problems?

- Yes
- No

Frequent mental distress

All survey respondents were asked:

A3. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Number of days

Respondents who reported 14 or more days during the past 30 days that their mental health was not good were classified as having frequent mental distress.

Most data tables in this data book report survey responses from a single survey question and report all response options. However, there are some exceptions.

- For some tables, while only one survey question was used, the indicators reported combine two or three response options. This is done either due to column space limitations or because the percentages for some response options are very low and combining response options increases the meaning of the indicator.
- Some tables report data that are coded specifically or calculated from two or more survey questions, and details are described in Table D.

Technical Notes

Table-specific Technical Notes

Table D. Table-specific technical notes

Table	Topic	Table-Specific Technical Notes
1	HRQOL- commonly used indicators	<p>Very good or excellent health - refer to Table 2 for the question used.</p> <p>Poor or fair health - refer to Table 2 for the question used.</p> <p>Frequent physical health distress - refer to Table 3 for the question used. The respondents who reported 14 or more days that their physical health was not good are classified as having frequent physical distress.</p> <p>Frequent mental distress - refer to Table 4 for the question used. The respondents who reported 14 or more days that their mental health was not good are classified as having frequent mental distress.</p> <p>NA: The result is not applicable as reporting category and health indicator are the same.</p>
3 to 4	Unhealthy physical health days; Unhealthy mental health days	<p>Valid range is 0 to 30 days. A value of 31 days is coded as 30. A value exceeding 31 days is classified as invalid.⁴</p>
5	High risk of depression, PHQ-2	<p>High risk of depression is a scale derived from two survey questions.</p> <p><i>A4. During the past two weeks, how often have you been bothered by any of the following problems?</i></p> <p><i>a. Little interest or pleasure in doing things</i></p> <ul style="list-style-type: none"> <input type="radio"/> Not at all <input type="radio"/> Several days <input type="radio"/> More than half the days <input type="radio"/> Nearly every day <p><i>b. Feeling down, depressed, or hopeless</i></p> <ul style="list-style-type: none"> <input type="radio"/> Not at all <input type="radio"/> Several days <input type="radio"/> More than half the days <input type="radio"/> Nearly every day <p>These two survey questions are called Patient Health Questionnaire-2, (PHQ-2). The PHQ-2 includes the first 2 items of the PHQ-9. For each item, response to "Not at all," "Several days," "More than half the days," and "Nearly every day," are scored as 0, 1, 2, and 3, respectively. The PHQ-2 score can range from 0 to 6. A score of 3 points or more on this version of the PHQ-2 has a sensitivity of 83 percent and a specificity of 92 percent for major depression disorders code.⁵</p>
6	Hypertension	<p>The response options for the survey questions used for Table 6 are:</p> <ul style="list-style-type: none"> <input type="radio"/> Yes <input type="radio"/> Yes, but only during pregnancy <input type="radio"/> Borderline high or pre-hypertensive <input type="radio"/> No <p>The category <i>Yes, but only during pregnancy</i> is not reported in these data tables due to very low percentages.</p>

Technical Notes

Table	Topic	Table-Specific Technical Notes
7	Diabetes	<p>The response options for the survey questions used for Table 7 are:</p> <ul style="list-style-type: none"> <input type="radio"/> Yes <input type="radio"/> Yes, but only during pregnancy <input type="radio"/> Pre-diabetes or borderline diabetes <input type="radio"/> No <p>The category <i>Yes, but only during pregnancy</i> is not reported in these data tables due to very low percentages.</p>
8	Body weight, Body Mass Index (BMI)	<p><i>Body mass index</i> (BMI) is calculated from self-reported weight and height using the standard formula:</p> $\text{BMI} = (\text{weight in kilograms}) \div (\text{Height in meters})^2$ $\text{BMI} = 703 * (\text{weight in pounds}) \div (\text{Height in inches})^2.$ <p>When reporting weight, female respondents who were pregnant at the time of the survey were asked to provide their weight before they were pregnant.</p> <p>Classification of weight status by BMI according to national guidelines are: <i>underweight</i> (BMI < 18.5); <i>normal weight</i> (BMI = 18.5 to 24.9); <i>overweight</i> (BMI = 25.0 to 29.9) and <i>obese</i> (BMI ≥ 30.0).⁶</p> <p>Valid value range for height is 36 to 95 inches; Valid range for weight is 50 to 650 pounds; and for BMI is 12 to 99. This is consistent with BRFSS 2014 data coding guidelines.⁷</p>
9	Disability	NA: The result is not applicable as reporting category and health indicator are the same.
10	ADL disability	The indicator/measure is aka activity of daily living (ADL) disability.
11	IADL disability	The indicator/measure is aka instrumental activity of daily living (IADL) disability.
12	ADL or IADL disability	ADL/IADL disability reported in this table is derived from ADL disability reported in Table 10 and IADL disability reported in Table 11.

Technical Notes

Table	Topic	Table-Specific Technical Notes
13, 14	Healthcare coverage, current status	<p>Acronyms used in the questions: CHAMPUS: Civilian Health and Medical Program of the Uniformed Service. MNSure: a marketplace where Minnesotans can shop, compare and choose health insurance coverage that meets their needs, and is the only place where consumers can qualify for financial help either through federal tax credits or through MinnesotaCare and Medical Assistance. TRICARE: formerly known as CHAMPUS, is a health care program of the United States Department of Defense Military Health System. Tricare provides civilian health benefits for U.S Armed Forces military personnel, military retirees, and their dependents, including some members of the Reserve Component.</p> <p>There are other surveys that estimate insurance status at the state and federal level, including the Minnesota Health Access Survey and the American Community Survey. Due to differences in question format and coding of responses, specific caution is advised in comparing SHAPE results to other estimates of insurance status. The public use data file for this project contains original as well as created variables used for this data book and will be available upon request at a later date.</p> <p>Data on health insurance coverage was derived from B1, a ten-item survey question. This is a "CHECK ALL THAT APPLY" question. B1. Do you currently have any of the following types of health insurance? <input type="checkbox"/> Health insurance or coverage through your employer or your spouse/partner, parent, or someone else's employer <input type="checkbox"/> Health insurance or coverage bought directly by yourself or your family (not through an employer) <input type="checkbox"/> Indian or Tribal Health Service <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP) <input type="checkbox"/> MinnesotaCare <input type="checkbox"/> Insurance through MNSure <input type="checkbox"/> CHAMPUS, TRICARE, or Veteran's benefits <input type="checkbox"/> Other health insurance or coverage (please specify): <input type="checkbox"/> NO health insurance coverage</p> <p>Data cleaning and recoding steps for B1 included :</p> <ul style="list-style-type: none"> • Data scan "spill over" check <p>The check boxes for many response items were printed very close to each other and were highly susceptible to have "spill over" errors via scanning. Of 13,093 surveys returned, 880 checked at least a pair of neighboring response categories. All these 880 surveys were pulled out to be checked and verified. Close to 40% of these checked pairs were found to have "spill over" errors and respective correction in data were made.</p> <ul style="list-style-type: none"> • Open-end text coding and coding consolidation <p>Over a thousand of respondents (n=1,232) checked "other" as health insurance coverage. Of them, 1,211 entered text strings to specify. These text strings were coded according to standard protocol, and they were grouped into one of the follow 4 groups.</p>

Technical Notes

Table	Topic	Table-Specific Technical Notes
13, 14	Healthcare coverage, current status	<p>(1) Name of insurance providers without details on coverage type (65%),</p> <p>(2) Name of supplemental insurance without details on coverage type (21%)</p> <p>(3) Actual coverage types that were listed in the B1 (11%)</p> <p>(4) Invalid, not related to health insurance (3%).</p> <p>In most cases if the respondents checked "other", but also checked one more coverage type, the actual coverage type they checked trumped.</p> <ul style="list-style-type: none"> Insurance coverage groups <p>Responses from B1 were then summarized into the following four insurance coverage groups.</p> <p>(1) Private insurance is coverage through any of the following:</p> <ul style="list-style-type: none"> Health insurance or coverage through your employer or your spouse/partner, parent, or someone else's employer Health insurance or coverage bought directly by yourself or your family (not through an employer) <p>(2) Public health insurance is coverage through any of the following:</p> <ul style="list-style-type: none"> Medicare Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP) MinnesotaCare CHAMPUS, TRICARE, or Veteran's benefits <p>(3) Insured, type unknown is classified when respondents checked any of the following only:</p> <ul style="list-style-type: none"> Insurance through MNSure Other health insurance or coverage <p>(4) Uninsured is classified when respondents checked any of the following only:</p> <ul style="list-style-type: none"> NO health insurance coverage Indian or Tribal Health Service <p>Some respondents had checked multiple coverage categories. Trumping rule was applied to follow the priority order: public coverage first followed by private, insured with unknown coverage type, and then, uninsured.</p> <ul style="list-style-type: none"> Coding effort to reduce those insured but type unknown

Technical Notes

Table	Topic	Table-Specific Technical Notes
13, 14	Healthcare coverage, current status	<p>Special coding efforts were made for those that checked MNsure only or those that checked "other" only, but their insurance coverage type is unknown. Coding decision for these cases were based on the review of other survey items, follow the suggestions from Hennepin county Medical Assistant subject matter experts. Details included:</p> <p>(1) For those aged 65 and older, they were assigned as having Medicare;</p> <p>(2) For those aged under 65 and those that provided household size and income, they will be assigned as having MA, Medicaid, PMAP) or MN Care based on the income guideline;</p> <p>(3) County MA has it designated health plans. For the cases where income fits MA or MN Care, but providers are not on the list, they were assigned to "insured, type unknown" category;</p> <p>(4) The cases that list "discount" health service were coded as uninsured.</p>
15	Healthcare coverage in the past 12 months	Some respondents reported that they were <i>currently uninsured</i> and also reported that they were <i>insured the entire year</i> . These cases are included in the <i>insured only part of the year</i> category.
16	Healthcare coverage-difficulty to pay	The complete response option for <i>Not applicable</i> printed in the survey is <i>Not applicable: I do not have insurance with premiums, co-pays, or deductible</i> .
20	Mental health care need and service utilization	The survey question includes a clarifying statement: <i>A health professional here could be a doctor, a psychiatrist, a psychologist, a therapist, or a counselor</i> .
22	Prescription - cut/skip dose due to cost	The category "Yes", is only reported among those that were prescribed any medication. Those that selected "I was not prescribed any medication", were removed from the denominator.
24	Health information	The category "Yes", is only reported among those who saw a healthcare provider. Those that selected "I did not see any health care provider", were removed from the denominator.
25	Respect by health care providers	The category "Yes", is only reported among those who saw a healthcare provider. Those that selected "I did not see any health care provider", were removed from the denominator.
26	Dietary intake summary	<p><i>Having 2 servings or more a day of fruits</i> - refer to Table 28 for the question used.</p> <p><i>Having 3 servings or more a day of vegetables</i> - refer to Table 27 or the question used.</p> <p><i>Having 5 servings or more a day of fruits, fruit juice and vegetables</i> - refer to tech notes for Table 31.</p> <p><i>Having sugar-sweetened beverage less than 1 time a day or never having it:</i> - the measure is derived from four SSB questions reported in Table 32 to 35. If respondents checked "never or less than 1 time per week" or having "1 time per week" or "2-4 times per week" or "5-6 times per week" for all of four SSB question, they will be classified as <i>Having sugar-sweetened beverage less than 1 time a day or never having it</i>.</p> <p>One special note to data users: SSB questions were only asked in the classic mail sample (N=8810) and were not asked for the respondents reached via in-person. Therefore, data run was then used differed set statistical weights.</p>
27	Servings of vegetables yesterday	<p>This survey question included a clarifying statement: <i>A serving of vegetables - not including french fries - is one cup of salad greens or a half cup vegetables</i>.</p> <p>A value exceeding 12 is classified as invalid.</p>
28	Servings of fruit yesterday	<p>The survey question included a clarifying statement: <i>A serving of fruit is one medium sized piece of fruit or a half cup of chopped, cut or canned fruit</i>.</p> <p>A value exceeding ten is classified as invalid.</p>

Technical Notes

Table	Topic	Table-Specific Technical Notes
29	Servings of fruit juice yesterday	The survey question included a clarifying statement: <i>A serving of 100% fruit juice is 6 ounces.</i> A value exceeding ten is classified as invalid.
30	Servings of fruit and vegetables yesterday	<i>"Total servings of fruits and vegetables eaten yesterday"</i> were calculated by adding the answers from two questions: <i>C1. How many servings of vegetables did you have yesterday?</i> <i>C2. How many servings of fruit juice did you have yesterday?</i> A value exceeding 20 is classified as invalid.
31	Servings of fruit, fruit juice and vegetables	<i>"Total servings of fruit, fruit juice and vegetables eaten yesterday"</i> were calculated by adding the answers from three questions: <i>C1. How many servings of vegetables did you have yesterday?</i> <i>C2. How many servings of fruit did you have yesterday?</i> <i>C3. How many servings of fruit juice did you have yesterday?</i> A value exceeding 20 is classified as invalid.
32 to 35	Servings of sugar sweetened beverages (SSB)	A set of four survey questions was used in the SHAPE 2018 Adult Survey to gather data on SSB. However, this set of questions was not asked in the SHAPE 2018 Client Survey. These four tables are left blank intentionally to keep the table numbering consistent between the two companion data books, the SHAPE 2018 Adult Data Book ¹ and this SHAPE 2018 Client Data Book
36	Physical activity guidelines	<i>Met moderate physical activity guideline-</i> respondents reported engaging in moderate leisure time physical activity at least 30 minutes for 5 or more days per week. This is equivalent to meet 150 minutes aerobic activity guideline through leisure time. This indicator measures Healthy People 2020 Objective PA-2.1. ^{8,9} <i>Met vigorous physical activity guideline-</i> respondents reported engaging in vigorous leisure time physical activity at least 20 minutes for 3 or more days per week. This measure was the Healthy People 2000 Objective. ¹⁰ Recently the objective was change to 75 minutes of vigorous physical activity. ^{8,9} However, the SHAPE 2018 survey question is difficult to measure that as it did not actually ask the duration of physical activity. Data user should be cautious in using this data to compare to the Healthy People 2020 objective. <i>Met either moderate or vigorous physical activity guideline-</i> met either moderate or vigorous physical activity guidelines described above.
38	Moderate physical activity	A clarifying statement for moderate physical activity is printed next to survey question: <i>Moderate activities cause only light sweating or a small increase in breathing or heart rate.</i> Valid range is 0 to 7 days. A value reported as minutes or exceeding 7 days is classified as invalid. Any portion day reported, such as 0.5 day, 2/3 day, will not counted as a day.

Technical Notes

Table	Topic	Table-Specific Technical Notes
39	Vigorous physical activity	A clarifying statement for vigorous physical activity is printed next to survey question: <i>Vigorous activities cause heavy sweating or a large increase in breathing or heart rate.</i> Valid range is 0 to 7 days. A value reported as minutes or exceeding 7 days is classified as invalid. Any portion of a day reported, such as 0.5 day, 2/3 day, will not be counted as a day.
40	Walk to and from places	Valid range is 0 to 7 days. A value reported as minutes or exceeding 7 days is classified as invalid.
41	Bike to and from places	Valid range is 0 to 7 days. A value reported as minutes or exceeding 7 days is classified as invalid.
42	Summary measure- Alcohol use	<p>Alcohol use is measured by three survey questions: C9, C10 and C11.</p> <p>C9. <i>During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?</i> ___ number of days</p> <p>C10. <i>During the past 30 days, on the days when you drank, about how many drinks did you have on average?</i> ___ number of drinks</p> <p>C11. <i>Considering all types of alcoholic beverages, how many times during the past 30 days did you have...</i> (FOR FEMALES) 4 or more drinks on the occasion ? ___ number of times (FOR MALES) 5 or more drinks on the occasion ? ___ number of times</p> <p>Respondents were provided with a clarifying statement on the definition of one alcoholic drink: <i>For the next questions, consider a drink of alcohol to be a can or bottle of beer or malt beverage, a glass of wine or wine cooler, a shot glass of liquor, or a mixed drink.</i></p> <p><i>Current drinking</i> is defined as having had at least one drink of any alcohol or alcoholic beverage on one or more days during the past 30 days (C9).</p> <p>There were a few respondents who reported 0 days to question C9 or left it blank, but responded question C10 with one or more drinks or question C11 with one or more times. These respondents are classified as current drinkers.</p> <p>Definition for <i>heavy drinking</i> is gender specific: having more than 1 drink per day (or 8 or more drinks a week) for females; having more than 2 drinks per day (or 15 or more drinks a week) for males. This is an average alcohol consumption during the past 30 days.</p> <p>Definition for <i>binge drinking</i> is also gender specific: having 4 or more drinks on one occasion at least once during the past 30 days for females, having 5 or more drinks on one occasion at least once during the past 30 days for males.</p> <p><i>Excessive drinking</i> is defined as engaged in either heavy drinking or binge drinking during the past 30 days.</p>
43	Current alcohol use - day	Valid range for days is 0 to 30. Any partial day, such as "half day" or "1/3 day", was counted as a day. There are a few respondents who are current drinkers (See tech notes for Table 42), but reported 0 days to question C9 or left it blank. These respondents are included in the 1-2 days category in this table.
44	Current alcohol use - drinks	Valid range for number of drinks per day is 0 to 90. Any portion of a drink, such as 0.5 drink, 1/3 drink, will not be counted as a drink. There are a few respondents who are current drinkers but reported 0 drinks to question C10 or left it blank. These respondents are included in the 1-2 drinks category in this table.
45	Current alcohol use - binge	Valid range for times is 0 to 30 times. Any portion value entered, such as 0.4 times or 0.5 times, will be rounded. Those values <0.5 will not be counted as one time and those >=0.5 will be counted as one time.

Technical Notes

Table	Topic	Table-Specific Technical Notes
46	Currently smoking	<i>Currently smoking</i> : a person who is either an <i>everyday smoker</i> or <i>someday smoker</i> . See tech notes for Table 47 for more detail.
47	Current smoking status	<i>Current smoking status</i> is derived from the responses to two questions: <i>C14. Have you smoked at least 100 cigarettes in your entire life?</i> <i>C15. Do you now smoke cigarettes every day, some days or not at all</i> <i>Every day smoker</i> : a person who has smoked at least 100 cigarettes in his or her lifetime and now smokes cigarettes every day. <i>Some days smoker</i> : a person who has smoked at least 100 cigarettes in his or her lifetime and now smokes cigarettes on some days. <i>Former smoker</i> : a person who has smoked at least 100 cigarettes in his or her lifetime, but does not smoke now. <i>Never smoked</i> : a person who has smoked fewer than 100 cigarettes in his or her lifetime.
48	Cigarette brand	<i>Currently smoke menthol cigarettes</i> is among all persons aged 18 and older; whereas menthol is a usual brand of cigarettes is reported among persons 18 and older who are current smokers.
51	Environmental tobacco smoke	This is the only health indicator that is reported for household for this data book. As household is the observation unit, rather than an adult, the household specific statistical weights are used for data reporting in this table.
60	Serious psychological distress	<i>Serious psychological distress</i> is a scale derived from six psychological distress questions that are reported in Tables 54 to 59. The Cronbach's alpha for these six-item internal reliability is 0.86. For each of these six questions, the response values of 0 to 4 are assigned to each of the five response categories (with <i>All of the time</i> assigned 4 and <i>None of the time</i> assigned 0). The response values of all six questions are then summed to yield a scale ranging from 0 to 24. A value of 13 or more on this scale was used to define experiencing <i>serious psychological distress</i> . ^{11,12}
66a	Commercial sex exploitation, sex trafficking, transactional sex	This question was not asked in the SHAPE 2018 mail survey and therefore, is not reported in SHAPE 2018 Adult Data Book ¹ .
68	Housing insecurity	NA: The result is not applicable as reporting category and health indicator are mostly the same. See general technical notes on the definition for housing insecurity.
69	Homelessness	NA: The result is not applicable as reporting category and health indicator are mostly the same. See general technical notes on the definition for housing insecurity.
73	Self-identified LGBT	Survey questions that gather data for this table are: F2. Do you consider yourself to be transgender? <input type="radio"/> Yes <input type="radio"/> No F3. Do you consider yourself....? <input type="radio"/> Heterosexual or straight <input type="radio"/> Lesbian or gay <input type="radio"/> Bisexual Those that self-identified with LGBT, stands for lesbian, gay, bisexual or transgender are those who checked Yes for F2 or those that checked Lesbian or gay, or bisexual for F3. NA: The result is not applicable as reporting category and health indicator are the same.

Appendix B

SHAPE 2018 Survey questionnaire



Adult Survey

for an adult aged 18 or over

Dear Hennepin County resident:

Your health matters, your answers matter and we need to hear from you. You are invited to participate in the SHAPE survey (Survey of the Health of All the Population, and the Environment). Your answers to the survey will help improve the health of our community. Participation is voluntary, and the information you provide is confidential and will not be shared. Completing this survey will not affect any services you receive from Hennepin County.

If you have already completed this survey, thank you! You do not need to complete it again.

The SHAPE 2018 survey asks about your health, accessing health services, diet, exercise, and the community you live in. The survey will take about 15 minutes to complete. You can skip any questions you do not feel comfortable answering.

Please follow these next steps:

1. Only one person from your family (age 18 or older) who is receiving services here today is requested to complete the survey.
2. Complete the paper survey and return to the survey volunteers/staff at this site.
3. To thank you for your time, we will give you a \$5 gift card for completing the survey.

Our volunteers or survey staff members can help answer your questions, or provide language assistance. If you would like to talk to someone else about the survey, call 612-543-3034 or email SHAPE@hennepin.us. More information is available at www.hennepin.us/SHAPE.

Thank you for taking the time to participate in this important project.

Your health matters. Your answers matter.

Sincerely,

Susan Palchick

Public Health Director

<p>Correct marks</p>	Survey Instructions
<p>Incorrect marks</p>	<ul style="list-style-type: none"> • Please use #2 pencil or blue or black pen to complete this survey. • Do not use red pencil or ink • Do not use Xs or check marks to indicate your responses. • Fill response ovals completely with heavy, dark marks



SHAPE 2018 Survey questionnaire



SHAPE 2018 Adult Survey

Survey of the Health of All the Population and the Environment

Please complete the entire survey, answering every question as honestly as you can.

Your responses are confidential.

SECTION A. GENERAL HEALTH AND HEALTH CONDITIONS

A1. In general, would you say your health is ... ?

- Excellent
 Very good
 Good
 Fair
 Poor

A2. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Number of days

A3. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Number of days

A4. During the past two weeks, how often have you been bothered by any of the following problems?

a. Little interest or pleasure in doing things

- Not at all
 Several days
 More than half the days
 Nearly every day

b. Feeling down, depressed, or hopeless

- Not at all
 Several days
 More than half the days
 Nearly every day

A5. Have you ever been told by a doctor, nurse, or other health professional that you had any of the following?

a. Hypertension, also called high blood pressure

- Yes
 Yes, but only during pregnancy
 Borderline high or pre-hypertensive
 No

b. Diabetes or sugar disease

- Yes
 Yes, but only during pregnancy
 Pre-diabetes or borderline diabetes
 No

A6. How tall are you without shoes?

Feet

Inches

OR

Centimeters

A7. How much do you weigh without shoes?

If you are a female and are currently pregnant, please provide your weight before you were pregnant.

Pounds

OR

Kilograms

A8. Are you limited in any activities because of physical, mental, or emotional problems?

- Yes
 No

A9. Because of any impairment or health problem, do you need help from another person with personal care needs such as eating, bathing, dressing, or getting around your house?

- Yes
 No



SHAPE 2018 Survey questionnaire



- A10. Because of any impairment or health problem, do you need help from another person in handling routine needs such as everyday household chores, business, shopping, or getting around for other purposes?**
- Yes
 No

SECTION B. ACCESS TO HEALTH CARE

- B1. Do you currently have any of the following types of health insurance? (MARK ALL THAT APPLY)**
- Health insurance or coverage through your employer or your spouse/partner, parent, or someone else's employer
- Health insurance or coverage bought directly by yourself or your family (not through an employer)
- Indian or Tribal Health Service
- Medicare
- Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP)
- MinnesotaCare
- Insurance through MNSure
- CHAMPUS, TRICARE, or Veterans' benefits
- Other health insurance or coverage (please specify): _____
- NO health insurance coverage
- B2. During the past 12 months, did you have health insurance for the entire year, only part of the year, or were you not insured for the entire year?**
- Insured the entire year
 Insured only part of the year
 Not insured for the entire year
- B3. During the past 12 months, how difficult has it been for you and your family to pay for health insurance premiums, co-pays, and deductibles?**
- Very difficult
 Somewhat difficult
 Not too difficult
 Not at all difficult
 Not applicable: I do not have insurance with premiums, co-pays, or deductibles

- B4. During the past 12 months, have you seen a doctor, nurse, or other health professional for your own health?**
- Yes
 No
- B5. During the past 12 months, have you seen a psychiatrist, psychologist, therapist, counselor, or other mental health professional for your own health?**
- Yes
 No
- B6. During the past 12 months, was there a time when you needed medical care?**
- Yes
 No → GO TO QUESTION B9
- B7. Did you delay or not get the care you thought you needed?**
- Yes
 No → GO TO QUESTION B9
- B8. Was that because of cost or lack of insurance?**
- Yes
 No
- B9. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about stress, depression, a problem with emotions, excessive worrying, or troubling thoughts?**
A health professional here could be a doctor, psychiatrist, psychologist, therapist, or counselor.
- Yes
 No → GO TO QUESTION B12
- B10. Did you delay or not get the care you thought you needed?**
- Yes
 No → GO TO QUESTION B12
- B11. Was that because of cost or lack of insurance?**
- Yes
 No



SHAPE 2018 Survey questionnaire



- B12. When you are sick or need medical care, where do you usually go? (CHOOSE ONLY ONE)**
- Doctor's office or clinic
- Hospital emergency room
- Urgent care
- Clinic located in a drug or grocery store
- No usual place
- B13. During the past 12 months, did you skip doses, take smaller amounts of your prescription, or did not fill a prescription because of cost?**
- Yes
- No
- I was not prescribed any medication
- B14. How long has it been since you last visited a dentist or dental clinic for any reason?**
- Within the past year
- Within the past 2 years
- Within the past 5 years
- 5 or more years ago
- Never
- B15. During the past 12 months, how often did your health care providers tell or give you information about your health and health care that was easy to understand?**
- Always
- Most of the time
- Some of the time
- None of the time
- I did not see any healthcare provider
- B16. During the past 12 months, how often were you treated with respect by your health care providers?**
- Always
- Most of the time
- Some of the time
- None of the time
- I did not see any healthcare provider

SECTION C. HEALTHY LIFESTYLES AND BEHAVIORS

- C1. A serving of vegetables – not including french fries – is one cup of salad greens or a half cup vegetables. How many servings of vegetables did you have yesterday?**

Number of servings

- C2. A serving of fruit is a medium-sized piece of fruit or a half cup of chopped, cut or canned fruit. How many servings of fruit did you have yesterday? (Do not include fruit juice)**

Number of servings

- C3. A serving of 100% fruit juice is 6 ounces. How many servings of fruit juice did you have yesterday?**

Number of servings

- C4. During the past 30 days, other than your regular job, did you participate in any physical activity or exercises such as running, calisthenics, golf, gardening, or walking for exercise?**

Yes

No

- C5. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? Moderate activities cause only light sweating and a small increase in breathing or heart rate.**

Number of days

- C6. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.**

Number of days

- C7. During an average week, how many days do you WALK to get to and from places (such as to work, stores, run errands)?**

Number of days

- C8. During an average week, how many days do you BIKE to get to and from places for exercise or recreation?**

Number of days



SHAPE 2018 Survey questionnaire



For questions C9 to C11, consider a drink of alcohol to be a can or bottle of beer or malt beverage, a glass of wine or a wine cooler, a shot glass of liquor, or a mixed drink.

- C9. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?**

Number of days

- C10. During the past 30 days, on the days when you drank, about how many drinks did you have on average?**

Number of drinks

- C11. Consider all types of alcoholic beverages, how many times during the past 30 days did you have...?**

FOR FEMALES: 4 or more drinks on one occasion

Number of times

FOR MALES: 5 or more drinks on one occasion

Number of times

- C12. Have you smoked at least 100 cigarettes in your entire life? 100 cigarettes = 5 packs**

- Yes
 No → GO TO QUESTION C16

- C13. Do you now smoke cigarettes every day, some days, or not at all?**

- Every day
 Some days
 Not at all → GO TO QUESTION C16

- C14. Is your usual cigarette brand menthol or non-menthol?**

- Menthol
 Non-menthol
 No usual brand
 I don't smoke cigarettes

- C15. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?**

- Yes
 No
 I don't smoke cigarettes

- C16. During the past 12 months, have you used other tobacco products such as cigars, pipes, snuff, chewing tobacco, bidis, kreteks, snus, a hookah water pipe, or any other type of tobacco product?**

- Yes
 No

- C17. Does anyone, including yourself, smoke cigarettes, cigars, or pipes regularly inside your home?**

- Yes
 No

- C18. Do you currently use electronic cigarettes, such as e-cigarettes, e-hookahs, or vaping pens?**

- Every day
 Some days
 Used to, but not now
 Never

SECTION D. HOW YOU FEEL

Questions D1 to D7 ask about how you have been feeling during the past 30 days.

- D1. About how often did you feel so sad that nothing could cheer you up?**

- None of the time
 A little of the time
 Some of the time
 Most of the time
 All of the time

- D2. About how often did you feel nervous?**

- None of the time
 A little of the time
 Some of the time
 Most of the time
 All of the time

- D3. About how often did you feel so restless or fidgety that you could not sit still?**

- None of the time
 A little of the time
 Some of the time
 Most of the time
 All of the time



SHAPE 2018 Survey questionnaire



- D4. About how often did you feel hopeless?**
- None of the time
 - A little of the time
 - Some of the time
 - Most of the time
 - All of the time
- D5. About how often did you feel that everything was an effort?**
- None of the time
 - A little of the time
 - Some of the time
 - Most of the time
 - All of the time
- D6. About how often did you feel worthless?**
- None of the time
 - A little of the time
 - Some of the time
 - Most of the time
 - All of the time
- D7. Stress means a situation in which a person feels tense, restless, nervous, or anxious, or is unable to sleep at night because his/her mind is troubled all the time. About how often did you feel this kind of stress?**
- None of the time
 - A little of the time
 - Some of the time
 - Most of the time
 - All of the time

SECTION E. ABOUT YOUR COMMUNITY

- E1. How often are you involved in school, community, or neighborhood activities?**
- Weekly
 - Monthly
 - Several times a year
 - About once a year
 - Less often than yearly
 - Never
- E2. How often do you get the social and emotional support you need?**
Please include support from any source, such as family, friends, neighbors and/or coworkers.
- Always
 - Usually
 - Sometimes
 - Rarely
 - Never
- E3. How often do you feel isolated from others?**
- Always
 - Usually
 - Sometimes
 - Rarely
 - Never
- E4. How much do you agree or disagree with the statement? This is a good community to raise children in.**
- Strongly agree
 - Somewhat agree
 - Somewhat disagree
 - Strongly disagree
- E5. In general, how safe from crime do you consider your neighborhood to be?**
- Very safe
 - Somewhat safe
 - Somewhat unsafe
 - Not at all safe
- E5a. Have you ever exchanged sex in return for money, shelter, safety, food, clothing, or gang status?**
- Yes, within last 12 months
 - Yes, more than 12 months ago
 - No, never
- E6. During the past 12 months, have you or anyone in your household received Medical Assistance (MA), food support (e.g., food stamps, or SNAP), WIC, or cash assistance such as MFIP or General Assistance (GA)?**
- Yes
 - No
 - Don't know
- E7. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?**
- Often
 - Sometimes
 - Rarely
 - Never
- E8. During the past 12 months, did you or your family miss or delay a rent or mortgage payment because you did not have enough money?**
- Yes
 - No



SHAPE 2018 Survey questionnaire



E9. During the past 12 months, how often have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay?

- Never
- Once
- Twice
- Three or more times

E10. During the past 12 months, how often did lack of transportation keep you from getting places where you needed to go, such as jobs, medical appointments, or shopping?

- Often
- Sometimes
- Rarely
- Never

E11. How often are you in a situation where you feel you are not accepted because of your race, culture, religion, or immigration status?

- At least once a week
- Once or twice a month
- A few times a year
- Once a year or less often
- Never

E12. How often are you in a situation where you feel you are not accepted because of your sexual orientation or gender identity?

- At least once a week
- Once or twice a month
- A few times a year
- Once a year or less often
- Never

SECTION F. ABOUT YOU

The following questions are used to help us understand who responds to the survey. Again, your answers to these and all other questions will remain confidential.

F1. Are you...

- Male
- Female

F2. Do you consider yourself to be transgender?

- Yes
- No

F3. Do you consider yourself

- Heterosexual or straight
- Lesbian or gay
- Bisexual

F4. What is your age?

Years

F5. What is the highest grade or year of school you have completed?

- Less than high school
- High school graduate or GED
- Some college, associate's degree or vocational/technical/business school
- Bachelor's degree or higher

F6. Are you Hispanic or Latino/a?

- Yes
- No

F7. Which of the following do you consider yourself? (MARK ALL THAT APPLY)

- White
- Black or African American
Black or African American, are you... ?
 - African American
 - Somali, Oromo, Ethiopian, or from another East African country
 - Liberian, Nigerian, or from another West African country
 - Other, specify _____
- Asian or Asian American
If Asian or Asian American, are you... ?
 - Hmong, Cambodian, Laotian, Thai, Vietnamese or Burmese
 - Other, specify _____

- American Indian or Alaska Native
- Native Hawaiian or other Pacific Islander
- Other, specify _____

F8. Please tell us your annual household income in 2017 from all earners and all sources, before taxes. Remember, your responses are confidential.

- \$10,000 or less
- \$10,001 - 15,000
- \$15,001 - 24,000
- \$24,001 - 32,000
- \$32,001 - 41,000
- \$41,001 - 49,000
- \$49,001 - 58,000
- \$58,001 - 66,000
- \$66,001 - \$74,000
- \$74,001 or more



SHAPE 2018 Survey questionnaire


F9. INCLUDING YOURSELF, how many adults and children live in your household?
 Number of adults age 18 or older
(INCLUDING YOURSELF)

 Number of children age 0-5

 Number of children age 6-17

F10. Were you born in the United States?

- Yes → SKIP QUESTION F12
 No

F11. How many years have you lived in the United States?
 Number of years

F12. Are you currently...

- Married or living with a partner in a marriage-like relationship
 Separated, divorced, or widowed
 Never married

Please provide your address. Your address will only be used by the Hennepin County Survey Team to describe who responded to the survey. As a reminder, you can refuse to answer any question and it will not affect your ability to receive services through Hennepin County in any way. All of the information you provide is private. Only survey staff at Hennepin County Public Health will have access to information you provide.

More information is available at www.Hennepin.us/SHAPE. If you have questions about the survey, call 612-348-3034 or e-mail shape@hennepin.us.

What is your current address?

Street (Example: 123 Elm Street) _____

Apartment/unit # _____

City _____ Zip code _____

Do you have any comments about this survey? Please share your comments in the space below.

Thank you!



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If you have any questions about this report, would like more information about SHAPE, or want to report any suspected errors or misprints in this document, contact:

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Hennepin County Public Health will post any corrections and updates to this publication at www.Hennepin.us/SHAPE

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