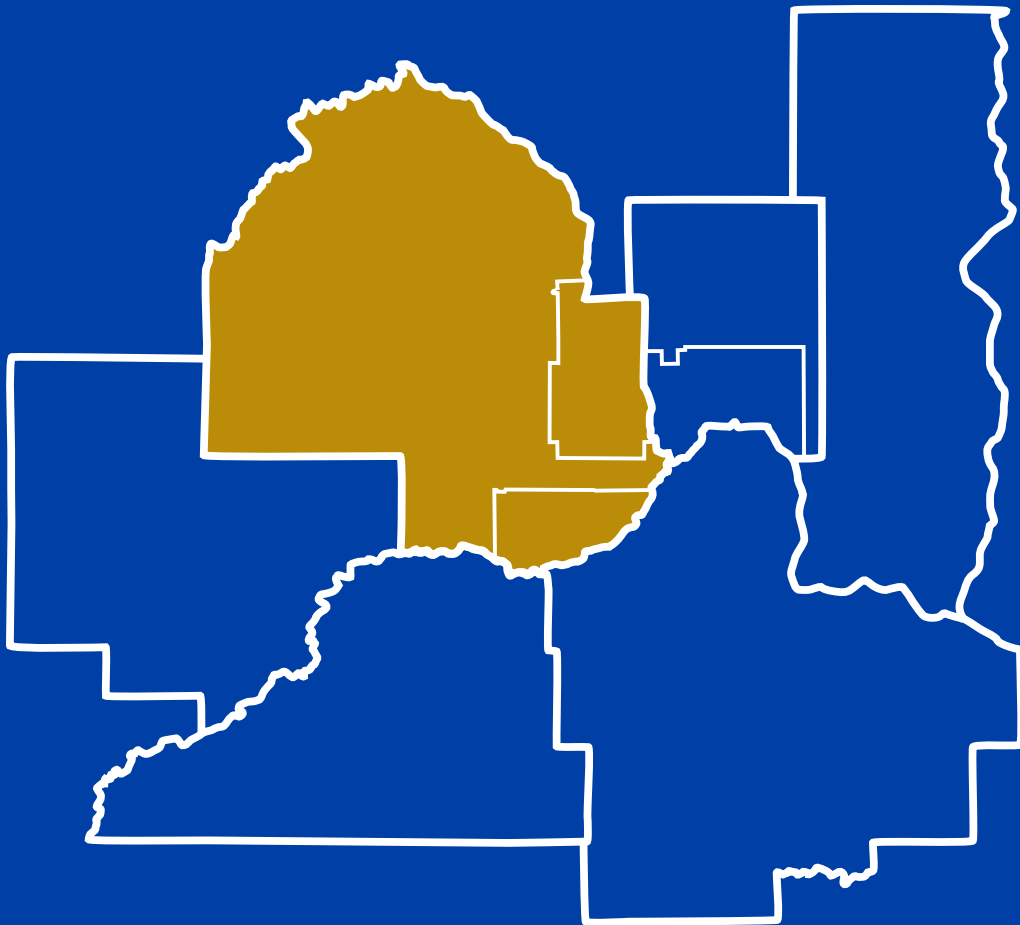




Metro SHAPE
2014

HENNEPIN COUNTY
GEOGRAPHIC DATA BOOK



ACKNOWLEDGMENTS

Metro SHAPE 2014 was a joint project by eight public health departments: City of Bloomington Public Health Division, Carver County Public Health and Environment Division, Dakota County Public Health Department, Hennepin County Public Health, City of Minneapolis Health Department, Saint Paul-Ramsey County Public Health, Scott County Public Health, and Washington County Department of Public Health and Environment.

The Metro SHAPE project staff would like to thank the many individuals, community organizations, and subject matter experts who provided advice and support for the development of *Metro SHAPE 2014*. The project staff would especially like to thank the more than 12,000 residents of the metro region who generously took time to complete the *Metro SHAPE 2014* survey.

Metro SHAPE 2014 Workgroup

Project steering by one or more representatives from each participating health department

City of Bloomington Public Health Division

Jim Jansen, M.P.H.

Amanda Nagy, M.P.H.

Carver County Public Health and Environment Division

Samantha Downs, M.A.

Dakota County Public Health Department

Melanie Countryman, M.P.H.

Hennepin County Public Health Department

David C. Johnson, M.P.H.

Mei Ding, M.D., M.S.

Urban Landreman, M.S., M.B.A.

City of Minneapolis Health Department

Jared Erdmann, M.P.H.

Saint Paul-Ramsey County Public Health

SuzAnn Stenso-Velo, M.P.H.

Scott County Public Health

Noreen Kleinfehn-Wald, R.N., P.H.N., M.A.

Washington County Department of Public Health and Environment

Tommi Godwin, M.U.R.P.

Project Implementation

Administration and operations

Joint powers agreement/fiscal agent

Saint Paul-Ramsey County Public Health

Project sponsors

Local Public Health Directors

Bonnie Paulsen, City of Bloomington

Laura Reid, Carver County

Bonnie Brueshoff, Dakota County

Susan Palchick, Hennepin County

Gretchen Musicant, City of Minneapolis

Rina McManus, Saint Paul-Ramsey County

Lisa Brodsky, Scott County

Lowell Johnson, Washington County

Survey operations team

Hennepin County Public Health:

Community Health Team

Mei Ding, M.D., M.S.

David C. Johnson, M.P.H.

Urban Landreman, M.S., M.B.A.

Amy Leite Bennett, M.P.H.

Komal Mehrotra, M.H.S., M.S.

Meghan Rosenkranz, M.P.H.

Emily Thompson, M.P.H., B.S.N.

Primary project advisor

Ann Kinney, Ph.D., Minnesota Department of Health

Project consultants

Don Dillman, Ph.D., Social and Economic Sciences Research Center (SESRC) at Washington State University

Virginia Lesser, Dr.P.H., M.S., Oregon State University Survey Research Center

Todd Rockwood, Ph.D., School of Public Health, University of Minnesota

Sheldon Swaney, B.A., former Hennepin County Public Health staff member

Community outreach and promotion

Hennepin County Public Libraries

Multi-unit housing managers in Minneapolis and suburban Hennepin County

Community endorsements

Amira Adawe, Saint Paul-Ramsey County Public Health Department

Ruth Evangelista, Assumption Catholic Church

Clarence Jones, Southside Community Health Services

Mao Thao, Saint Paul-Ramsey County Public Health

Joann Usher, Rainbow Health Initiative

Stella Whitney-West, NorthPoint Health and Wellness Center

Support staff

Laura Majewski, Hennepin County Public Health Department

Tamara Rogers, Hennepin County Public Health Department

Gregory Sather, Hennepin County Public Health Department

Communications and marketing

Howard Epstein, Dakota County Public Health Department

Noemi Alcocer, Hennepin County Human Services and Public Health Department

Bill Belknap, Hennepin County Public Health Department

Anna Welsch, Hennepin County Public Health Department

Chris Burns, Saint Paul-Ramsey County Public Health

Survey printing and mailing

Wilder Research

Western Graphics

Hennepin County Central Services Mail Center

Video production

Hennepin County Communications

Telephone support

Minnesota Department of Human Services Multi-language Referral Line

Volunteers

Leah Engleman

Tamara Mittelstadt

Guillaume Onyeaghala

Zahra Sheikh

Renae Smith

Jayme Young

Funding

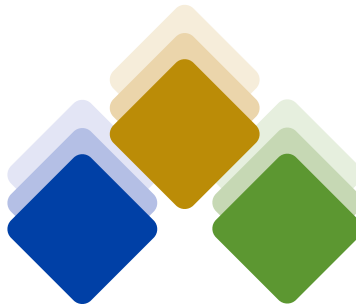
Metro SHAPE 2014 is funded in part by the Minnesota Department of Health's Statewide Health Improvement Program (SHIP).

Suggested citation

Hennepin County Public Health Department. *Metro SHAPE 2014 Hennepin County Data Book*, Minneapolis, Minnesota, June 2016.

TABLE OF CONTENTS

INTRODUCTION	5
About Metro SHAPE	5
What's New	6
Survey Administration	6
DATA TABLES	
Overall Health	11
General health	12
Chronic diseases and conditions	18
Weight and obesity	26
Limitations and disabilities	29
Access to Health Care	33
Health insurance coverage	34
Unmet or delayed care need	37
Usual source and place of care	39
Prescription medication use	41
Preventive care	43
Dental care	49
Healthy Lifestyles and Behaviors	51
Fruit and vegetable intake	52
Eating breakfast	55
Beverage intake	56
Nutrition and beverage summary measure	62
Physical activity and exercise	63
Screen time	69
Cigarette and other tobacco use	72
Environmental tobacco exposure	76
Alcohol use	78
How You Feel	87
Depression and anxiety	88
Non-specific psychological distress	92
Social-Environmental Factors	99
Community involvement and social connectedness	100
Neighborhood walkability	102
Community cohesion and neighborhood safety	105
Discrimination	108
Food and housing security	109
Number of times moved	111
Sexual orientation and identity	112
APPENDIX	
A – How to read the table	114
B – Sample Characteristics	119
C – Survey Instrument	121
D – Technical Notes	134
E – Weighting Methodology	144
REFERENCES	148
INDEX	149



Metro SHAPE 2014

INTRODUCTION

The 2014 Metro Survey of the Health of All the Population and the Environment, or *Metro SHAPE 2014*, is a regional, coordinated public health surveillance effort in the Twin Cities metro region of Minnesota¹. The project gathered data on health and factors that affect health for adults of eight participating jurisdictions, including six metro area counties (Carver, Dakota, Hennepin, Ramsey, Scott, and Washington) and three metro area cities (Bloomington, Minneapolis, and Saint Paul).

This data book, the *Metro SHAPE 2014 Hennepin County Geographic Data Book*, reports data from Hennepin County survey residents. It reports health indicators from The *Metro SHAPE 2014* project by different geographic areas in Hennepin County. It also reports data by selected demographic factors, including age, gender and household income.

This geographic data book is the companion to the *Metro SHAPE 2014 Hennepin County Disparity Data Book*². The latter reports health indicators from The *Metro SHAPE 2014* project for Hennepin County by selected demographic factors and health conditions.

Hennepin County initiated the SHAPE project in 1998, and has repeated the effort every four years since, including data collection iterations in 2002, 2006 and 2010. Each administration of SHAPE, implemented via Hennepin County Public Health Department, has had its own focus and project collaborators. The two data books described above for Hennepin County from the *Metro SHAPE 2014* project represent the 5th SHAPE iteration, which for the first time involved seven other local public

health agencies in the Twin Cities metro region.

Both Hennepin County data books from the *Metro SHAPE 2014* project and previous Hennepin County SHAPE data are available at www.Hennepin.us/SHAPE.

The *Metro SHAPE 2014* Data Book, which summarizes health indicators for all eight participating jurisdictions combined, is also made available at www.Hennepin.us/SHAPE.

About Metro SHAPE

All local public health agencies in Minnesota share a common mission: to create a healthy future for their residents through public health assessment, policy development and assurance. These agencies are required by state law to conduct a community health assessment and develop action plans every five years. The Statewide Health Improvement Program (SHIP) also emphasizes the need for assessment and requires a portion of local public health funding to be allocated for surveillance regarding physical activity, nutrition and tobacco use. Local public health surveillance data have been used in planning, programming and policy development in a range of government, community and health organizations.

Similar to the SHAPE project in Hennepin County, each of the other public health agencies in the Twin Cities metro region has historically administered local health surveillance projects under a variety of names. In 2010, six metro counties – Anoka, Carver, Dakota, Ramsey, Scott, and Washington – administered the *Metro Adult Health Survey*

(MAHS) or MAHS 2010³, with a plan to repeat the survey in future years. In 2012, these six counties' public health departments partnered with three public health agencies in Hennepin County (Bloomington Public Health Division, Minneapolis Health Department, and Hennepin County Public Health Department) to coordinate a metro-wide survey. Anoka County administered its survey in 2013 due to its funding requirement. The remaining eight metro public health jurisdictions administered the survey in 2014, and are referenced hereafter as the *Metro SHAPE 2014* project.

The *Metro SHAPE 2014* survey collected information from adults residing in six metro counties, on the following health topics, or domains:

- Overall health;
- Health care access;
- Healthy lifestyle and behaviors; and
- Social-environmental factors.

Findings from the *Metro SHAPE 2014* Survey will be used to:

- Inform Community Health Assessments of geographic areas surveyed;
- Identify priorities and opportunities for new and on-going initiatives to support health;
- Provide evidence to support policy recommendations and positive environmental and system changes; and
- Increase public awareness of ways communities, organizations and employers can be involved in supporting healthy lifestyles of adults.

Metro SHAPE 2014 was made possible in part through funding from the Statewide Health Improvement Program (SHIP) of the Minnesota Department of Health (MDH). SHIP aims to improve the health of Minnesotans by increasing physical activity, improving nutrition and reducing the number of people who use tobacco or are exposed to it. SHIP has awarded grants to local community health boards, including the eight jurisdictions involved in this survey, to implement these strategies.

What's New

Geographic scope

Metro SHAPE 2014 provides information about the health and factors that affect health for adults in Carver, Dakota, Hennepin, Ramsey, Scott, and Washington Counties and the cities of Bloomington, Minneapolis, and Saint Paul. This data book includes results for Hennepin County.

Data collection modes

MAHS 2010 was administered by mail and telephone. Previous iterations of SHAPE were administered by mail only, combined mail and telephone, and telephone only. The 2014 Metro SHAPE survey was a mixed-mode survey, combining online and mail surveys. Respondents were first invited to complete the survey online. For those who did not respond online, a paper survey was mailed as a final attempt to receive a completed survey. See Design and methodology summary for more information.

Survey Administration

The *Metro SHAPE 2014* survey was a collaborative effort of eight local public health agencies. These agencies developed the survey content, monitored data quality, analyzed data and reported results. Survey administration was managed under a Joint Powers Agreement (JPA). Ramsey County served as the fiscal agent.

Who responded

The *Metro SHAPE 2014* survey was administered between September 2014 and April 2015. While a total of 12,794 surveys were completed, some surveys were excluded due to missing data and duplicate responses from the same households. Surveys completed by young adults age 18 to 24 were dropped due to a very low response among that age group. This resulted in a sample of 12,028 respondents in the final research data file for reporting.

This *Metro SHAPE 2014* Hennepin County Geographic Data Book summarizes the responses of the 8,578 respondents 25 and older from Hennepin County. Results are presented for Hennepin County as a whole as well as for different geographic areas in Hennepin County. These include the city of Minneapolis and four areas within the city, suburban Hennepin as total, its three

suburban regions (Northwest, West and South) and sub-regions with each (inner ring and outer ring). In addition, data are reported by selected demographic factors including age, gender and household income.

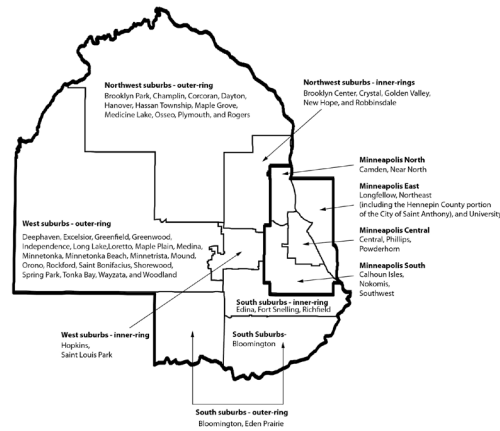
While the data tables reported in this data book use 8,578 respondents from Hennepin County only, the whole metro sample of 12,028 was used in many sections of this data book for the consistency in data reporting with metro wide data book as well as other jurisdiction specific data reporting.

Design and methodology summary

Metro SHAPE 2014 collected information on adults through a mixed-mode online and mail survey sent to randomly selected households in six counties in the Twin Cities metro area. The online component was developed using Qualtrics, an online survey software program. The Hennepin County Public Health Department oversaw the data collection effort, which was supported by a contracted vendor, Wilder Research.

Metro SHAPE 2014 was a joint project with eight local public health agencies. Each participating agency had its desired data reporting area(s), and each had an expected number of completed surveys for reporting. Table A describes the 17 primary reporting areas which comprised the primary sampling areas for this project. Four of the primary sampling areas were in the city of Minneapolis, and seven were in suburban Hennepin County – including the city of Bloomington as shown in Figure 1.

Figure 1. Reporting Areas for the Metro SHAPE 2014 Hennepin County Data Book



Most of the primary sampling areas were divided into regular and oversampled areas for a total 32 sampling strata. The only two exceptions were North Minneapolis and West Suburban outer-ring Hennepin County, each of which were sampled entirely at a single rate. The regular and oversampled areas were developed to increase sampling efficiency to meet the goal of the total number of completed surveys per reporting area, and to increase the chance for those populations that are usually under-represented in sampling to be selected. The oversampled areas were census tracts with 25 percent or more of individuals at or below 200 percent of the Federal Poverty Level or where 20 percent or more of heads of household were people of color. Local and national surveys have demonstrated that these populations are less likely to respond. The 2008-2012 American Community Survey 5-year data and 2010 Census data were used to identify which census tracts had higher densities of low-income residents and people of color for oversampling.

Table A. Metro SHAPE 2014 Participating Agencies

Project participating agencies	Number of reporting areas (17 total)	Expected survey completes
Carver County Public Health and Environment Division	1	500
Dakota County Public Health	1	500
Hennepin County Public Health	6	3,500
City of Minneapolis Health Department	4	2,800
City of Bloomington Public Health Division	1	700
St. Paul-Ramsey County Public Health	2	1,000
Scott County Public Health	1	500
Washington County Department of Public Health and Environment	1	500
Total	17	10,000

The residential addresses of metro area in the U.S. Postal Services' full Delivery Sequence File (DSF) was procured from Quad/Graphics and served as the sampling frame for this project. The DSF was current as of August 6, 2014. All addresses were geocoded to one of the 32 Metro SHAPE primary geographic sampling strata.

The sample selection included two stages of random sampling.

First was to randomly select households, where the stratified disproportionate sampling method was used. The sampling proportion for each sampling strata was determined using the following factors:

- The goal set of anticipated completed surveys for each reporting area;
- The anticipated response rates for the regular and oversampled census tracts within each reporting area – higher for regular census tracts, lower for oversampled tracts; and
- The anticipated vacancy rate for each reporting area.

The households were randomly selected from each of the sampling stratum according to the sampling fractions described above. A total of 58,486 households (excluding group homes) were randomly selected.

The second stage of random sampling was to randomly select one adult within the household. This was accomplished by asking the adult with the next birthday to complete the survey.

The survey methodology was drawn from existing literature supportive of address-based mail surveys with a push-to-web option. This “web + mail” methodology, or mailing a request to complete the survey online followed by a later request to respond by mail, has shown to obtain response rates slightly lower compared to mail-only methods⁴. However, “web + mail” methodology has shown to encourage respondents to complete the survey online, which translates into cost savings by reducing printing and mailing costs, as well as costs associated with processing completed paper surveys.

The primary contact procedure involved five mailings to selected households. Some households in lower-response geographies received a sixth and seventh mailing. Those who responded before

the next mailing was prepared were removed from subsequent mailings. A small number of households were also removed from subsequent mailings upon their request.

1. *Mailing 1* – a pre-notification postcard notifying the household that they were selected to participate.
2. *Mailing 2* – a letter describing the project and instructing the resident adult with the next birthday to take the survey online using the included ID and password.
3. *Mailing 3* – a postcard thanking the households who had already completed the survey and asking those who had not completed the survey to do so.
4. *Mailing 4* – a letter describing the project and instructing the resident adult with the next birthday to take the survey online using the included ID and password.
5. *Mailing 5* – a letter offering the resident adult with the next birthday the option of taking the survey using the enclosed written version along with a postage-paid return envelope.
6. *Mailing 6* – a postcard was mailed to 6,649 households in selected geographic areas within Hennepin County that had low survey response. The postcard included a photo and testimonial of a manager of a community clinic in those areas urging people to complete and return the survey.
7. *Mailing 7* – a final letter was mailed to 8,037 households in selected geographic areas with low response rates. The letter offered the resident adult with the next birthday the option of taking the survey using the enclosed written version along with a postage-paid return envelope.

Survey response rate

The *Metro SHAPE 2014* survey was administered between September 2014 and April 2015. Of the 12,794 surveys completed, 6,192 were completed by mail mode, and 6,602 online. Of those, 227 were dropped due to missing data, and 321 were dropped because they were duplicates.

The standard outcome formula from the American Association of Public Opinion Researchers (AAPOR) for computing response rates (formula RR4) was used to determine the survey response rate for *Metro SHAPE 2014*. The response rate was calculated as 22.0 percent.

Finally, 218 surveys completed by young adults age 18 to 24 were dropped due to a very low response among that age group. This resulted in 12,028 surveys in the final research file.

Weighting of the sample data

Weighting the sample data was performed to compensate for unequal probabilities of selection and to adjust for unequal non-response rates. This results in estimates that are consistent with the adult population of the entire geographic area.

There were two steps in the survey weighting process:

First, equal probability weighting was used to adjust for the probability of selection of an address in the survey sample and the number of adults in the household. This technique adjusted for the fact that different proportions of households were selected to participate in each survey sampling area, and higher proportions of households were selected in over-sampled areas. In addition, because only one adult per household was surveyed, respondents in larger households had a smaller probability of selection than respondents in smaller households. For example, an adult in a single-adult household had 100 percent chance of being selected, whereas a person in a two-adult household had only a 50 percent chance.

Second, post-stratification weighting was used to adjust for key demographics, including age, gender, and race/ethnicity differences between survey respondents and the general population. This technique, commonly used in survey research, assumes that households that did not respond to the survey were, on average, just like those who did not participate. Although this assumption was unlikely to be completely accurate, in concept this adjustment brought the results closer to the true value.

Post-stratification weighting adjusted the demographic distribution of those who participated in the survey to reflect the age and gender for 17 primary reporting areas, and race/ethnicity

by four larger, combined geographies, including Minneapolis, Saint Paul, suburban Hennepin County, and the remaining reporting areas of suburban Ramsey, Carver, Dakota, Scott, and Washington Counties, as guided by the sample distribution.

The racial/ethnic post-stratification weighting included four groups: Black or African American (non-Hispanic), Asian (non-Hispanic), Hispanic of any race, and all other races (non-Hispanic). Survey respondents were more likely to be female, older, and white as compared to the overall population, which is commonly observed in survey research.

All weighting factors were multiplied together to produce the final analysis weight for each completed survey.

Efforts to reach hard-to-reach populations

The *Metro SHAPE 2014* survey identified several strategies to attempt to reach hard-to-reach populations, including populations of color, those with limited English proficiency, and low income households. The efforts included the following:

- Sampling design – the sampling design identified census tracts with high concentrations of people of color and low-income households and those tracts were sampled at higher rates, giving households in those tracts a greater chance of being selected for survey participation; and
- Survey implementation – four strategies were used to encourage respondents with limited English proficiency.
 - First, an FAQ sheet was included in the mailed materials using ten languages other than English, notifying respondents of the presence of a language assistance line;
 - Second, the language assistance line was prepared to direct respondents to resources to translate materials verbally or in writing for each of the ten available languages, per request;
 - Third, directions on how to get assistance in those same ten languages was listed on the home page of the *Metro SHAPE 2014* website; and
 - Finally, persons respected in local non-English speaking communities made short

videos encouraging residents to complete and return the *Metro SHAPE 2014* surveys. The videos were in the speaker's native language and were available on the *Metro SHAPE 2014* website.

- Outreach to low-response areas – the *Metro SHAPE 2014* workgroup monitored online and paper survey response from each of the 32 sampling areas. Census tracts with low response were identified and efforts as described below were made to engage residents and encourage them to respond to the survey.
 - Poster distribution – community organizations, clinics, and faith-based centers were identified and asked to display *Metro SHAPE 2014* posters to encourage residents who received a survey to complete it;
 - North Minneapolis and inner-ring Northwest Suburb postcard – as described earlier, a postcard which included a photo and testimonial of a manager of a community clinic in a particularly low response area was mailed to households to encourage residents to respond to the survey; and
 - Mailing 7 – a seventh and final mailing offered an additional opportunity for residents in low response areas to complete the survey by mail.

Limitations and potential sources of bias to the survey results

The findings in this report are subject to at least six limitations.

First, the *Metro SHAPE 2014* results are subject to respondent self-selection bias. This bias occurs when a selected adult does not complete the survey, and those who chose to not respond are noticeably different from those who participated. As with most local, regional, and national population-based surveys, people with low income and low education were less likely to participate in *Metro SHAPE 2014* despite the outreach efforts described above. While weighting techniques can adjust in part for this low response, if the health status and behaviors of these non-respondents are substantially different from those who complete the survey, then population-level estimates are biased. Future surveys will need to do additional outreach to these populations to increase the likelihood that

adequate numbers from all subgroups participate to accurately estimate population-level measures.

Second, the response rate for the survey was 22 percent. Representativeness of survey respondents may be a concern when survey response is low.

Third, non-English speaking residents were underrepresented in the *Metro SHAPE 2014* survey. With the efforts described above (both printed materials and a helpline) which operated for the duration of the project, no calls requesting translation or language assistance were received.

Fourth, because of the small sample size and/or unreliable estimates, the prevalence of certain variables could not be reported for some reporting areas or groups. These instances are noted throughout the data tables in the data book.

Fifth, because *Metro SHAPE 2014* data are self-reported, information is subject to recall bias and, as with all surveys, potential for bias exists given the wording of and the order in which questions are presented.

Finally, *Metro SHAPE 2014* results are only generalizable to the entire six county adults who live in households with a residential address. Community members living in institutions, nursing homes, long-term care facilities, military installations, correctional institutions, and those experiencing homelessness were not represented.

Overall, *Metro SHAPE 2014* provides estimates of health status, health risk behaviors, chronic conditions, disabilities, access to health care, and social-environmental conditions at a local level. Given current research, the use of the Delivery Sequence File address-based sampling frame is the best available survey sampling frame with the fewest non-coverage issues. Most of the survey questions used for the survey were taken or adopted from national health surveys to facilitate comparisons between local, state, and national data. Despite its limitations, *Metro SHAPE 2014* is one of the only local sources of data available to counties and cities to assess and track broad public health indicators and health conditions in the population as a whole.

For assistance in interpreting these results, please call (612) 348-6150 or email SHAPE@hennepin.us.



**Metro SHAPE
2014**

Overall Health

Overall Health



In general, would you say your health is ... ?

TABLE 1	Sample Size	Excellent	Very good	Good	Fair	Poor
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,541	18.5% ± 1.3	45.0% ± 1.6	28.9% ± 1.5	6.6% ± 0.8	1.0% ± 0.3
Minneapolis						
Total	3,310	18.6% ± 2.0	44.7% ± 2.5	27.2% ± 2.3	8.3% ± 1.4	1.1% ± 0.5
Camden, Near North	764	11.4% ± 4.0	36.5% ± 5.6	34.1% ± 5.3	14.0% ± 3.6	*4.0% ± 2.8
Longfellow, NE, University	833	17.9% ± 3.6	45.6% ± 4.7	28.4% ± 4.8	7.2% ± 2.7	^0.9% ± 1.0
Central, Phillips, Powderhorn	742	19.9% ± 4.6	44.1% ± 5.3	25.1% ± 5.0	10.1% ± 3.6	^0.7% ± 0.7
Calhoun-Isles, Nokomis, SW	971	22.2% ± 4.0	49.5% ± 4.3	24.2% ± 3.8	4.0% ± 2.0	^0.1% ± 0.3
Suburban Areas						
Total	5,231	18.4% ± 1.6	45.1% ± 2.0	29.7% ± 1.9	5.8% ± 1.0	1.0% ± 0.4
Northwest Suburbs	1,584	17.6% ± 2.9	42.8% ± 3.4	32.8% ± 3.3	6.0% ± 1.7	*0.9% ± 0.8
Northwest - Inner Ring	814	15.7% ± 3.9	41.4% ± 4.6	35.1% ± 4.6	6.7% ± 2.4	*1.0% ± 0.8
Northwest - Outer Ring	770	18.5% ± 3.9	43.4% ± 4.6	31.6% ± 4.4	5.6% ± 2.4	^0.8% ± 1.2
West Suburbs	1,666	20.7% ± 2.7	47.0% ± 3.2	26.4% ± 3.0	4.7% ± 1.5	*1.2% ± 0.9
West - Inner Ring	763	19.4% ± 4.3	44.8% ± 4.8	28.3% ± 4.8	6.9% ± 2.3	^0.6% ± 0.7
West - Outer Ring	903	21.4% ± 3.6	48.3% ± 4.2	25.2% ± 3.9	*3.5% ± 2.3	*1.6% ± 1.4
South Suburbs	1,981	17.7% ± 2.4	47.1% ± 3.1	27.9% ± 3.0	6.4% ± 1.7	*0.9% ± 0.7
South - Inner Ring	998	20.1% ± 3.5	45.6% ± 4.0	26.6% ± 3.5	6.9% ± 2.1	*0.7% ± 0.7
South - Outer Ring	983	16.3% ± 3.4	48.0% ± 4.4	28.6% ± 4.4	6.1% ± 2.6	^1.1% ± 1.2
Bloomington	634	20.0% ± 1.4	48.1% ± 1.7	27.0% ± 1.6	4.5% ± 0.7	0.4% ± 0.2
Gender						
Male	3,118	18.8% ± 2.2	44.1% ± 2.6	30.4% ± 2.5	5.7% ± 1.1	1.1% ± 0.5
Female	5,422	18.1% ± 1.5	45.8% ± 1.8	27.6% ± 1.7	7.5% ± 1.1	1.0% ± 0.4
Age						
25-34	1,197	21.8% ± 3.2	48.6% ± 3.7	27.1% ± 3.5	2.4% ± 1.2	^0.1% ± 0.4
35-44	1,120	17.8% ± 3.0	49.4% ± 4.0	27.9% ± 3.8	4.7% ± 2.3	^0.2% ± 0.3
45-54	1,458	21.7% ± 3.2	41.9% ± 3.5	27.6% ± 3.4	7.1% ± 2.2	*1.7% ± 1.3
55-64	1,996	18.4% ± 2.3	44.2% ± 2.9	27.9% ± 2.8	8.1% ± 1.8	1.3% ± 0.6
65-74	1,527	11.7% ± 2.0	45.5% ± 3.0	31.1% ± 2.9	10.1% ± 2.0	*1.6% ± 1.0
75 and older	1,223	8.4% ± 2.2	33.8% ± 3.3	40.1% ± 3.5	15.0% ± 2.6	2.7% ± 1.3
Household income						
< 200% of FPL	1,452	11.4% ± 3.3	31.0% ± 4.0	36.8% ± 4.1	16.8% ± 3.1	4.0% ± 1.7
≥ 200% of FPL	6,713	20.0% ± 1.4	48.1% ± 1.7	27.0% ± 1.6	4.5% ± 0.7	0.4% ± 0.2

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

TABLE 2	Sample Size	0 days	1 or 2 days	3 to 7 days	8 to 13 days	14 or more days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,432	56.5% ± 1.6	19.4% ± 1.3	14.3% ± 1.1	3.4% ± 0.6	6.4% ± 0.7
Minneapolis						
Total	3,280	51.3% ± 2.5	20.3% ± 2.0	17.0% ± 2.0	3.2% ± 0.9	8.2% ± 1.4
Camden, Near North	748	49.1% ± 5.5	16.7% ± 5.0	15.7% ± 4.0	4.4% ± 2.3	14.1% ± 3.9
Longfellow, NE, University	826	51.7% ± 4.7	22.9% ± 4.3	14.0% ± 3.4	^2.4% ± 2.6	8.9% ± 2.6
Central, Phillips, Powderhorn	739	48.0% ± 5.4	20.3% ± 4.3	20.6% ± 4.9	2.7% ± 1.6	8.4% ± 3.7
Calhoun-Isles, Nokomis, SW	967	55.6% ± 4.3	20.3% ± 3.4	16.4% ± 3.7	3.6% ± 1.7	3.9% ± 1.9
Suburban Areas						
Total	5,152	59.0% ± 2.0	19.0% ± 1.6	13.1% ± 1.4	3.5% ± 0.8	5.5% ± 0.8
Northwest Suburbs	1,555	59.1% ± 3.4	18.9% ± 2.9	12.9% ± 2.5	3.3% ± 1.3	5.7% ± 1.6
Northwest - Inner Ring	796	51.8% ± 4.7	20.9% ± 4.2	15.0% ± 4.0	4.5% ± 2.0	7.8% ± 2.9
Northwest - Outer Ring	759	62.5% ± 4.5	18.0% ± 3.8	11.9% ± 3.2	*2.8% ± 1.8	4.8% ± 2.0
West Suburbs	1,649	60.0% ± 3.2	19.0% ± 2.6	12.8% ± 2.3	2.4% ± 1.0	5.9% ± 1.4
West - Inner Ring	754	55.7% ± 4.8	20.2% ± 3.9	14.5% ± 3.7	2.1% ± 1.1	7.5% ± 2.7
West - Outer Ring	895	62.5% ± 4.2	18.3% ± 3.6	11.7% ± 3.0	*2.5% ± 1.5	5.0% ± 1.7
South Suburbs	1,948	58.0% ± 3.1	19.1% ± 2.6	13.6% ± 2.2	4.5% ± 1.9	4.8% ± 1.1
South - Inner Ring	982	56.4% ± 4.0	21.9% ± 3.8	13.6% ± 2.9	3.1% ± 1.5	4.9% ± 1.5
South - Outer Ring	966	58.9% ± 4.4	17.5% ± 3.5	13.6% ± 3.2	5.3% ± 3.1	4.7% ± 1.6
Bloomington	622	59.0% ± 1.7	20.4% ± 1.4	13.6% ± 1.2	2.8% ± 0.7	4.2% ± 0.6
Gender						
Male	3,088	60.5% ± 2.6	17.6% ± 2.1	13.4% ± 1.9	3.1% ± 1.1	5.4% ± 1.1
Female	5,343	52.7% ± 1.8	21.1% ± 1.5	15.3% ± 1.4	3.6% ± 0.7	7.3% ± 1.0
Age						
25-34	1,196	54.5% ± 3.7	23.7% ± 3.2	16.7% ± 2.9	*2.2% ± 1.3	2.9% ± 1.4
35-44	1,115	53.0% ± 4.0	26.0% ± 3.6	14.1% ± 3.0	*2.8% ± 1.9	4.2% ± 2.0
45-54	1,451	59.5% ± 3.5	17.2% ± 2.7	13.4% ± 2.6	3.7% ± 1.7	6.2% ± 1.7
55-64	1,984	59.5% ± 2.8	15.7% ± 2.1	12.6% ± 2.0	3.7% ± 1.2	8.5% ± 1.8
65-74	1,501	57.6% ± 3.1	13.0% ± 2.1	15.2% ± 2.5	4.7% ± 1.5	9.6% ± 2.0
75 and older	1,169	54.5% ± 3.6	11.6% ± 2.3	13.8% ± 2.7	5.6% ± 1.9	14.5% ± 2.7
Household income						
< 200% of FPL	1,412	42.4% ± 4.3	16.2% ± 3.6	18.7% ± 3.5	6.0% ± 1.9	16.8% ± 3.1
≥ 200% of FPL	6,662	59.0% ± 1.7	20.4% ± 1.4	13.6% ± 1.2	2.8% ± 0.7	4.2% ± 0.6

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

TABLE 3	Sample Size	0 days	1 or 2 days	3 to 7 days	8 to 13 days	14 or more days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,456	53.2% ± 1.6	17.0% ± 1.2	16.6% ± 1.2	5.4% ± 0.7	7.8% ± 0.9
Minneapolis						
Total	3,276	46.1% ± 2.5	17.7% ± 1.9	19.6% ± 2.1	6.5% ± 1.3	10.1% ± 1.6
Camden, Near North	751	48.1% ± 5.5	14.2% ± 4.0	18.7% ± 5.3	5.0% ± 2.7	13.9% ± 3.8
Longfellow, NE, University	828	46.4% ± 4.8	19.9% ± 4.1	17.1% ± 3.5	6.4% ± 2.8	10.2% ± 3.2
Central, Phillips, Powderhorn	736	41.8% ± 5.4	16.0% ± 4.2	20.9% ± 4.8	8.9% ± 3.2	12.4% ± 4.0
Calhoun-Isles, Nokomis, SW	961	48.9% ± 4.3	19.7% ± 3.6	20.7% ± 3.6	5.0% ± 2.4	5.6% ± 2.2
Suburban Areas						
Total	5,180	56.6% ± 2.0	16.6% ± 1.6	15.2% ± 1.5	4.9% ± 0.9	6.7% ± 1.1
Northwest Suburbs	1,569	56.1% ± 3.5	17.3% ± 2.9	14.6% ± 2.6	4.2% ± 1.6	7.8% ± 2.1
Northwest - Inner Ring	804	56.2% ± 4.6	16.1% ± 3.8	15.2% ± 3.2	4.8% ± 2.6	7.7% ± 3.0
Northwest - Outer Ring	765	56.1% ± 4.6	17.9% ± 3.9	14.3% ± 3.6	3.9% ± 2.1	7.9% ± 2.9
West Suburbs	1,652	58.3% ± 3.2	15.2% ± 2.5	15.8% ± 2.5	5.1% ± 1.6	5.7% ± 1.5
West - Inner Ring	755	49.9% ± 4.9	18.5% ± 4.0	18.0% ± 3.9	7.8% ± 2.8	5.8% ± 2.2
West - Outer Ring	897	63.2% ± 4.2	13.2% ± 3.2	14.5% ± 3.3	3.6% ± 2.1	5.6% ± 2.1
South Suburbs	1,959	56.0% ± 3.1	16.8% ± 2.4	15.6% ± 2.3	5.8% ± 1.9	5.9% ± 1.4
South - Inner Ring	985	54.6% ± 4.0	18.6% ± 3.4	14.7% ± 3.1	5.9% ± 2.1	6.2% ± 2.1
South - Outer Ring	974	56.8% ± 4.4	15.7% ± 3.4	16.2% ± 3.3	5.7% ± 2.9	5.7% ± 2.0
Bloomington	629	54.7% ± 1.7	17.9% ± 1.4	16.3% ± 1.3	5.1% ± 0.8	6.0% ± 0.8
Gender						
Male	3,099	59.5% ± 2.6	15.3% ± 2.0	13.5% ± 1.9	4.6% ± 1.2	7.0% ± 1.4
Female	5,356	47.3% ± 1.8	18.5% ± 1.5	19.4% ± 1.5	6.1% ± 0.9	8.6% ± 1.1
Age						
25-34	1,195	39.9% ± 3.8	22.9% ± 3.3	23.2% ± 3.3	6.8% ± 1.8	7.3% ± 2.1
35-44	1,116	47.9% ± 4.0	18.4% ± 3.1	18.9% ± 3.0	7.1% ± 2.4	7.7% ± 2.4
45-54	1,455	54.8% ± 3.6	16.3% ± 2.6	15.0% ± 2.6	5.2% ± 1.7	8.7% ± 2.3
55-64	1,986	60.3% ± 2.9	14.4% ± 2.2	13.0% ± 1.9	4.1% ± 1.5	8.3% ± 1.6
65-74	1,501	69.6% ± 2.8	10.8% ± 2.0	10.9% ± 2.1	2.5% ± 1.1	6.3% ± 1.6
75 and older	1,186	68.4% ± 3.7	10.3% ± 2.6	10.1% ± 3.1	3.5% ± 1.4	7.7% ± 2.3
Household income						
< 200% of FPL	1,419	42.8% ± 4.2	12.8% ± 3.1	19.5% ± 3.6	7.3% ± 2.4	17.6% ± 3.4
≥ 200% of FPL	6,676	54.7% ± 1.7	17.9% ± 1.4	16.3% ± 1.3	5.1% ± 0.8	6.0% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Total number of unhealthy days during the past 30 days, including both unhealthy physical health and unhealthy mental health days

TABLE 4	Sample Size	0 days	1 or 2 days	3 to 7 days	8 to 13 days	14 or more days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,391	36.8% ± 1.5	17.3% ± 1.3	23.9% ± 1.4	8.7% ± 0.9	13.3% ± 1.0
Minneapolis						
Total	3,258	30.9% ± 2.4	15.7% ± 1.8	27.0% ± 2.3	10.0% ± 1.6	16.3% ± 1.9
Camden, Near North	742	35.8% ± 5.6	11.0% ± 3.5	21.5% ± 5.4	9.6% ± 3.4	22.2% ± 4.5
Longfellow, NE, University	823	32.5% ± 4.8	18.2% ± 4.2	24.9% ± 4.0	7.6% ± 2.6	16.9% ± 3.8
Central, Phillips, Powderhorn	733	24.9% ± 4.9	13.8% ± 3.9	30.6% ± 5.3	11.5% ± 4.1	19.2% ± 4.5
Calhoun-Isles, Nokomis, SW	960	32.8% ± 4.3	18.5% ± 3.3	28.5% ± 4.0	10.8% ± 3.0	9.4% ± 2.6
Suburban Areas						
Total	5,133	39.6% ± 2.0	18.0% ± 1.7	22.4% ± 1.7	8.1% ± 1.2	11.9% ± 1.3
Northwest Suburbs	1,551	39.3% ± 3.4	18.0% ± 3.0	22.6% ± 3.1	7.1% ± 2.0	12.9% ± 2.4
Northwest - Inner Ring	793	36.0% ± 4.5	17.8% ± 3.9	24.3% ± 4.5	7.0% ± 2.4	15.0% ± 3.6
Northwest - Outer Ring	758	40.9% ± 4.6	18.1% ± 4.0	21.9% ± 4.1	7.2% ± 2.8	11.9% ± 3.2
West Suburbs	1,644	42.0% ± 3.2	16.5% ± 2.6	22.9% ± 2.8	7.5% ± 1.8	11.1% ± 2.0
West - Inner Ring	752	35.7% ± 5.0	15.6% ± 3.6	25.4% ± 4.5	10.5% ± 3.2	12.9% ± 3.2
West - Outer Ring	892	45.7% ± 4.3	17.0% ± 3.7	21.5% ± 3.7	5.8% ± 2.5	10.0% ± 2.6
South Suburbs	1,938	38.0% ± 3.1	19.2% ± 2.7	21.6% ± 2.5	10.1% ± 2.5	11.0% ± 1.9
South - Inner Ring	974	36.7% ± 3.9	19.7% ± 3.6	24.2% ± 3.7	8.2% ± 2.5	11.2% ± 2.5
South - Outer Ring	964	38.8% ± 4.4	19.0% ± 3.8	20.0% ± 3.4	11.3% ± 3.8	10.9% ± 2.8
Bloomington	621	38.1% ± 1.7	18.9% ± 1.5	24.5% ± 1.5	8.2% ± 1.0	10.3% ± 1.0
Gender						
Male	3,074	41.9% ± 2.6	17.4% ± 2.2	21.2% ± 2.2	7.8% ± 1.6	11.7% ± 1.7
Female	5,316	32.0% ± 1.7	17.2% ± 1.4	26.4% ± 1.7	9.6% ± 1.2	14.8% ± 1.3
Age						
25-34	1,194	26.8% ± 3.5	20.0% ± 3.2	31.6% ± 3.6	10.4% ± 2.3	11.2% ± 2.4
35-44	1,114	31.5% ± 3.9	20.6% ± 3.5	26.2% ± 3.5	9.5% ± 2.7	12.2% ± 2.8
45-54	1,450	40.2% ± 3.7	15.4% ± 2.6	22.3% ± 3.0	8.5% ± 2.3	13.6% ± 2.6
55-64	1,978	42.9% ± 2.9	16.6% ± 2.4	18.3% ± 2.2	7.5% ± 1.8	14.6% ± 2.2
65-74	1,483	47.4% ± 3.1	13.5% ± 2.2	18.9% ± 2.6	6.4% ± 1.8	13.7% ± 2.3
75 and older	1,156	45.1% ± 3.5	11.4% ± 2.4	17.3% ± 3.4	7.7% ± 2.2	18.5% ± 2.9
Household income						
< 200% of FPL	1,400	27.8% ± 4.0	8.9% ± 2.6	22.6% ± 4.0	12.4% ± 3.0	28.3% ± 3.8
≥ 200% of FPL	6,638	38.1% ± 1.7	18.9% ± 1.5	24.5% ± 1.5	8.2% ± 1.0	10.3% ± 1.0

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as work, recreation, and taking care of yourself?

TABLE 5	Sample Size	0 days	1 or 2 days	3 to 7 days	8 to 13 days	14 or more days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,467	71.5% ± 1.4	13.0% ± 1.1	8.8% ± 0.9	2.2% ± 0.5	4.5% ± 0.7
Minneapolis						
Total	3,280	64.3% ± 2.4	15.5% ± 1.9	11.3% ± 1.8	2.6% ± 0.9	6.3% ± 1.4
Camden, Near North	751	63.2% ± 5.5	10.2% ± 3.5	11.1% ± 4.9	*3.2% ± 2.1	12.2% ± 3.9
Longfellow, NE, University	827	68.8% ± 4.5	16.6% ± 3.8	7.2% ± 2.5	*1.8% ± 1.4	5.6% ± 2.7
Central, Phillips, Powderhorn	739	55.7% ± 5.4	17.7% ± 4.3	16.3% ± 4.5	*3.4% ± 2.6	6.8% ± 3.7
Calhoun-Isles, Nokomis, SW	963	69.9% ± 3.9	15.5% ± 3.3	9.6% ± 2.6	*2.2% ± 1.5	*2.8% ± 1.9
Suburban Areas						
Total	5,187	75.0% ± 1.8	11.7% ± 1.5	7.6% ± 1.1	2.0% ± 0.7	3.6% ± 0.7
Northwest Suburbs	1,575	75.4% ± 3.1	11.3% ± 2.5	7.9% ± 2.0	*1.8% ± 1.1	3.6% ± 1.4
Northwest - Inner Ring	807	72.1% ± 4.4	12.9% ± 3.8	8.6% ± 2.9	*2.0% ± 1.3	4.5% ± 1.9
Northwest - Outer Ring	768	76.9% ± 4.2	10.6% ± 3.4	7.6% ± 2.8	^1.7% ± 1.7	*3.2% ± 1.9
West Suburbs	1,652	76.2% ± 2.8	11.0% ± 2.1	7.7% ± 1.9	1.4% ± 0.8	3.6% ± 1.2
West - Inner Ring	755	70.3% ± 4.3	13.8% ± 3.2	9.4% ± 3.0	*2.0% ± 1.4	4.5% ± 2.0
West - Outer Ring	897	79.7% ± 3.7	9.4% ± 3.0	6.7% ± 2.6	^1.1% ± 1.3	3.1% ± 1.6
South Suburbs	1,960	73.5% ± 3.0	12.9% ± 2.6	6.9% ± 1.5	2.9% ± 1.6	3.8% ± 1.2
South - Inner Ring	984	73.8% ± 3.7	11.6% ± 3.0	8.1% ± 2.5	2.5% ± 1.4	4.1% ± 1.6
South - Outer Ring	976	73.3% ± 4.3	13.7% ± 3.9	6.2% ± 1.9	*3.2% ± 2.6	3.6% ± 1.8
Bloomington	631	74.2% ± 1.5	13.8% ± 1.3	7.8% ± 0.9	1.8% ± 0.5	2.4% ± 0.5
Gender						
Male	3,104	73.2% ± 2.4	12.3% ± 2.0	8.0% ± 1.5	2.4% ± 1.0	4.2% ± 1.1
Female	5,361	70.0% ± 1.7	13.6% ± 1.3	9.5% ± 1.2	2.1% ± 0.5	4.8% ± 0.8
Age						
25-34	1,197	66.2% ± 3.5	18.7% ± 3.0	11.2% ± 2.5	2.0% ± 1.1	*1.9% ± 1.1
35-44	1,117	68.2% ± 3.9	17.6% ± 3.5	8.7% ± 2.3	*2.3% ± 1.9	3.2% ± 1.7
45-54	1,453	74.1% ± 3.2	10.8% ± 2.3	8.0% ± 2.2	*1.7% ± 1.3	5.5% ± 1.9
55-64	1,983	75.6% ± 2.5	8.4% ± 1.5	7.1% ± 1.6	2.8% ± 1.1	6.2% ± 1.8
65-74	1,510	75.8% ± 2.7	7.9% ± 1.8	8.2% ± 1.9	2.9% ± 1.2	5.2% ± 1.5
75 and older	1,190	75.2% ± 3.2	5.8% ± 1.9	8.2% ± 2.4	2.6% ± 1.3	8.3% ± 2.2
Household income						
< 200% of FPL	1,417	56.7% ± 4.2	9.9% ± 2.8	13.9% ± 3.2	4.6% ± 1.9	14.9% ± 3.2
≥ 200% of FPL	6,682	74.2% ± 1.5	13.8% ± 1.3	7.8% ± 0.9	1.8% ± 0.5	2.4% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Average number of unhealthy days during the past 30 days

TABLE 6	Unhealthy physical health days		Unhealthy mental health days		Unhealthy physical and unhealthy mental health days		Days when poor health interfered with usual activities	
	N	Ave ± 95% C.I.	N	Ave ± 95% C.I.	N	Ave ± 95% C.I.	N	Ave ± 95% C.I.
Hennepin County Total	8,432	2.8 ± 0.2	8,456	3.2 ± 0.2	8,391	5.4 ± 0.2	8,467	1.8 ± 0.2
Minneapolis								
Total	3,280	3.3 ± 0.3	3,276	4.1 ± 0.4	3,258	6.5 ± 0.4	3,280	2.4 ± 0.3
Camden, Near North	748	4.8 ± 0.9	751	4.8 ± 0.8	742	7.7 ± 1.0	751	3.8 ± 0.8
Longfellow, NE, University	826	3.5 ± 0.6	828	4.0 ± 0.6	823	6.4 ± 0.8	827	2.0 ± 0.5
Central, Phillips, Powderhorn	739	3.6 ± 0.9	736	4.7 ± 0.9	733	7.5 ± 1.0	739	2.9 ± 0.8
Calhoun-Isles, Nokomis, SW	967	2.2 ± 0.4	961	3.0 ± 0.5	960	4.8 ± 0.6	963	1.5 ± 0.4
Suburban Areas								
Total	5,152	2.5 ± 0.2	5,180	2.9 ± 0.2	5,133	4.9 ± 0.3	5,187	1.6 ± 0.2
Northwest Suburbs	1,555	2.5 ± 0.3	1,569	3.0 ± 0.5	1,551	5.0 ± 0.5	1,575	1.5 ± 0.3
Northwest - Inner Ring	796	3.2 ± 0.6	804	3.0 ± 0.7	793	5.4 ± 0.8	807	1.7 ± 0.4
Northwest - Outer Ring	759	2.2 ± 0.4	765	3.0 ± 0.6	758	4.8 ± 0.7	768	1.4 ± 0.4
West Suburbs	1,649	2.5 ± 0.3	1,652	2.6 ± 0.3	1,644	4.6 ± 0.4	1,652	1.5 ± 0.3
West - Inner Ring	754	2.9 ± 0.6	755	3.0 ± 0.5	752	5.4 ± 0.7	755	1.9 ± 0.5
West - Outer Ring	895	2.2 ± 0.4	897	2.4 ± 0.4	892	4.1 ± 0.5	897	1.2 ± 0.3
South Suburbs	1,948	2.5 ± 0.3	1,959	2.8 ± 0.3	1,938	4.9 ± 0.4	1,960	1.7 ± 0.3
South - Inner Ring	982	2.4 ± 0.3	985	2.9 ± 0.4	974	4.9 ± 0.5	984	1.8 ± 0.4
South - Outer Ring	966	2.6 ± 0.4	974	2.8 ± 0.5	964	4.9 ± 0.6	976	1.6 ± 0.4
Bloomington	622	2.8 ± 0.5	629	2.8 ± 0.6	621	5.2 ± 0.8	631	1.8 ± 0.5
Gender								
Male	3,088	2.5 ± 0.3	3,099	2.9 ± 0.3	3,074	4.8 ± 0.4	3,104	1.7 ± 0.2
Female	5,343	3.1 ± 0.2	5,356	3.6 ± 0.2	5,316	6.0 ± 0.3	5,361	1.9 ± 0.2
Age								
25-34	1,196	1.9 ± 0.3	1,195	3.5 ± 0.4	1,194	5.2 ± 0.5	1,197	1.3 ± 0.2
35-44	1,115	2.2 ± 0.4	1,116	3.6 ± 0.5	1,114	5.3 ± 0.6	1,117	1.6 ± 0.3
45-54	1,451	2.7 ± 0.4	1,455	3.4 ± 0.5	1,450	5.4 ± 0.6	1,453	2.0 ± 0.4
55-64	1,984	3.2 ± 0.4	1,986	3.1 ± 0.4	1,978	5.5 ± 0.5	1,983	2.2 ± 0.4
65-74	1,501	3.7 ± 0.5	1,501	2.4 ± 0.4	1,483	5.2 ± 0.6	1,510	1.9 ± 0.3
75 and older	1,169	5.0 ± 0.6	1,186	2.7 ± 0.5	1,156	6.5 ± 0.7	1,190	2.7 ± 0.5
Household income								
< 200% of FPL	1,412	5.7 ± 0.7	1,419	6.1 ± 0.8	1,400	9.7 ± 0.9	1,417	4.8 ± 0.7
≥ 200% of FPL	6,662	2.2 ± 0.1	6,676	2.7 ± 0.2	6,638	4.6 ± 0.2	6,682	1.2 ± 0.1

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Have you ever been told by a doctor or other health professional that you had ... ?
Hypertension, also called high blood pressure

TABLE 7	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,516	21.1% ± 1.2
Minneapolis		
Total	3,304	20.3% ± 1.9
Camden, Near North	764	30.8% ± 5.1
Longfellow, NE, University	830	19.1% ± 3.7
Central, Phillips, Powderhorn	743	19.3% ± 4.3
Calhoun-Isles, Nokomis, SW	967	16.0% ± 3.0
Suburban Areas		
Total	5,212	21.5% ± 1.5
Northwest Suburbs	1,575	21.5% ± 2.7
Northwest - Inner Ring	810	23.7% ± 3.8
Northwest - Outer Ring	765	20.4% ± 3.6
West Suburbs	1,658	21.2% ± 2.5
West - Inner Ring	758	19.8% ± 3.6
West - Outer Ring	900	21.9% ± 3.4
South Suburbs	1,979	21.9% ± 2.4
South - Inner Ring	996	24.0% ± 3.2
South - Outer Ring	983	20.7% ± 3.3
Bloomington	633	17.9% ± 1.2
Gender		
Male	3,101	22.0% ± 2.0
Female	5,413	20.3% ± 1.4
Age		
25-34	1,196	3.2% ± 1.7
35-44	1,117	8.5% ± 2.7
45-54	1,455	17.9% ± 3.1
55-64	1,991	31.9% ± 2.8
65-74	1,520	49.5% ± 3.0
75 and older	1,217	60.5% ± 3.4
Household income		
< 200% of FPL	1,450	34.6% ± 3.8
≥ 200% of FPL	6,694	17.9% ± 1.2

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



**Have you ever been told by a doctor or other health professional that you had ... ?
Borderline high blood pressure or pre-hypertension**

TABLE 8	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,255	21.2% ± 1.3
Minneapolis		
Total	3,209	19.7% ± 2.0
Camden, Near North	738	21.2% ± 4.6
Longfellow, NE, University	811	18.5% ± 3.6
Central, Phillips, Powderhorn	719	22.0% ± 4.8
Calhoun-Isles, Nokomis, SW	941	17.4% ± 3.4
Suburban Areas		
Total	5,046	21.9% ± 1.7
Northwest Suburbs	1,528	22.7% ± 3.0
Northwest - Inner Ring	774	21.6% ± 4.1
Northwest - Outer Ring	754	23.2% ± 4.1
West Suburbs	1,609	20.6% ± 2.6
West - Inner Ring	744	19.8% ± 3.5
West - Outer Ring	865	21.2% ± 3.7
South Suburbs	1,909	21.9% ± 2.6
South - Inner Ring	959	25.9% ± 3.7
South - Outer Ring	950	19.6% ± 3.6
Bloomington	610	20.2% ± 1.5
Gender		
Male	3,008	27.1% ± 2.3
Female	5,246	15.7% ± 1.3
Age		
25-34	1,197	11.2% ± 2.8
35-44	1,117	14.3% ± 3.2
45-54	1,443	20.1% ± 3.3
55-64	1,931	28.4% ± 2.9
65-74	1,451	37.8% ± 3.1
75 and older	1,098	40.7% ± 3.7
Household income		
< 200% of FPL	1,373	25.2% ± 3.6
≥ 200% of FPL	6,533	20.2% ± 1.5

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Have you ever been told by a doctor or other health professional that you had ... ?
Diabetes or sugar disease

TABLE 9	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,450	6.1% ± 0.7
Minneapolis		
Total	3,282	6.4% ± 1.4
Camden, Near North	759	10.7% ± 3.4
Longfellow, NE, University	828	5.0% ± 1.8
Central, Phillips, Powderhorn	732	8.1% ± 4.1
Calhoun-Isles, Nokomis, SW	963	3.3% ± 1.8
Suburban Areas		
Total	5,168	5.9% ± 0.9
Northwest Suburbs	1,568	5.4% ± 1.5
Northwest - Inner Ring	804	6.2% ± 2.2
Northwest - Outer Ring	764	5.1% ± 2.1
West Suburbs	1,644	5.7% ± 1.6
West - Inner Ring	755	5.0% ± 1.9
West - Outer Ring	889	6.1% ± 2.5
South Suburbs	1,956	6.9% ± 1.7
South - Inner Ring	987	6.8% ± 2.0
South - Outer Ring	969	7.0% ± 2.5
Bloomington	623	4.6% ± 0.7
Gender		
Male	3,075	6.8% ± 1.3
Female	5,373	5.4% ± 0.8
Age		
25-34	1,196	[^] 0.6% ± 1.0
35-44	1,117	*1.7% ± 1.5
45-54	1,454	6.4% ± 2.3
55-64	1,974	9.9% ± 2.2
65-74	1,496	14.9% ± 2.4
75 and older	1,193	14.9% ± 2.7
Household income		
< 200% of FPL	1,426	13.5% ± 2.8
≥ 200% of FPL	6,658	4.6% ± 0.7

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

[^] Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Have you ever been told by a doctor or other health professional that you had ... ?
Pre-diabetes or borderline diabetes

TABLE 10	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,350	8.0% ± 0.8
Minneapolis		
Total	3,248	8.2% ± 1.3
Camden, Near North	749	12.5% ± 3.7
Longfellow, NE, University	819	8.0% ± 2.4
Central, Phillips, Powderhorn	726	8.0% ± 3.0
Calhoun-Isles, Nokomis, SW	954	5.9% ± 2.0
Suburban Areas		
Total	5,102	7.9% ± 1.0
Northwest Suburbs	1,546	8.2% ± 1.9
Northwest - Inner Ring	789	8.3% ± 2.4
Northwest - Outer Ring	757	8.2% ± 2.7
West Suburbs	1,624	7.3% ± 1.6
West - Inner Ring	743	8.7% ± 2.2
West - Outer Ring	881	6.5% ± 2.3
South Suburbs	1,932	8.0% ± 1.5
South - Inner Ring	974	8.1% ± 2.3
South - Outer Ring	958	7.9% ± 2.1
Bloomington	613	6.5% ± 0.8
Gender		
Male	3,038	8.4% ± 1.3
Female	5,310	7.6% ± 1.0
Age		
25-34	1,196	*1.3% ± 1.2
35-44	1,116	3.8% ± 1.9
45-54	1,454	8.1% ± 2.2
55-64	1,955	13.8% ± 2.2
65-74	1,463	17.6% ± 2.5
75 and older	1,147	16.1% ± 2.8
Household income		
< 200% of FPL	1,398	15.4% ± 3.1
≥ 200% of FPL	6,592	6.5% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Have you ever been told by a doctor or other health professional that you had ... ?
High blood cholesterol

TABLE 11	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,490	30.0% ± 1.4
Minneapolis		
Total	3,295	26.9% ± 2.2
Camden, Near North	759	31.4% ± 5.0
Longfellow, NE, University	829	30.6% ± 4.7
Central, Phillips, Powderhorn	739	24.0% ± 4.7
Calhoun-Isles, Nokomis, SW	968	24.0% ± 3.5
Suburban Areas		
Total	5,195	31.5% ± 1.8
Northwest Suburbs	1,572	30.7% ± 3.1
Northwest - Inner Ring	806	29.3% ± 4.0
Northwest - Outer Ring	766	31.4% ± 4.3
West Suburbs	1,653	33.2% ± 3.1
West - Inner Ring	755	26.9% ± 4.1
West - Outer Ring	898	36.9% ± 4.2
South Suburbs	1,970	31.4% ± 2.9
South - Inner Ring	992	32.2% ± 3.7
South - Outer Ring	978	30.9% ± 4.0
Bloomington	629	29.2% ± 1.6
Gender		
Male	3,105	33.6% ± 2.4
Female	5,383	26.7% ± 1.6
Age		
25-34	1,193	11.5% ± 2.8
35-44	1,117	22.3% ± 3.7
45-54	1,459	29.2% ± 3.4
55-64	1,979	44.7% ± 2.9
65-74	1,519	53.3% ± 3.0
75 and older	1,204	49.2% ± 3.5
Household income		
< 200% of FPL	1,437	32.1% ± 3.8
≥ 200% of FPL	6,683	29.2% ± 1.6

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Have you ever been told by a doctor or other health professional that you had ... ?
Heart attack, angina, stroke

TABLE 12	Sample Size	Heart attack	Angina or coronary heart disease	Stroke	Any of these three
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,481	2.0% ± 0.3	2.9% ± 0.4	1.7% ± 0.3	4.8% ± 0.5
Minneapolis					
Total	3,286	1.6% ± 0.5	2.3% ± 0.6	2.0% ± 0.8	4.5% ± 0.9
Camden, Near North	759	*2.2% ± 1.4	3.4% ± 1.8	*1.3% ± 1.1	5.1% ± 2.0
Longfellow, NE, University	826	*1.5% ± 1.0	*2.9% ± 2.0	^2.5% ± 2.6	5.0% ± 2.5
Central, Phillips, Powderhorn	736	*1.3% ± 0.8	1.9% ± 1.1	*2.6% ± 2.1	4.7% ± 2.1
Calhoun-Isles, Nokomis, SW	965	*1.6% ± 1.2	1.7% ± 1.0	*1.4% ± 0.9	3.5% ± 1.4
Suburban Areas					
Total	5,195	2.1% ± 0.4	3.1% ± 0.5	1.5% ± 0.4	5.0% ± 0.7
Northwest Suburbs	1,580	1.7% ± 0.7	2.7% ± 0.9	1.6% ± 0.6	4.4% ± 1.1
Northwest - Inner Ring	812	2.0% ± 1.1	4.0% ± 1.7	2.1% ± 1.1	5.8% ± 1.9
Northwest - Outer Ring	768	*1.5% ± 1.0	2.1% ± 1.1	*1.4% ± 0.9	3.8% ± 1.4
West Suburbs	1,647	2.6% ± 1.0	3.1% ± 1.0	1.4% ± 0.6	5.1% ± 1.2
West - Inner Ring	755	*1.8% ± 1.1	2.5% ± 1.4	*1.3% ± 0.9	4.2% ± 1.6
West - Outer Ring	892	3.0% ± 1.6	3.5% ± 1.4	1.5% ± 0.8	5.6% ± 1.8
South Suburbs	1,968	2.5% ± 0.8	3.8% ± 1.0	1.5% ± 0.8	5.7% ± 1.3
South - Inner Ring	993	2.9% ± 1.0	4.2% ± 1.4	2.1% ± 1.0	6.7% ± 1.7
South - Outer Ring	975	2.2% ± 1.1	3.5% ± 1.4	^1.2% ± 1.4	5.1% ± 1.8
Bloomington	627	*2.8% ± 1.8	4.5% ± 2.2	*1.1% ± 1.0	6.1% ± 2.4
Gender					
Male	3,086	2.6% ± 0.5	3.7% ± 0.7	1.8% ± 0.6	5.8% ± 0.9
Female	5,393	1.4% ± 0.4	2.1% ± 0.4	1.6% ± 0.4	3.9% ± 0.6
Age					
25-34	1,195	0.0% ± 0.0	0.0% ± 0.0	^0.2% ± 0.4	^0.2% ± 0.4
35-44	1,117	^0.3% ± 0.8	^0.2% ± 0.8	^0.5% ± 0.8	^0.9% ± 1.0
45-54	1,457	*1.1% ± 0.9	1.9% ± 1.0	*1.2% ± 1.0	3.5% ± 1.4
55-64	1,980	2.3% ± 0.9	3.8% ± 1.3	*1.7% ± 1.1	5.6% ± 1.5
65-74	1,507	5.1% ± 1.6	6.5% ± 1.7	3.6% ± 1.4	11.3% ± 2.1
75 and older	1,205	10.3% ± 2.2	15.1% ± 2.6	8.0% ± 2.1	23.4% ± 3.0
Household income					
< 200% of FPL	1,439	2.8% ± 0.9	4.8% ± 1.4	3.3% ± 1.3	7.8% ± 1.7
≥ 200% of FPL	6,671	1.7% ± 0.3	2.4% ± 0.4	1.3% ± 0.3	4.0% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Have you ever been told by a doctor or other health professional that you had ... ?
Arthritis or rheumatism

TABLE 13	Among persons aged 25 and older:			Among persons aged 55 and older:			Among persons aged 65 and older:		
	Yes			Yes			Yes		
	N	%	± 95% C.I.	N	%	± 95% C.I.	N	%	± 95% C.I.
Hennepin County Total	8,492	18.3%	± 1.0	4,731	39.1%	± 1.8	2,750	49.9%	± 2.3
Minneapolis									
Total	3,291	16.7%	± 1.7	1,552	39.5%	± 3.4	788	50.3%	± 4.8
Camden, Near North	758	21.6%	± 4.2	396	42.5%	± 6.8	202	54.1%	± 9.3
Longfellow, NE, University	830	17.5%	± 3.1	394	42.6%	± 6.2	199	50.4%	± 8.5
Central, Phillips, Powderhorn	736	15.2%	± 4.0	318	37.7%	± 8.4	167	52.2%	± 11.5
Calhoun-Isles, Nokomis, SW	967	14.7%	± 2.9	444	36.8%	± 5.9	220	46.7%	± 8.1
Suburban Areas									
Total	5,201	19.1%	± 1.3	3,179	39.0%	± 2.1	1,962	49.8%	± 2.6
Northwest Suburbs	1,579	19.1%	± 2.3	933	39.8%	± 3.9	554	50.6%	± 4.8
Northwest - Inner Ring	811	21.1%	± 3.3	488	44.1%	± 5.0	318	50.7%	± 6.0
Northwest - Outer Ring	768	18.1%	± 3.1	445	37.6%	± 5.4	236	50.5%	± 7.0
West Suburbs	1,649	19.2%	± 2.3	993	37.2%	± 3.5	584	47.1%	± 4.4
West - Inner Ring	755	18.2%	± 3.5	400	43.7%	± 5.6	224	51.8%	± 7.2
West - Outer Ring	894	19.8%	± 3.1	593	34.3%	± 4.3	360	44.8%	± 5.5
South Suburbs	1,973	19.0%	± 2.0	1,253	39.1%	± 3.2	824	50.6%	± 4.0
South - Inner Ring	994	22.0%	± 2.9	641	40.5%	± 4.4	449	51.1%	± 5.0
South - Outer Ring	979	17.2%	± 2.7	612	38.3%	± 4.5	375	50.3%	± 5.7
Bloomington	630	15.7%	± 1.1	429	36.1%	± 2.0	285	46.9%	± 2.6
Gender									
Male	3,093	13.8%	± 1.5	1,870	29.4%	± 2.7	1,137	39.0%	± 3.4
Female	5,397	22.5%	± 1.4	2,860	47.3%	± 2.3	1,612	57.7%	± 3.1
Age									
25-34	1,192	2.3%	± 1.2	N/A			N/A		
35-44	1,115	5.7%	± 2.1	N/A			N/A		
45-54	1,454	15.0%	± 2.6	N/A			N/A		
55-64	1,981	29.0%	± 2.6	1,981	29.0%	± 2.6	N/A		
65-74	1,515	44.9%	± 3.0	1,515	44.9%	± 3.0	1,515	44.9%	± 3.0
75 and older	1,214	54.9%	± 3.5	1,214	54.9%	± 3.5	1,214	54.9%	± 3.5
Household income									
< 200% of FPL	1,444	29.2%	± 3.5	938	50.8%	± 4.6	597	60.0%	± 5.5
≥ 200% of FPL	6,675	15.7%	± 1.1	3,517	36.1%	± 2.0	1,944	46.9%	± 2.6

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Have you ever been told by a doctor or other health professional that you had ... ?
Asthma

TABLE 14	Ever had asthma			Currently has asthma		
	N	%	± 95% C.I.	N	%	± 95% C.I.
Hennepin County Total	8,437	11.8%	± 1.0	8,410	7.3%	± 0.8
Minneapolis						
Total	3,269	13.8%	± 1.7	3,262	9.1%	± 1.4
Camden, Near North	751	13.9%	± 3.7	750	11.8%	± 3.5
Longfellow, NE, University	824	11.9%	± 3.6	823	7.1%	± 2.6
Central, Phillips, Powderhorn	732	12.7%	± 3.3	727	8.6%	± 2.9
Calhoun-Isles, Nokomis, SW	962	16.3%	± 3.7	962	9.8%	± 3.2
Suburban Areas						
Total	5,168	10.8%	± 1.3	5,148	6.4%	± 1.0
Northwest Suburbs	1,565	9.8%	± 2.3	1,558	5.9%	± 1.7
Northwest - Inner Ring	804	11.1%	± 3.5	800	6.0%	± 2.1
Northwest - Outer Ring	761	9.2%	± 3.0	758	5.8%	± 2.5
West Suburbs	1,649	11.3%	± 2.2	1,641	6.4%	± 1.6
West - Inner Ring	759	10.7%	± 2.9	756	6.2%	± 2.1
West - Outer Ring	890	11.6%	± 3.2	885	6.5%	± 2.3
South Suburbs	1,954	11.9%	± 2.3	1,949	7.3%	± 1.8
South - Inner Ring	984	10.9%	± 2.7	982	6.6%	± 2.2
South - Outer Ring	970	12.4%	± 3.3	967	7.7%	± 2.7
Bloomington	623	11.6%	± 1.2	621	6.6%	± 0.9
Gender						
Male	3,068	9.6%	± 1.7	3,065	5.1%	± 1.2
Female	5,367	13.8%	± 1.3	5,343	9.4%	± 1.1
Age						
25-34	1,193	13.8%	± 2.8	1,192	7.1%	± 2.0
35-44	1,116	11.6%	± 2.6	1,114	6.8%	± 1.9
45-54	1,453	10.4%	± 2.3	1,450	7.6%	± 2.2
55-64	1,966	11.4%	± 1.9	1,962	7.1%	± 1.4
65-74	1,499	12.0%	± 2.2	1,492	8.2%	± 1.9
75 and older	1,190	10.6%	± 2.4	1,181	7.8%	± 2.2
Household income						
< 200% of FPL	1,416	13.6%	± 2.7	1,405	11.1%	± 2.5
≥ 200% of FPL	6,650	11.6%	± 1.2	6,636	6.6%	± 0.9

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Weight status based on Body Mass Index calculation

TABLE 15	Sample Size	Underweight	Normal	Overweight	Obese
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,243	1.3% ± 0.4	41.4% ± 1.5	35.5% ± 1.6	21.9% ± 1.4
Minneapolis					
Total	3,181	1.5% ± 0.6	45.2% ± 2.5	30.7% ± 2.4	22.5% ± 2.3
Camden, Near North	737	^1.9% ± 2.1	32.8% ± 5.6	32.4% ± 5.2	32.9% ± 5.5
Longfellow, NE, University	802	^0.9% ± 0.9	46.5% ± 4.8	29.3% ± 4.5	23.3% ± 4.5
Central, Phillips, Powderhorn	708	*1.5% ± 1.2	48.5% ± 5.4	28.3% ± 5.1	21.7% ± 5.0
Calhoun-Isles, Nokomis, SW	934	*1.9% ± 1.4	48.3% ± 4.3	33.2% ± 4.2	16.6% ± 3.7
Suburban Areas					
Total	5,062	1.2% ± 0.6	39.6% ± 1.9	37.7% ± 2.0	21.6% ± 1.7
Northwest Suburbs	1,540	^1.2% ± 1.5	35.1% ± 3.3	40.0% ± 3.5	23.8% ± 3.0
Northwest - Inner Ring	789	^0.9% ± 1.0	35.0% ± 4.5	40.1% ± 4.8	24.0% ± 4.0
Northwest - Outer Ring	751	^1.3% ± 2.4	35.2% ± 4.4	39.9% ± 4.7	23.6% ± 4.0
West Suburbs	1,618	*1.0% ± 0.7	43.3% ± 3.2	36.7% ± 3.3	19.0% ± 2.8
West - Inner Ring	741	^1.0% ± 1.3	44.3% ± 4.9	36.6% ± 5.0	18.1% ± 3.5
West - Outer Ring	877	*1.0% ± 1.0	42.7% ± 4.2	36.8% ± 4.3	19.5% ± 4.0
South Suburbs	1,904	1.3% ± 0.7	43.4% ± 3.1	35.1% ± 3.2	20.2% ± 2.8
South - Inner Ring	959	*1.2% ± 0.8	48.2% ± 4.0	32.5% ± 4.0	18.1% ± 3.1
South - Outer Ring	945	*1.4% ± 1.0	40.5% ± 4.2	36.6% ± 4.5	21.5% ± 4.1
Bloomington	602	1.3% ± 0.5	42.9% ± 1.7	35.9% ± 1.8	19.9% ± 1.5
Gender					
Male	2,987	^0.9% ± 1.0	32.5% ± 2.5	45.2% ± 2.7	21.5% ± 2.3
Female	5,254	1.7% ± 0.4	49.6% ± 1.8	26.6% ± 1.7	22.2% ± 1.6
Age					
25-34	1,172	*1.7% ± 1.4	54.1% ± 3.8	28.6% ± 3.6	15.7% ± 3.2
35-44	1,092	*0.9% ± 0.7	41.4% ± 3.9	37.9% ± 4.2	19.8% ± 3.6
45-54	1,402	^1.1% ± 1.5	37.4% ± 3.5	37.4% ± 3.7	24.0% ± 3.3
55-64	1,927	1.2% ± 0.6	34.5% ± 2.7	35.8% ± 3.0	28.6% ± 2.8
65-74	1,457	*1.2% ± 1.0	31.1% ± 2.8	39.9% ± 3.1	27.8% ± 2.9
75 and older	1,177	1.8% ± 1.0	41.3% ± 3.6	38.9% ± 3.5	18.1% ± 2.8
Household income					
< 200% of FPL	1,391	*1.0% ± 0.6	33.8% ± 4.1	32.8% ± 4.1	32.4% ± 4.1
≥ 200% of FPL	6,506	1.3% ± 0.5	42.9% ± 1.7	35.9% ± 1.8	19.9% ± 1.5

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Has a doctor or other health care professional ever told you that you should lose weight?

TABLE 16	Sample Size	Yes, within the past year	Yes, more than 1 year ago	No
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,538	17.8% ± 1.3	16.5% ± 1.2	65.7% ± 1.5
Minneapolis				
Total	3,309	16.9% ± 2.1	15.2% ± 1.7	67.9% ± 2.4
Camden, Near North	761	26.6% ± 5.4	15.5% ± 4.0	57.9% ± 5.5
Longfellow, NE, University	832	15.3% ± 4.5	17.7% ± 4.0	67.0% ± 4.9
Central, Phillips, Powderhorn	745	15.0% ± 4.6	13.0% ± 3.4	72.0% ± 4.9
Calhoun-Isles, Nokomis, SW	971	14.2% ± 3.6	15.3% ± 3.2	70.5% ± 4.1
Suburban Areas				
Total	5,229	18.2% ± 1.6	17.0% ± 1.6	64.7% ± 1.9
Northwest Suburbs	1,585	19.0% ± 2.9	17.1% ± 2.7	63.9% ± 3.4
Northwest - Inner Ring	814	18.1% ± 3.9	17.2% ± 3.6	64.6% ± 4.5
Northwest - Outer Ring	771	19.4% ± 3.9	17.0% ± 3.7	63.6% ± 4.5
West Suburbs	1,662	16.3% ± 2.5	16.5% ± 2.7	67.2% ± 3.2
West - Inner Ring	760	15.9% ± 4.0	14.5% ± 3.7	69.6% ± 4.7
West - Outer Ring	902	16.5% ± 3.4	17.7% ± 3.8	65.8% ± 4.2
South Suburbs	1,982	18.7% ± 2.8	17.4% ± 2.5	63.9% ± 3.1
South - Inner Ring	1,000	17.9% ± 3.3	15.4% ± 3.0	66.7% ± 3.8
South - Outer Ring	982	19.2% ± 4.1	18.6% ± 3.7	62.3% ± 4.5
Bloomington	632	16.6% ± 1.4	17.1% ± 1.3	66.3% ± 1.7
Gender				
Male	3,116	19.0% ± 2.3	17.2% ± 2.0	63.8% ± 2.6
Female	5,420	16.7% ± 1.4	15.7% ± 1.4	67.5% ± 1.7
Age				
25-34	1,199	11.2% ± 2.7	11.3% ± 2.7	77.5% ± 3.4
35-44	1,119	21.0% ± 3.8	16.5% ± 3.1	62.6% ± 4.1
45-54	1,460	19.8% ± 3.0	17.6% ± 2.9	62.5% ± 3.5
55-64	1,997	23.0% ± 2.7	20.4% ± 2.5	56.6% ± 2.9
65-74	1,528	20.0% ± 2.5	20.8% ± 2.5	59.2% ± 3.0
75 and older	1,217	9.4% ± 2.0	14.3% ± 2.5	76.4% ± 2.9
Household income				
< 200% of FPL	1,454	23.7% ± 3.9	14.1% ± 3.0	62.2% ± 4.2
≥ 200% of FPL	6,714	16.6% ± 1.4	17.1% ± 1.3	66.3% ± 1.7

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Do you consider yourself: **Overweight, about the right weight, or underweight?**

TABLE 17	Sample Size	Overweight	About the right weight	Underweight
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,533	40.9% ± 1.6	56.9% ± 1.6	2.1% ± 0.5
Minneapolis				
Total	3,296	36.4% ± 2.4	61.2% ± 2.4	2.4% ± 0.7
Camden, Near North	758	45.4% ± 5.5	52.2% ± 5.5	*2.4% ± 1.4
Longfellow, NE, University	830	40.7% ± 4.8	57.6% ± 4.8	*1.7% ± 1.5
Central, Phillips, Powderhorn	741	30.2% ± 4.7	66.6% ± 4.8	*3.2% ± 2.0
Calhoun-Isles, Nokomis, SW	967	33.8% ± 4.2	64.2% ± 4.2	*2.1% ± 1.5
Suburban Areas				
Total	5,237	43.1% ± 2.0	54.9% ± 2.0	2.1% ± 0.6
Northwest Suburbs	1,590	46.3% ± 3.4	52.2% ± 3.4	*1.5% ± 0.9
Northwest - Inner Ring	819	43.3% ± 4.5	54.9% ± 4.6	*1.8% ± 1.1
Northwest - Outer Ring	771	47.7% ± 4.6	51.0% ± 4.6	^1.4% ± 1.5
West Suburbs	1,661	38.8% ± 3.2	58.3% ± 3.2	2.8% ± 1.5
West - Inner Ring	760	36.1% ± 4.5	61.0% ± 4.6	^2.8% ± 3.0
West - Outer Ring	901	40.4% ± 4.3	56.7% ± 4.3	*2.9% ± 1.9
South Suburbs	1,986	41.7% ± 3.2	56.1% ± 3.2	2.2% ± 1.1
South - Inner Ring	1,001	38.5% ± 3.9	59.6% ± 3.9	*1.9% ± 1.2
South - Outer Ring	985	43.5% ± 4.5	54.1% ± 4.4	*2.4% ± 1.8
Bloomington	635	40.4% ± 1.7	57.6% ± 1.7	1.9% ± 0.5
Gender				
Male	3,114	38.9% ± 2.6	58.4% ± 2.6	2.7% ± 0.9
Female	5,417	42.8% ± 1.8	55.5% ± 1.8	1.7% ± 0.4
Age				
25-34	1,200	30.5% ± 3.6	66.6% ± 3.7	2.9% ± 1.4
35-44	1,117	44.2% ± 4.0	54.4% ± 4.0	*1.4% ± 1.0
45-54	1,458	43.0% ± 3.6	55.7% ± 3.6	*1.3% ± 1.3
55-64	1,989	48.0% ± 2.9	50.0% ± 2.9	2.0% ± 1.0
65-74	1,528	51.2% ± 3.0	47.1% ± 3.0	*1.6% ± 1.0
75 and older	1,221	31.1% ± 3.2	64.0% ± 3.3	5.0% ± 1.5
Household income				
< 200% of FPL	1,449	44.2% ± 4.2	52.7% ± 4.2	3.1% ± 1.4
≥ 200% of FPL	6,710	40.4% ± 1.7	57.6% ± 1.7	1.9% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Are you limited in any activities because of physical, mental, or emotional problems?

TABLE 18	Among persons aged 25 and older:			Among persons aged 55 and older:			Among persons aged 65 and older:		
	Yes			Yes			Yes		
	N	%	± 95% C.I.	N	%	± 95% C.I.	N	%	± 95% C.I.
Hennepin County Total	8,526	18.6%	± 1.1	4,746	30.3%	± 1.7	2,750	35.0%	± 2.2
Minneapolis									
Total	3,304	20.2%	± 1.8	1,557	34.3%	± 3.3	788	36.9%	± 4.6
Camden, Near North	762	26.0%	± 4.5	398	37.9%	± 6.6	202	40.2%	± 9.1
Longfellow, NE, University	829	23.5%	± 3.9	392	35.8%	± 6.3	198	37.9%	± 8.5
Central, Phillips, Powderhorn	744	18.5%	± 3.8	324	34.2%	± 7.5	168	36.9%	± 10.9
Calhoun-Isles, Nokomis, SW	969	15.8%	± 3.1	443	31.0%	± 5.8	220	34.3%	± 8.1
Suburban Areas									
Total	5,222	17.8%	± 1.4	3,189	28.9%	± 2.0	1,962	34.4%	± 2.5
Northwest Suburbs	1,579	17.7%	± 2.5	929	29.3%	± 3.7	545	35.7%	± 4.8
Northwest - Inner Ring	811	19.4%	± 3.3	485	36.0%	± 4.8	313	39.7%	± 6.1
Northwest - Outer Ring	768	16.9%	± 3.5	444	25.8%	± 5.1	232	32.8%	± 7.1
West Suburbs	1,661	17.3%	± 2.2	1,000	27.6%	± 3.3	588	32.5%	± 4.3
West - Inner Ring	760	18.3%	± 3.2	403	33.2%	± 5.4	226	36.7%	± 7.3
West - Outer Ring	901	16.6%	± 3.0	597	25.1%	± 4.1	362	30.4%	± 5.4
South Suburbs	1,982	18.2%	± 2.2	1,260	29.4%	± 3.0	829	34.4%	± 3.8
South - Inner Ring	999	20.8%	± 2.9	644	31.6%	± 4.1	451	37.2%	± 4.9
South - Outer Ring	983	16.7%	± 3.1	616	28.0%	± 4.3	378	32.4%	± 5.6
Bloomington	634	15.3%	± 1.1	433	26.8%	± 1.9	288	32.1%	± 2.4
Gender									
Male	3,111	17.0%	± 1.7	1,881	28.7%	± 2.7	1,140	33.5%	± 3.3
Female	5,413	20.0%	± 1.4	2,864	31.7%	± 2.1	1,609	36.1%	± 3.0
Age									
25-34	1,200	9.0%	± 2.1	N/A			N/A		
35-44	1,119	12.0%	± 2.7	N/A			N/A		
45-54	1,461	16.6%	± 2.7	N/A			N/A		
55-64	1,996	26.0%	± 2.5	1,996	26.0%	± 2.5	N/A		
65-74	1,522	30.1%	± 2.8	1,522	30.1%	± 2.8	1,522	30.1%	± 2.8
75 and older	1,209	40.3%	± 3.4	1,209	40.3%	± 3.4	1,209	40.3%	± 3.4
Household income									
< 200% of FPL	1,452	34.0%	± 3.8	942	44.0%	± 4.5	598	44.1%	± 5.5
≥ 200% of FPL	6,702	15.3%	± 1.1	3,530	26.8%	± 1.9	1,946	32.1%	± 2.4

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Because of any impairment or health problem, do you have difficulty getting, keeping or working at a job or business?

TABLE 19	Among persons aged 25 and older:			Among persons aged 55 and older:			Among persons aged 65 and older:		
	Yes			Yes			Yes		
	N	%	± 95% C.I.	N	%	± 95% C.I.	N	%	± 95% C.I.
Hennepin County Total	8,340	7.8%	± 0.8	4,569	11.1%	± 1.2	2,578	10.7%	± 1.5
Minneapolis									
Total	3,253	11.1%	± 1.6	1,510	17.2%	± 2.9	744	13.3%	± 3.5
Camden, Near North	742	21.0%	± 4.7	379	24.9%	± 6.5	186	22.3%	± 9.2
Longfellow, NE, University	819	9.8%	± 3.4	383	17.6%	± 6.8	189	*11.5%	± 6.8
Central, Phillips, Powderhorn	730	12.3%	± 3.8	311	20.8%	± 6.8	156	16.5%	± 9.3
Calhoun-Isles, Nokomis, SW	962	5.2%	± 2.2	437	10.0%	± 5.0	213	*8.0%	± 6.6
Suburban Areas									
Total	5,087	6.2%	± 1.0	3,059	8.9%	± 1.2	1,834	9.9%	± 1.8
Northwest Suburbs	1,545	6.7%	± 1.9	897	9.3%	± 2.4	513	10.2%	± 3.4
Northwest - Inner Ring	786	7.1%	± 2.4	461	11.9%	± 3.5	289	10.8%	± 4.8
Northwest - Outer Ring	759	6.5%	± 2.8	436	8.0%	± 3.3	224	9.8%	± 5.1
West Suburbs	1,624	5.3%	± 1.3	962	8.2%	± 2.0	552	9.6%	± 3.0
West - Inner Ring	750	6.8%	± 2.1	392	13.3%	± 4.2	215	15.0%	± 6.2
West - Outer Ring	874	4.3%	± 1.7	570	5.9%	± 2.3	337	6.8%	± 3.4
South Suburbs	1,918	6.2%	± 1.4	1,200	8.8%	± 2.0	769	9.9%	± 2.9
South - Inner Ring	959	8.4%	± 2.1	605	11.2%	± 3.0	412	11.2%	± 3.6
South - Outer Ring	959	4.9%	± 2.0	595	7.2%	± 2.9	357	8.9%	± 4.6
Bloomington	615	3.7%	± 0.6	416	6.4%	± 1.0	271	6.7%	± 1.4
Gender									
Male	3,065	7.3%	± 1.3	1,840	10.3%	± 1.8	1,102	9.2%	± 2.3
Female	5,273	8.3%	± 1.1	2,728	11.7%	± 1.6	1,475	11.9%	± 2.2
Age									
25-34	1,198	3.3%	± 1.7	N/A			N/A		
35-44	1,117	4.3%	± 1.9	N/A			N/A		
45-54	1,456	10.7%	± 2.5	N/A			N/A		
55-64	1,991	11.4%	± 1.8	1,991	11.4%	± 1.8	N/A		
65-74	1,495	11.0%	± 2.2	1,495	11.0%	± 2.2	1,495	11.0%	± 2.2
75 and older	1,066	10.2%	± 2.2	1,066	10.2%	± 2.2	1,066	10.2%	± 2.2
Household income									
< 200% of FPL	1,390	28.3%	± 3.8	880	31.2%	± 4.4	538	24.4%	± 5.0
≥ 200% of FPL	6,601	3.7%	± 0.6	3,437	6.4%	± 1.0	1,856	6.7%	± 1.4

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Because of any impairment or health problem, do you need help from another person with personal care needs such as eating, bathing, dressing, or getting around your house?

TABLE 20	Among persons aged 55 and older:			Among persons aged 65 and older:		
	Yes			Yes		
	N	% ± 95% C.I.		N	% ± 95% C.I.	
Hennepin County Total	4,760	3.4% ± 0.7		2,766	4.4% ± 1.0	
Minneapolis						
Total	1,563	6.0% ± 2.1		793	7.4% ± 2.9	
Camden, Near North	400	11.4% ± 5.5		204	18.2% ± 10.0	
Longfellow, NE, University	394	^6.4% ± 6.5		200	^4.3% ± 5.0	
Central, Phillips, Powderhorn	324	*7.4% ± 4.6		168	*12.7% ± 8.7	
Calhoun-Isles, Nokomis, SW	445	^1.5% ± 3.8		221	^0.7% ± 2.4	
Suburban Areas						
Total	3,197	2.4% ± 0.7		1,973	3.4% ± 1.1	
Northwest Suburbs	935	2.5% ± 1.2		552	*3.2% ± 2.0	
Northwest - Inner Ring	488	*3.9% ± 2.4		317	*4.0% ± 3.2	
Northwest - Outer Ring	447	*1.7% ± 1.6		235	^2.6% ± 3.0	
West Suburbs	1,000	2.0% ± 1.1		590	*3.1% ± 1.9	
West - Inner Ring	403	*3.3% ± 2.4		226	*4.4% ± 3.6	
West - Outer Ring	597	*1.4% ± 1.3		364	^2.5% ± 2.6	
South Suburbs	1,262	2.6% ± 1.3		831	3.8% ± 2.2	
South - Inner Ring	645	3.6% ± 1.9		452	5.0% ± 2.9	
South - Outer Ring	617	^2.0% ± 2.1		379	^2.9% ± 3.8	
Bloomington	434	1.4% ± 0.5		288	2.3% ± 0.9	
Gender						
Male	1,885	3.1% ± 1.2		1,146	4.1% ± 1.6	
Female	2,874	3.6% ± 0.9		1,619	4.5% ± 1.5	
Age						
25-34	N/A			N/A		
35-44	N/A			N/A		
45-54	N/A			N/A		
55-64	1,994	2.4% ± 1.1		N/A		
65-74	1,527	3.3% ± 1.5		1,527	3.3% ± 1.5	
75 and older	1,220	5.3% ± 1.5		1,220	5.3% ± 1.5	
Household income						
< 200% of FPL	945	10.9% ± 3.1		600	10.7% ± 3.6	
≥ 200% of FPL	3,541	1.4% ± 0.5		1,960	2.3% ± 0.9	

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Overall Health



Because of any impairment or health problem, do you need help from another person in handling routine needs such as everyday household chores, business, shopping, or getting around for other purposes?

TABLE 21	Among persons aged 55 and older:			Among persons aged 65 and older:		
	Yes			Yes		
	N	%	± 95% C.I.	N	%	± 95% C.I.
Hennepin County Total	4,747	8.8%	± 1.0	2,757	11.7%	± 1.5
Minneapolis						
Total	1,557	11.8%	± 2.3	792	14.1%	± 3.4
Camden, Near North	397	20.2%	± 5.9	204	26.7%	± 9.6
Longfellow, NE, University	393	11.0%	± 5.1	200	10.8%	± 5.8
Central, Phillips, Powderhorn	323	14.1%	± 5.2	168	18.5%	± 8.6
Calhoun-Isles, Nokomis, SW	444	*5.9%	± 3.9	220	*7.2%	± 6.8
Suburban Areas						
Total	3,190	7.7%	± 1.1	1,965	10.9%	± 1.7
Northwest Suburbs	931	7.6%	± 2.0	548	11.1%	± 3.4
Northwest - Inner Ring	485	11.9%	± 3.7	314	13.3%	± 4.7
Northwest - Outer Ring	446	5.3%	± 2.4	234	9.5%	± 5.1
West Suburbs	1,000	7.0%	± 1.9	589	9.7%	± 3.0
West - Inner Ring	402	9.9%	± 3.8	225	11.7%	± 5.8
West - Outer Ring	598	5.8%	± 2.2	364	8.7%	± 3.7
South Suburbs	1,259	8.5%	± 1.9	828	11.6%	± 2.8
South - Inner Ring	643	10.7%	± 2.7	450	14.5%	± 3.8
South - Outer Ring	616	7.0%	± 2.8	378	9.5%	± 4.2
Bloomington	433	5.3%	± 0.9	287	8.2%	± 1.6
Gender						
Male	1,883	6.1%	± 1.4	1,145	6.7%	± 1.9
Female	2,864	11.1%	± 1.4	1,612	15.3%	± 2.3
Age						
25-34	N/A			N/A		
35-44	N/A			N/A		
45-54	N/A			N/A		
55-64	1,990	6.1%	± 1.3	N/A		
65-74	1,525	7.6%	± 2.0	1,525	7.6%	± 2.0
75 and older	1,213	15.7%	± 2.4	1,213	15.7%	± 2.4
Household income						
< 200% of FPL	941	22.3%	± 3.6	597	22.3%	± 4.4
≥ 200% of FPL	3,535	5.3%	± 0.9	1,956	8.2%	± 1.6

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)



**Metro SHAPE
2014**

Access to Health Care

Access to Health Care



Do you currently have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medical Assistance, Medicare, Indian Health Services, or any plan through MNSure?

TABLE 22

	Among persons aged 25 and older:			Among persons aged 25 to 64:		
	N	Yes	% ± 95% C.I.	N	Yes	% ± 95% C.I.
Hennepin County Total	8,536	90.1%	± 1.1	5,771	89.1%	± 1.3
Minneapolis						
Total	3,308	90.6%	± 1.7	2,514	89.9%	± 1.9
Camden, Near North	759	85.2%	± 5.5	555	84.1%	± 6.1
Longfellow, NE, University	833	93.1%	± 3.7	632	92.3%	± 4.3
Central, Phillips, Powderhorn	744	92.0%	± 2.9	576	91.8%	± 3.2
Calhoun-Isles, Nokomis, SW	972	90.6%	± 2.8	751	89.6%	± 3.2
Suburban Areas						
Total	5,228	89.8%	± 1.4	3,257	88.7%	± 1.7
Northwest Suburbs	1,578	89.0%	± 2.6	1,031	87.9%	± 3.1
Northwest - Inner Ring	812	90.8%	± 3.2	497	90.1%	± 4.0
Northwest - Outer Ring	766	88.2%	± 3.7	534	86.9%	± 4.2
West Suburbs	1,665	90.1%	± 2.5	1,073	88.9%	± 3.0
West - Inner Ring	762	89.8%	± 4.2	534	89.2%	± 5.1
West - Outer Ring	903	90.4%	± 3.3	539	88.7%	± 4.0
South Suburbs	1,985	90.7%	± 2.1	1,153	89.7%	± 2.6
South - Inner Ring	1,000	90.1%	± 2.7	548	88.2%	± 3.6
South - Outer Ring	985	91.1%	± 3.1	605	90.6%	± 3.8
Bloomington	636	90.7%	± 1.2	347	89.8%	± 1.3
Gender						
Male	3,119	90.1%	± 1.8	1,972	89.1%	± 2.1
Female	5,416	90.1%	± 1.3	3,798	89.1%	± 1.5
Age						
25-34	1,201	88.4%	± 2.8	1,201	88.4%	± 2.8
35-44	1,119	89.4%	± 2.6	1,119	89.4%	± 2.6
45-54	1,458	87.7%	± 3.0	1,458	87.7%	± 3.0
55-64	1,993	91.5%	± 1.9	1,993	91.5%	± 1.9
65-74	1,529	96.3%	± 1.3	N/A		
75 and older	1,217	94.0%	± 1.9	N/A		
Household income						
< 200% of FPL	1,450	86.6%	± 3.5	851	85.1%	± 4.4
≥ 200% of FPL	6,711	90.7%	± 1.2	4,754	89.8%	± 1.3

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Access to Health Care



During the past 12 months, did you have health insurance for the entire year, only part of the year, or were you not insured for the entire year?

TABLE 23	Sample Size	Insured the entire year	Insured only part of the year	Uninsured the entire year
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,533	85.2% ± 1.3	12.6% ± 1.2	2.3% ± 0.6
Minneapolis				
Total	3,303	82.6% ± 2.1	13.9% ± 1.9	3.5% ± 1.4
Camden, Near North	759	75.4% ± 5.7	18.0% ± 5.0	*6.6% ± 5.0
Longfellow, NE, University	832	86.8% ± 4.1	11.1% ± 3.5	^2.2% ± 3.7
Central, Phillips, Powderhorn	741	81.1% ± 4.7	14.3% ± 4.1	*4.7% ± 3.6
Calhoun-Isles, Nokomis, SW	971	85.2% ± 3.3	13.3% ± 3.2	*1.5% ± 1.1
Suburban Areas				
Total	5,230	86.4% ± 1.6	11.9% ± 1.6	1.7% ± 0.6
Northwest Suburbs	1,582	84.8% ± 3.0	13.2% ± 2.9	*2.0% ± 1.3
Northwest - Inner Ring	814	87.5% ± 3.5	10.1% ± 3.2	*2.4% ± 2.0
Northwest - Outer Ring	768	83.4% ± 4.2	14.7% ± 4.1	^1.9% ± 2.0
West Suburbs	1,664	87.1% ± 2.6	11.4% ± 2.6	*1.5% ± 0.9
West - Inner Ring	762	86.0% ± 4.4	12.0% ± 4.3	*1.9% ± 1.8
West - Outer Ring	902	87.7% ± 3.5	11.1% ± 3.4	*1.2% ± 1.1
South Suburbs	1,984	88.3% ± 2.4	10.3% ± 2.3	*1.3% ± 0.9
South - Inner Ring	999	87.4% ± 3.0	10.9% ± 2.9	*1.7% ± 1.5
South - Outer Ring	985	88.9% ± 3.5	10.0% ± 3.4	^1.1% ± 1.4
Bloomington	635	87.5% ± 1.3	11.2% ± 1.3	1.2% ± 0.4
Gender				
Male	3,119	84.5% ± 2.2	12.9% ± 2.0	2.6% ± 1.1
Female	5,412	85.8% ± 1.5	12.2% ± 1.4	2.0% ± 0.7
Age				
25-34	1,199	79.1% ± 3.4	18.6% ± 3.3	*2.3% ± 1.4
35-44	1,119	84.7% ± 3.0	13.5% ± 2.9	*1.8% ± 1.3
45-54	1,460	83.7% ± 3.2	12.9% ± 2.9	3.5% ± 2.0
55-64	1,991	87.2% ± 2.3	10.1% ± 2.1	2.8% ± 1.3
65-74	1,528	95.5% ± 1.4	3.8% ± 1.2	^0.7% ± 1.1
75 and older	1,218	93.7% ± 2.0	5.9% ± 1.9	^0.4% ± 0.6
Household income				
< 200% of FPL	1,445	72.8% ± 4.3	19.6% ± 3.9	7.7% ± 3.1
≥ 200% of FPL	6,715	87.5% ± 1.3	11.2% ± 1.3	1.2% ± 0.4

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Access to Health Care



During the past 12 months how difficult has it been for you and your family to pay for health insurance premiums, co-pays, and deductibles?

TABLE 24	Sample Size	Very difficult	Somewhat difficult	Not too difficult	Not at all difficult	Not applicable
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,533	5.6% ± 0.9	15.3% ± 1.2	26.7% ± 1.4	48.7% ± 1.6	3.6% ± 0.6
Minneapolis						
Total	3,307	6.1% ± 1.2	16.6% ± 2.1	26.1% ± 2.3	45.0% ± 2.4	6.2% ± 1.5
Camden, Near North	762	12.7% ± 4.2	17.7% ± 4.3	28.8% ± 5.7	30.6% ± 4.9	10.2% ± 3.7
Longfellow, NE, University	829	*4.3% ± 2.9	17.9% ± 4.7	25.3% ± 4.1	49.0% ± 4.7	3.6% ± 2.0
Central, Phillips, Powderhorn	744	6.3% ± 2.6	17.3% ± 4.7	27.9% ± 5.0	39.7% ± 5.1	8.8% ± 4.2
Calhoun-Isles, Nokomis, SW	972	3.2% ± 1.6	14.4% ± 3.5	23.5% ± 3.7	55.5% ± 4.3	3.5% ± 1.9
Suburban Areas						
Total	5,226	5.5% ± 1.2	14.6% ± 1.5	27.0% ± 1.8	50.5% ± 2.0	2.4% ± 0.6
Northwest Suburbs	1,582	7.8% ± 2.4	13.9% ± 2.6	28.0% ± 3.2	48.4% ± 3.4	2.0% ± 1.0
Northwest - Inner Ring	811	5.5% ± 2.8	14.8% ± 3.4	30.6% ± 4.5	45.6% ± 4.6	*3.5% ± 2.5
Northwest - Outer Ring	771	8.8% ± 3.3	13.5% ± 3.5	26.7% ± 4.2	49.7% ± 4.6	*1.3% ± 1.0
West Suburbs	1,665	3.2% ± 1.3	15.6% ± 2.6	25.9% ± 2.9	52.5% ± 3.2	2.9% ± 1.1
West - Inner Ring	761	*2.9% ± 1.8	14.5% ± 3.9	25.3% ± 4.3	52.9% ± 4.8	4.4% ± 2.3
West - Outer Ring	904	3.3% ± 1.8	16.2% ± 3.6	26.3% ± 3.9	52.2% ± 4.2	*2.0% ± 1.2
South Suburbs	1,979	3.8% ± 1.4	14.9% ± 2.5	26.6% ± 2.8	52.1% ± 3.1	2.6% ± 1.0
South - Inner Ring	995	3.9% ± 2.1	13.8% ± 2.9	24.0% ± 3.4	54.6% ± 3.9	3.7% ± 1.9
South - Outer Ring	984	3.7% ± 1.9	15.6% ± 3.7	28.1% ± 4.1	50.6% ± 4.4	*2.0% ± 1.4
Bloomington	634	3.9% ± 0.8	13.6% ± 1.3	27.0% ± 1.6	53.7% ± 1.7	1.8% ± 0.5
Gender						
Male	3,119	5.2% ± 1.4	13.5% ± 2.0	25.5% ± 2.3	51.9% ± 2.6	3.9% ± 1.0
Female	5,412	6.0% ± 1.1	17.0% ± 1.5	27.9% ± 1.7	45.7% ± 1.8	3.4% ± 0.7
Age						
25-34	1,199	4.8% ± 2.1	15.2% ± 3.0	27.0% ± 3.3	49.5% ± 3.7	3.5% ± 1.4
35-44	1,120	6.0% ± 2.2	18.6% ± 3.3	25.2% ± 3.6	46.8% ± 4.0	3.4% ± 1.5
45-54	1,457	8.6% ± 2.5	15.6% ± 2.7	28.4% ± 3.4	43.5% ± 3.6	3.8% ± 1.8
55-64	1,992	5.7% ± 1.7	15.7% ± 2.3	27.9% ± 2.7	46.7% ± 2.9	4.0% ± 1.2
65-74	1,530	2.7% ± 1.3	10.6% ± 2.1	23.2% ± 2.6	61.0% ± 3.0	2.6% ± 1.1
75 and older	1,216	*1.3% ± 1.0	10.2% ± 3.0	25.9% ± 3.1	58.2% ± 3.5	4.4% ± 1.4
Household income						
< 200% of FPL	1,441	14.7% ± 3.6	23.4% ± 3.8	25.0% ± 3.8	24.2% ± 3.6	12.7% ± 2.7
≥ 200% of FPL	6,719	3.9% ± 0.8	13.6% ± 1.3	27.0% ± 1.6	53.7% ± 1.7	1.8% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Access to Health Care



During the past 12 months, was there a time you needed medical care?

TABLE 25	Among persons aged 25 and older:			Among persons who needed care:			Among persons who delayed or did not get care:		
	Yes			Delayed or did not get the needed care			Was that due to cost or lack of insurance?		
	N	%	± 95% C.I.	N	%	± 95% C.I.	N	%	± 95% C.I.
Hennepin County Total	8,520	65.0%	± 1.5	5,470	18.9%	± 1.6	920	68.9%	± 4.3
Minneapolis									
Total	3,297	65.9%	± 2.5	2,170	21.6%	± 2.5	447	63.4%	± 6.3
Camden, Near North	753	62.0%	± 5.7	473	30.6%	± 6.5	123	63.5%	± 12.5
Longfellow, NE, University	830	65.9%	± 4.7	543	21.7%	± 5.3	103	74.7%	± 11.0
Central, Phillips, Powderhorn	744	65.8%	± 5.5	494	22.0%	± 5.1	110	53.9%	± 12.0
Calhoun-Isles, Nokomis, SW	970	68.3%	± 4.2	660	16.6%	± 4.0	111	64.2%	± 13.4
Suburban Areas									
Total	5,223	64.5%	± 2.0	3,300	17.6%	± 2.1	473	72.2%	± 5.8
Northwest Suburbs	1,581	64.7%	± 3.4	1,004	18.0%	± 3.7	151	76.2%	± 10.0
Northwest - Inner Ring	811	66.1%	± 4.6	544	18.7%	± 4.9	82	72.1%	± 13.1
Northwest - Outer Ring	770	64.1%	± 4.5	460	17.7%	± 5.1	69	78.2%	± 14.2
West Suburbs	1,664	64.1%	± 3.2	1,049	17.2%	± 3.5	146	67.9%	± 10.6
West - Inner Ring	761	65.1%	± 4.9	491	17.1%	± 5.1	82	61.7%	± 16.0
West - Outer Ring	903	63.6%	± 4.3	558	17.2%	± 4.9	64	71.9%	± 14.0
South Suburbs	1,978	64.5%	± 3.1	1,247	17.2%	± 3.3	176	69.3%	± 9.8
South - Inner Ring	995	64.7%	± 4.0	628	17.8%	± 4.2	91	80.6%	± 9.4
South - Outer Ring	983	64.3%	± 4.4	619	16.9%	± 4.8	85	62.6%	± 14.4
Bloomington	634	65.2%	± 1.7	398	16.0%	± 1.6	54	68.3%	± 5.1
Gender									
Male	3,110	58.7%	± 2.6	1,795	18.5%	± 2.9	280	66.4%	± 7.6
Female	5,408	70.8%	± 1.7	3,673	19.2%	± 1.8	639	70.7%	± 5.2
Age									
25-34	1,199	65.2%	± 3.7	813	22.0%	± 3.8	189	68.5%	± 9.2
35-44	1,119	66.4%	± 4.0	771	22.2%	± 4.3	168	75.9%	± 10.8
45-54	1,457	62.6%	± 3.6	911	21.3%	± 3.9	189	73.1%	± 8.3
55-64	1,991	63.4%	± 2.9	1,273	17.3%	± 2.9	237	66.6%	± 8.7
65-74	1,525	67.1%	± 2.9	968	9.0%	± 2.5	85	46.7%	± 13.7
75 and older	1,210	68.6%	± 3.3	727	8.2%	± 3.1	51	^15.3%	± 17.7
Household income									
< 200% of FPL	1,437	64.1%	± 4.2	893	33.7%	± 5.2	262	70.3%	± 9.0
≥ 200% of FPL	6,712	65.2%	± 1.7	4,357	16.0%	± 1.6	631	68.3%	± 5.1

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Access to Health Care



During the past 12 months was there a time when you wanted to talk with or seek help from a health professional about stress, depression, a problem with emotions, excessive worrying, or troubling thoughts?

TABLE 26

	Among persons aged 25 and older:			Among persons who needed care: Delayed or did not get the needed care			Among persons who delayed or did not get care: Was that due to cost or lack of insurance?		
	Yes								
	N	% ± 95% C.I.		N	% ± 95% C.I.		N	% ± 95% C.I.	
Hennepin County Total	8,510	24.2% ± 1.3		1,991	52.7% ± 3.2		967	45.7% ± 4.7	
Minneapolis									
Total	3,296	30.8% ± 2.3		973	51.9% ± 4.4		480	48.4% ± 6.4	
Camden, Near North	759	30.8% ± 5.2		214	55.1% ± 9.8		112	51.8% ± 13.1	
Longfellow, NE, University	827	30.1% ± 4.3		239	46.3% ± 8.2		109	55.6% ± 12.2	
Central, Phillips, Powderhorn	740	33.2% ± 5.0		249	56.0% ± 8.5		129	45.8% ± 11.9	
Calhoun-Isles, Nokomis, SW	970	28.9% ± 4.1		271	49.6% ± 8.2		130	44.1% ± 13.0	
Suburban Areas									
Total	5,214	21.0% ± 1.7		1,018	53.4% ± 4.4		487	43.9% ± 6.6	
Northwest Suburbs	1,580	19.7% ± 3.0		283	54.0% ± 8.1		136	52.2% ± 11.5	
Northwest - Inner Ring	813	20.3% ± 3.8		159	49.7% ± 9.9		78	56.6% ± 14.2	
Northwest - Outer Ring	767	19.5% ± 4.0		124	56.2% ± 11.1		58	50.3% ± 15.2	
West Suburbs	1,661	22.4% ± 2.8		354	49.4% ± 6.8		160	38.3% ± 10.0	
West - Inner Ring	760	27.1% ± 4.4		200	47.6% ± 9.0		93	36.6% ± 13.1	
West - Outer Ring	901	19.6% ± 3.6		154	50.8% ± 9.9		67	39.5% ± 14.5	
South Suburbs	1,973	21.9% ± 2.7		381	55.7% ± 6.7		191	36.8% ± 9.4	
South - Inner Ring	992	22.1% ± 3.5		192	50.7% ± 8.7		94	48.9% ± 12.1	
South - Outer Ring	981	21.7% ± 3.9		189	58.5% ± 9.2		97	30.7% ± 12.6	
Bloomington	632	22.8% ± 1.5		121	51.8% ± 3.6		49	40.7% ± 5.2	
Gender									
Male	3,110	19.5% ± 2.1		559	52.8% ± 6.0		260	43.8% ± 9.1	
Female	5,399	28.5% ± 1.7		1,431	52.7% ± 3.5		706	46.8% ± 5.2	
Age									
25-34	1,200	31.7% ± 3.4		426	59.5% ± 6.1		251	47.2% ± 8.6	
35-44	1,118	28.5% ± 3.6		380	60.1% ± 6.7		201	47.0% ± 9.9	
45-54	1,458	24.5% ± 3.1		407	48.2% ± 6.9		206	53.1% ± 9.4	
55-64	1,987	19.3% ± 2.2		429	39.9% ± 6.1		175	36.4% ± 9.3	
65-74	1,525	14.8% ± 2.2		230	42.7% ± 7.8		94	26.5% ± 11.0	
75 and older	1,203	10.8% ± 2.2		118	34.7% ± 10.4		40	^8.1% ± 11.6	
Household income									
< 200% of FPL	1,438	33.6% ± 4.0		451	56.0% ± 7.1		229	62.6% ± 10.4	
≥ 200% of FPL	6,702	22.8% ± 1.5		1,500	51.8% ± 3.6		721	40.7% ± 5.2	

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Access to Health Care



Do you have one person you think of as your personal doctor or health care provider?

TABLE 27	Sample Size	Yes, only one person	More than one person	No, no personal doctor or provider
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,535	48.6% ± 1.6	29.3% ± 1.4	22.2% ± 1.4
Minneapolis				
Total	3,308	44.1% ± 2.5	27.7% ± 2.1	28.2% ± 2.4
Camden, Near North	759	44.6% ± 5.4	26.0% ± 4.8	29.4% ± 5.8
Longfellow, NE, University	832	42.9% ± 4.7	31.0% ± 4.6	26.2% ± 4.3
Central, Phillips, Powderhorn	744	40.8% ± 5.3	23.4% ± 4.2	35.7% ± 5.5
Calhoun-Isles, Nokomis, SW	973	47.9% ± 4.3	30.4% ± 3.8	21.7% ± 3.7
Suburban Areas				
Total	5,227	50.7% ± 2.0	30.0% ± 1.8	19.3% ± 1.8
Northwest Suburbs	1,587	50.3% ± 3.4	28.6% ± 3.1	21.0% ± 3.2
Northwest - Inner Ring	816	48.6% ± 4.6	28.2% ± 4.2	23.2% ± 4.6
Northwest - Outer Ring	771	51.1% ± 4.6	28.8% ± 4.1	20.0% ± 4.3
West Suburbs	1,659	51.6% ± 3.2	31.5% ± 2.9	16.9% ± 2.8
West - Inner Ring	757	51.0% ± 4.9	26.0% ± 3.9	23.0% ± 4.8
West - Outer Ring	902	52.0% ± 4.2	34.7% ± 4.0	13.2% ± 3.5
South Suburbs	1,981	50.5% ± 3.1	31.0% ± 2.8	18.5% ± 3.0
South - Inner Ring	997	48.9% ± 4.0	34.5% ± 3.7	16.6% ± 3.6
South - Outer Ring	984	51.5% ± 4.4	28.9% ± 3.9	19.6% ± 4.3
Bloomington	635	48.1% ± 1.7	29.9% ± 1.5	22.0% ± 1.6
Gender				
Male	3,119	48.4% ± 2.6	23.0% ± 2.1	28.6% ± 2.5
Female	5,415	48.7% ± 1.8	35.1% ± 1.7	16.2% ± 1.5
Age				
25-34	1,200	35.6% ± 3.6	22.8% ± 3.2	41.6% ± 3.7
35-44	1,119	44.3% ± 4.0	26.2% ± 3.5	29.5% ± 3.9
45-54	1,457	52.9% ± 3.6	29.9% ± 3.3	17.2% ± 2.7
55-64	1,995	56.9% ± 2.8	32.5% ± 2.6	10.6% ± 1.9
65-74	1,530	59.0% ± 3.0	35.5% ± 2.9	5.4% ± 1.7
75 and older	1,216	55.8% ± 3.5	40.0% ± 3.4	4.1% ± 1.7
Household income				
< 200% of FPL	1,447	48.3% ± 4.2	26.3% ± 3.5	25.3% ± 4.0
≥ 200% of FPL	6,718	48.1% ± 1.7	29.9% ± 1.5	22.0% ± 1.6

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Access to Health Care



When you are sick or need medical care, where do you usually go?

TABLE 28	Sample Size	Doctor's office, clinic, public health or community clinic	Hospital emergency room	Urgent Care Center	Clinic located in a drug or grocery store	No usual place
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,345	80.8% ± 1.3	1.3% ± 0.5	7.9% ± 1.0	3.0% ± 0.6	5.3% ± 0.8
Minneapolis						
Total	3,215	81.3% ± 2.0	2.3% ± 1.2	5.8% ± 1.3	2.3% ± 0.8	6.2% ± 1.3
Camden, Near North	740	79.1% ± 4.7	*5.1% ± 3.4	5.4% ± 2.4	^1.2% ± 1.7	6.3% ± 3.0
Longfellow, NE, University	814	81.7% ± 4.3	^2.2% ± 4.2	6.1% ± 2.7	^2.1% ± 2.1	5.9% ± 2.7
Central, Phillips, Powderhorn	719	80.4% ± 4.7	^2.5% ± 3.4	5.8% ± 3.3	*2.7% ± 2.1	6.7% ± 3.3
Calhoun-Isles, Nokomis, SW	942	83.0% ± 3.2	^0.5% ± 0.8	5.9% ± 2.3	*2.6% ± 1.7	5.9% ± 2.1
Suburban Areas						
Total	5,130	80.5% ± 1.7	*0.8% ± 0.5	8.8% ± 1.3	3.4% ± 0.8	4.8% ± 1.1
Northwest Suburbs	1,558	80.5% ± 3.1	^0.5% ± 0.6	9.2% ± 2.4	3.3% ± 1.6	5.0% ± 2.1
Northwest - Inner Ring	801	80.2% ± 4.5	^0.8% ± 1.0	8.4% ± 3.2	*3.7% ± 3.2	*5.0% ± 3.1
Northwest - Outer Ring	757	80.6% ± 4.1	^0.4% ± 1.0	9.7% ± 3.3	*3.0% ± 2.1	4.9% ± 2.9
West Suburbs	1,637	79.0% ± 2.9	^1.3% ± 1.7	9.7% ± 2.2	3.8% ± 1.7	4.7% ± 1.6
West - Inner Ring	752	74.8% ± 4.8	^2.9% ± 4.6	10.8% ± 3.3	*4.4% ± 2.8	6.4% ± 3.1
West - Outer Ring	885	81.5% ± 3.8	^0.4% ± 0.6	9.0% ± 3.0	*3.5% ± 2.4	3.7% ± 2.0
South Suburbs	1,935	81.8% ± 2.8	^0.7% ± 1.0	7.4% ± 2.1	3.1% ± 1.2	4.6% ± 1.6
South - Inner Ring	973	82.6% ± 3.5	^1.0% ± 1.2	5.5% ± 2.4	*3.4% ± 2.1	4.9% ± 2.3
South - Outer Ring	962	81.3% ± 4.0	^0.6% ± 1.9	8.6% ± 3.1	2.9% ± 1.6	4.5% ± 2.4
Bloomington	616	81.1% ± 1.5	0.6% ± 0.3	8.2% ± 1.1	3.3% ± 0.7	5.2% ± 0.9
Gender						
Male	2,996	77.8% ± 2.3	1.9% ± 1.0	8.4% ± 1.6	2.6% ± 1.1	6.9% ± 1.5
Female	5,347	83.5% ± 1.5	0.7% ± 0.4	7.4% ± 1.2	3.4% ± 0.7	3.7% ± 0.8
Age						
25-34	1,177	72.3% ± 3.5	^0.6% ± 0.9	11.2% ± 2.7	5.9% ± 2.1	7.9% ± 2.1
35-44	1,108	76.4% ± 3.7	^1.3% ± 1.6	10.7% ± 3.0	4.2% ± 1.6	6.7% ± 2.6
45-54	1,433	81.7% ± 2.9	*2.2% ± 1.7	7.1% ± 1.9	2.2% ± 1.2	5.0% ± 1.8
55-64	1,956	87.8% ± 2.0	^0.5% ± 0.6	4.9% ± 1.4	*1.4% ± 1.0	3.8% ± 1.4
65-74	1,481	89.2% ± 2.0	^0.7% ± 0.8	4.3% ± 1.4	^0.5% ± 0.6	2.2% ± 1.1
75 and older	1,174	89.8% ± 2.3	2.3% ± 1.2	3.5% ± 1.9	^0.1% ± 0.4	*1.0% ± 0.7
Household income						
< 200% of FPL	1,387	78.4% ± 3.8	4.8% ± 2.5	6.1% ± 2.7	*1.9% ± 1.4	5.6% ± 2.5
≥ 200% of FPL	6,597	81.1% ± 1.5	0.6% ± 0.3	8.2% ± 1.1	3.3% ± 0.7	5.2% ± 0.9

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Access to Health Care



Do you take any prescription medication on a regular basis, other than birth control pills?

TABLE 29	Among persons aged 25 and older:			Among persons aged 65 and older:		
		Yes		Yes		
	N	% ± 95% C.I.		N	% ± 95% C.I.	
Hennepin County Total	8,522	50.3% ± 1.6		2,753	85.3% ± 1.7	
Minneapolis						
Total	3,305	46.4% ± 2.5		790	83.5% ± 3.5	
Camden, Near North	759	52.8% ± 5.5		200	89.9% ± 8.2	
Longfellow, NE, University	830	48.0% ± 4.7		201	78.7% ± 8.1	
Central, Phillips, Powderhorn	743	41.7% ± 5.2		167	83.6% ± 8.1	
Calhoun-Isles, Nokomis, SW	973	45.9% ± 4.2		222	84.7% ± 5.6	
Suburban Areas						
Total	5,217	52.2% ± 2.0		1,963	85.9% ± 1.9	
Northwest Suburbs	1,579	50.8% ± 3.5		547	87.3% ± 3.7	
Northwest - Inner Ring	811	53.9% ± 4.7		313	87.8% ± 5.0	
Northwest - Outer Ring	768	49.3% ± 4.6		234	87.1% ± 5.4	
West Suburbs	1,660	52.4% ± 3.2		588	83.8% ± 3.3	
West - Inner Ring	761	48.2% ± 4.8		227	84.2% ± 5.8	
West - Outer Ring	899	55.0% ± 4.3		361	83.6% ± 4.3	
South Suburbs	1,978	54.3% ± 3.2		828	85.6% ± 3.0	
South - Inner Ring	994	55.1% ± 4.0		449	86.2% ± 3.9	
South - Outer Ring	984	53.9% ± 4.4		379	85.2% ± 4.6	
Bloomington	634	48.1% ± 1.7		288	84.8% ± 1.9	
Gender						
Male	3,108	46.7% ± 2.6		1,140	83.5% ± 2.7	
Female	5,413	53.7% ± 1.8		1,613	86.6% ± 2.1	
Age						
25-34	1,197	24.3% ± 3.2		N/A		
35-44	1,120	36.9% ± 3.9		N/A		
45-54	1,457	49.7% ± 3.6		N/A		
55-64	1,995	68.6% ± 2.7		N/A		
65-74	1,524	80.8% ± 2.5		1,524	80.8% ± 2.5	
75 and older	1,210	90.0% ± 2.2		1,210	90.0% ± 2.2	
Household income						
< 200% of FPL	1,439	59.0% ± 4.3		592	86.1% ± 4.2	
≥ 200% of FPL	6,716	48.1% ± 1.7		1,960	84.8% ± 1.9	

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Access to Health Care



During the past 12 months, was there any time you skipped doses, took smaller amounts of your prescription, or did not fill a prescription because you could not afford it?

TABLE 30	Among persons aged 25 and older who regularly take prescription medications:			Among persons aged 65 and older who regularly take prescription medications:		
	Yes			Yes		
	N	%	± 95% C.I.	N	%	± 95% C.I.
Hennepin County Total	4,503	11.2%	± 1.6	1,907	6.0%	± 1.6
Minneapolis						
Total	1,624	17.0%	± 3.4	551	9.3%	± 4.6
Camden, Near North	403	19.5%	± 7.0	144	*18.3%	± 12.2
Longfellow, NE, University	392	18.4%	± 9.5	132	^6.1%	± 9.4
Central, Phillips, Powderhorn	351	17.5%	± 6.9	117	^7.7%	± 8.2
Calhoun-Isles, Nokomis, SW	478	13.8%	± 5.9	158	^8.4%	± 12.6
Suburban Areas						
Total	2,879	8.8%	± 1.9	1,356	5.0%	± 1.7
Northwest Suburbs	859	9.2%	± 3.7	381	*4.3%	± 3.7
Northwest - Inner Ring	452	10.7%	± 5.8	219	^3.5%	± 3.6
Northwest - Outer Ring	407	*8.5%	± 5.0	162	^5.0%	± 6.5
West Suburbs	889	8.3%	± 2.8	390	5.3%	± 2.8
West - Inner Ring	396	6.9%	± 3.4	145	*6.3%	± 5.9
West - Outer Ring	493	9.1%	± 4.0	245	*4.8%	± 3.6
South Suburbs	1,131	8.5%	± 2.8	585	5.6%	± 2.6
South - Inner Ring	561	9.2%	± 3.6	312	*5.2%	± 3.6
South - Outer Ring	570	8.0%	± 4.2	273	*5.9%	± 4.0
Bloomington	387	7.9%	± 1.5	209	4.2%	± 1.7
Gender						
Male	1,617	10.7%	± 2.8	803	4.9%	± 2.1
Female	2,886	11.7%	± 2.0	1,104	6.9%	± 2.5
Age						
25-34	297	16.7%	± 7.0	N/A		
35-44	412	13.9%	± 6.0	N/A		
45-54	675	15.8%	± 4.3	N/A		
55-64	1,212	7.9%	± 2.1	N/A		
65-74	1,056	6.4%	± 2.0	1,056	6.4%	± 2.0
75 and older	837	4.8%	± 2.4	837	4.8%	± 2.4
Household income						
< 200% of FPL	846	25.4%	± 5.6	410	10.8%	± 4.3
≥ 200% of FPL	3,439	7.9%	± 1.5	1,355	4.2%	± 1.7

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Access to Health Care



During the past 12 months, have you seen a doctor, nurse, or other health care professional about your own health?

TABLE 31	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,506	81.9% ± 1.4
Minneapolis		
Total	3,295	80.1% ± 2.3
Camden, Near North	760	81.0% ± 5.3
Longfellow, NE, University	829	81.0% ± 3.9
Central, Phillips, Powderhorn	739	75.3% ± 5.5
Calhoun-Isles, Nokomis, SW	967	83.7% ± 3.9
Suburban Areas		
Total	5,211	82.8% ± 1.7
Northwest Suburbs	1,579	81.0% ± 3.1
Northwest - Inner Ring	814	81.3% ± 4.2
Northwest - Outer Ring	765	80.9% ± 4.2
West Suburbs	1,656	84.2% ± 2.8
West - Inner Ring	760	80.3% ± 4.9
West - Outer Ring	896	86.5% ± 3.5
South Suburbs	1,976	84.3% ± 2.7
South - Inner Ring	996	83.0% ± 3.5
South - Outer Ring	980	85.1% ± 4.0
Bloomington	631	82.8% ± 1.5
Gender		
Male	3,101	75.7% ± 2.4
Female	5,403	87.7% ± 1.4
Age		
25-34	1,201	76.4% ± 3.5
35-44	1,117	77.9% ± 3.8
45-54	1,456	80.6% ± 3.1
55-64	1,990	85.7% ± 2.2
65-74	1,518	91.6% ± 1.8
75 and older	1,205	93.6% ± 1.8
Household income		
< 200% of FPL	1,443	77.0% ± 4.2
≥ 200% of FPL	6,693	82.8% ± 1.5

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Access to Health Care



Did the doctor, nurse, or other health professional discuss with you or ask you about your ...?

Among person who have seen a provider for their own health during the past 12 months

TABLE 32	Sample Size	Physical activity or exercise	Diet or nutrition	Weight loss or losing weight
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	7,354	71.4% ± 1.5	50.6% ± 1.7	31.4% ± 1.6
Minneapolis				
Total	2,805	71.4% ± 2.4	53.1% ± 2.7	31.8% ± 2.7
Camden, Near North	647	66.1% ± 5.8	50.0% ± 5.8	39.1% ± 5.9
Longfellow, NE, University	687	67.7% ± 5.4	50.0% ± 5.3	28.3% ± 5.4
Central, Phillips, Powderhorn	621	73.7% ± 4.9	56.2% ± 5.7	30.2% ± 5.9
Calhoun-Isles, Nokomis, SW	850	75.1% ± 3.8	54.5% ± 4.5	31.7% ± 4.8
Suburban Areas				
Total	4,549	71.3% ± 2.0	49.4% ± 2.1	31.3% ± 2.1
Northwest Suburbs	1,355	72.1% ± 3.5	47.4% ± 3.8	30.5% ± 3.5
Northwest - Inner Ring	702	74.5% ± 4.7	47.9% ± 5.0	32.7% ± 4.8
Northwest - Outer Ring	653	71.0% ± 4.7	47.2% ± 5.0	29.5% ± 4.7
West Suburbs	1,452	68.7% ± 3.4	49.2% ± 3.4	31.8% ± 3.5
West - Inner Ring	655	67.8% ± 5.4	48.3% ± 5.1	28.5% ± 5.0
West - Outer Ring	797	69.3% ± 4.3	49.7% ± 4.5	33.6% ± 4.7
South Suburbs	1,742	72.3% ± 3.0	52.4% ± 3.3	31.9% ± 3.4
South - Inner Ring	868	70.2% ± 3.9	49.2% ± 4.2	29.8% ± 4.1
South - Outer Ring	874	73.4% ± 4.2	54.3% ± 4.6	33.1% ± 4.9
Bloomington	561	71.7% ± 1.7	51.3% ± 1.9	31.4% ± 1.8
Gender				
Male	2,522	70.7% ± 2.7	49.4% ± 2.9	35.4% ± 2.9
Female	4,831	71.9% ± 1.7	51.5% ± 1.9	28.3% ± 1.8
Age				
25-34	966	69.5% ± 4.0	55.9% ± 4.2	26.0% ± 3.9
35-44	920	72.4% ± 4.0	55.8% ± 4.4	38.5% ± 4.6
45-54	1,218	71.9% ± 3.7	51.0% ± 4.0	33.6% ± 3.8
55-64	1,721	74.3% ± 2.7	52.0% ± 3.1	36.0% ± 3.1
65-74	1,384	71.4% ± 3.0	42.2% ± 3.2	29.5% ± 3.0
75 and older	1,129	66.0% ± 3.5	31.2% ± 3.3	16.9% ± 2.7
Household income				
< 200% of FPL	1,204	70.8% ± 4.1	47.6% ± 4.5	33.5% ± 4.5
≥ 200% of FPL	5,817	71.7% ± 1.7	51.3% ± 1.9	31.4% ± 1.8

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Access to Health Care



Did the doctor, nurse, or other health professional discuss with you or ask you about your ...?

Among person who have seen a provider for their own health during the past 12 months

TABLE 33	Sample Size	Smoking or other tobacco use	Stress	Alcohol use
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	7,354	41.8% ± 1.7	42.1% ± 1.7	42.6% ± 1.7
Minneapolis				
Total	2,805	45.3% ± 2.7	47.9% ± 2.7	44.9% ± 2.7
Camden, Near North	647	41.5% ± 5.9	44.4% ± 5.8	38.1% ± 5.9
Longfellow, NE, University	687	39.2% ± 5.1	44.5% ± 5.2	40.7% ± 5.1
Central, Phillips, Powderhorn	621	51.7% ± 5.7	49.7% ± 5.7	48.9% ± 5.7
Calhoun-Isles, Nokomis, SW	850	46.7% ± 4.5	51.1% ± 4.5	48.6% ± 4.5
Suburban Areas				
Total	4,549	40.1% ± 2.1	39.5% ± 2.1	41.5% ± 2.1
Northwest Suburbs	1,355	40.0% ± 3.8	37.2% ± 3.7	41.1% ± 3.8
Northwest - Inner Ring	702	34.2% ± 4.7	36.0% ± 4.8	35.7% ± 4.7
Northwest - Outer Ring	653	42.8% ± 5.1	37.8% ± 5.0	43.7% ± 5.0
West Suburbs	1,452	43.1% ± 3.4	42.5% ± 3.4	45.3% ± 3.4
West - Inner Ring	655	45.5% ± 5.1	42.3% ± 5.1	46.1% ± 5.1
West - Outer Ring	797	41.8% ± 4.5	42.6% ± 4.6	44.8% ± 4.5
South Suburbs	1,742	37.9% ± 3.4	40.3% ± 3.3	39.2% ± 3.3
South - Inner Ring	868	35.8% ± 4.2	41.6% ± 4.2	39.7% ± 4.3
South - Outer Ring	874	39.1% ± 4.8	39.6% ± 4.6	38.9% ± 4.6
Bloomington	561	43.8% ± 1.9	42.9% ± 1.9	46.0% ± 1.9
Gender				
Male	2,522	42.1% ± 3.0	37.8% ± 2.9	42.6% ± 2.9
Female	4,831	41.5% ± 1.9	45.6% ± 1.9	42.6% ± 1.9
Age				
25-34	966	51.0% ± 4.2	48.5% ± 4.1	51.6% ± 4.2
35-44	920	47.6% ± 4.4	49.8% ± 4.4	47.1% ± 4.4
45-54	1,218	45.7% ± 4.0	45.2% ± 4.0	46.3% ± 3.9
55-64	1,721	37.6% ± 3.0	40.3% ± 3.0	38.3% ± 3.0
65-74	1,384	29.6% ± 2.9	29.3% ± 2.9	33.2% ± 3.1
75 and older	1,129	17.6% ± 2.8	19.9% ± 3.0	20.0% ± 2.9
Household income				
< 200% of FPL	1,204	33.9% ± 4.4	40.9% ± 4.5	27.3% ± 4.0
≥ 200% of FPL	5,817	43.8% ± 1.9	42.9% ± 1.9	46.0% ± 1.9

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Access to Health Care



During the past 12 months, have you seen a psychiatrist, psychologist, therapist, counselor, or other mental health professional for your own health?

TABLE 34	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,542	13.8% ± 1.0
Minneapolis		
Total	3,308	19.7% ± 2.0
Camden, Near North	762	19.8% ± 4.4
Longfellow, NE, University	833	19.8% ± 3.8
Central, Phillips, Powderhorn	743	21.2% ± 4.3
Calhoun-Isles, Nokomis, SW	970	18.1% ± 3.6
Suburban Areas		
Total	5,234	11.0% ± 1.2
Northwest Suburbs	1,587	9.3% ± 2.1
Northwest - Inner Ring	816	11.9% ± 3.0
Northwest - Outer Ring	771	8.1% ± 2.8
West Suburbs	1,664	13.0% ± 2.3
West - Inner Ring	761	16.1% ± 3.7
West - Outer Ring	903	11.1% ± 3.0
South Suburbs	1,983	12.1% ± 2.1
South - Inner Ring	999	15.5% ± 3.4
South - Outer Ring	984	10.1% ± 2.8
Bloomington	635	12.7% ± 1.1
Gender		
Male	3,120	12.1% ± 1.6
Female	5,420	15.5% ± 1.3
Age		
25-34	1,201	15.5% ± 2.6
35-44	1,119	15.3% ± 2.7
45-54	1,462	15.4% ± 2.6
55-64	1,991	12.5% ± 1.8
65-74	1,532	10.0% ± 1.8
75 and older	1,218	7.8% ± 2.1
Household income		
< 200% of FPL	1,452	20.4% ± 3.2
≥ 200% of FPL	6,718	12.7% ± 1.1

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Access to Health Care



How long has it been since your last complete physical exam?

TABLE 35	Sample Size	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,536	60.6% ± 1.6	19.3% ± 1.3	10.4% ± 1.1	8.6% ± 1.0	1.1% ± 0.5
Minneapolis						
Total	3,306	55.3% ± 2.5	20.7% ± 2.1	11.5% ± 1.7	11.2% ± 1.8	*1.3% ± 1.1
Camden, Near North	761	59.5% ± 5.5	21.4% ± 4.7	9.5% ± 4.8	8.3% ± 3.0	^1.3% ± 2.0
Longfellow, NE, University	831	54.8% ± 4.8	21.8% ± 4.5	11.8% ± 3.1	10.4% ± 3.2	^1.2% ± 1.5
Central, Phillips, Powderhorn	742	51.3% ± 5.3	17.9% ± 4.4	12.9% ± 3.8	15.8% ± 4.8	^2.1% ± 3.8
Calhoun-Isles, Nokomis, SW	972	57.2% ± 4.3	22.0% ± 3.9	11.1% ± 2.8	9.0% ± 2.5	^0.6% ± 2.6
Suburban Areas						
Total	5,230	63.1% ± 2.0	18.7% ± 1.6	9.9% ± 1.4	7.4% ± 1.2	1.0% ± 0.5
Northwest Suburbs	1,582	60.9% ± 3.5	20.4% ± 3.0	10.4% ± 2.7	7.3% ± 2.0	*1.1% ± 1.1
Northwest - Inner Ring	813	56.4% ± 4.7	19.9% ± 3.7	11.1% ± 3.8	11.0% ± 3.8	^1.6% ± 2.7
Northwest - Outer Ring	769	63.0% ± 4.7	20.7% ± 4.1	10.0% ± 3.7	5.5% ± 2.5	^0.9% ± 1.3
West Suburbs	1,666	65.0% ± 3.2	17.5% ± 2.6	9.8% ± 2.2	7.2% ± 2.0	^0.4% ± 0.4
West - Inner Ring	762	61.7% ± 5.0	18.6% ± 4.3	11.1% ± 3.8	8.0% ± 3.4	^0.5% ± 0.8
West - Outer Ring	904	67.0% ± 4.1	16.9% ± 3.4	9.0% ± 2.9	6.8% ± 2.7	^0.4% ± 0.6
South Suburbs	1,982	64.8% ± 3.1	17.0% ± 2.5	9.2% ± 2.1	7.8% ± 2.2	*1.2% ± 1.1
South - Inner Ring	999	62.9% ± 4.0	18.8% ± 3.3	10.9% ± 3.1	6.0% ± 2.2	^1.4% ± 1.5
South - Outer Ring	983	65.9% ± 4.4	15.9% ± 3.6	8.2% ± 2.9	8.9% ± 3.3	^1.1% ± 1.8
Bloomington	634	60.3% ± 1.7	19.6% ± 1.4	10.8% ± 1.2	8.3% ± 1.1	0.8% ± 0.4
Gender						
Male	3,117	52.7% ± 2.6	20.5% ± 2.2	14.0% ± 2.0	11.7% ± 1.8	*1.2% ± 0.8
Female	5,417	67.9% ± 1.7	18.2% ± 1.4	7.0% ± 1.0	5.8% ± 0.9	*1.0% ± 0.6
Age						
25-34	1,201	50.4% ± 3.7	21.1% ± 3.2	14.9% ± 3.0	11.8% ± 2.6	*1.8% ± 1.7
35-44	1,118	55.2% ± 4.0	22.0% ± 3.5	10.8% ± 2.6	10.6% ± 2.9	^1.4% ± 1.5
45-54	1,459	59.3% ± 3.6	19.9% ± 3.0	11.5% ± 2.7	8.5% ± 2.0	^0.8% ± 0.9
55-64	1,995	66.4% ± 2.7	18.7% ± 2.3	8.1% ± 1.7	6.1% ± 1.3	*0.7% ± 0.5
65-74	1,527	78.3% ± 2.5	12.3% ± 2.1	5.0% ± 1.4	4.1% ± 1.5	^0.4% ± 0.6
75 and older	1,218	76.1% ± 3.0	14.2% ± 2.4	4.0% ± 1.4	5.1% ± 1.9	*0.6% ± 0.6
Household income						
< 200% of FPL	1,447	59.2% ± 4.2	19.0% ± 3.5	9.5% ± 3.0	10.2% ± 2.8	^2.1% ± 2.4
≥ 200% of FPL	6,716	60.3% ± 1.7	19.6% ± 1.4	10.8% ± 1.2	8.3% ± 1.1	0.8% ± 0.4

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Access to Health Care



About how long has it been since you last had your blood cholesterol checked?

TABLE 36	Sample Size	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,528	59.2% ± 1.6	18.7% ± 1.3	10.2% ± 1.0	5.5% ± 0.9	6.4% ± 0.9
Minneapolis						
Total	3,302	53.2% ± 2.5	19.2% ± 2.1	10.9% ± 1.5	6.9% ± 1.5	9.7% ± 1.7
Camden, Near North	759	55.2% ± 5.5	17.2% ± 4.1	7.5% ± 3.0	*7.7% ± 4.9	12.4% ± 4.4
Longfellow, NE, University	830	55.2% ± 4.7	18.2% ± 3.7	13.0% ± 3.5	6.0% ± 2.4	7.6% ± 2.9
Central, Phillips, Powderhorn	742	49.3% ± 5.3	19.7% ± 4.9	10.1% ± 2.8	6.4% ± 3.6	14.6% ± 4.5
Calhoun-Isles, Nokomis, SW	971	54.4% ± 4.3	20.8% ± 3.7	12.2% ± 2.9	7.6% ± 2.4	5.0% ± 2.3
Suburban Areas						
Total	5,226	62.0% ± 2.0	18.5% ± 1.6	9.8% ± 1.3	4.9% ± 1.1	4.9% ± 1.1
Northwest Suburbs	1,591	59.3% ± 3.5	19.9% ± 3.0	10.4% ± 2.5	5.5% ± 2.1	4.9% ± 1.9
Northwest - Inner Ring	820	59.6% ± 4.7	19.1% ± 3.8	8.6% ± 3.1	5.8% ± 3.2	6.9% ± 3.6
Northwest - Outer Ring	771	59.2% ± 4.7	20.3% ± 4.0	11.3% ± 3.5	5.3% ± 3.0	*3.9% ± 2.4
West Suburbs	1,654	62.0% ± 3.2	18.4% ± 2.6	10.7% ± 2.2	3.6% ± 1.6	5.2% ± 2.0
West - Inner Ring	755	56.6% ± 4.9	19.5% ± 4.4	13.7% ± 3.9	*3.2% ± 1.9	7.1% ± 3.9
West - Outer Ring	899	65.2% ± 4.2	17.9% ± 3.4	9.0% ± 2.8	*3.9% ± 2.4	*4.1% ± 2.4
South Suburbs	1,981	65.9% ± 3.0	16.4% ± 2.3	8.2% ± 1.8	4.9% ± 1.8	4.6% ± 1.8
South - Inner Ring	999	63.5% ± 4.0	18.8% ± 3.2	9.7% ± 2.8	4.0% ± 2.2	4.0% ± 2.1
South - Outer Ring	982	67.4% ± 4.3	15.0% ± 3.3	7.3% ± 2.5	5.5% ± 2.7	4.9% ± 2.7
Bloomington	632	58.5% ± 1.7	19.8% ± 1.5	11.0% ± 1.2	5.4% ± 1.0	5.2% ± 0.8
Gender						
Male	3,112	58.9% ± 2.6	17.2% ± 2.1	10.1% ± 1.7	7.0% ± 1.6	6.8% ± 1.5
Female	5,415	59.4% ± 1.8	20.1% ± 1.5	10.2% ± 1.2	4.1% ± 0.8	6.1% ± 1.1
Age						
25-34	1,199	41.2% ± 3.7	20.3% ± 3.2	14.1% ± 2.7	7.6% ± 2.5	16.9% ± 2.9
35-44	1,119	52.8% ± 4.0	20.8% ± 3.3	12.7% ± 2.7	8.3% ± 2.8	5.4% ± 1.8
45-54	1,458	57.9% ± 3.6	22.2% ± 3.1	10.9% ± 2.3	4.7% ± 1.6	4.3% ± 2.1
55-64	1,991	70.6% ± 2.6	17.2% ± 2.2	7.0% ± 1.5	3.9% ± 1.3	1.3% ± 0.7
65-74	1,529	82.4% ± 2.3	11.1% ± 1.9	3.4% ± 1.2	2.1% ± 1.0	*1.0% ± 0.8
75 and older	1,212	81.7% ± 2.8	10.3% ± 2.2	4.5% ± 1.7	*1.9% ± 1.1	*1.5% ± 0.9
Household income						
< 200% of FPL	1,449	59.4% ± 4.2	14.5% ± 3.2	6.9% ± 2.2	5.9% ± 2.6	13.2% ± 3.5
≥ 200% of FPL	6,708	58.5% ± 1.7	19.8% ± 1.5	11.0% ± 1.2	5.4% ± 1.0	5.2% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Access to Health Care



How long has it been since you last visited a dentist or dental clinic for any reason?

TABLE 37	Sample Size	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,540	79.0% ± 1.3	9.8% ± 1.0	5.7% ± 0.8	4.9% ± 0.7	*0.6% ± 0.5
Minneapolis						
Total	3,310	70.9% ± 2.4	13.9% ± 2.0	7.6% ± 1.5	7.0% ± 1.3	^0.6% ± 1.0
Camden, Near North	765	62.4% ± 5.4	18.6% ± 4.4	8.2% ± 3.5	10.0% ± 3.9	^0.8% ± 1.9
Longfellow, NE, University	831	71.5% ± 4.6	15.3% ± 4.4	5.1% ± 2.0	7.5% ± 2.5	^0.6% ± 2.4
Central, Phillips, Powderhorn	743	68.4% ± 5.3	13.8% ± 4.8	9.7% ± 3.6	7.1% ± 2.5	^1.0% ± 4.6
Calhoun-Isles, Nokomis, SW	971	78.0% ± 4.2	10.1% ± 3.1	7.0% ± 3.5	4.9% ± 2.4	0.0% ± 0.0
Suburban Areas						
Total	5,230	82.9% ± 1.6	7.8% ± 1.2	4.8% ± 0.9	3.9% ± 0.9	^0.6% ± 0.7
Northwest Suburbs	1,592	82.9% ± 2.8	7.1% ± 2.0	4.5% ± 1.7	4.5% ± 1.8	^0.9% ± 1.6
Northwest - Inner Ring	819	78.8% ± 4.3	8.9% ± 3.2	6.5% ± 3.0	4.9% ± 2.5	^1.0% ± 2.4
Northwest - Outer Ring	773	84.8% ± 3.8	6.3% ± 2.6	*3.6% ± 2.2	*4.3% ± 2.6	^0.9% ± 2.7
West Suburbs	1,655	82.6% ± 2.8	8.8% ± 2.3	4.9% ± 1.8	3.5% ± 1.4	^0.1% ± 0.4
West - Inner Ring	756	79.8% ± 4.4	9.6% ± 3.5	4.5% ± 2.5	5.7% ± 3.1	^0.4% ± 1.1
West - Outer Ring	899	84.2% ± 3.8	8.4% ± 3.1	5.2% ± 2.7	*2.2% ± 1.6	0.0% ± 0.0
South Suburbs	1,983	83.1% ± 2.6	7.9% ± 2.1	5.1% ± 1.6	3.3% ± 1.2	^0.6% ± 1.3
South - Inner Ring	999	83.1% ± 3.2	8.1% ± 2.6	5.5% ± 2.2	3.1% ± 1.6	^0.2% ± 0.6
South - Outer Ring	984	83.0% ± 3.8	7.8% ± 3.1	4.8% ± 2.4	3.5% ± 1.8	^0.8% ± 2.3
Bloomington	635	82.6% ± 1.4	8.5% ± 1.1	5.2% ± 0.9	3.5% ± 0.7	^0.2% ± 0.4
Gender						
Male	3,118	75.7% ± 2.3	10.7% ± 1.7	6.7% ± 1.4	5.9% ± 1.3	^1.1% ± 1.1
Female	5,420	82.1% ± 1.5	8.9% ± 1.2	4.8% ± 0.9	4.0% ± 0.8	^0.2% ± 0.3
Age						
25-34	1,201	74.7% ± 3.2	12.3% ± 2.5	7.5% ± 2.1	5.1% ± 1.8	^0.4% ± 0.8
35-44	1,119	77.9% ± 3.7	9.5% ± 2.7	6.2% ± 2.4	6.0% ± 2.5	^0.5% ± 1.6
45-54	1,461	79.1% ± 3.1	10.2% ± 2.4	5.4% ± 1.7	3.7% ± 1.3	^1.5% ± 2.4
55-64	1,992	83.4% ± 2.5	7.4% ± 2.0	4.6% ± 1.6	4.4% ± 1.2	^0.2% ± 0.3
65-74	1,526	82.5% ± 2.5	7.9% ± 2.0	4.7% ± 1.5	4.8% ± 1.4	^0.1% ± 0.2
75 and older	1,221	81.4% ± 3.3	8.9% ± 3.1	3.1% ± 1.2	6.2% ± 1.8	^0.4% ± 0.5
Household income						
< 200% of FPL	1,452	60.2% ± 4.1	16.4% ± 3.3	8.9% ± 2.4	11.8% ± 2.8	^2.7% ± 2.9
≥ 200% of FPL	6,712	82.6% ± 1.4	8.5% ± 1.1	5.2% ± 0.9	3.5% ± 0.7	^0.2% ± 0.4

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Access to Health Care



Do you currently have insurance that pays for all or part of your dental care?

TABLE 38	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,504	77.8% ± 1.2
Minneapolis		
Total	3,295	77.0% ± 2.2
Camden, Near North	762	77.2% ± 5.1
Longfellow, NE, University	825	76.6% ± 4.1
Central, Phillips, Powderhorn	739	75.0% ± 4.9
Calhoun-Isles, Nokomis, SW	969	79.2% ± 3.7
Suburban Areas		
Total	5,209	78.2% ± 1.5
Northwest Suburbs	1,584	79.4% ± 2.8
Northwest - Inner Ring	818	78.7% ± 3.8
Northwest - Outer Ring	766	79.8% ± 3.7
West Suburbs	1,651	76.1% ± 2.5
West - Inner Ring	753	76.1% ± 3.9
West - Outer Ring	898	76.2% ± 3.3
South Suburbs	1,974	78.1% ± 2.3
South - Inner Ring	996	73.8% ± 3.4
South - Outer Ring	978	80.7% ± 3.0
Bloomington	629	81.3% ± 1.2
Gender		
Male	3,107	78.0% ± 2.1
Female	5,395	77.8% ± 1.5
Age		
25-34	1,197	84.2% ± 2.9
35-44	1,115	86.0% ± 3.1
45-54	1,460	83.0% ± 2.8
55-64	1,985	77.5% ± 2.5
65-74	1,517	60.9% ± 3.0
75 and older	1,209	42.5% ± 3.4
Household income		
< 200% of FPL	1,438	62.6% ± 4.1
≥ 200% of FPL	6,695	81.3% ± 1.2

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)



**Metro SHAPE
2014**

Healthy Lifestyles and Behaviors

Healthy Lifestyles and Behaviors

Yesterday, how many servings of vegetables did you eat?



A serving of vegetables is a cup of salad greens, or a half cup of any other vegetables, not including french fries.

TABLE 39	Sample Size	0 servings	1 serving	2 servings	3 or more servings
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,513	10.0% ± 1.0	25.0% ± 1.4	31.0% ± 1.5	34.0% ± 1.5
Minneapolis					
Total	3,297	10.6% ± 1.8	23.1% ± 2.2	30.6% ± 2.3	35.7% ± 2.4
Camden, Near North	757	13.1% ± 4.2	26.4% ± 5.4	30.3% ± 5.2	30.2% ± 5.1
Longfellow, NE, University	830	11.7% ± 4.3	19.7% ± 3.7	34.5% ± 4.8	34.0% ± 4.3
Central, Phillips, Powderhorn	740	11.0% ± 4.3	24.1% ± 4.9	27.0% ± 4.7	38.0% ± 5.3
Calhoun-Isles, Nokomis, SW	970	7.8% ± 2.6	23.0% ± 4.2	31.1% ± 4.0	38.1% ± 4.1
Suburban Areas					
Total	5,216	9.8% ± 1.3	25.8% ± 1.8	31.3% ± 1.9	33.1% ± 1.9
Northwest Suburbs	1,579	10.0% ± 2.2	27.2% ± 3.2	30.5% ± 3.3	32.3% ± 3.3
Northwest - Inner Ring	815	10.2% ± 3.0	26.6% ± 4.3	32.5% ± 4.5	30.7% ± 4.5
Northwest - Outer Ring	764	9.9% ± 3.0	27.5% ± 4.3	29.5% ± 4.4	33.1% ± 4.4
West Suburbs	1,655	9.1% ± 2.2	21.5% ± 2.5	33.4% ± 3.2	36.0% ± 3.2
West - Inner Ring	756	11.5% ± 3.3	21.5% ± 3.8	32.5% ± 4.8	34.4% ± 4.9
West - Outer Ring	899	7.7% ± 3.2	21.5% ± 3.4	33.9% ± 4.2	36.9% ± 4.2
South Suburbs	1,982	9.9% ± 2.4	27.1% ± 2.9	30.8% ± 2.9	32.1% ± 3.0
South - Inner Ring	999	8.0% ± 2.6	23.6% ± 3.4	32.1% ± 3.8	36.3% ± 3.9
South - Outer Ring	983	11.1% ± 3.6	29.2% ± 4.1	30.0% ± 4.0	29.6% ± 4.2
Bloomington	634	9.1% ± 1.1	23.8% ± 1.5	31.1% ± 1.6	36.0% ± 1.7
Gender					
Male	3,102	11.4% ± 1.8	27.6% ± 2.4	31.8% ± 2.5	29.3% ± 2.4
Female	5,409	8.8% ± 1.2	22.5% ± 1.6	30.3% ± 1.7	38.3% ± 1.8
Age					
25-34	1,199	10.7% ± 2.8	22.4% ± 3.2	31.1% ± 3.6	35.9% ± 3.6
35-44	1,117	9.2% ± 2.7	22.8% ± 3.9	29.4% ± 3.7	38.5% ± 3.9
45-54	1,455	10.9% ± 2.5	23.6% ± 3.2	30.6% ± 3.4	34.9% ± 3.5
55-64	1,983	10.9% ± 2.2	25.7% ± 2.7	31.5% ± 2.8	31.9% ± 2.6
65-74	1,521	9.4% ± 1.8	30.7% ± 2.8	30.0% ± 2.9	29.9% ± 2.8
75 and older	1,218	6.7% ± 1.9	33.8% ± 3.3	36.4% ± 3.4	23.0% ± 3.4
Household income					
< 200% of FPL	1,439	15.0% ± 3.4	30.6% ± 4.0	30.4% ± 4.0	24.0% ± 3.6
≥ 200% of FPL	6,704	9.1% ± 1.1	23.8% ± 1.5	31.1% ± 1.6	36.0% ± 1.7

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors

Yesterday, how many servings of fruit did you eat?



A serving of fruit is one medium sized fruit, a half cup of chopped, cut, or canned fruit, or 6 ounces of 100% fruit juice.

TABLE 40	Sample Size	0 servings	1 serving	2 servings	3 or more servings
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,512	14.8% ± 1.2	29.6% ± 1.5	30.9% ± 1.4	24.7% ± 1.4
Minneapolis					
Total	3,305	16.7% ± 2.0	27.8% ± 2.3	29.6% ± 2.3	25.9% ± 2.3
Camden, Near North	758	23.1% ± 5.6	29.1% ± 5.2	28.0% ± 5.1	19.8% ± 4.2
Longfellow, NE, University	832	15.0% ± 3.9	27.1% ± 4.4	30.3% ± 4.5	27.7% ± 4.4
Central, Phillips, Powderhorn	744	17.5% ± 4.5	28.0% ± 4.9	27.9% ± 4.9	26.5% ± 5.2
Calhoun-Isles, Nokomis, SW	971	13.6% ± 3.3	27.3% ± 4.0	31.6% ± 4.0	27.5% ± 4.1
Suburban Areas					
Total	5,207	13.9% ± 1.5	30.4% ± 1.9	31.6% ± 1.9	24.1% ± 1.7
Northwest Suburbs	1,576	12.8% ± 2.4	31.4% ± 3.3	32.6% ± 3.3	23.2% ± 3.1
Northwest - Inner Ring	811	15.7% ± 3.7	29.0% ± 4.4	33.2% ± 4.5	22.1% ± 4.1
Northwest - Outer Ring	765	11.4% ± 3.1	32.6% ± 4.5	32.3% ± 4.4	23.7% ± 4.2
West Suburbs	1,654	13.9% ± 2.6	28.6% ± 2.9	33.8% ± 3.1	23.6% ± 2.8
West - Inner Ring	754	16.5% ± 4.0	27.6% ± 4.4	32.2% ± 4.7	23.7% ± 4.1
West - Outer Ring	900	12.5% ± 3.5	29.2% ± 3.9	34.8% ± 4.1	23.6% ± 3.7
South Suburbs	1,977	15.4% ± 2.8	30.3% ± 3.0	28.4% ± 2.7	25.9% ± 2.8
South - Inner Ring	997	12.4% ± 2.9	30.3% ± 3.9	29.6% ± 3.6	27.7% ± 3.7
South - Outer Ring	980	17.2% ± 4.1	30.3% ± 4.2	27.6% ± 3.8	24.9% ± 4.0
Bloomington	632	13.9% ± 1.3	29.7% ± 1.6	31.5% ± 1.6	24.9% ± 1.5
Gender					
Male	3,100	16.6% ± 2.0	33.0% ± 2.5	29.3% ± 2.4	21.1% ± 2.3
Female	5,410	13.1% ± 1.3	26.3% ± 1.6	32.5% ± 1.7	28.1% ± 1.7
Age					
25-34	1,199	18.8% ± 3.1	24.8% ± 3.2	30.3% ± 3.6	26.2% ± 3.4
35-44	1,116	13.5% ± 2.8	31.3% ± 4.0	30.6% ± 3.7	24.6% ± 3.5
45-54	1,455	15.0% ± 2.7	29.9% ± 3.5	30.0% ± 3.3	25.1% ± 3.3
55-64	1,984	16.1% ± 2.4	30.6% ± 2.8	30.6% ± 2.6	22.6% ± 2.5
65-74	1,524	11.0% ± 2.1	33.6% ± 2.9	31.7% ± 2.8	23.8% ± 2.7
75 and older	1,215	6.9% ± 2.9	31.4% ± 3.2	36.3% ± 3.4	25.5% ± 3.1
Household income					
< 200% of FPL	1,437	19.7% ± 3.6	29.3% ± 3.9	27.5% ± 3.8	23.5% ± 3.8
≥ 200% of FPL	6,704	13.9% ± 1.3	29.7% ± 1.6	31.5% ± 1.6	24.9% ± 1.5

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



Total servings of fruit and vegetables consumed yesterday

TABLE 41	Sample Size	0 servings	1 serving	2 servings	3 or 4 servings	5 or more servings
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,534	4.4% ± 0.7	8.2% ± 0.9	16.4% ± 1.2	35.3% ± 1.5	35.7% ± 1.5
Minneapolis						
Total	3,309	5.0% ± 1.3	8.9% ± 1.8	15.3% ± 1.9	32.6% ± 2.3	38.2% ± 2.4
Camden, Near North	762	8.2% ± 3.8	11.4% ± 4.8	17.7% ± 4.6	32.6% ± 5.2	30.1% ± 5.0
Longfellow, NE, University	832	5.4% ± 2.8	9.2% ± 4.4	11.2% ± 2.8	35.2% ± 4.6	39.0% ± 4.6
Central, Phillips, Powderhorn	744	*4.3% ± 2.6	10.2% ± 4.0	16.1% ± 4.2	30.9% ± 5.0	38.5% ± 5.3
Calhoun-Isles, Nokomis, SW	971	*3.6% ± 2.3	5.8% ± 2.4	16.4% ± 3.6	32.1% ± 4.0	42.2% ± 4.3
Suburban Areas						
Total	5,225	4.1% ± 0.9	7.9% ± 1.2	16.9% ± 1.6	36.6% ± 2.0	34.5% ± 1.9
Northwest Suburbs	1,583	3.6% ± 1.4	7.6% ± 1.9	18.6% ± 2.9	36.6% ± 3.4	33.6% ± 3.3
Northwest - Inner Ring	817	5.2% ± 2.4	7.6% ± 2.6	17.2% ± 3.6	36.9% ± 4.6	33.1% ± 4.5
Northwest - Outer Ring	766	*2.9% ± 1.9	7.6% ± 2.7	19.3% ± 3.9	36.4% ± 4.6	33.8% ± 4.4
West Suburbs	1,657	3.6% ± 1.9	7.1% ± 1.8	14.9% ± 2.2	37.9% ± 3.2	36.4% ± 3.1
West - Inner Ring	756	4.2% ± 2.3	9.3% ± 3.1	13.9% ± 3.3	39.4% ± 5.0	33.1% ± 4.6
West - Outer Ring	901	*3.3% ± 3.1	5.8% ± 2.4	15.5% ± 3.0	37.0% ± 4.2	38.3% ± 4.2
South Suburbs	1,985	5.2% ± 2.1	9.0% ± 2.3	15.9% ± 2.3	35.6% ± 3.0	34.3% ± 3.0
South - Inner Ring	1,002	3.6% ± 1.8	5.6% ± 1.9	16.5% ± 3.2	36.3% ± 3.9	38.0% ± 3.9
South - Outer Ring	983	6.1% ± 3.3	11.0% ± 3.5	15.6% ± 3.3	35.2% ± 4.2	32.2% ± 4.2
Bloomington	634	3.7% ± 0.8	7.7% ± 1.0	15.8% ± 1.3	35.6% ± 1.7	37.3% ± 1.7
Gender						
Male	3,113	5.0% ± 1.3	9.8% ± 1.7	19.3% ± 2.1	35.4% ± 2.5	30.5% ± 2.5
Female	5,419	3.9% ± 0.8	6.8% ± 1.0	13.7% ± 1.3	35.2% ± 1.8	40.5% ± 1.8
Age						
25-34	1,201	6.1% ± 2.3	7.8% ± 2.2	13.8% ± 2.8	34.9% ± 3.6	37.4% ± 3.7
35-44	1,118	4.1% ± 1.9	8.5% ± 2.7	14.5% ± 3.4	34.2% ± 3.9	38.8% ± 3.9
45-54	1,458	4.3% ± 1.6	8.3% ± 2.3	15.9% ± 2.8	36.0% ± 3.6	35.5% ± 3.4
55-64	1,989	4.5% ± 1.4	9.2% ± 2.3	19.3% ± 2.4	33.3% ± 2.8	33.7% ± 2.7
65-74	1,526	2.6% ± 1.0	9.0% ± 2.0	20.1% ± 2.5	34.9% ± 2.9	33.4% ± 2.9
75 and older	1,222	*2.0% ± 1.5	5.8% ± 1.5	19.5% ± 2.7	42.2% ± 3.5	30.6% ± 3.3
Household income						
< 200% of FPL	1,449	8.1% ± 2.6	11.1% ± 3.1	18.6% ± 3.5	34.7% ± 4.1	27.6% ± 3.7
≥ 200% of FPL	6,713	3.7% ± 0.8	7.7% ± 1.0	15.8% ± 1.3	35.6% ± 1.7	37.3% ± 1.7

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



In a typical week, on how many days do you eat breakfast?

TABLE 42	Sample Size	0 days	1 or 2 days	3 or 4 days	5 or 6 days	7 days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,535	4.0% ± 0.7	7.3% ± 0.9	11.9% ± 1.1	17.0% ± 1.2	59.7% ± 1.6
Minneapolis						
Total	3,304	4.5% ± 1.1	7.4% ± 1.3	15.0% ± 2.1	17.7% ± 2.0	55.5% ± 2.5
Camden, Near North	762	7.5% ± 3.5	11.1% ± 3.8	20.8% ± 5.4	20.2% ± 5.0	40.3% ± 5.3
Longfellow, NE, University	830	4.3% ± 2.1	5.2% ± 2.2	13.7% ± 4.3	18.4% ± 4.2	58.3% ± 4.8
Central, Phillips, Powderhorn	742	*3.7% ± 2.3	6.8% ± 2.6	15.3% ± 4.6	16.9% ± 3.9	57.3% ± 5.3
Calhoun-Isles, Nokomis, SW	970	3.7% ± 2.1	7.4% ± 2.5	12.1% ± 3.6	16.5% ± 3.5	60.3% ± 4.3
Suburban Areas						
Total	5,231	3.8% ± 0.9	7.3% ± 1.3	10.5% ± 1.4	16.7% ± 1.5	61.7% ± 2.0
Northwest Suburbs	1,590	3.1% ± 1.5	8.0% ± 2.4	10.7% ± 2.5	16.2% ± 2.6	61.9% ± 3.4
Northwest - Inner Ring	819	2.8% ± 1.3	7.2% ± 2.8	10.3% ± 3.4	17.6% ± 4.1	62.2% ± 4.7
Northwest - Outer Ring	771	*3.3% ± 2.2	8.4% ± 3.4	10.9% ± 3.4	15.6% ± 3.3	61.8% ± 4.6
West Suburbs	1,658	4.2% ± 1.5	7.7% ± 2.1	10.5% ± 2.3	18.1% ± 2.8	59.4% ± 3.3
West - Inner Ring	755	3.8% ± 2.0	10.8% ± 4.2	12.0% ± 3.8	20.1% ± 4.5	53.4% ± 4.9
West - Outer Ring	903	4.4% ± 2.3	5.9% ± 2.3	9.7% ± 2.9	17.0% ± 3.8	62.9% ± 4.3
South Suburbs	1,983	4.5% ± 2.0	5.9% ± 2.0	10.1% ± 2.2	16.3% ± 2.5	63.2% ± 3.2
South - Inner Ring	999	3.5% ± 1.9	4.1% ± 1.9	11.2% ± 3.0	16.3% ± 3.3	64.8% ± 4.0
South - Outer Ring	984	*5.0% ± 3.2	6.9% ± 3.1	9.5% ± 3.1	16.3% ± 3.6	62.3% ± 4.5
Bloomington	634	3.4% ± 0.7	6.4% ± 1.0	10.9% ± 1.2	17.2% ± 1.3	62.1% ± 1.7
Gender						
Male	3,113	4.5% ± 1.2	8.3% ± 1.7	13.1% ± 2.0	17.3% ± 2.0	56.8% ± 2.6
Female	5,420	3.6% ± 0.8	6.4% ± 1.0	10.8% ± 1.3	16.8% ± 1.4	62.4% ± 1.8
Age						
25-34	1,200	4.0% ± 2.2	8.5% ± 2.5	12.9% ± 2.8	21.4% ± 3.0	53.2% ± 3.7
35-44	1,115	2.7% ± 1.4	7.5% ± 2.6	14.1% ± 2.9	17.9% ± 3.1	57.8% ± 4.0
45-54	1,460	4.4% ± 1.8	9.2% ± 2.3	12.8% ± 2.9	16.8% ± 2.8	56.7% ± 3.6
55-64	1,993	5.9% ± 1.5	6.2% ± 1.4	10.5% ± 2.2	16.5% ± 2.3	61.0% ± 2.9
65-74	1,527	3.3% ± 1.1	5.8% ± 1.6	9.5% ± 2.1	14.2% ± 2.4	67.1% ± 3.0
75 and older	1,219	2.8% ± 1.3	2.0% ± 1.1	6.0% ± 1.8	7.2% ± 2.3	82.0% ± 2.9
Household income						
< 200% of FPL	1,451	7.5% ± 2.6	11.8% ± 3.0	17.8% ± 3.8	16.8% ± 3.4	46.1% ± 4.1
≥ 200% of FPL	6,709	3.4% ± 0.7	6.4% ± 1.0	10.9% ± 1.2	17.2% ± 1.3	62.1% ± 1.7

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



About how often do you drink ...?
Pop or soda (regular)

TABLE 43	Sample Size	Never	Occasionally but not every week	At least once per week but not daily	Once per day	More than once per day
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,431	47.6% ± 1.6	32.6% ± 1.5	11.2% ± 1.0	5.5% ± 0.9	3.2% ± 0.7
Minneapolis						
Total	3,280	45.1% ± 2.5	34.7% ± 2.4	12.1% ± 1.8	4.8% ± 1.2	3.2% ± 1.0
Camden, Near North	751	30.8% ± 5.1	38.9% ± 5.5	15.5% ± 5.0	8.4% ± 3.8	6.4% ± 2.9
Longfellow, NE, University	824	43.0% ± 4.6	34.3% ± 4.8	16.1% ± 4.7	3.3% ± 1.6	*3.3% ± 2.3
Central, Phillips, Powderhorn	738	46.9% ± 5.4	35.2% ± 5.2	9.8% ± 3.6	*4.7% ± 3.0	*3.3% ± 2.9
Calhoun-Isles, Nokomis, SW	967	53.5% ± 4.3	32.1% ± 4.2	9.1% ± 2.6	*4.0% ± 2.5	*1.3% ± 1.2
Suburban Areas						
Total	5,151	48.7% ± 2.0	31.6% ± 1.9	10.7% ± 1.3	5.8% ± 1.2	3.1% ± 0.9
Northwest Suburbs	1,563	45.0% ± 3.4	33.3% ± 3.4	11.7% ± 2.3	6.3% ± 2.1	3.7% ± 1.8
Northwest - Inner Ring	801	39.2% ± 4.4	36.3% ± 4.7	15.9% ± 4.2	6.5% ± 3.1	*2.2% ± 1.5
Northwest - Outer Ring	762	47.7% ± 4.6	31.9% ± 4.5	9.8% ± 2.9	6.3% ± 2.8	*4.4% ± 2.6
West Suburbs	1,638	53.4% ± 3.3	30.3% ± 3.2	9.2% ± 2.0	4.6% ± 1.5	2.5% ± 1.3
West - Inner Ring	749	48.8% ± 4.9	32.1% ± 4.7	9.8% ± 3.2	5.9% ± 2.8	*3.4% ± 2.1
West - Outer Ring	889	56.1% ± 4.3	29.2% ± 4.3	8.8% ± 2.7	3.8% ± 1.9	^2.0% ± 2.0
South Suburbs	1,950	50.8% ± 3.1	30.0% ± 3.0	10.5% ± 2.1	6.0% ± 2.3	2.8% ± 1.1
South - Inner Ring	979	51.2% ± 4.0	31.2% ± 3.9	9.9% ± 2.7	4.0% ± 1.7	3.8% ± 2.1
South - Outer Ring	971	50.5% ± 4.4	29.3% ± 4.3	10.9% ± 3.0	7.2% ± 3.6	*2.2% ± 1.5
Bloomington	625	50.2% ± 1.7	32.2% ± 1.7	10.2% ± 1.1	5.2% ± 1.0	2.2% ± 0.6
Gender						
Male	3,076	40.1% ± 2.6	35.0% ± 2.5	14.1% ± 1.9	6.8% ± 1.6	3.9% ± 1.2
Female	5,354	54.5% ± 1.8	30.3% ± 1.8	8.5% ± 1.0	4.3% ± 0.9	2.4% ± 0.7
Age						
25-34	1,198	42.3% ± 3.7	38.4% ± 3.7	11.3% ± 2.5	5.0% ± 2.3	3.0% ± 1.4
35-44	1,115	42.1% ± 3.9	34.0% ± 3.9	12.2% ± 3.0	8.0% ± 2.8	*3.6% ± 2.2
45-54	1,452	49.0% ± 3.6	31.7% ± 3.5	11.1% ± 2.4	4.5% ± 1.8	3.8% ± 1.9
55-64	1,971	55.3% ± 2.9	26.8% ± 2.7	10.8% ± 2.0	4.3% ± 1.3	2.8% ± 1.0
65-74	1,499	49.6% ± 3.0	29.4% ± 2.9	11.4% ± 2.2	6.7% ± 1.8	2.9% ± 1.2
75 and older	1,176	54.5% ± 3.5	30.8% ± 3.3	8.8% ± 2.1	4.6% ± 1.4	*1.3% ± 1.1
Household income						
< 200% of FPL	1,435	34.6% ± 4.0	35.1% ± 4.2	15.3% ± 3.4	7.5% ± 2.3	7.5% ± 2.8
≥ 200% of FPL	6,629	50.2% ± 1.7	32.2% ± 1.7	10.2% ± 1.1	5.2% ± 1.0	2.2% ± 0.6

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



About how often do you drink ...?
Pop or soda (diet)

TABLE 44	Sample Size N	Never % ± 95% C.I.	Occasionally but not every week % ± 95% C.I.	At least once per week but not daily % ± 95% C.I.	Once per day % ± 95% C.I.	More than once per day % ± 95% C.I.
Hennepin County Total	8,486	54.6% ± 1.6	22.4% ± 1.3	10.0% ± 0.9	7.4% ± 0.9	5.6% ± 0.7
Minneapolis						
Total	3,284	61.0% ± 2.4	20.4% ± 2.0	8.6% ± 1.3	5.1% ± 1.0	5.0% ± 1.2
Camden, Near North	759	60.9% ± 5.3	21.6% ± 4.8	8.2% ± 3.0	4.0% ± 2.2	5.3% ± 2.5
Longfellow, NE, University	822	61.3% ± 4.6	20.6% ± 4.1	8.8% ± 2.5	5.0% ± 1.7	4.3% ± 2.2
Central, Phillips, Powderhorn	738	63.4% ± 5.2	19.1% ± 4.3	7.9% ± 3.3	4.8% ± 2.7	*4.9% ± 3.3
Calhoun-Isles, Nokomis, SW	965	58.4% ± 4.1	20.9% ± 3.5	9.3% ± 2.5	6.1% ± 2.0	5.4% ± 2.0
Suburban Areas						
Total	5,202	51.5% ± 2.0	23.3% ± 1.7	10.7% ± 1.2	8.5% ± 1.2	5.9% ± 0.9
Northwest Suburbs	1,579	51.4% ± 3.5	25.6% ± 3.2	9.9% ± 2.2	7.8% ± 2.0	5.4% ± 1.6
Northwest - Inner Ring	813	52.5% ± 4.6	25.5% ± 4.4	9.0% ± 2.6	6.5% ± 2.6	6.5% ± 3.0
Northwest - Outer Ring	766	50.9% ± 4.6	25.6% ± 4.3	10.3% ± 3.1	8.4% ± 2.8	4.8% ± 2.1
West Suburbs	1,652	50.1% ± 3.2	23.4% ± 2.8	11.8% ± 2.3	8.8% ± 2.1	5.9% ± 1.5
West - Inner Ring	755	52.5% ± 4.8	25.4% ± 4.4	9.7% ± 3.0	5.8% ± 2.6	6.6% ± 2.3
West - Outer Ring	897	48.7% ± 4.2	22.1% ± 3.8	13.1% ± 3.3	10.6% ± 3.1	5.6% ± 2.1
South Suburbs	1,971	52.9% ± 3.1	20.0% ± 2.3	11.1% ± 1.9	9.4% ± 2.0	6.6% ± 1.7
South - Inner Ring	992	50.8% ± 4.0	22.7% ± 3.4	12.5% ± 3.0	8.2% ± 2.3	5.7% ± 2.2
South - Outer Ring	979	54.0% ± 4.3	18.4% ± 3.0	10.4% ± 2.5	10.1% ± 3.0	7.1% ± 2.4
Bloomington	632	53.1% ± 1.7	22.6% ± 1.5	10.7% ± 1.1	8.0% ± 1.0	5.5% ± 0.8
Gender						
Male	3,086	55.8% ± 2.6	20.7% ± 2.2	10.4% ± 1.6	6.9% ± 1.5	6.2% ± 1.3
Female	5,399	53.4% ± 1.8	24.0% ± 1.6	9.7% ± 1.1	7.9% ± 1.0	5.0% ± 0.8
Age						
25-34	1,195	62.4% ± 3.6	21.9% ± 3.2	8.0% ± 2.1	5.2% ± 1.9	2.4% ± 1.3
35-44	1,113	58.4% ± 4.0	18.6% ± 3.4	10.2% ± 2.6	7.3% ± 2.2	5.5% ± 2.0
45-54	1,456	49.4% ± 3.6	22.8% ± 3.2	11.2% ± 2.4	9.1% ± 2.4	7.5% ± 2.0
55-64	1,978	50.5% ± 2.9	22.2% ± 2.5	10.4% ± 1.8	8.6% ± 1.8	8.3% ± 1.8
65-74	1,521	48.4% ± 3.0	24.6% ± 2.7	12.5% ± 2.2	8.8% ± 1.9	5.7% ± 1.5
75 and older	1,202	52.1% ± 3.5	31.0% ± 3.4	8.6% ± 2.0	5.2% ± 1.5	3.1% ± 1.4
Household income						
< 200% of FPL	1,443	62.2% ± 4.1	20.7% ± 3.8	6.5% ± 1.7	4.8% ± 1.8	5.8% ± 2.1
≥ 200% of FPL	6,674	53.1% ± 1.7	22.6% ± 1.5	10.7% ± 1.1	8.0% ± 1.0	5.5% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



About how often do you drink ...?

Energy drinks such as Red Bull, 5-hour Energy, or Monster

TABLE 45	Sample Size	Never	Occasionally but not every week	At least once per week but not daily	Once per day	More than once per day
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,501	88.0% ± 1.3	8.7% ± 1.1	2.3% ± 0.7	*0.8% ± 0.6	^0.2% ± 0.3
Minneapolis						
Total	3,296	87.1% ± 1.9	9.4% ± 1.6	2.1% ± 1.0	^1.1% ± 1.4	^0.2% ± 0.4
Camden, Near North	760	82.8% ± 4.8	12.0% ± 4.1	*4.0% ± 3.7	^0.4% ± 1.2	^0.8% ± 2.4
Longfellow, NE, University	826	87.7% ± 4.6	9.4% ± 3.7	^1.2% ± 1.6	^1.7% ± 6.0	0.0% ± 0.0
Central, Phillips, Powderhorn	742	85.1% ± 3.9	12.6% ± 3.8	*2.1% ± 1.9	^0.0% ± 0.2	^0.2% ± 0.6
Calhoun-Isles, Nokomis, SW	968	91.2% ± 3.5	4.7% ± 2.1	^1.8% ± 2.2	^2.2% ± 3.5	^0.1% ± 0.7
Suburban Areas						
Total	5,205	88.4% ± 1.6	8.3% ± 1.4	2.4% ± 0.9	*0.7% ± 0.7	^0.2% ± 0.4
Northwest Suburbs	1,581	86.1% ± 3.0	9.4% ± 2.5	3.4% ± 1.9	^0.9% ± 1.6	^0.2% ± 1.1
Northwest - Inner Ring	811	85.7% ± 4.5	10.0% ± 3.9	*3.7% ± 3.3	^0.6% ± 1.9	0.0% ± 0.0
Northwest - Outer Ring	770	86.4% ± 4.0	9.0% ± 3.4	*3.3% ± 2.6	^1.0% ± 2.5	^0.3% ± 1.6
West Suburbs	1,652	89.0% ± 2.6	7.7% ± 2.3	*1.8% ± 1.3	^1.1% ± 1.2	^0.4% ± 1.5
West - Inner Ring	755	87.0% ± 4.2	10.2% ± 4.0	^1.3% ± 1.4	^1.3% ± 2.3	^0.1% ± 0.9
West - Outer Ring	897	90.2% ± 3.5	6.3% ± 3.0	^2.0% ± 2.1	^1.0% ± 2.0	^0.5% ± 2.9
South Suburbs	1,972	91.3% ± 2.5	7.2% ± 2.4	*1.4% ± 0.9	^0.1% ± 0.3	0.0% ± 0.0
South - Inner Ring	993	92.0% ± 2.9	6.9% ± 2.8	^1.0% ± 1.6	^0.1% ± 0.4	0.0% ± 0.0
South - Outer Ring	979	90.9% ± 3.7	7.4% ± 3.7	*1.6% ± 1.3	^0.1% ± 0.4	0.0% ± 0.0
Bloomington	630	88.2% ± 1.4	8.8% ± 1.2	2.1% ± 0.6	*0.8% ± 0.6	^0.1% ± 0.3
Gender						
Male	3,095	82.9% ± 2.3	12.1% ± 2.0	3.0% ± 1.2	*1.6% ± 1.2	^0.3% ± 0.6
Female	5,405	92.7% ± 1.1	5.5% ± 1.0	1.6% ± 0.8	^0.2% ± 0.2	^0.1% ± 0.1
Age						
25-34	1,197	77.0% ± 3.5	17.5% ± 3.1	4.3% ± 2.0	^1.0% ± 1.7	^0.2% ± 1.3
35-44	1,117	82.4% ± 3.7	10.8% ± 3.0	4.2% ± 2.3	^2.2% ± 2.5	^0.4% ± 1.3
45-54	1,454	91.7% ± 2.3	6.6% ± 2.1	*1.1% ± 1.0	^0.3% ± 0.6	^0.2% ± 0.6
55-64	1,982	95.0% ± 1.6	3.9% ± 1.4	^0.9% ± 1.0	^0.2% ± 0.4	^0.1% ± 0.4
65-74	1,523	98.1% ± 1.0	*1.2% ± 0.8	^0.3% ± 0.4	^0.3% ± 0.8	^0.1% ± 0.6
75 and older	1,207	97.5% ± 1.5	*1.7% ± 1.2	^0.5% ± 1.3	^0.3% ± 0.7	0.0% ± 0.0
Household income						
< 200% of FPL	1,445	85.3% ± 3.7	9.2% ± 2.7	*3.5% ± 3.0	^1.4% ± 2.3	^0.5% ± 1.2
≥ 200% of FPL	6,689	88.2% ± 1.4	8.8% ± 1.2	2.1% ± 0.6	*0.8% ± 0.6	^0.1% ± 0.3

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



About how often do you drink ...?

Other sugar-sweetened drinks such as sweet tea, coffee drinks, juice drinks, Kool-Aid, or Gatorade

TABLE 46	Sample Size N	Never	Occasionally but not every week	At least once per week but not daily	Once per day	More than once per day
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,518	44.5% ± 1.5	29.6% ± 1.5	11.3% ± 1.1	10.4% ± 1.1	4.2% ± 0.8
Minneapolis						
Total	3,303	41.1% ± 2.4	30.2% ± 2.4	12.3% ± 1.8	11.3% ± 1.8	5.1% ± 1.4
Camden, Near North	762	30.0% ± 5.2	27.4% ± 4.9	16.5% ± 4.3	18.1% ± 5.2	8.1% ± 3.7
Longfellow, NE, University	829	41.1% ± 4.5	30.3% ± 4.8	12.7% ± 4.0	11.5% ± 4.0	*4.4% ± 2.7
Central, Phillips, Powderhorn	743	39.1% ± 5.2	32.5% ± 5.1	11.6% ± 3.8	10.1% ± 3.9	*6.7% ± 4.2
Calhoun-Isles, Nokomis, SW	969	49.8% ± 4.3	29.5% ± 4.2	10.0% ± 3.1	8.4% ± 2.8	*2.3% ± 1.4
Suburban Areas						
Total	5,215	46.0% ± 2.0	29.3% ± 1.9	10.8% ± 1.4	10.0% ± 1.4	3.8% ± 1.0
Northwest Suburbs	1,585	43.0% ± 3.4	30.2% ± 3.3	11.6% ± 2.6	10.9% ± 2.4	4.3% ± 1.9
Northwest - Inner Ring	814	41.2% ± 4.4	30.2% ± 4.6	14.5% ± 4.1	11.3% ± 3.4	2.8% ± 1.6
Northwest - Outer Ring	771	43.9% ± 4.6	30.2% ± 4.3	10.2% ± 3.4	10.8% ± 3.3	4.9% ± 2.8
West Suburbs	1,655	46.2% ± 3.2	31.0% ± 3.2	10.3% ± 2.3	8.8% ± 2.3	3.7% ± 1.7
West - Inner Ring	756	39.3% ± 4.6	30.5% ± 4.8	11.8% ± 3.1	14.2% ± 4.8	*4.2% ± 3.3
West - Outer Ring	899	50.2% ± 4.2	31.4% ± 4.3	9.5% ± 3.3	5.5% ± 2.2	*3.4% ± 2.3
South Suburbs	1,975	50.5% ± 3.1	26.6% ± 3.0	10.1% ± 2.2	9.7% ± 2.2	3.1% ± 1.3
South - Inner Ring	997	51.2% ± 4.0	27.5% ± 3.8	9.7% ± 2.8	9.1% ± 2.6	*2.4% ± 1.5
South - Outer Ring	978	50.1% ± 4.4	26.1% ± 4.3	10.3% ± 3.1	10.0% ± 3.2	3.5% ± 1.9
Bloomington	631	46.6% ± 1.7	30.0% ± 1.6	10.5% ± 1.2	9.8% ± 1.2	3.0% ± 0.8
Gender						
Male	3,106	39.4% ± 2.5	32.0% ± 2.5	11.9% ± 1.9	11.5% ± 1.9	5.2% ± 1.4
Female	5,410	49.1% ± 1.8	27.4% ± 1.7	10.7% ± 1.3	9.5% ± 1.1	3.3% ± 0.8
Age						
25-34	1,200	33.4% ± 3.6	37.4% ± 3.7	14.4% ± 2.7	10.7% ± 2.5	4.0% ± 2.1
35-44	1,120	37.1% ± 3.8	34.9% ± 3.9	14.4% ± 3.3	10.8% ± 2.8	2.7% ± 1.5
45-54	1,460	47.4% ± 3.6	27.4% ± 3.2	9.6% ± 2.4	10.3% ± 2.8	5.4% ± 2.2
55-64	1,986	54.5% ± 2.9	22.4% ± 2.5	8.9% ± 2.0	9.9% ± 2.2	4.2% ± 1.7
65-74	1,518	55.9% ± 3.0	23.2% ± 2.7	8.7% ± 2.0	8.2% ± 1.9	3.9% ± 1.4
75 and older	1,214	52.8% ± 3.5	22.0% ± 3.0	6.7% ± 1.8	12.9% ± 2.6	5.6% ± 3.0
Household income						
< 200% of FPL	1,450	31.0% ± 3.7	28.9% ± 4.0	15.1% ± 3.5	14.6% ± 3.3	10.4% ± 3.1
≥ 200% of FPL	6,696	46.6% ± 1.7	30.0% ± 1.6	10.5% ± 1.2	9.8% ± 1.2	3.0% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



About how often do you drink ...?
Water

TABLE 47	Sample Size N	Never	Occasionally but not every week	At least once per week but not daily	Once per day	More than once per day
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,539	0.4% ± 0.2	1.1% ± 0.4	3.3% ± 0.7	9.6% ± 0.9	85.6% ± 1.1
Minneapolis						
Total	3,308	*0.5% ± 0.4	*0.9% ± 0.6	3.0% ± 1.0	8.6% ± 1.4	87.1% ± 1.7
Camden, Near North	764	^0.7% ± 0.9	^2.6% ± 2.9	^4.4% ± 4.8	13.2% ± 4.2	79.1% ± 5.3
Longfellow, NE, University	831	^0.5% ± 1.2	^0.6% ± 1.1	*3.6% ± 2.3	7.3% ± 2.4	88.0% ± 3.1
Central, Phillips, Powderhorn	741	^0.3% ± 0.6	^0.1% ± 0.3	*2.8% ± 1.9	7.3% ± 3.4	89.4% ± 3.6
Calhoun-Isles, Nokomis, SW	972	^0.4% ± 1.3	^1.0% ± 1.1	*1.7% ± 1.1	8.2% ± 2.4	88.6% ± 2.7
Suburban Areas						
Total	5,231	*0.4% ± 0.3	1.2% ± 0.6	3.5% ± 0.9	10.1% ± 1.2	84.8% ± 1.5
Northwest Suburbs	1,585	^0.1% ± 0.1	*1.5% ± 1.2	3.4% ± 1.5	10.7% ± 2.2	84.3% ± 2.6
Northwest - Inner Ring	814	^0.1% ± 0.3	^0.9% ± 1.2	3.7% ± 2.0	10.3% ± 3.0	84.9% ± 3.4
Northwest - Outer Ring	771	^0.1% ± 0.2	^1.7% ± 1.8	*3.3% ± 2.1	10.9% ± 3.1	84.1% ± 3.6
West Suburbs	1,660	*0.6% ± 0.6	*0.7% ± 0.5	2.3% ± 1.0	9.4% ± 1.8	86.9% ± 2.0
West - Inner Ring	759	^0.2% ± 0.5	^0.8% ± 0.8	*1.6% ± 1.5	12.5% ± 3.4	84.9% ± 3.5
West - Outer Ring	901	*0.9% ± 0.9	^0.7% ± 0.7	2.8% ± 1.4	7.6% ± 2.2	88.0% ± 2.6
South Suburbs	1,986	^0.6% ± 0.9	*1.0% ± 1.0	4.5% ± 2.1	9.9% ± 1.9	84.0% ± 2.6
South - Inner Ring	1,001	^0.8% ± 2.0	^0.5% ± 0.6	2.9% ± 1.5	8.9% ± 2.3	86.9% ± 2.8
South - Outer Ring	985	^0.4% ± 1.5	^1.4% ± 1.6	*5.4% ± 3.3	10.5% ± 2.8	82.3% ± 3.9
Bloomington	636	*0.3% ± 0.2	0.9% ± 0.4	3.2% ± 0.8	9.3% ± 1.0	86.4% ± 1.2
Gender						
Male	3,115	*0.4% ± 0.4	1.4% ± 0.8	3.8% ± 1.2	10.9% ± 1.6	83.5% ± 2.0
Female	5,422	*0.3% ± 0.2	0.8% ± 0.4	2.9% ± 0.8	8.5% ± 1.0	87.5% ± 1.2
Age						
25-34	1,199	^0.4% ± 0.6	^0.5% ± 0.8	*3.0% ± 2.0	6.6% ± 2.2	89.5% ± 2.7
35-44	1,119	0.0% ± 0.0	^1.1% ± 1.8	*2.6% ± 2.0	8.8% ± 2.3	87.4% ± 2.9
45-54	1,463	^0.2% ± 0.9	*1.3% ± 1.2	3.5% ± 1.7	10.3% ± 2.4	84.7% ± 2.8
55-64	1,992	^0.7% ± 0.8	*1.1% ± 0.7	4.2% ± 1.3	11.5% ± 2.1	82.6% ± 2.4
65-74	1,529	*0.6% ± 0.5	*1.6% ± 1.1	4.2% ± 1.4	13.7% ± 2.2	79.9% ± 2.5
75 and older	1,216	*1.1% ± 0.8	*1.6% ± 1.2	2.7% ± 1.3	10.4% ± 2.0	84.3% ± 2.5
Household income						
< 200% of FPL	1,449	*0.8% ± 0.6	*2.1% ± 2.0	4.2% ± 2.0	10.9% ± 2.7	82.0% ± 3.4
≥ 200% of FPL	6,717	*0.3% ± 0.2	0.9% ± 0.4	3.2% ± 0.8	9.3% ± 1.0	86.4% ± 1.2

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



About how often do you drink ...?
Milk

TABLE 48	Sample Size	Never	Occasionally but not every week	At least once per week but not daily	Once per day	More than once per day
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,538	20.3% ± 1.3	16.4% ± 1.2	22.4% ± 1.4	28.0% ± 1.4	12.9% ± 1.1
Minneapolis						
Total	3,309	22.9% ± 2.1	18.4% ± 2.1	23.3% ± 2.3	25.4% ± 2.2	10.0% ± 1.5
Camden, Near North	763	19.4% ± 4.8	22.3% ± 4.8	24.9% ± 5.3	22.2% ± 4.7	11.1% ± 3.6
Longfellow, NE, University	831	24.9% ± 4.3	17.4% ± 4.5	22.4% ± 4.3	24.7% ± 3.9	10.5% ± 2.8
Central, Phillips, Powderhorn	744	24.3% ± 4.8	16.2% ± 4.2	25.0% ± 5.0	24.6% ± 4.9	9.8% ± 3.6
Calhoun-Isles, Nokomis, SW	971	22.0% ± 3.5	18.9% ± 4.0	21.4% ± 4.0	28.6% ± 3.8	9.0% ± 2.3
Suburban Areas						
Total	5,229	19.1% ± 1.6	15.4% ± 1.5	21.9% ± 1.8	29.3% ± 1.8	14.3% ± 1.4
Northwest Suburbs	1,584	17.6% ± 2.6	16.1% ± 2.6	21.8% ± 3.1	29.0% ± 3.2	15.4% ± 2.7
Northwest - Inner Ring	814	15.4% ± 3.4	16.5% ± 3.7	21.6% ± 4.3	32.5% ± 4.6	14.0% ± 2.9
Northwest - Outer Ring	770	18.7% ± 3.6	16.0% ± 3.5	21.9% ± 4.2	27.3% ± 4.3	16.0% ± 3.8
West Suburbs	1,659	20.2% ± 2.6	15.6% ± 2.6	22.3% ± 2.8	29.7% ± 3.1	12.2% ± 2.1
West - Inner Ring	758	19.7% ± 3.9	15.2% ± 4.1	23.9% ± 4.7	30.6% ± 4.6	10.6% ± 2.8
West - Outer Ring	901	20.5% ± 3.6	15.9% ± 3.4	21.3% ± 3.7	29.2% ± 4.1	13.2% ± 2.9
South Suburbs	1,986	20.3% ± 2.8	14.3% ± 2.3	21.6% ± 2.8	29.4% ± 2.8	14.4% ± 2.1
South - Inner Ring	1,000	21.7% ± 3.5	15.0% ± 3.0	18.7% ± 3.4	29.5% ± 3.7	15.0% ± 2.9
South - Outer Ring	986	19.5% ± 4.1	13.8% ± 3.3	23.3% ± 4.1	29.4% ± 4.0	14.0% ± 3.0
Bloomington	636	20.5% ± 1.4	16.3% ± 1.3	22.6% ± 1.5	28.0% ± 1.6	12.5% ± 1.2
Gender						
Male	3,115	17.7% ± 2.1	15.8% ± 2.0	25.3% ± 2.4	28.5% ± 2.3	12.6% ± 1.8
Female	5,421	22.6% ± 1.5	16.9% ± 1.4	19.6% ± 1.4	27.6% ± 1.7	13.2% ± 1.3
Age						
25-34	1,199	22.7% ± 3.1	16.4% ± 2.8	23.4% ± 3.5	27.1% ± 3.5	10.3% ± 2.6
35-44	1,120	22.4% ± 3.6	15.5% ± 3.1	25.0% ± 3.6	26.8% ± 3.7	10.2% ± 2.7
45-54	1,461	18.3% ± 2.7	19.6% ± 3.1	23.0% ± 3.2	26.6% ± 3.3	12.5% ± 2.7
55-64	1,988	18.0% ± 2.2	16.3% ± 2.2	22.5% ± 2.7	28.3% ± 2.6	14.9% ± 2.3
65-74	1,530	19.8% ± 2.5	15.1% ± 2.3	18.1% ± 2.5	32.3% ± 2.9	14.8% ± 2.2
75 and older	1,219	19.2% ± 3.3	10.8% ± 2.1	14.7% ± 2.6	33.0% ± 3.3	22.3% ± 2.9
Household income						
< 200% of FPL	1,455	19.0% ± 3.3	17.3% ± 3.5	21.7% ± 3.8	28.2% ± 4.0	13.7% ± 2.7
≥ 200% of FPL	6,709	20.5% ± 1.4	16.3% ± 1.3	22.6% ± 1.5	28.0% ± 1.6	12.5% ± 1.2

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



Nutrition and beverage intake summary measures

TABLE 49	Having 2 servings or more a day of fruit			Having 3 servings or more a day of vegetables			Having 5 servings or more a day of fruits and vegetables			Having sugar-sweetened beverage daily or more often		
	N	%	± 95% C.I.	N	%	± 95% C.I.	N	%	± 95% C.I.	N	%	± 95% C.I.
Hennepin County Total	8,512	55.7%	± 1.6	8,513	34.0%	± 1.5	8,534	35.7%	± 1.5	8,419	22.2%	± 1.5
Minneapolis												
Total	3,305	55.5%	± 2.5	3,297	35.7%	± 2.4	3,309	38.2%	± 2.4	3,278	23.1%	± 2.4
Camden, Near North	758	47.8%	± 5.5	757	30.2%	± 5.1	762	30.1%	± 5.0	752	37.8%	± 5.6
Longfellow, NE, University	832	57.9%	± 4.8	830	34.0%	± 4.3	832	39.0%	± 4.6	822	21.8%	± 4.9
Central, Phillips, Powderhorn	744	54.4%	± 5.3	740	38.0%	± 5.3	744	38.5%	± 5.3	739	22.3%	± 5.2
Calhoun-Isles, Nokomis, SW	971	59.1%	± 4.3	970	38.1%	± 4.1	971	42.2%	± 4.3	965	16.1%	± 3.8
Suburban Areas												
Total	5,207	55.7%	± 2.0	5,216	33.1%	± 1.9	5,225	34.5%	± 1.9	5,141	21.8%	± 1.9
Northwest Suburbs	1,576	55.8%	± 3.5	1,579	32.3%	± 3.3	1,583	33.6%	± 3.3	1,563	24.5%	± 3.3
Northwest - Inner Ring	811	55.3%	± 4.7	815	30.7%	± 4.5	817	33.1%	± 4.5	800	21.9%	± 4.1
Northwest - Outer Ring	765	56.0%	± 4.6	764	33.1%	± 4.4	766	33.8%	± 4.4	763	25.7%	± 4.5
West Suburbs	1,654	57.5%	± 3.2	1,655	36.0%	± 3.2	1,657	36.4%	± 3.1	1,632	19.0%	± 2.9
West - Inner Ring	754	55.9%	± 4.8	756	34.4%	± 4.9	756	33.1%	± 4.6	747	26.5%	± 5.2
West - Outer Ring	900	58.4%	± 4.3	899	36.9%	± 4.2	901	38.3%	± 4.2	885	14.5%	± 3.4
South Suburbs	1,977	54.3%	± 3.2	1,982	32.1%	± 3.0	1,985	34.3%	± 3.0	1,946	20.1%	± 2.9
South - Inner Ring	997	57.3%	± 4.0	999	36.3%	± 3.9	1,002	38.0%	± 3.9	978	17.4%	± 3.2
South - Outer Ring	980	52.5%	± 4.4	983	29.6%	± 4.2	983	32.2%	± 4.2	968	21.7%	± 4.2
Bloomington	632	56.4%	± 1.7	634	36.0%	± 1.7	634	37.3%	± 1.7	623	19.5%	± 1.6
Gender												
Male	3,100	50.4%	± 2.6	3,102	29.3%	± 2.4	3,113	30.5%	± 2.5	3,072	26.4%	± 2.5
Female	5,410	60.5%	± 1.8	5,409	38.3%	± 1.8	5,419	40.5%	± 1.8	5,346	18.3%	± 1.5
Age												
25-34	1,199	56.5%	± 3.7	1,199	35.9%	± 3.6	1,201	37.4%	± 3.7	1,199	21.0%	± 3.4
35-44	1,116	55.2%	± 4.0	1,117	38.5%	± 3.9	1,118	38.8%	± 3.9	1,114	25.3%	± 3.9
45-54	1,455	55.1%	± 3.6	1,455	34.9%	± 3.5	1,458	35.5%	± 3.4	1,456	22.8%	± 3.5
55-64	1,984	53.3%	± 2.9	1,983	31.9%	± 2.6	1,989	33.7%	± 2.7	1,966	20.2%	± 2.7
65-74	1,524	55.5%	± 3.0	1,521	29.9%	± 2.8	1,526	33.4%	± 2.9	1,492	19.6%	± 2.6
75 and older	1,215	61.7%	± 3.5	1,218	23.0%	± 3.4	1,222	30.6%	± 3.3	1,173	23.4%	± 3.5
Household income												
< 200% of FPL	1,437	51.0%	± 4.2	1,439	24.0%	± 3.6	1,449	27.6%	± 3.7	1,434	36.8%	± 4.2
≥ 200% of FPL	6,704	56.4%	± 1.7	6,704	36.0%	± 1.7	6,713	37.3%	± 1.7	6,618	19.5%	± 1.6

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



During the past 30 days, other than your regular job, did you participate in any physical activity or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

TABLE 50	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,516	85.8% ± 1.1
Minneapolis		
Total	3,294	83.6% ± 2.1
Camden, Near North	757	65.8% ± 5.7
Longfellow, NE, University	830	86.0% ± 4.6
Central, Phillips, Powderhorn	740	83.7% ± 4.8
Calhoun-Isles, Nokomis, SW	967	92.0% ± 2.8
Suburban Areas		
Total	5,222	86.9% ± 1.3
Northwest Suburbs	1,586	86.1% ± 2.4
Northwest - Inner Ring	815	83.7% ± 3.3
Northwest - Outer Ring	771	87.2% ± 3.2
West Suburbs	1,660	87.0% ± 2.6
West - Inner Ring	760	85.8% ± 4.2
West - Outer Ring	900	87.7% ± 3.5
South Suburbs	1,976	88.2% ± 1.9
South - Inner Ring	997	87.7% ± 2.5
South - Outer Ring	979	88.5% ± 2.6
Bloomington	631	89.4% ± 1.1
Gender		
Male	3,113	87.4% ± 1.8
Female	5,402	84.4% ± 1.4
Age		
25-34	1,199	88.7% ± 2.7
35-44	1,119	86.0% ± 3.2
45-54	1,459	88.6% ± 2.6
55-64	1,988	85.5% ± 2.2
65-74	1,525	84.1% ± 2.6
75 and older	1,205	72.6% ± 3.1
Household income		
< 200% of FPL	1,443	69.4% ± 3.9
≥ 200% of FPL	6,704	89.4% ± 1.1

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



Level of moderate physical activity in a usual week

TABLE 51	Sample Size	Inactive (0-9 minutes per week)	Insufficiently active (10-149 minutes per week)	Sufficiently active (150-299 minutes per week)	Highly active (≥ 300 minutes per week)
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,378	3.6% ± 0.7	32.4% ± 1.5	27.1% ± 1.4	36.9% ± 1.5
Minneapolis					
Total	3,249	4.7% ± 1.5	31.9% ± 2.3	25.0% ± 2.2	38.4% ± 2.5
Camden, Near North	743	7.0% ± 3.6	37.3% ± 5.4	23.0% ± 5.7	32.7% ± 5.1
Longfellow, NE, University	811	*4.0% ± 3.2	29.5% ± 4.2	28.5% ± 4.4	38.0% ± 4.9
Central, Phillips, Powderhorn	735	*5.8% ± 4.0	31.2% ± 5.1	24.8% ± 4.8	38.2% ± 5.3
Calhoun-Isles, Nokomis, SW	960	*2.7% ± 2.2	31.2% ± 3.9	23.8% ± 3.8	42.4% ± 4.3
Suburban Areas					
Total	5,129	3.1% ± 0.7	32.6% ± 1.9	28.1% ± 1.9	36.1% ± 2.0
Northwest Suburbs	1,554	3.4% ± 1.4	32.6% ± 3.3	28.8% ± 3.3	35.3% ± 3.4
Northwest - Inner Ring	793	2.8% ± 1.3	32.5% ± 4.4	29.5% ± 4.7	35.3% ± 4.6
Northwest - Outer Ring	761	3.7% ± 2.1	32.6% ± 4.4	28.4% ± 4.3	35.3% ± 4.6
West Suburbs	1,629	3.9% ± 1.6	32.6% ± 3.1	25.7% ± 2.9	37.8% ± 3.2
West - Inner Ring	741	*2.4% ± 1.7	37.1% ± 4.8	21.1% ± 3.9	39.4% ± 5.1
West - Outer Ring	888	4.8% ± 2.5	29.9% ± 4.1	28.4% ± 4.1	36.9% ± 4.1
South Suburbs	1,946	2.2% ± 0.7	32.8% ± 3.1	29.0% ± 3.0	36.1% ± 3.1
South - Inner Ring	976	3.1% ± 1.2	31.4% ± 3.9	29.4% ± 3.7	36.0% ± 3.9
South - Outer Ring	970	1.7% ± 0.9	33.6% ± 4.3	28.7% ± 4.2	36.1% ± 4.3
Bloomington	623	2.6% ± 0.6	32.5% ± 1.7	28.4% ± 1.6	36.5% ± 1.7
Gender					
Male	3,074	3.3% ± 1.1	29.9% ± 2.4	27.1% ± 2.4	39.8% ± 2.6
Female	5,303	4.0% ± 0.8	34.7% ± 1.8	27.1% ± 1.7	34.1% ± 1.8
Age					
25-34	1,193	3.5% ± 1.9	33.6% ± 3.5	27.0% ± 3.4	36.0% ± 3.7
35-44	1,112	2.5% ± 1.5	36.8% ± 3.9	28.3% ± 3.8	32.3% ± 3.8
45-54	1,446	3.6% ± 1.7	29.2% ± 3.3	28.5% ± 3.4	38.6% ± 3.6
55-64	1,973	3.2% ± 1.6	31.2% ± 2.8	26.3% ± 2.7	39.3% ± 2.8
65-74	1,493	4.1% ± 1.6	28.2% ± 2.8	25.5% ± 2.7	42.1% ± 3.0
75 and older	1,146	7.4% ± 1.7	33.6% ± 3.6	23.8% ± 3.2	35.2% ± 3.5
Household income					
< 200% of FPL	1,398	8.8% ± 3.0	31.1% ± 3.9	20.2% ± 3.6	40.0% ± 4.3
≥ 200% of FPL	6,642	2.6% ± 0.6	32.5% ± 1.7	28.4% ± 1.6	36.5% ± 1.7

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



Would you say you get this moderate physical activity at work or outside work?

Among person who are at least sufficiently active (≥ 150 minutes per week)

TABLE 52	Sample Size	At work	Outside of work
	N	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	5,270	14.6% ± 1.7	85.4% ± 1.7
Minneapolis			
Total	2,025	16.4% ± 2.9	83.6% ± 2.9
Camden, Near North	400	26.2% ± 7.8	73.8% ± 7.8
Longfellow, NE, University	531	15.7% ± 6.6	84.3% ± 6.6
Central, Phillips, Powderhorn	461	17.1% ± 6.6	82.9% ± 6.6
Calhoun-Isles, Nokomis, SW	633	11.5% ± 4.0	88.5% ± 4.0
Suburban Areas			
Total	3,245	13.7% ± 2.1	86.3% ± 2.1
Northwest Suburbs	950	15.9% ± 3.9	84.1% ± 3.9
Northwest - Inner Ring	475	16.0% ± 5.5	84.0% ± 5.5
Northwest - Outer Ring	475	15.8% ± 5.3	84.2% ± 5.3
West Suburbs	1,023	11.3% ± 3.3	88.7% ± 3.3
West - Inner Ring	450	14.5% ± 5.3	85.5% ± 5.3
West - Outer Ring	573	9.6% ± 4.4	90.4% ± 4.4
South Suburbs	1,272	12.2% ± 3.4	87.8% ± 3.4
South - Inner Ring	642	11.4% ± 4.1	88.6% ± 4.1
South - Outer Ring	630	12.7% ± 5.0	87.3% ± 5.0
Bloomington	410	12.8% ± 1.7	87.2% ± 1.7
Gender			
Male	2,025	16.9% ± 2.8	83.1% ± 2.8
Female	3,244	12.2% ± 1.9	87.8% ± 1.9
Age			
25-34	744	19.0% ± 4.5	81.0% ± 4.5
35-44	660	16.3% ± 4.6	83.7% ± 4.6
45-54	946	14.6% ± 3.8	85.4% ± 3.8
55-64	1,276	15.2% ± 3.0	84.8% ± 3.0
65-74	1,015	6.4% ± 2.3	93.6% ± 2.3
75 and older	622	*3.0% ± 2.1	97.0% ± 2.1
Household income			
< 200% of FPL	806	25.2% ± 6.0	74.8% ± 6.0
≥ 200% of FPL	4,267	12.8% ± 1.7	87.2% ± 1.7

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



Level of vigorous physical activity in a usual week

TABLE 53	Sample Size	Inactive (0-9 minutes per week)	Insufficiently active (10-74 minutes per week)	Sufficiently active (75-149 minutes per week)	Highly active (≥ 150 minutes per week)
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,395	19.7% ± 1.2	27.2% ± 1.5	18.1% ± 1.3	35.0% ± 1.5
Minneapolis					
Total	3,257	20.3% ± 2.1	26.9% ± 2.3	18.8% ± 2.0	33.9% ± 2.4
Camden, Near North	738	25.5% ± 5.5	25.2% ± 4.8	18.3% ± 4.5	31.0% ± 5.5
Longfellow, NE, University	819	16.4% ± 3.8	27.8% ± 4.4	18.1% ± 3.8	37.7% ± 4.8
Central, Phillips, Powderhorn	738	23.2% ± 5.0	28.7% ± 5.3	17.8% ± 4.2	30.3% ± 4.9
Calhoun-Isles, Nokomis, SW	962	17.5% ± 3.3	25.5% ± 3.7	20.8% ± 4.1	36.3% ± 4.3
Suburban Areas					
Total	5,138	19.4% ± 1.5	27.3% ± 1.9	17.8% ± 1.6	35.5% ± 2.0
Northwest Suburbs	1,555	17.3% ± 2.4	28.7% ± 3.3	17.1% ± 2.9	36.9% ± 3.5
Northwest - Inner Ring	799	17.0% ± 3.1	28.2% ± 4.3	20.0% ± 4.6	34.8% ± 4.6
Northwest - Outer Ring	756	17.4% ± 3.3	28.9% ± 4.4	15.8% ± 3.7	37.9% ± 4.7
West Suburbs	1,633	19.5% ± 2.6	22.9% ± 2.8	17.7% ± 2.5	39.8% ± 3.2
West - Inner Ring	742	20.8% ± 3.7	22.8% ± 4.2	18.0% ± 3.9	38.4% ± 4.9
West - Outer Ring	891	18.8% ± 3.7	23.0% ± 3.7	17.6% ± 3.4	40.6% ± 4.3
South Suburbs	1,950	22.5% ± 2.6	28.6% ± 3.1	18.9% ± 2.8	29.9% ± 2.8
South - Inner Ring	979	22.4% ± 3.2	29.7% ± 3.9	15.9% ± 3.2	32.0% ± 3.9
South - Outer Ring	971	22.6% ± 3.8	28.1% ± 4.4	20.7% ± 4.0	28.7% ± 3.9
Bloomington	624	17.6% ± 1.3	27.9% ± 1.6	18.8% ± 1.4	35.8% ± 1.7
Gender					
Male	3,073	15.7% ± 1.9	26.9% ± 2.4	18.7% ± 2.2	38.7% ± 2.6
Female	5,320	23.4% ± 1.5	27.4% ± 1.7	17.6% ± 1.4	31.5% ± 1.7
Age					
25-34	1,195	15.5% ± 2.9	29.4% ± 3.6	19.8% ± 3.0	35.3% ± 3.7
35-44	1,108	16.8% ± 3.2	28.0% ± 3.8	24.1% ± 3.7	31.1% ± 3.7
45-54	1,449	15.3% ± 2.6	26.1% ± 3.3	16.8% ± 2.7	41.9% ± 3.6
55-64	1,974	22.2% ± 2.5	28.0% ± 2.7	14.7% ± 2.3	35.2% ± 2.8
65-74	1,490	26.9% ± 2.8	24.8% ± 2.7	16.6% ± 2.5	31.7% ± 2.9
75 and older	1,165	39.9% ± 3.4	22.2% ± 3.6	11.0% ± 2.4	26.9% ± 3.2
Household income					
< 200% of FPL	1,404	28.6% ± 3.7	23.8% ± 3.9	15.1% ± 3.5	32.4% ± 4.2
≥ 200% of FPL	6,643	17.6% ± 1.3	27.9% ± 1.6	18.8% ± 1.4	35.8% ± 1.7

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



Would you say you get this vigorous physical activity at work or outside work?

Among person who are at least sufficiently active (≥ 75 minutes per week)

TABLE 54	Sample Size	At work		Outside of work	
	N	% ± 95% C.I.		% ± 95% C.I.	
Hennepin County Total	4,130	8.3% ± 1.6		91.7% ± 1.6	
Minneapolis					
Total	1,618	9.3% ± 2.7		90.7% ± 2.7	
Camden, Near North	326	15.0% ± 7.7		85.0% ± 7.7	
Longfellow, NE, University	434	12.6% ± 7.3		87.4% ± 7.3	
Central, Phillips, Powderhorn	350	*7.3% ± 5.8		92.7% ± 5.8	
Calhoun-Isles, Nokomis, SW	508	*5.5% ± 3.6		94.5% ± 3.6	
Suburban Areas					
Total	2,512	7.8% ± 2.0		92.2% ± 2.0	
Northwest Suburbs	734	10.3% ± 4.0		89.7% ± 4.0	
Northwest - Inner Ring	370	12.8% ± 6.6		87.2% ± 6.6	
Northwest - Outer Ring	364	9.2% ± 5.3		90.8% ± 5.3	
West Suburbs	865	5.4% ± 2.9		94.6% ± 2.9	
West - Inner Ring	374	*6.4% ± 4.5		93.6% ± 4.5	
West - Outer Ring	491	*4.9% ± 4.2		95.1% ± 4.2	
South Suburbs	913	6.0% ± 2.5		94.0% ± 2.5	
South - Inner Ring	440	5.8% ± 3.3		94.2% ± 3.3	
South - Outer Ring	473	*6.0% ± 3.7		94.0% ± 3.7	
Bloomington	302	6.5% ± 1.5		93.5% ± 1.5	
Gender					
Male	1,663	11.2% ± 2.7		88.8% ± 2.7	
Female	2,466	5.1% ± 1.5		94.9% ± 1.5	
Age					
25-34	666	*6.6% ± 3.9		93.4% ± 3.9	
35-44	616	9.7% ± 4.6		90.3% ± 4.6	
45-54	798	10.3% ± 3.5		89.7% ± 3.5	
55-64	942	9.1% ± 3.0		90.9% ± 3.0	
65-74	689	5.2% ± 2.3		94.8% ± 2.3	
75 and older	414	*2.7% ± 2.4		97.3% ± 2.4	
Household income					
< 200% of FPL	573	19.2% ± 6.6		80.8% ± 6.6	
≥ 200% of FPL	3,417	6.5% ± 1.5		93.5% ± 1.5	

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



Healthy People 2020 physical activity guidelines

TABLE 55

	Engaged in no leisure time physical activity			Met the 150 minutes aerobic activity guideline through leisure time			Met the 300 minutes aerobic activity guideline through leisure time		
	N	%	± 95% C.I.	N	%	± 95% C.I.	N	%	± 95% C.I.
Hennepin County Total	8,516	14.2%	± 1.1	8,444	74.2%	± 1.4	8,459	58.6%	± 1.6
Minneapolis									
Total	3,294	16.4%	± 2.1	3,270	72.5%	± 2.4	3,281	58.0%	± 2.5
Camden, Near North	757	34.2%	± 5.7	751	62.3%	± 5.6	752	48.2%	± 5.5
Longfellow, NE, University	830	14.0%	± 4.6	821	73.0%	± 5.0	824	60.1%	± 4.9
Central, Phillips, Powderhorn	740	16.3%	± 4.8	736	72.2%	± 5.4	739	58.1%	± 5.4
Calhoun-Isles, Nokomis, SW	967	8.0%	± 2.8	962	78.4%	± 3.8	966	62.1%	± 4.2
Suburban Areas									
Total	5,222	13.1%	± 1.3	5,174	75.0%	± 1.8	5,178	58.8%	± 2.0
Northwest Suburbs	1,586	13.9%	± 2.4	1,564	73.4%	± 3.1	1,567	57.7%	± 3.4
Northwest - Inner Ring	815	16.3%	± 3.3	801	75.6%	± 4.0	803	57.7%	± 4.6
Northwest - Outer Ring	771	12.8%	± 3.2	763	72.3%	± 4.2	764	57.7%	± 4.6
West Suburbs	1,660	13.0%	± 2.6	1,644	77.1%	± 2.8	1,644	61.7%	± 3.2
West - Inner Ring	760	14.2%	± 4.2	750	76.0%	± 4.1	750	59.9%	± 4.8
West - Outer Ring	900	12.3%	± 3.5	894	77.8%	± 3.9	894	62.7%	± 4.3
South Suburbs	1,976	11.8%	± 1.9	1,966	75.7%	± 2.9	1,967	58.2%	± 3.1
South - Inner Ring	997	12.3%	± 2.5	988	77.4%	± 3.3	989	57.4%	± 3.9
South - Outer Ring	979	11.5%	± 2.6	978	74.7%	± 4.1	978	58.6%	± 4.4
Bloomington	631	10.6%	± 1.1	629	77.0%	± 1.5	629	60.4%	± 1.7
Gender									
Male	3,113	12.6%	± 1.8	3,093	76.1%	± 2.4	3,098	61.9%	± 2.6
Female	5,402	15.6%	± 1.4	5,349	72.4%	± 1.7	5,359	55.4%	± 1.8
Age									
25-34	1,199	11.3%	± 2.7	1,196	76.4%	± 3.5	1,197	59.7%	± 3.7
35-44	1,119	14.0%	± 3.2	1,115	75.2%	± 3.7	1,115	58.9%	± 4.0
45-54	1,459	11.4%	± 2.6	1,451	75.8%	± 3.3	1,453	61.9%	± 3.5
55-64	1,988	14.5%	± 2.2	1,981	71.9%	± 2.8	1,981	56.6%	± 2.9
65-74	1,525	15.9%	± 2.6	1,506	75.7%	± 2.7	1,510	58.6%	± 3.0
75 and older	1,205	27.4%	± 3.1	1,180	64.1%	± 3.5	1,188	48.6%	± 3.5
Household income									
< 200% of FPL	1,443	30.6%	± 3.9	1,411	60.4%	± 4.3	1,418	50.4%	± 4.2
≥ 200% of FPL	6,704	10.6%	± 1.1	6,681	77.0%	± 1.5	6,688	60.4%	± 1.7

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



During a typical day how many hours do you do each of the following ... ?
Use a TV to watch shows, movies, videos, or play games

TABLE 56	Sample Size	0 hours	1 hour	2 hours	3 or more hours
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,514	13.0% ± 1.1	30.3% ± 1.5	31.1% ± 1.5	25.6% ± 1.3
Minneapolis					
Total	3,290	16.5% ± 2.1	29.9% ± 2.4	29.9% ± 2.3	23.8% ± 2.1
Camden, Near North	755	10.4% ± 5.3	22.0% ± 4.9	30.0% ± 5.2	37.6% ± 5.3
Longfellow, NE, University	827	18.2% ± 4.2	32.9% ± 4.7	26.0% ± 4.0	22.9% ± 4.4
Central, Phillips, Powderhorn	739	18.3% ± 4.6	33.6% ± 5.4	25.2% ± 4.8	22.9% ± 4.5
Calhoun-Isles, Nokomis, SW	969	16.8% ± 3.6	28.3% ± 3.8	37.6% ± 4.4	17.4% ± 3.2
Suburban Areas					
Total	5,224	11.3% ± 1.4	30.6% ± 1.9	31.6% ± 1.9	26.5% ± 1.7
Northwest Suburbs	1,586	11.4% ± 2.5	31.6% ± 3.4	31.0% ± 3.3	26.1% ± 2.9
Northwest - Inner Ring	814	12.1% ± 4.2	28.3% ± 4.3	28.9% ± 4.1	30.7% ± 4.4
Northwest - Outer Ring	772	11.0% ± 3.2	33.1% ± 4.6	32.0% ± 4.4	23.9% ± 3.8
West Suburbs	1,658	12.8% ± 2.5	30.9% ± 3.2	32.4% ± 3.1	23.8% ± 2.6
West - Inner Ring	757	13.8% ± 4.0	29.6% ± 5.0	32.5% ± 4.6	24.2% ± 3.8
West - Outer Ring	901	12.3% ± 3.3	31.7% ± 4.1	32.4% ± 4.1	23.5% ± 3.6
South Suburbs	1,980	10.1% ± 2.1	28.7% ± 3.0	31.9% ± 3.0	29.2% ± 2.9
South - Inner Ring	998	10.2% ± 2.8	31.2% ± 3.9	29.7% ± 3.6	28.9% ± 3.6
South - Outer Ring	982	10.0% ± 3.0	27.2% ± 4.2	33.3% ± 4.2	29.5% ± 4.1
Bloomington	633	12.8% ± 1.2	32.6% ± 1.7	32.2% ± 1.7	22.4% ± 1.4
Gender					
Male	3,108	12.6% ± 2.0	30.8% ± 2.5	31.4% ± 2.5	25.2% ± 2.2
Female	5,404	13.4% ± 1.3	29.9% ± 1.7	30.7% ± 1.7	26.0% ± 1.6
Age					
25-34	1,194	17.3% ± 3.1	36.1% ± 3.7	29.6% ± 3.5	17.1% ± 2.9
35-44	1,115	16.8% ± 3.0	37.6% ± 3.9	28.0% ± 3.8	17.5% ± 3.4
45-54	1,459	12.8% ± 2.5	33.0% ± 3.5	33.9% ± 3.5	20.3% ± 3.1
55-64	1,988	9.7% ± 2.0	24.8% ± 2.7	33.0% ± 2.7	32.5% ± 2.7
65-74	1,527	5.6% ± 1.6	16.4% ± 2.4	31.2% ± 2.8	46.8% ± 3.0
75 and older	1,211	6.1% ± 1.7	14.7% ± 2.8	30.7% ± 3.3	48.5% ± 3.5
Household income					
< 200% of FPL	1,443	14.5% ± 3.6	20.0% ± 3.9	25.1% ± 3.7	40.4% ± 4.0
≥ 200% of FPL	6,700	12.8% ± 1.2	32.6% ± 1.7	32.2% ± 1.7	22.4% ± 1.4

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



During a typical day how many hours do you do each of the following ... ?
Talk, text, or use an app on a phone

TABLE 57	Sample Size	0 hours	1 hour	2 hours	3 or more hours
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,457	22.0% ± 1.2	52.2% ± 1.6	16.3% ± 1.3	9.5% ± 1.1
Minneapolis					
Total	3,273	21.8% ± 2.2	49.5% ± 2.5	18.7% ± 2.1	10.0% ± 1.7
Camden, Near North	749	19.3% ± 4.0	46.6% ± 5.5	18.0% ± 4.6	16.1% ± 5.0
Longfellow, NE, University	821	22.8% ± 3.6	52.7% ± 4.8	15.5% ± 4.3	9.0% ± 3.2
Central, Phillips, Powderhorn	742	22.0% ± 5.3	48.1% ± 5.3	19.4% ± 4.4	10.5% ± 3.8
Calhoun-Isles, Nokomis, SW	961	22.5% ± 3.9	50.0% ± 4.3	21.0% ± 4.2	6.5% ± 2.5
Suburban Areas					
Total	5,184	22.0% ± 1.5	53.5% ± 2.0	15.2% ± 1.6	9.3% ± 1.4
Northwest Suburbs	1,573	21.5% ± 2.6	54.2% ± 3.4	15.1% ± 2.9	9.2% ± 2.4
Northwest - Inner Ring	811	25.7% ± 3.7	49.0% ± 4.6	14.5% ± 3.7	10.7% ± 3.7
Northwest - Outer Ring	762	19.5% ± 3.4	56.7% ± 4.6	15.4% ± 3.9	8.4% ± 3.2
West Suburbs	1,647	21.1% ± 2.5	53.3% ± 3.2	15.2% ± 2.7	10.3% ± 2.6
West - Inner Ring	751	22.4% ± 3.7	49.1% ± 4.9	16.1% ± 4.3	12.4% ± 4.5
West - Outer Ring	896	20.4% ± 3.3	55.8% ± 4.3	14.7% ± 3.5	9.1% ± 3.4
South Suburbs	1,964	23.5% ± 2.5	52.6% ± 3.2	15.2% ± 2.4	8.7% ± 2.8
South - Inner Ring	990	24.3% ± 3.3	52.5% ± 4.0	15.7% ± 3.4	7.6% ± 2.9
South - Outer Ring	974	23.1% ± 3.5	52.6% ± 4.4	14.8% ± 3.3	9.4% ± 4.2
Bloomington	626	20.0% ± 1.3	53.9% ± 1.7	16.8% ± 1.4	9.2% ± 1.2
Gender					
Male	3,083	23.7% ± 2.1	50.4% ± 2.6	16.1% ± 2.2	9.8% ± 1.9
Female	5,372	20.4% ± 1.4	53.9% ± 1.8	16.5% ± 1.4	9.3% ± 1.2
Age					
25-34	1,195	8.1% ± 2.3	47.7% ± 3.7	25.9% ± 3.2	18.3% ± 3.2
35-44	1,112	12.6% ± 3.0	55.3% ± 4.0	20.8% ± 3.5	11.3% ± 2.8
45-54	1,454	21.0% ± 3.1	57.5% ± 3.6	14.1% ± 2.7	7.4% ± 2.3
55-64	1,970	30.8% ± 2.7	53.7% ± 2.9	10.2% ± 2.0	5.3% ± 1.8
65-74	1,517	38.2% ± 2.9	50.4% ± 3.0	8.7% ± 1.9	2.7% ± 1.4
75 and older	1,191	53.3% ± 3.6	40.8% ± 3.5	*4.1% ± 3.0	1.8% ± 1.0
Household income					
< 200% of FPL	1,426	29.0% ± 3.8	44.3% ± 4.2	14.4% ± 3.3	12.3% ± 3.4
≥ 200% of FPL	6,660	20.0% ± 1.3	53.9% ± 1.7	16.8% ± 1.4	9.2% ± 1.2

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



During a typical day how many hours do you do each of the following ... ?
Use a computer, laptop, or tablet for work or enjoyment

TABLE 58	Sample Size	0 hours	1 hour	2 hours	3 or more hours
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,505	10.2% ± 0.9	21.8% ± 1.2	16.0% ± 1.2	52.1% ± 1.6
Minneapolis					
Total	3,292	11.9% ± 1.8	20.7% ± 2.1	16.1% ± 2.0	51.4% ± 2.5
Camden, Near North	757	20.5% ± 4.5	22.2% ± 4.9	12.6% ± 4.5	44.7% ± 5.5
Longfellow, NE, University	825	11.5% ± 3.7	20.9% ± 4.1	15.2% ± 3.9	52.3% ± 4.8
Central, Phillips, Powderhorn	743	13.1% ± 4.7	19.3% ± 4.7	17.0% ± 4.8	50.6% ± 5.3
Calhoun-Isles, Nokomis, SW	967	5.9% ± 2.2	21.0% ± 3.3	17.8% ± 3.6	55.3% ± 4.2
Suburban Areas					
Total	5,213	9.4% ± 1.0	22.3% ± 1.6	15.9% ± 1.5	52.4% ± 2.0
Northwest Suburbs	1,582	9.7% ± 1.8	21.6% ± 2.8	16.4% ± 2.7	52.4% ± 3.4
Northwest - Inner Ring	812	11.6% ± 2.5	22.4% ± 3.8	16.3% ± 3.5	49.7% ± 4.6
Northwest - Outer Ring	770	8.8% ± 2.5	21.2% ± 3.8	16.4% ± 3.7	53.6% ± 4.6
West Suburbs	1,658	8.9% ± 1.8	23.4% ± 2.6	14.8% ± 2.2	52.9% ± 3.2
West - Inner Ring	760	10.8% ± 3.6	22.2% ± 4.1	13.9% ± 3.7	53.1% ± 4.8
West - Outer Ring	898	7.8% ± 2.1	24.1% ± 3.5	15.3% ± 2.9	52.8% ± 4.2
South Suburbs	1,973	9.4% ± 1.7	22.4% ± 2.4	16.2% ± 2.3	52.0% ± 3.1
South - Inner Ring	990	11.6% ± 2.2	22.9% ± 3.2	16.3% ± 3.1	49.3% ± 4.0
South - Outer Ring	983	8.1% ± 2.5	22.1% ± 3.4	16.2% ± 3.2	53.6% ± 4.3
Bloomington	633	6.3% ± 0.7	21.0% ± 1.3	15.2% ± 1.3	57.6% ± 1.7
Gender					
Male	3,106	8.5% ± 1.4	19.8% ± 2.0	16.7% ± 2.0	55.0% ± 2.6
Female	5,397	11.8% ± 1.2	23.6% ± 1.5	15.3% ± 1.3	49.4% ± 1.8
Age					
25-34	1,197	4.8% ± 2.0	15.3% ± 2.9	12.8% ± 2.8	67.2% ± 3.6
35-44	1,117	5.3% ± 2.3	17.3% ± 3.0	13.4% ± 3.2	64.0% ± 3.9
45-54	1,456	7.9% ± 2.3	21.2% ± 3.1	15.2% ± 2.8	55.7% ± 3.6
55-64	1,991	9.9% ± 2.0	25.5% ± 2.5	18.6% ± 2.5	46.0% ± 2.9
65-74	1,523	14.8% ± 2.2	36.9% ± 3.0	24.9% ± 2.7	23.4% ± 2.7
75 and older	1,202	41.6% ± 3.5	29.3% ± 3.2	19.1% ± 2.9	10.0% ± 2.2
Household income					
< 200% of FPL	1,441	27.7% ± 3.8	24.5% ± 3.7	19.0% ± 3.7	28.8% ± 4.0
≥ 200% of FPL	6,693	6.3% ± 0.7	21.0% ± 1.3	15.2% ± 1.3	57.6% ± 1.7

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



Current smoking status

TABLE 59	Sample Size	Every day smoker	Some days smoker	Former smoker	Never smoked
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,520	4.6% ± 0.6	3.1% ± 0.7	27.3% ± 1.4	65.0% ± 1.5
Minneapolis					
Total	3,293	6.6% ± 1.2	4.2% ± 1.2	26.7% ± 2.1	62.5% ± 2.4
Camden, Near North	758	12.2% ± 4.2	3.6% ± 2.1	25.6% ± 4.5	58.7% ± 5.3
Longfellow, NE, University	827	6.7% ± 2.7	4.1% ± 2.4	26.8% ± 3.9	62.4% ± 4.5
Central, Phillips, Powderhorn	743	5.3% ± 2.1	6.8% ± 3.4	23.3% ± 4.3	64.6% ± 5.0
Calhoun-Isles, Nokomis, SW	965	4.5% ± 2.3	*2.1% ± 1.2	30.7% ± 4.2	62.7% ± 4.3
Suburban Areas					
Total	5,227	3.7% ± 0.8	2.5% ± 0.9	27.6% ± 1.7	66.2% ± 1.9
Northwest Suburbs	1,588	4.8% ± 1.5	*2.8% ± 1.7	26.7% ± 3.0	65.7% ± 3.3
Northwest - Inner Ring	817	6.1% ± 2.1	*2.8% ± 2.5	26.7% ± 4.1	64.4% ± 4.4
Northwest - Outer Ring	771	4.2% ± 2.1	*2.7% ± 2.5	26.8% ± 4.1	66.3% ± 4.4
West Suburbs	1,660	2.9% ± 1.0	*1.6% ± 1.1	29.9% ± 2.8	65.6% ± 3.0
West - Inner Ring	760	3.8% ± 1.9	^2.1% ± 2.8	23.3% ± 3.7	70.8% ± 4.2
West - Outer Ring	900	2.4% ± 1.3	^1.3% ± 1.3	33.8% ± 3.9	62.5% ± 4.0
South Suburbs	1,979	2.6% ± 1.1	2.9% ± 1.6	27.0% ± 2.8	67.5% ± 3.0
South - Inner Ring	998	3.0% ± 1.2	*2.5% ± 1.7	25.7% ± 3.3	68.8% ± 3.5
South - Outer Ring	981	*2.4% ± 1.8	*3.1% ± 2.6	27.8% ± 4.1	66.7% ± 4.3
Bloomington	632	3.5% ± 0.6	2.7% ± 0.7	28.0% ± 1.5	65.8% ± 1.6
Gender					
Male	3,112	4.6% ± 1.0	3.8% ± 1.3	28.8% ± 2.3	62.7% ± 2.5
Female	5,406	4.7% ± 0.9	2.3% ± 0.6	25.8% ± 1.5	67.1% ± 1.6
Age					
25-34	1,198	4.1% ± 1.7	4.9% ± 2.1	16.0% ± 3.0	74.9% ± 3.5
35-44	1,118	4.1% ± 1.8	*3.1% ± 1.8	26.1% ± 3.6	66.7% ± 3.8
45-54	1,455	5.1% ± 1.5	3.1% ± 1.6	23.0% ± 3.2	68.8% ± 3.4
55-64	1,985	6.4% ± 1.4	2.5% ± 1.0	32.5% ± 2.7	58.6% ± 2.8
65-74	1,526	4.9% ± 1.5	1.4% ± 0.8	46.0% ± 3.0	47.6% ± 3.0
75 and older	1,218	2.2% ± 1.1	^0.4% ± 0.5	44.1% ± 3.4	53.3% ± 3.5
Household income					
< 200% of FPL	1,445	10.5% ± 2.4	4.9% ± 2.5	23.9% ± 3.2	60.7% ± 3.9
≥ 200% of FPL	6,705	3.5% ± 0.6	2.7% ± 0.7	28.0% ± 1.5	65.8% ± 1.6

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



Current smoking status

TABLE 60	Sample Size	Currently smoking
	N	% ± 95% C.I.
Hennepin County Total	8,520	7.7% ± 0.9
Minneapolis		
Total	3,293	10.8% ± 1.6
Camden, Near North	758	15.8% ± 4.4
Longfellow, NE, University	827	10.8% ± 3.3
Central, Phillips, Powderhorn	743	12.1% ± 3.6
Calhoun-Isles, Nokomis, SW	965	6.6% ± 2.4
Suburban Areas		
Total	5,227	6.2% ± 1.1
Northwest Suburbs	1,588	7.6% ± 2.1
Northwest - Inner Ring	817	8.9% ± 2.9
Northwest - Outer Ring	771	6.9% ± 2.9
West Suburbs	1,660	4.5% ± 1.4
West - Inner Ring	760	5.9% ± 2.8
West - Outer Ring	900	3.7% ± 1.6
South Suburbs	1,979	5.5% ± 1.8
South - Inner Ring	998	5.5% ± 1.9
South - Outer Ring	981	5.5% ± 2.8
Bloomington	632	6.2% ± 0.9
Gender		
Male	3,112	8.4% ± 1.5
Female	5,406	7.0% ± 1.0
Age		
25-34	1,198	9.1% ± 2.5
35-44	1,118	7.1% ± 2.3
45-54	1,455	8.2% ± 2.0
55-64	1,985	8.9% ± 1.7
65-74	1,526	6.3% ± 1.6
75 and older	1,218	2.6% ± 1.2
Household income		
< 200% of FPL	1,445	15.4% ± 3.1
≥ 200% of FPL	6,705	6.2% ± 0.9

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

TABLE 61	Sample Size N	Among current smokers:
		Yes % ± 95% C.I.
Hennepin County Total	675	59.4% ± 5.5
Minneapolis		
Total	354	63.4% ± 6.8
Camden, Near North	114	60.8% ± 12.8
Longfellow, NE, University	81	62.9% ± 13.4
Central, Phillips, Powderhorn	98	64.9% ± 13.6
Calhoun-Isles, Nokomis, SW	61	65.2% ± 15.6
Suburban Areas		
Total	321	56.1% ± 8.3
Northwest Suburbs	130	60.6% ± 12.3
Northwest - Inner Ring	79	60.8% ± 14.2
Northwest - Outer Ring	51	60.5% ± 17.8
West Suburbs	82	45.7% ± 14.0
West - Inner Ring	45	52.8% ± 20.3
West - Outer Ring	37	39.0% ± 18.0
South Suburbs	109	53.4% ± 14.7
South - Inner Ring	62	53.8% ± 14.8
South - Outer Ring	47	53.2% ± 21.0
Bloomington	33	58.1% ± 7.0
Gender		
Male	273	59.6% ± 8.6
Female	402	59.2% ± 6.8
Age		
25-34	108	66.0% ± 13.0
35-44	90	59.3% ± 14.9
45-54	139	66.5% ± 10.6
55-64	203	51.3% ± 8.9
65-74	99	39.9% ± 11.7
75 and older	35	40.0% ± 18.8
Household income		
< 200% of FPL	236	61.2% ± 9.3
≥ 200% of FPL	416	58.1% ± 7.0

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



During the past 12 months have you used other tobacco products such as cigars, pipes, snuff, chewing tobacco, bidis, kreteks, snus, a hookah water pipe, or any other type of tobacco product?

TABLE 62	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,478	9.7% ± 1.1
Minneapolis		
Total	3,282	12.1% ± 1.9
Camden, Near North	759	10.9% ± 3.7
Longfellow, NE, University	820	12.8% ± 4.0
Central, Phillips, Powderhorn	737	14.1% ± 4.8
Calhoun-Isles, Nokomis, SW	966	10.4% ± 3.2
Suburban Areas		
Total	5,196	8.6% ± 1.4
Northwest Suburbs	1,575	8.9% ± 2.5
Northwest - Inner Ring	808	9.7% ± 3.4
Northwest - Outer Ring	767	8.5% ± 3.4
West Suburbs	1,656	10.2% ± 2.6
West - Inner Ring	763	10.4% ± 4.0
West - Outer Ring	893	10.1% ± 3.6
South Suburbs	1,965	6.8% ± 2.1
South - Inner Ring	986	7.8% ± 3.0
South - Outer Ring	979	6.2% ± 3.0
Bloomington	631	10.0% ± 1.2
Gender		
Male	3,113	16.1% ± 2.1
Female	5,363	3.7% ± 0.9
Age		
25-34	1,196	16.8% ± 3.1
35-44	1,118	12.8% ± 3.2
45-54	1,452	8.0% ± 2.1
55-64	1,982	6.0% ± 1.8
65-74	1,512	3.2% ± 1.3
75 and older	1,198	*0.9% ± 0.7
Household income		
< 200% of FPL	1,434	9.4% ± 3.1
≥ 200% of FPL	6,677	10.0% ± 1.2

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



Does anyone, including yourself, smoke regularly inside your home?

TABLE 63	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,494	4.5% ± 0.7
Minneapolis		
Total	3,288	6.6% ± 1.6
Camden, Near North	758	12.2% ± 3.9
Longfellow, NE, University	823	5.2% ± 2.9
Central, Phillips, Powderhorn	740	7.4% ± 4.3
Calhoun-Isles, Nokomis, SW	967	*3.6% ± 2.2
Suburban Areas		
Total	5,206	3.5% ± 0.8
Northwest Suburbs	1,583	3.9% ± 1.5
Northwest - Inner Ring	814	5.0% ± 2.1
Northwest - Outer Ring	769	*3.4% ± 2.1
West Suburbs	1,652	2.8% ± 1.3
West - Inner Ring	758	*2.6% ± 2.1
West - Outer Ring	894	*2.9% ± 1.8
South Suburbs	1,971	3.6% ± 1.6
South - Inner Ring	992	4.0% ± 1.8
South - Outer Ring	979	*3.3% ± 2.6
Bloomington	630	3.0% ± 0.7
Gender		
Male	3,111	4.7% ± 1.3
Female	5,381	4.3% ± 0.9
Age		
25-34	1,198	3.4% ± 1.6
35-44	1,114	*2.6% ± 1.7
45-54	1,452	5.2% ± 2.0
55-64	1,978	7.4% ± 2.0
65-74	1,520	5.5% ± 1.8
75 and older	1,212	^3.2% ± 3.3
Household income		
< 200% of FPL	1,441	12.5% ± 3.0
≥ 200% of FPL	6,684	3.0% ± 0.7

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



In the past 7 days have you been in a car or other vehicle with someone who was smoking?

TABLE 64	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,525	6.7% ± 0.9
Minneapolis		
Total	3,298	9.4% ± 1.6
Camden, Near North	761	14.6% ± 4.2
Longfellow, NE, University	827	9.7% ± 3.4
Central, Phillips, Powderhorn	743	10.2% ± 4.0
Calhoun-Isles, Nokomis, SW	967	5.2% ± 2.4
Suburban Areas		
Total	5,227	5.4% ± 1.1
Northwest Suburbs	1,589	7.2% ± 2.2
Northwest - Inner Ring	818	7.8% ± 2.8
Northwest - Outer Ring	771	6.9% ± 3.1
West Suburbs	1,660	4.5% ± 1.4
West - Inner Ring	761	5.9% ± 2.5
West - Outer Ring	899	3.7% ± 1.7
South Suburbs	1,978	3.4% ± 1.5
South - Inner Ring	995	*2.3% ± 1.4
South - Outer Ring	983	4.0% ± 2.3
Bloomington	635	5.1% ± 0.9
Gender		
Male	3,111	7.6% ± 1.6
Female	5,412	5.9% ± 1.0
Age		
25-34	1,199	9.3% ± 2.5
35-44	1,117	5.8% ± 2.1
45-54	1,458	6.6% ± 2.1
55-64	1,980	7.0% ± 2.0
65-74	1,529	4.7% ± 1.6
75 and older	1,221	^2.9% ± 3.1
Household income		
< 200% of FPL	1,449	15.5% ± 3.4
≥ 200% of FPL	6,700	5.1% ± 0.9

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



Current alcohol use

Had at least one drink of any alcoholic beverage on one or more days during the past 30 days

TABLE 65	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,532	76.0% ± 1.4
Minneapolis		
Total	3,300	76.1% ± 2.3
Camden, Near North	761	67.7% ± 5.1
Longfellow, NE, University	826	78.3% ± 4.8
Central, Phillips, Powderhorn	745	73.9% ± 5.2
Calhoun-Isles, Nokomis, SW	968	81.6% ± 4.0
Suburban Areas		
Total	5,232	75.9% ± 1.7
Northwest Suburbs	1,591	75.0% ± 3.0
Northwest - Inner Ring	818	73.2% ± 4.1
Northwest - Outer Ring	773	75.8% ± 4.0
West Suburbs	1,663	79.0% ± 2.7
West - Inner Ring	762	75.5% ± 4.6
West - Outer Ring	901	81.0% ± 3.3
South Suburbs	1,978	74.8% ± 2.8
South - Inner Ring	998	76.4% ± 3.2
South - Outer Ring	980	73.8% ± 4.1
Bloomington	632	69.7% ± 5.7
Gender		
Male	3,124	78.7% ± 2.2
Female	5,406	73.4% ± 1.7
Age		
25-34	1,198	81.8% ± 3.1
35-44	1,117	80.3% ± 3.7
45-54	1,458	77.7% ± 3.3
55-64	1,985	73.0% ± 2.6
65-74	1,530	67.7% ± 2.8
75 and older	1,225	58.5% ± 3.5
Household income		
< 200% of FPL	1,449	53.5% ± 4.2
≥ 200% of FPL	6,712	80.9% ± 1.4

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?

TABLE 66	Sample Size	0 days	1 to 3 days	4 to 9 days	10 to 19 days	20 or more days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,520	24.1% ± 1.4	19.4% ± 1.3	21.8% ± 1.4	15.8% ± 1.2	19.0% ± 1.2
Minneapolis						
Total	3,295	23.9% ± 2.3	18.1% ± 2.1	19.0% ± 1.9	17.7% ± 1.9	21.3% ± 2.0
Camden, Near North	758	32.4% ± 5.1	27.1% ± 5.6	16.1% ± 4.6	13.9% ± 4.2	10.6% ± 3.4
Longfellow, NE, University	825	21.7% ± 4.8	16.7% ± 3.9	20.9% ± 3.9	18.2% ± 3.7	22.4% ± 3.9
Central, Phillips, Powderhorn	745	26.1% ± 5.2	17.8% ± 5.0	16.0% ± 3.6	17.3% ± 4.2	22.9% ± 4.6
Calhoun-Isles, Nokomis, SW	967	18.4% ± 4.0	14.3% ± 3.3	22.1% ± 3.6	19.9% ± 3.5	25.3% ± 3.8
Suburban Areas						
Total	5,225	24.1% ± 1.7	20.0% ± 1.6	23.1% ± 1.8	14.9% ± 1.5	17.8% ± 1.5
Northwest Suburbs	1,587	25.1% ± 3.0	21.1% ± 2.9	22.1% ± 3.1	15.5% ± 2.8	16.1% ± 2.6
Northwest - Inner Ring	816	26.8% ± 4.1	23.1% ± 4.2	18.9% ± 4.0	14.6% ± 3.8	16.5% ± 3.5
Northwest - Outer Ring	771	24.3% ± 4.0	20.2% ± 3.9	23.6% ± 4.3	15.9% ± 3.8	16.0% ± 3.6
West Suburbs	1,663	21.0% ± 2.7	18.4% ± 2.6	21.9% ± 2.9	16.3% ± 2.6	22.3% ± 2.7
West - Inner Ring	762	24.5% ± 4.6	19.0% ± 3.9	20.7% ± 4.0	18.3% ± 4.4	17.6% ± 3.8
West - Outer Ring	901	19.0% ± 3.3	18.1% ± 3.5	22.5% ± 4.0	15.2% ± 3.4	25.2% ± 3.8
South Suburbs	1,975	25.2% ± 2.8	19.7% ± 2.4	25.6% ± 3.1	12.7% ± 2.2	16.8% ± 2.2
South - Inner Ring	997	23.6% ± 3.2	22.1% ± 3.6	19.8% ± 3.4	14.4% ± 3.2	20.2% ± 3.3
South - Outer Ring	978	26.2% ± 4.1	18.2% ± 3.3	29.0% ± 4.5	11.8% ± 3.0	14.8% ± 3.0
Bloomington	632	19.1% ± 1.4	18.2% ± 1.4	23.8% ± 1.6	17.6% ± 1.4	21.3% ± 1.4
Gender						
Male	3,119	21.3% ± 2.2	15.5% ± 2.1	22.6% ± 2.3	17.5% ± 2.1	23.2% ± 2.1
Female	5,399	26.6% ± 1.7	23.1% ± 1.6	21.0% ± 1.5	14.2% ± 1.3	15.0% ± 1.2
Age						
25-34	1,198	18.2% ± 3.1	17.9% ± 3.2	27.0% ± 3.5	20.5% ± 3.0	16.5% ± 2.8
35-44	1,117	19.7% ± 3.7	21.2% ± 3.4	21.7% ± 3.4	19.9% ± 3.3	17.6% ± 3.1
45-54	1,456	22.3% ± 3.3	20.3% ± 3.0	22.7% ± 3.2	15.7% ± 2.8	19.0% ± 2.9
55-64	1,981	27.0% ± 2.6	18.3% ± 2.3	20.7% ± 2.6	12.5% ± 2.0	21.5% ± 2.4
65-74	1,529	32.4% ± 2.8	18.4% ± 2.5	17.1% ± 2.4	8.6% ± 1.8	23.5% ± 2.7
75 and older	1,220	41.6% ± 3.5	20.4% ± 3.3	11.6% ± 2.2	6.6% ± 1.6	19.7% ± 2.7
Household income						
< 200% of FPL	1,444	46.6% ± 4.2	24.7% ± 4.0	12.3% ± 3.1	7.2% ± 1.9	9.2% ± 2.5
≥ 200% of FPL	6,707	19.1% ± 1.4	18.2% ± 1.4	23.8% ± 1.6	17.6% ± 1.4	21.3% ± 1.4

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



During the past 30 days, on the days when you drank, about how many drinks did you have on average?

TABLE 67	Sample Size	0 drinks	1 or 2 drinks	3 or 4 drinks	5 or more drinks
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,312	22.7% ± 1.4	61.8% ± 1.6	11.8% ± 1.1	3.7% ± 0.7
Minneapolis					
Total	3,215	22.5% ± 2.3	58.7% ± 2.6	14.0% ± 1.9	4.8% ± 1.5
Camden, Near North	738	31.7% ± 5.2	45.6% ± 5.5	15.4% ± 5.3	*7.3% ± 4.7
Longfellow, NE, University	809	19.8% ± 4.7	62.7% ± 4.9	13.8% ± 3.9	*3.7% ± 2.3
Central, Phillips, Powderhorn	722	24.5% ± 5.3	55.2% ± 5.4	15.0% ± 3.8	*5.3% ± 4.3
Calhoun-Isles, Nokomis, SW	946	17.4% ± 4.0	66.7% ± 4.5	12.2% ± 3.5	3.6% ± 2.0
Suburban Areas					
Total	5,097	22.8% ± 1.7	63.3% ± 2.0	10.8% ± 1.4	3.1% ± 0.9
Northwest Suburbs	1,549	23.7% ± 3.0	62.2% ± 3.4	11.2% ± 2.5	3.0% ± 1.6
Northwest - Inner Ring	797	25.4% ± 4.1	61.4% ± 4.5	10.5% ± 3.2	*2.7% ± 1.7
Northwest - Outer Ring	752	22.8% ± 4.0	62.6% ± 4.6	11.5% ± 3.5	*3.1% ± 2.3
West Suburbs	1,620	19.8% ± 2.7	63.9% ± 3.2	12.4% ± 2.4	3.9% ± 1.9
West - Inner Ring	743	23.3% ± 4.7	59.1% ± 5.1	14.2% ± 4.2	*3.4% ± 2.5
West - Outer Ring	877	17.7% ± 3.3	66.7% ± 4.2	11.4% ± 3.0	*4.2% ± 2.9
South Suburbs	1,928	23.9% ± 2.8	64.5% ± 3.1	8.9% ± 2.3	2.7% ± 1.3
South - Inner Ring	975	22.5% ± 3.2	64.3% ± 3.9	9.5% ± 2.9	*3.7% ± 2.4
South - Outer Ring	953	24.7% ± 4.1	64.7% ± 4.5	8.5% ± 3.4	*2.1% ± 1.7
Bloomington	616	17.8% ± 1.4	66.5% ± 1.7	12.4% ± 1.3	3.2% ± 0.8
Gender					
Male	3,059	20.4% ± 2.2	58.3% ± 2.6	15.6% ± 2.0	5.7% ± 1.4
Female	5,251	24.9% ± 1.7	65.1% ± 1.8	8.3% ± 1.1	1.8% ± 0.5
Age					
25-34	1,190	17.4% ± 3.1	59.9% ± 3.8	17.1% ± 3.1	5.6% ± 2.2
35-44	1,106	19.1% ± 3.7	65.9% ± 4.0	12.2% ± 2.8	2.8% ± 1.4
45-54	1,432	21.4% ± 3.3	62.5% ± 3.6	11.3% ± 2.5	4.8% ± 2.1
55-64	1,931	25.6% ± 2.7	61.0% ± 2.9	11.1% ± 2.1	2.4% ± 1.1
65-74	1,470	29.8% ± 2.8	61.8% ± 3.0	6.4% ± 1.7	2.0% ± 1.1
75 and older	1,164	38.2% ± 3.5	56.9% ± 3.6	3.8% ± 1.5	*1.1% ± 0.8
Household income					
< 200% of FPL	1,399	45.6% ± 4.3	38.4% ± 4.2	9.8% ± 2.8	6.2% ± 2.7
≥ 200% of FPL	6,560	17.8% ± 1.4	66.5% ± 1.7	12.4% ± 1.3	3.2% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



During the past 30 days, on the days when you drank, about how many drinks did you have on average?

Among person who are current drinkers

TABLE 68	Sample Size N	1 or 2 drinks	3 or 4 drinks	5 or more drinks
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,225	80.0% ± 1.6	15.3% ± 1.4	4.7% ± 0.9
Minneapolis				
Total	2,433	75.8% ± 2.7	18.0% ± 2.3	6.2% ± 1.9
Camden, Near North	465	66.8% ± 7.6	22.5% ± 7.1	*10.7% ± 6.6
Longfellow, NE, University	650	78.1% ± 4.9	17.3% ± 4.6	*4.6% ± 2.9
Central, Phillips, Powderhorn	534	73.1% ± 5.8	19.9% ± 4.8	*7.1% ± 5.6
Calhoun-Isles, Nokomis, SW	784	80.8% ± 4.3	14.8% ± 4.1	4.4% ± 2.4
Suburban Areas				
Total	3,792	82.0% ± 2.0	14.0% ± 1.8	4.0% ± 1.1
Northwest Suburbs	1,124	81.5% ± 3.5	14.6% ± 3.2	3.9% ± 2.0
Northwest - Inner Ring	562	82.3% ± 4.4	14.1% ± 4.2	*3.6% ± 2.3
Northwest - Outer Ring	562	81.1% ± 4.8	14.9% ± 4.4	*4.1% ± 3.0
West Suburbs	1,256	79.6% ± 3.3	15.5% ± 2.9	4.9% ± 2.4
West - Inner Ring	561	77.0% ± 5.5	18.5% ± 5.2	*4.5% ± 3.2
West - Outer Ring	695	81.1% ± 4.3	13.8% ± 3.6	*5.1% ± 3.5
South Suburbs	1,412	84.8% ± 3.1	11.7% ± 2.9	3.5% ± 1.7
South - Inner Ring	702	83.0% ± 4.2	12.2% ± 3.6	*4.8% ± 3.0
South - Outer Ring	710	85.9% ± 4.5	11.3% ± 4.3	*2.8% ± 2.3
Bloomington	442	81.0% ± 1.7	15.1% ± 1.5	3.9% ± 0.9
Gender				
Male	2,351	73.3% ± 2.7	19.6% ± 2.5	7.1% ± 1.8
Female	3,874	86.7% ± 1.5	11.0% ± 1.4	2.3% ± 0.7
Age				
25-34	1,002	72.6% ± 3.9	20.7% ± 3.6	6.8% ± 2.7
35-44	934	81.4% ± 3.6	15.1% ± 3.4	3.5% ± 1.7
45-54	1,139	79.5% ± 3.6	14.3% ± 3.1	6.1% ± 2.6
55-64	1,421	81.9% ± 2.9	14.9% ± 2.7	3.2% ± 1.4
65-74	995	88.0% ± 2.7	9.1% ± 2.4	2.8% ± 1.6
75 and older	725	92.0% ± 2.6	6.2% ± 2.5	*1.9% ± 1.3
Household income				
< 200% of FPL	722	70.5% ± 5.7	18.0% ± 4.8	11.4% ± 4.8
≥ 200% of FPL	5,252	81.0% ± 1.7	15.1% ± 1.5	3.9% ± 0.9

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



How many times during the past 30 days have you had 5 or more drinks on one occasion?

Among males

TABLE 69	Sample Size	0 times	1 time	2 times	3 to 5 times	6 or more times
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	3,091	67.7% ± 2.5	9.9% ± 1.8	7.3% ± 1.5	8.9% ± 1.7	6.2% ± 1.4
Minneapolis						
Total	1,195	62.0% ± 4.0	12.4% ± 3.2	7.3% ± 2.3	10.7% ± 2.9	7.6% ± 2.3
Camden, Near North	252	62.1% ± 9.6	*9.5% ± 6.3	*6.3% ± 4.6	*12.4% ± 9.4	*9.7% ± 8.9
Longfellow, NE, University	319	66.9% ± 7.6	7.9% ± 4.2	*4.2% ± 3.8	11.7% ± 6.8	*9.3% ± 5.6
Central, Phillips, Powderhorn	303	56.2% ± 8.2	17.7% ± 8.1	10.2% ± 5.8	*9.6% ± 5.7	*6.3% ± 4.0
Calhoun-Isles, Nokomis, SW	321	64.5% ± 7.0	11.7% ± 5.0	*7.1% ± 4.4	10.2% ± 5.2	*6.6% ± 3.9
Suburban Areas						
Total	1,896	70.7% ± 3.3	8.6% ± 2.2	7.4% ± 2.1	7.9% ± 2.2	5.5% ± 1.8
Northwest Suburbs	564	71.9% ± 5.7	8.1% ± 4.0	7.5% ± 3.8	6.9% ± 4.0	*5.6% ± 3.7
Northwest - Inner Ring	296	73.3% ± 7.9	*8.6% ± 6.9	*8.7% ± 6.6	*4.8% ± 3.9	*4.6% ± 3.8
Northwest - Outer Ring	268	71.2% ± 7.8	*7.8% ± 5.3	*6.9% ± 5.1	*8.0% ± 6.1	*6.1% ± 5.7
West Suburbs	610	64.3% ± 5.5	9.3% ± 3.7	9.8% ± 4.2	9.0% ± 3.7	7.6% ± 3.7
West - Inner Ring	274	62.0% ± 8.7	*10.3% ± 6.3	*10.6% ± 7.8	*10.1% ± 6.8	*6.9% ± 5.2
West - Outer Ring	336	65.7% ± 7.1	8.6% ± 5.0	9.3% ± 5.4	8.3% ± 4.8	*8.0% ± 5.4
South Suburbs	722	74.0% ± 5.4	8.8% ± 4.1	*5.1% ± 3.6	8.5% ± 3.9	*3.5% ± 2.2
South - Inner Ring	375	74.0% ± 6.8	*6.2% ± 5.0	*5.7% ± 5.3	*8.5% ± 5.2	*5.7% ± 3.8
South - Outer Ring	347	74.1% ± 7.7	*10.4% ± 6.1	^4.8% ± 5.5	*8.6% ± 5.8	^2.2% ± 3.6
Bloomington	228	66.8% ± 2.8	10.3% ± 2.0	7.8% ± 1.8	8.8% ± 1.8	6.3% ± 1.6
Gender						
Male	3,091	67.7% ± 2.5	9.9% ± 1.8	7.3% ± 1.5	8.9% ± 1.7	6.2% ± 1.4
Female	N/A					
Age						
25-34	379	46.7% ± 6.2	17.1% ± 5.1	10.3% ± 4.2	16.8% ± 5.1	9.2% ± 3.9
35-44	342	63.7% ± 6.3	13.1% ± 4.9	8.9% ± 4.5	9.3% ± 4.0	*4.9% ± 3.1
45-54	502	71.1% ± 5.5	6.7% ± 3.3	6.6% ± 3.4	7.5% ± 3.8	8.0% ± 4.0
55-64	730	78.3% ± 4.3	6.5% ± 3.3	6.2% ± 2.9	4.3% ± 2.4	4.7% ± 2.3
65-74	634	84.0% ± 3.8	4.0% ± 2.3	*3.8% ± 2.5	5.4% ± 2.9	*2.7% ± 1.7
75 and older	495	93.8% ± 2.6	*2.0% ± 2.0	*1.8% ± 1.6	^1.0% ± 1.3	^1.4% ± 1.4
Household income						
< 200% of FPL	498	69.9% ± 7.0	*8.9% ± 5.3	*6.2% ± 4.2	*9.0% ± 5.7	*6.0% ± 3.6
≥ 200% of FPL	2,480	66.8% ± 2.8	10.3% ± 2.0	7.8% ± 1.8	8.8% ± 1.8	6.3% ± 1.6

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



How many times during the past 30 days have you had 5 or more drinks on one occasion?

Among males who are current drinkers

TABLE 70	Sample Size	0 times	1 time	2 times	3 to 5 times	6 or more times
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	2,342	59.2% ± 2.9	12.5% ± 2.2	9.3% ± 1.9	11.2% ± 2.1	7.8% ± 1.7
Minneapolis						
Total	920	52.2% ± 4.4	15.6% ± 3.8	9.2% ± 2.8	13.5% ± 3.5	9.6% ± 2.8
Camden, Near North	174	49.5% ± 10.7	*12.7% ± 8.2	*8.4% ± 6.1	*16.4% ± 11.7	*13.0% ± 11.2
Longfellow, NE, University	261	58.2% ± 8.2	10.0% ± 5.2	*5.3% ± 4.6	14.8% ± 8.1	11.7% ± 6.8
Central, Phillips, Powderhorn	224	43.9% ± 8.8	22.7% ± 9.7	13.1% ± 7.2	12.3% ± 7.0	*8.1% ± 5.0
Calhoun-Isles, Nokomis, SW	261	57.7% ± 7.5	13.9% ± 5.8	*8.5% ± 5.1	12.1% ± 6.0	7.8% ± 4.6
Suburban Areas						
Total	1,422	62.8% ± 3.9	10.9% ± 2.7	9.3% ± 2.6	10.0% ± 2.7	6.9% ± 2.3
Northwest Suburbs	421	64.5% ± 6.7	10.2% ± 4.9	9.5% ± 4.7	8.7% ± 5.0	*7.0% ± 4.6
Northwest - Inner Ring	213	64.7% ± 9.5	*11.3% ± 8.8	*11.5% ± 8.4	*6.3% ± 5.1	*6.0% ± 4.9
Northwest - Outer Ring	208	64.4% ± 9.0	*9.7% ± 6.5	*8.6% ± 6.2	*9.9% ± 7.3	*7.5% ± 7.0
West Suburbs	472	56.2% ± 6.1	11.4% ± 4.4	12.0% ± 5.0	11.0% ± 4.5	9.4% ± 4.4
West - Inner Ring	207	50.7% ± 9.1	13.4% ± 7.8	*13.8% ± 9.6	*13.2% ± 8.5	*9.0% ± 6.5
West - Outer Ring	265	59.3% ± 7.9	10.3% ± 5.8	11.1% ± 6.3	9.8% ± 5.6	*9.6% ± 6.3
South Suburbs	529	65.9% ± 6.4	11.6% ± 5.2	*6.7% ± 4.6	11.2% ± 5.0	*4.6% ± 2.9
South - Inner Ring	273	67.3% ± 8.0	*7.7% ± 6.1	*7.2% ± 6.6	*10.7% ± 6.3	*7.1% ± 4.7
South - Outer Ring	256	65.0% ± 9.3	14.0% ± 7.9	^6.4% ± 7.2	*11.6% ± 7.6	^3.0% ± 4.8
Bloomington	166	60.2% ± 3.1	12.4% ± 2.3	9.3% ± 2.1	10.5% ± 2.1	7.6% ± 1.9
Gender						
Male	2,342	59.2% ± 2.9	12.5% ± 2.2	9.3% ± 1.9	11.2% ± 2.1	7.8% ± 1.7
Female	N/A					
Age						
25-34	329	37.8% ± 6.7	19.9% ± 5.8	12.0% ± 4.9	19.5% ± 5.8	10.7% ± 4.4
35-44	296	55.8% ± 7.0	16.0% ± 5.7	10.9% ± 5.3	11.4% ± 4.8	*6.0% ± 3.8
45-54	398	63.1% ± 6.5	8.5% ± 4.1	8.4% ± 4.3	9.6% ± 4.7	10.3% ± 5.0
55-64	539	71.2% ± 5.4	8.7% ± 4.3	8.2% ± 3.7	5.8% ± 3.2	6.2% ± 3.0
65-74	438	77.6% ± 5.1	5.7% ± 3.2	*5.3% ± 3.4	7.6% ± 3.9	*3.8% ± 2.4
75 and older	336	90.8% ± 3.7	*3.0% ± 2.9	*2.7% ± 2.3	^1.4% ± 1.9	^2.1% ± 2.1
Household income						
< 200% of FPL	269	46.5% ± 9.4	15.8% ± 8.7	*11.0% ± 7.1	16.0% ± 9.3	10.7% ± 6.1
≥ 200% of FPL	1,991	60.2% ± 3.1	12.4% ± 2.3	9.3% ± 2.1	10.5% ± 2.1	7.6% ± 1.9

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



How many times during the past 30 days have you had 4 or more drinks on one occasion?

Among females

TABLE 71	Sample Size	0 times	1 time	2 times	3 to 5 times	6 or more times
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	5,361	78.7% ± 1.5	9.1% ± 1.2	4.9% ± 0.8	5.2% ± 0.9	2.2% ± 0.5
Minneapolis						
Total	2,071	74.2% ± 2.5	9.8% ± 1.8	7.3% ± 1.7	5.8% ± 1.3	2.9% ± 1.0
Camden, Near North	496	76.4% ± 5.7	7.9% ± 4.4	*6.6% ± 4.4	5.9% ± 3.0	*3.3% ± 2.4
Longfellow, NE, University	499	71.4% ± 5.5	11.8% ± 4.4	7.5% ± 4.0	6.1% ± 3.3	*3.2% ± 2.5
Central, Phillips, Powderhorn	432	71.7% ± 5.8	10.1% ± 4.2	7.6% ± 4.2	6.6% ± 3.0	*4.0% ± 2.9
Calhoun-Isles, Nokomis, SW	644	76.9% ± 4.1	9.0% ± 2.8	7.4% ± 2.9	5.0% ± 2.3	*1.7% ± 1.4
Suburban Areas						
Total	3,290	80.7% ± 1.9	8.8% ± 1.5	3.9% ± 1.0	4.9% ± 1.1	1.8% ± 0.7
Northwest Suburbs	1,012	79.2% ± 3.5	10.1% ± 2.8	4.0% ± 2.0	5.4% ± 2.2	*1.3% ± 1.1
Northwest - Inner Ring	515	76.9% ± 4.7	10.1% ± 3.6	*3.3% ± 2.3	7.5% ± 3.7	*2.2% ± 1.8
Northwest - Outer Ring	497	80.2% ± 4.7	10.1% ± 3.9	*4.3% ± 2.8	*4.5% ± 2.9	^1.0% ± 1.8
West Suburbs	1,038	80.3% ± 3.2	7.8% ± 2.3	4.3% ± 1.7	4.8% ± 1.8	*2.8% ± 1.7
West - Inner Ring	479	79.1% ± 5.0	8.9% ± 3.8	*4.9% ± 2.9	*3.9% ± 2.6	^3.3% ± 3.9
West - Outer Ring	559	81.0% ± 4.2	7.2% ± 3.1	*3.9% ± 2.4	5.4% ± 2.7	*2.6% ± 1.9
South Suburbs	1,240	83.1% ± 2.8	7.5% ± 2.2	3.4% ± 1.5	4.2% ± 1.6	*1.8% ± 1.1
South - Inner Ring	615	80.7% ± 4.4	8.4% ± 3.6	4.1% ± 2.4	*4.4% ± 2.7	*2.4% ± 2.0
South - Outer Ring	625	84.5% ± 3.8	7.0% ± 3.0	*2.9% ± 2.1	4.1% ± 2.3	^1.4% ± 1.7
Bloomington	398	77.6% ± 1.8	9.5% ± 1.3	5.3% ± 1.0	5.3% ± 1.0	2.2% ± 0.6
Gender						
Male	N/A					
Female	5,361	78.7% ± 1.5	9.1% ± 1.2	4.9% ± 0.8	5.2% ± 0.9	2.2% ± 0.5
Age						
25-34	814	64.4% ± 4.2	16.4% ± 3.5	8.0% ± 2.3	8.6% ± 2.4	2.6% ± 1.4
35-44	773	75.6% ± 3.9	10.6% ± 3.0	6.0% ± 2.4	5.6% ± 2.3	*2.2% ± 1.4
45-54	947	79.9% ± 3.5	7.3% ± 2.3	4.3% ± 2.2	5.6% ± 2.2	2.9% ± 1.6
55-64	1,242	84.2% ± 2.7	5.8% ± 2.0	3.8% ± 1.7	3.6% ± 1.4	2.6% ± 1.1
65-74	878	92.3% ± 2.5	3.9% ± 2.2	*1.8% ± 1.1	^1.5% ± 1.6	^0.4% ± 0.7
75 and older	699	95.3% ± 2.1	*2.5% ± 1.6	^0.9% ± 1.1	^1.0% ± 1.6	^0.3% ± 0.9
Household income						
< 200% of FPL	923	81.6% ± 3.8	8.2% ± 3.1	4.1% ± 2.1	4.2% ± 1.9	*1.9% ± 1.2
≥ 200% of FPL	4,192	77.6% ± 1.8	9.5% ± 1.3	5.3% ± 1.0	5.3% ± 1.0	2.2% ± 0.6

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



How many times during the past 30 days have you had 4 or more drinks on one occasion?

Among females who are current drinkers

TABLE 72	Sample Size	0 times	1 time	2 times	3 to 5 times	6 or more times
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	3,854	71.0% ± 2.0	12.3% ± 1.5	6.7% ± 1.1	7.1% ± 1.1	2.9% ± 0.7
Minneapolis						
Total	1,499	64.7% ± 3.1	13.3% ± 2.4	10.0% ± 2.3	8.0% ± 1.8	4.0% ± 1.4
Camden, Near North	287	61.3% ± 8.1	13.0% ± 6.8	*10.8% ± 6.9	9.6% ± 4.8	*5.3% ± 3.9
Longfellow, NE, University	385	64.1% ± 6.3	14.9% ± 5.3	9.4% ± 4.9	7.7% ± 4.1	*4.0% ± 3.1
Central, Phillips, Powderhorn	305	59.0% ± 7.1	14.7% ± 5.8	10.9% ± 5.8	9.6% ± 4.2	*5.7% ± 4.1
Calhoun-Isles, Nokomis, SW	522	70.9% ± 4.8	11.3% ± 3.4	9.3% ± 3.6	6.3% ± 2.9	*2.2% ± 1.8
Suburban Areas						
Total	2,355	73.7% ± 2.5	11.9% ± 2.0	5.2% ± 1.4	6.7% ± 1.5	2.5% ± 0.9
Northwest Suburbs	697	71.1% ± 4.6	14.0% ± 3.8	5.5% ± 2.7	7.5% ± 2.9	*1.9% ± 1.6
Northwest - Inner Ring	344	67.5% ± 6.0	14.2% ± 4.9	*4.6% ± 3.2	10.6% ± 5.1	*3.1% ± 2.5
Northwest - Outer Ring	353	72.6% ± 6.1	13.9% ± 5.2	*5.9% ± 3.8	*6.2% ± 3.9	^1.3% ± 2.5
West Suburbs	780	74.5% ± 3.9	10.1% ± 2.9	5.5% ± 2.2	6.3% ± 2.4	*3.6% ± 2.2
West - Inner Ring	351	71.9% ± 6.2	11.9% ± 4.9	6.6% ± 3.8	*5.2% ± 3.5	^4.4% ± 5.2
West - Outer Ring	429	75.9% ± 5.1	9.1% ± 3.9	*4.9% ± 3.0	6.9% ± 3.3	*3.2% ± 2.4
South Suburbs	878	77.1% ± 3.6	10.2% ± 2.9	4.6% ± 2.0	5.7% ± 2.2	*2.4% ± 1.5
South - Inner Ring	427	74.0% ± 5.5	11.3% ± 4.7	5.5% ± 3.2	*5.9% ± 3.6	*3.3% ± 2.7
South - Outer Ring	451	78.9% ± 4.9	9.5% ± 4.0	*4.0% ± 2.8	5.6% ± 3.0	^2.0% ± 2.3
Bloomington	273	71.6% ± 2.1	12.1% ± 1.7	6.7% ± 1.3	6.7% ± 1.2	2.8% ± 0.8
Gender						
Male	N/A					
Female	3,854	71.0% ± 2.0	12.3% ± 1.5	6.7% ± 1.1	7.1% ± 1.1	2.9% ± 0.7
Age						
25-34	671	54.8% ± 4.8	20.8% ± 4.2	10.2% ± 2.9	11.0% ± 3.0	3.3% ± 1.8
35-44	639	68.9% ± 4.6	13.5% ± 3.7	7.7% ± 3.0	7.1% ± 2.9	*2.8% ± 1.8
45-54	741	74.0% ± 4.3	9.4% ± 2.9	5.6% ± 2.8	7.3% ± 2.8	3.7% ± 2.0
55-64	878	77.9% ± 3.5	8.1% ± 2.7	5.3% ± 2.3	5.1% ± 1.9	3.6% ± 1.6
65-74	549	88.2% ± 3.8	6.0% ± 3.3	*2.8% ± 1.7	^2.3% ± 2.4	^0.7% ± 1.0
75 and older	375	91.2% ± 3.8	*4.6% ± 3.0	^1.7% ± 2.0	^1.8% ± 2.9	^0.6% ± 1.7
Household income						
< 200% of FPL	444	64.1% ± 6.5	16.1% ± 5.6	8.0% ± 3.9	8.1% ± 3.7	*3.7% ± 2.4
≥ 200% of FPL	3,249	71.6% ± 2.1	12.1% ± 1.7	6.7% ± 1.3	6.7% ± 1.2	2.8% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Healthy Lifestyles and Behaviors



**Metro SHAPE
2014**

How You Feel

How You Feel



Have you ever been told by a doctor or other health professional that you have ...?
Depression

TABLE 73	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,509	22.8% ± 1.2
Minneapolis		
Total	3,291	28.6% ± 2.2
Camden, Near North	758	32.7% ± 5.1
Longfellow, NE, University	825	28.9% ± 4.7
Central, Phillips, Powderhorn	740	29.7% ± 4.7
Calhoun-Isles, Nokomis, SW	968	24.9% ± 3.8
Suburban Areas		
Total	5,218	20.0% ± 1.5
Northwest Suburbs	1,587	18.2% ± 2.6
Northwest - Inner Ring	817	16.8% ± 3.0
Northwest - Outer Ring	770	18.8% ± 3.6
West Suburbs	1,657	22.0% ± 2.6
West - Inner Ring	758	24.0% ± 3.9
West - Outer Ring	899	20.7% ± 3.4
South Suburbs	1,974	21.2% ± 2.4
South - Inner Ring	993	23.7% ± 3.3
South - Outer Ring	981	19.7% ± 3.3
Bloomington	634	21.6% ± 1.3
Gender		
Male	3,116	16.8% ± 1.9
Female	5,391	28.4% ± 1.6
Age		
25-34	1,200	22.0% ± 2.9
35-44	1,119	24.8% ± 3.4
45-54	1,455	21.8% ± 2.8
55-64	1,985	27.2% ± 2.5
65-74	1,522	21.4% ± 2.5
75 and older	1,209	14.4% ± 2.6
Household income		
< 200% of FPL	1,440	30.6% ± 3.7
≥ 200% of FPL	6,695	21.6% ± 1.3

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

How You Feel



Are you currently taking any medication that was prescribed for you to treat depression?

TABLE 74	Yes		Among those who ever had depression:		
	N	% ± 95% C.I.	N	% ± 95% C.I.	
Hennepin County Total	8,485	10.6% ± 0.9	2,244	45.0% ± 2.9	
Minneapolis					
Total	3,283	11.8% ± 1.5	1,025	40.2% ± 4.3	
Camden, Near North	757	15.4% ± 3.9	265	47.4% ± 8.9	
Longfellow, NE, University	823	12.2% ± 3.1	246	39.5% ± 8.9	
Central, Phillips, Powderhorn	738	12.0% ± 3.7	249	38.6% ± 8.8	
Calhoun-Isles, Nokomis, SW	965	9.2% ± 2.2	265	37.1% ± 7.9	
Suburban Areas					
Total	5,202	10.0% ± 1.1	1,219	48.3% ± 3.9	
Northwest Suburbs	1,580	8.8% ± 1.8	326	46.7% ± 7.4	
Northwest - Inner Ring	813	8.7% ± 2.3	169	49.7% ± 8.7	
Northwest - Outer Ring	767	8.9% ± 2.5	157	45.5% ± 9.8	
West Suburbs	1,654	11.6% ± 2.0	416	51.6% ± 6.1	
West - Inner Ring	758	12.1% ± 2.9	217	48.3% ± 8.1	
West - Outer Ring	896	11.4% ± 2.8	199	53.9% ± 8.7	
South Suburbs	1,968	10.6% ± 1.7	477	47.5% ± 5.8	
South - Inner Ring	990	11.7% ± 2.6	259	46.8% ± 7.6	
South - Outer Ring	978	10.0% ± 2.3	218	48.0% ± 8.3	
Bloomington	631	9.3% ± 0.9	147	41.6% ± 3.2	
Gender					
Male	3,110	7.3% ± 1.2	619	41.7% ± 5.6	
Female	5,373	13.7% ± 1.2	1,624	46.8% ± 3.3	
Age					
25-34	1,199	7.0% ± 1.7	312	30.9% ± 6.5	
35-44	1,118	9.9% ± 2.3	347	39.1% ± 7.2	
45-54	1,450	11.5% ± 2.2	418	51.6% ± 6.6	
55-64	1,981	14.8% ± 2.0	630	52.9% ± 5.0	
65-74	1,519	12.7% ± 2.0	366	57.0% ± 6.4	
75 and older	1,198	9.0% ± 2.2	168	53.5% ± 9.3	
Household income					
< 200% of FPL	1,437	18.0% ± 2.9	522	57.1% ± 7.0	
≥ 200% of FPL	6,677	9.3% ± 0.9	1,675	41.6% ± 3.2	

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

How You Feel



Have you ever been told by a doctor or other health professional that you have ...?
Anxiety

TABLE 75	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,389	21.3% ± 1.2
Minneapolis		
Total	3,245	26.8% ± 2.2
Camden, Near North	746	29.4% ± 5.0
Longfellow, NE, University	815	27.0% ± 4.5
Central, Phillips, Powderhorn	726	28.4% ± 4.9
Calhoun-Isles, Nokomis, SW	958	23.7% ± 3.8
Suburban Areas		
Total	5,144	18.8% ± 1.5
Northwest Suburbs	1,555	17.9% ± 2.7
Northwest - Inner Ring	794	17.1% ± 3.3
Northwest - Outer Ring	761	18.2% ± 3.7
West Suburbs	1,644	19.1% ± 2.5
West - Inner Ring	753	22.6% ± 4.0
West - Outer Ring	891	17.0% ± 3.2
South Suburbs	1,945	19.9% ± 2.3
South - Inner Ring	972	22.4% ± 3.5
South - Outer Ring	973	18.3% ± 3.2
Bloomington	627	19.8% ± 1.3
Gender		
Male	3,069	15.6% ± 1.9
Female	5,318	26.8% ± 1.6
Age		
25-34	1,199	22.0% ± 2.9
35-44	1,117	23.2% ± 3.4
45-54	1,439	20.1% ± 2.8
55-64	1,959	23.6% ± 2.4
65-74	1,492	19.0% ± 2.4
75 and older	1,163	15.4% ± 2.7
Household income		
< 200% of FPL	1,395	31.0% ± 3.9
≥ 200% of FPL	6,625	19.8% ± 1.3

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

How You Feel



Are you currently taking any medication that was prescribed for you to treat anxiety?

TABLE 76	Yes		Among those who ever had anxiety:	
	N	% ± 95% C.I.	N	% ± 95% C.I.
Hennepin County Total	8,389	9.3% ± 0.9	1,986	41.8% ± 3.1
Minneapolis				
Total	3,242	10.1% ± 1.6	908	37.3% ± 4.7
Camden, Near North	740	11.3% ± 3.5	224	39.4% ± 9.4
Longfellow, NE, University	816	10.4% ± 2.9	227	38.4% ± 9.1
Central, Phillips, Powderhorn	728	10.4% ± 3.7	221	36.0% ± 9.8
Calhoun-Isles, Nokomis, SW	958	8.9% ± 2.9	236	36.4% ± 8.9
Suburban Areas				
Total	5,147	8.9% ± 1.1	1,078	44.9% ± 4.2
Northwest Suburbs	1,555	8.1% ± 1.9	308	41.6% ± 7.7
Northwest - Inner Ring	793	7.8% ± 2.6	156	43.2% ± 9.8
Northwest - Outer Ring	762	8.3% ± 2.6	152	40.9% ± 10.3
West Suburbs	1,645	9.4% ± 1.8	353	47.7% ± 6.7
West - Inner Ring	756	11.2% ± 3.0	187	48.4% ± 9.0
West - Outer Ring	889	8.3% ± 2.4	166	47.1% ± 9.6
South Suburbs	1,947	9.7% ± 1.8	417	47.3% ± 6.1
South - Inner Ring	971	10.2% ± 2.7	218	43.9% ± 8.5
South - Outer Ring	976	9.4% ± 2.4	199	49.8% ± 8.4
Bloomington	628	8.4% ± 1.0	133	40.3% ± 3.6
Gender				
Male	3,070	7.4% ± 1.4	541	45.0% ± 6.2
Female	5,317	11.1% ± 1.1	1,445	40.1% ± 3.4
Age				
25-34	1,195	6.8% ± 1.8	327	29.5% ± 6.4
35-44	1,114	9.4% ± 2.4	313	39.0% ± 7.8
45-54	1,440	10.2% ± 2.3	355	47.2% ± 7.4
55-64	1,956	11.5% ± 1.9	505	48.2% ± 5.6
65-74	1,489	8.6% ± 1.8	303	46.2% ± 6.7
75 and older	1,175	9.6% ± 2.3	179	59.2% ± 8.8
Household income				
< 200% of FPL	1,391	14.7% ± 2.7	478	47.5% ± 7.0
≥ 200% of FPL	6,628	8.4% ± 1.0	1,460	40.3% ± 3.6

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

How You Feel



During the past 30 days, about how often did you feel so sad that nothing could cheer you up?

TABLE 77	Sample Size	None of the time	A little of the time	Some of the time	Most of the time/ All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,531	72.4% ± 1.4	19.0% ± 1.3	6.7% ± 0.8	1.9% ± 0.6
Minneapolis					
Total	3,296	67.3% ± 2.4	20.6% ± 2.1	9.7% ± 1.6	2.5% ± 1.0
Camden, Near North	759	62.9% ± 5.4	20.0% ± 4.8	13.4% ± 4.3	3.7% ± 2.0
Longfellow, NE, University	829	65.9% ± 4.8	25.0% ± 4.6	7.9% ± 3.0	*1.2% ± 1.2
Central, Phillips, Powderhorn	743	65.5% ± 5.1	18.9% ± 4.1	12.6% ± 3.9	^3.0% ± 3.1
Calhoun-Isles, Nokomis, SW	965	72.7% ± 4.0	19.2% ± 3.6	6.0% ± 2.5	*2.1% ± 1.8
Suburban Areas					
Total	5,235	74.8% ± 1.8	18.3% ± 1.6	5.3% ± 0.9	1.6% ± 0.8
Northwest Suburbs	1,591	74.9% ± 3.1	17.8% ± 2.8	4.9% ± 1.5	*2.4% ± 1.8
Northwest - Inner Ring	818	72.9% ± 4.4	20.5% ± 4.1	4.2% ± 1.8	^2.4% ± 2.4
Northwest - Outer Ring	773	75.9% ± 4.2	16.5% ± 3.7	5.2% ± 2.1	^2.4% ± 2.7
West Suburbs	1,660	75.5% ± 2.8	18.6% ± 2.6	5.3% ± 1.6	^0.7% ± 0.7
West - Inner Ring	760	70.1% ± 4.5	22.3% ± 4.2	7.1% ± 2.8	^0.5% ± 0.7
West - Outer Ring	900	78.6% ± 3.7	16.4% ± 3.4	4.2% ± 2.2	^0.7% ± 1.2
South Suburbs	1,984	74.0% ± 3.0	18.8% ± 2.8	6.1% ± 1.6	*1.1% ± 0.8
South - Inner Ring	998	76.3% ± 3.5	16.3% ± 3.1	6.2% ± 2.2	^1.1% ± 1.2
South - Outer Ring	986	72.7% ± 4.3	20.2% ± 4.2	6.0% ± 2.4	^1.1% ± 1.3
Bloomington	636	75.1% ± 1.5	18.5% ± 1.4	5.4% ± 0.8	1.0% ± 0.5
Gender					
Male	3,122	73.6% ± 2.4	17.9% ± 2.1	6.4% ± 1.3	2.1% ± 1.1
Female	5,407	71.2% ± 1.7	20.0% ± 1.5	7.1% ± 1.0	1.7% ± 0.7
Age					
25-34	1,196	65.6% ± 3.6	25.7% ± 3.4	7.8% ± 2.0	*0.9% ± 0.8
35-44	1,117	71.2% ± 3.6	20.4% ± 3.2	5.7% ± 1.8	*2.7% ± 2.4
45-54	1,458	72.2% ± 3.4	17.5% ± 2.9	7.2% ± 2.1	*3.1% ± 1.9
55-64	1,989	75.3% ± 2.6	15.8% ± 2.2	7.4% ± 1.7	1.6% ± 0.8
65-74	1,529	80.4% ± 2.4	13.7% ± 2.1	4.8% ± 1.5	*1.0% ± 0.9
75 and older	1,221	80.8% ± 2.9	13.2% ± 2.5	5.4% ± 1.8	^0.6% ± 0.6
Household income					
< 200% of FPL	1,454	56.4% ± 4.2	23.3% ± 3.6	13.9% ± 3.0	6.4% ± 2.8
≥ 200% of FPL	6,705	75.1% ± 1.5	18.5% ± 1.4	5.4% ± 0.8	1.0% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

How You Feel



During the past 30 days, about how often did you feel nervous?

TABLE 78	Sample Size	None of the time	A little of the time	Some of the time	Most of the time/ All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,538	41.3% ± 1.6	38.9% ± 1.5	16.7% ± 1.2	3.1% ± 0.6
Minneapolis					
Total	3,304	37.1% ± 2.5	38.7% ± 2.4	19.8% ± 2.1	4.4% ± 1.3
Camden, Near North	765	40.9% ± 5.6	33.1% ± 5.0	22.0% ± 5.0	4.0% ± 1.9
Longfellow, NE, University	831	36.3% ± 4.8	39.2% ± 4.5	20.8% ± 4.4	3.7% ± 2.2
Central, Phillips, Powderhorn	739	30.3% ± 5.3	42.2% ± 5.3	21.6% ± 4.6	6.0% ± 3.3
Calhoun-Isles, Nokomis, SW	969	42.1% ± 4.3	38.3% ± 4.2	15.8% ± 3.3	*3.8% ± 3.0
Suburban Areas					
Total	5,234	43.3% ± 2.0	39.0% ± 2.0	15.3% ± 1.5	2.4% ± 0.6
Northwest Suburbs	1,589	44.1% ± 3.4	37.2% ± 3.4	16.6% ± 2.8	2.1% ± 1.1
Northwest - Inner Ring	817	41.5% ± 4.6	40.6% ± 4.6	15.4% ± 3.6	*2.5% ± 2.0
Northwest - Outer Ring	772	45.3% ± 4.6	35.6% ± 4.5	17.1% ± 3.9	*2.0% ± 1.4
West Suburbs	1,660	43.7% ± 3.2	37.7% ± 3.2	16.2% ± 2.7	2.4% ± 1.3
West - Inner Ring	762	38.8% ± 4.8	40.7% ± 4.7	16.6% ± 4.2	*3.9% ± 3.0
West - Outer Ring	898	46.6% ± 4.2	36.0% ± 4.2	15.9% ± 3.6	*1.5% ± 1.3
South Suburbs	1,985	41.7% ± 3.1	42.8% ± 3.1	12.6% ± 2.0	2.9% ± 1.2
South - Inner Ring	998	39.8% ± 3.9	41.1% ± 4.0	14.7% ± 3.1	4.4% ± 2.3
South - Outer Ring	987	42.8% ± 4.4	43.8% ± 4.4	11.4% ± 2.7	*2.0% ± 1.6
Bloomington	637	41.5% ± 1.7	40.8% ± 1.7	15.2% ± 1.3	2.5% ± 0.6
Gender					
Male	3,120	45.1% ± 2.6	37.9% ± 2.6	14.4% ± 2.0	2.6% ± 1.0
Female	5,417	37.8% ± 1.8	39.9% ± 1.8	18.9% ± 1.5	3.5% ± 0.7
Age					
25-34	1,194	27.9% ± 3.6	45.6% ± 3.8	21.6% ± 3.0	4.9% ± 1.6
35-44	1,117	36.8% ± 4.0	39.7% ± 3.9	20.0% ± 3.4	3.5% ± 1.6
45-54	1,459	44.4% ± 3.6	36.4% ± 3.5	16.5% ± 2.9	2.7% ± 1.4
55-64	1,991	48.3% ± 2.9	35.7% ± 2.7	13.1% ± 2.0	2.9% ± 1.2
65-74	1,531	52.0% ± 3.0	37.3% ± 3.0	9.9% ± 1.8	^0.8% ± 0.9
75 and older	1,225	55.6% ± 3.5	34.1% ± 3.5	9.6% ± 2.3	*0.6% ± 0.6
Household income					
< 200% of FPL	1,456	39.4% ± 4.2	29.1% ± 3.8	25.2% ± 3.9	6.2% ± 2.1
≥ 200% of FPL	6,710	41.5% ± 1.7	40.8% ± 1.7	15.2% ± 1.3	2.5% ± 0.6

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

How You Feel



During the past 30 days, about how often did you feel so restless or fidgety that you could not sit still?

TABLE 79	Sample Size	None of the time	A little of the time	Some of the time	Most of the time/ All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,540	66.3% ± 1.5	22.6% ± 1.3	9.2% ± 1.0	1.9% ± 0.5
Minneapolis					
Total	3,305	62.4% ± 2.5	24.0% ± 2.2	10.9% ± 1.8	2.7% ± 1.0
Camden, Near North	764	54.9% ± 5.6	25.5% ± 5.0	15.8% ± 5.4	*3.9% ± 2.6
Longfellow, NE, University	831	62.4% ± 4.7	23.8% ± 4.3	11.3% ± 3.5	*2.6% ± 2.2
Central, Phillips, Powderhorn	741	62.2% ± 5.2	22.9% ± 4.5	12.5% ± 3.9	^2.5% ± 2.8
Calhoun-Isles, Nokomis, SW	969	67.2% ± 4.2	24.6% ± 3.9	6.0% ± 2.6	*2.2% ± 1.9
Suburban Areas					
Total	5,235	68.2% ± 1.9	22.0% ± 1.7	8.4% ± 1.3	1.5% ± 0.6
Northwest Suburbs	1,588	68.3% ± 3.4	21.4% ± 3.0	8.9% ± 2.4	*1.4% ± 1.2
Northwest - Inner Ring	818	66.9% ± 4.6	23.2% ± 4.2	8.2% ± 3.1	^1.7% ± 2.4
Northwest - Outer Ring	770	68.9% ± 4.5	20.6% ± 4.0	9.2% ± 3.3	^1.3% ± 1.6
West Suburbs	1,660	67.5% ± 3.2	23.2% ± 3.0	7.5% ± 2.0	*1.9% ± 1.2
West - Inner Ring	763	64.3% ± 5.0	25.9% ± 4.9	8.4% ± 3.3	^1.4% ± 1.4
West - Outer Ring	897	69.4% ± 4.2	21.5% ± 3.8	6.9% ± 2.7	*2.2% ± 1.9
South Suburbs	1,987	68.5% ± 3.0	21.8% ± 2.7	8.4% ± 2.0	*1.3% ± 1.0
South - Inner Ring	1,000	66.8% ± 4.1	20.2% ± 3.6	10.8% ± 3.3	*2.1% ± 1.8
South - Outer Ring	987	69.4% ± 4.2	22.8% ± 3.8	6.9% ± 2.7	^0.9% ± 1.4
Bloomington	637	67.9% ± 1.7	22.6% ± 1.5	8.0% ± 1.1	1.4% ± 0.5
Gender					
Male	3,119	64.7% ± 2.6	23.4% ± 2.3	9.9% ± 1.8	2.0% ± 0.8
Female	5,420	67.8% ± 1.7	21.9% ± 1.6	8.5% ± 1.1	1.8% ± 0.6
Age					
25-34	1,196	56.4% ± 3.7	28.0% ± 3.3	13.6% ± 2.7	*2.0% ± 1.2
35-44	1,118	61.1% ± 3.9	25.7% ± 3.6	10.6% ± 2.7	*2.6% ± 1.6
45-54	1,459	66.6% ± 3.6	22.4% ± 3.2	9.0% ± 2.6	*2.1% ± 1.3
55-64	1,989	72.8% ± 2.7	19.2% ± 2.4	6.3% ± 1.6	*1.6% ± 1.1
65-74	1,532	75.9% ± 2.7	17.9% ± 2.5	5.2% ± 1.5	*1.0% ± 0.8
75 and older	1,225	83.0% ± 2.7	12.9% ± 2.5	3.6% ± 1.4	*0.5% ± 0.5
Household income					
< 200% of FPL	1,458	56.5% ± 4.2	24.0% ± 3.8	15.2% ± 3.5	4.3% ± 1.9
≥ 200% of FPL	6,711	67.9% ± 1.7	22.6% ± 1.5	8.0% ± 1.1	1.4% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

How You Feel



During the past 30 days, about how often did you feel hopeless?

TABLE 80	Sample Size	None of the time	A little of the time	Some of the time	Most of the time/ All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,542	78.5% ± 1.3	14.0% ± 1.1	5.6% ± 0.8	1.9% ± 0.5
Minneapolis					
Total	3,307	73.2% ± 2.3	16.2% ± 1.8	7.7% ± 1.5	2.9% ± 1.1
Camden, Near North	763	68.6% ± 5.1	17.4% ± 4.1	10.3% ± 4.0	3.7% ± 1.9
Longfellow, NE, University	832	74.2% ± 4.4	15.4% ± 3.4	7.5% ± 2.9	^2.9% ± 3.7
Central, Phillips, Powderhorn	743	68.8% ± 5.1	17.8% ± 4.2	9.6% ± 3.7	*3.7% ± 3.0
Calhoun-Isles, Nokomis, SW	969	79.4% ± 3.8	14.5% ± 3.4	4.4% ± 2.4	*1.6% ± 1.3
Suburban Areas					
Total	5,235	81.0% ± 1.7	12.9% ± 1.4	4.6% ± 1.0	1.5% ± 0.6
Northwest Suburbs	1,588	80.6% ± 3.0	12.2% ± 2.5	5.5% ± 2.0	*1.6% ± 1.4
Northwest - Inner Ring	818	79.7% ± 4.1	13.9% ± 3.5	*4.5% ± 2.8	^1.9% ± 2.3
Northwest - Outer Ring	770	81.1% ± 4.0	11.5% ± 3.4	6.0% ± 2.7	^1.4% ± 2.2
West Suburbs	1,661	82.2% ± 2.5	12.9% ± 2.2	3.8% ± 1.5	*1.1% ± 0.8
West - Inner Ring	762	76.6% ± 4.1	17.0% ± 3.7	4.4% ± 2.2	*2.0% ± 1.6
West - Outer Ring	899	85.6% ± 3.2	10.4% ± 2.8	*3.4% ± 2.1	^0.6% ± 1.0
South Suburbs	1,986	80.6% ± 2.6	13.9% ± 2.3	4.0% ± 1.5	*1.6% ± 1.0
South - Inner Ring	1,001	79.7% ± 3.5	14.6% ± 3.3	4.1% ± 1.8	*1.5% ± 1.4
South - Outer Ring	985	81.0% ± 3.7	13.5% ± 3.3	3.9% ± 2.2	*1.6% ± 1.5
Bloomington	635	81.2% ± 1.4	13.2% ± 1.2	4.4% ± 0.8	1.2% ± 0.5
Gender					
Male	3,120	78.9% ± 2.2	13.9% ± 1.9	5.1% ± 1.3	2.1% ± 1.1
Female	5,421	78.1% ± 1.6	14.0% ± 1.2	6.1% ± 1.1	1.7% ± 0.5
Age					
25-34	1,197	72.7% ± 3.4	17.8% ± 3.0	7.8% ± 2.1	*1.7% ± 1.1
35-44	1,118	74.6% ± 3.6	17.5% ± 3.2	6.5% ± 2.4	*1.4% ± 1.3
45-54	1,458	78.9% ± 3.0	11.9% ± 2.0	6.0% ± 2.1	*3.1% ± 2.0
55-64	1,991	81.6% ± 2.3	12.2% ± 1.9	4.3% ± 1.3	1.9% ± 0.9
65-74	1,529	87.6% ± 2.1	9.1% ± 1.8	2.1% ± 1.0	*1.2% ± 0.9
75 and older	1,228	87.0% ± 2.3	8.9% ± 2.0	2.9% ± 1.4	*1.1% ± 1.0
Household income					
< 200% of FPL	1,456	62.4% ± 4.1	19.4% ± 3.3	12.5% ± 3.3	5.7% ± 2.2
≥ 200% of FPL	6,716	81.2% ± 1.4	13.2% ± 1.2	4.4% ± 0.8	1.2% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

How You Feel



During the past 30 days, about how often did you feel that everything was an effort?

TABLE 81	Sample Size	None of the time	A little of the time	Some of the time	Most of the time/ All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,543	56.2% ± 1.6	28.2% ± 1.4	10.5% ± 1.1	5.1% ± 0.9
Minneapolis					
Total	3,307	49.0% ± 2.5	31.2% ± 2.3	12.9% ± 1.9	6.8% ± 1.6
Camden, Near North	765	47.3% ± 5.5	27.1% ± 4.8	15.5% ± 5.1	10.0% ± 4.1
Longfellow, NE, University	831	49.8% ± 4.7	30.6% ± 4.3	15.5% ± 4.8	4.1% ± 1.9
Central, Phillips, Powderhorn	742	43.5% ± 5.3	32.8% ± 5.2	13.4% ± 3.6	10.4% ± 4.4
Calhoun-Isles, Nokomis, SW	969	55.0% ± 4.3	32.5% ± 4.2	8.9% ± 2.8	3.6% ± 2.0
Suburban Areas					
Total	5,236	59.6% ± 2.0	26.7% ± 1.8	9.3% ± 1.3	4.3% ± 1.1
Northwest Suburbs	1,588	59.0% ± 3.5	25.1% ± 3.1	10.8% ± 2.5	5.1% ± 2.1
Northwest - Inner Ring	818	59.0% ± 4.6	25.8% ± 4.1	10.7% ± 3.2	*4.4% ± 3.0
Northwest - Outer Ring	770	59.0% ± 4.6	24.8% ± 4.2	10.8% ± 3.4	5.4% ± 3.0
West Suburbs	1,661	57.8% ± 3.2	30.2% ± 3.0	8.2% ± 1.8	3.8% ± 2.1
West - Inner Ring	763	52.6% ± 4.9	30.9% ± 4.5	9.9% ± 2.9	*6.6% ± 5.0
West - Outer Ring	898	61.0% ± 4.2	29.7% ± 4.1	7.2% ± 2.5	*2.1% ± 1.7
South Suburbs	1,987	62.1% ± 3.1	26.4% ± 2.8	7.9% ± 1.9	3.6% ± 1.6
South - Inner Ring	1,000	60.0% ± 3.9	27.8% ± 3.6	8.9% ± 2.5	3.4% ± 1.7
South - Outer Ring	987	63.3% ± 4.4	25.6% ± 4.0	7.3% ± 2.7	*3.8% ± 2.6
Bloomington	637	58.7% ± 1.7	28.8% ± 1.6	8.9% ± 1.1	3.6% ± 0.8
Gender					
Male	3,122	56.7% ± 2.6	27.3% ± 2.4	10.2% ± 1.8	5.7% ± 1.6
Female	5,420	55.8% ± 1.8	28.9% ± 1.6	10.7% ± 1.2	4.6% ± 1.0
Age					
25-34	1,196	49.2% ± 3.7	30.9% ± 3.5	14.2% ± 3.0	5.8% ± 2.0
35-44	1,116	52.3% ± 4.0	30.6% ± 3.7	11.7% ± 2.8	5.5% ± 2.4
45-54	1,459	56.7% ± 3.6	27.9% ± 3.2	8.9% ± 2.3	6.5% ± 2.6
55-64	1,989	62.6% ± 2.8	23.7% ± 2.4	9.2% ± 1.9	4.5% ± 1.8
65-74	1,530	66.7% ± 2.9	24.1% ± 2.6	6.9% ± 1.8	2.3% ± 1.1
75 and older	1,232	60.1% ± 3.5	29.2% ± 3.5	7.7% ± 1.8	3.0% ± 1.3
Household income					
< 200% of FPL	1,459	42.5% ± 4.2	25.1% ± 3.4	19.1% ± 3.6	13.3% ± 3.5
≥ 200% of FPL	6,713	58.7% ± 1.7	28.8% ± 1.6	8.9% ± 1.1	3.6% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

How You Feel



During the past 30 days, about how often did you feel worthless?

TABLE 82	Sample Size	None of the time	A little of the time	Some of the time	Most of the time/ All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,540	79.9% ± 1.3	12.8% ± 1.1	5.1% ± 0.8	2.2% ± 0.5
Minneapolis					
Total	3,304	75.1% ± 2.3	15.0% ± 1.9	6.8% ± 1.5	3.1% ± 0.9
Camden, Near North	762	71.7% ± 5.1	13.9% ± 4.0	8.9% ± 4.0	5.5% ± 2.8
Longfellow, NE, University	831	75.3% ± 4.4	15.2% ± 3.9	7.0% ± 2.6	*2.4% ± 2.2
Central, Phillips, Powderhorn	743	70.5% ± 5.2	17.4% ± 4.5	8.5% ± 3.9	*3.5% ± 2.1
Calhoun-Isles, Nokomis, SW	968	81.6% ± 3.6	12.9% ± 3.2	*3.8% ± 2.3	*1.6% ± 1.4
Suburban Areas					
Total	5,236	82.1% ± 1.6	11.8% ± 1.4	4.2% ± 0.9	1.8% ± 0.7
Northwest Suburbs	1,589	81.9% ± 2.9	11.2% ± 2.4	5.0% ± 1.9	*2.0% ± 1.4
Northwest - Inner Ring	819	81.5% ± 4.0	11.4% ± 3.3	5.2% ± 2.8	^1.9% ± 2.1
Northwest - Outer Ring	770	82.1% ± 4.0	11.0% ± 3.3	4.9% ± 2.6	^2.0% ± 2.1
West Suburbs	1,660	82.4% ± 2.5	12.9% ± 2.2	3.3% ± 1.3	*1.4% ± 0.8
West - Inner Ring	762	78.4% ± 3.9	15.0% ± 3.5	4.5% ± 2.1	*2.1% ± 1.7
West - Outer Ring	898	84.8% ± 3.3	11.6% ± 3.0	*2.6% ± 1.9	^1.0% ± 1.1
South Suburbs	1,987	82.3% ± 2.6	12.0% ± 2.4	3.8% ± 1.3	1.9% ± 1.1
South - Inner Ring	1,000	82.3% ± 3.2	11.6% ± 2.9	3.9% ± 1.7	*2.2% ± 1.5
South - Outer Ring	987	82.3% ± 3.8	12.3% ± 3.5	3.8% ± 2.0	^1.7% ± 1.7
Bloomington	637	82.2% ± 1.4	12.4% ± 1.2	3.9% ± 0.7	1.5% ± 0.6
Gender					
Male	3,122	80.1% ± 2.2	13.3% ± 2.0	4.4% ± 1.3	2.2% ± 1.0
Female	5,417	79.7% ± 1.5	12.4% ± 1.2	5.7% ± 1.0	2.2% ± 0.6
Age					
25-34	1,196	75.6% ± 3.3	15.1% ± 2.9	6.8% ± 2.0	2.5% ± 1.2
35-44	1,118	76.6% ± 3.6	16.2% ± 3.2	5.7% ± 2.3	*1.5% ± 1.3
45-54	1,456	79.5% ± 3.1	12.3% ± 2.4	5.3% ± 2.0	2.9% ± 1.7
55-64	1,989	82.8% ± 2.2	10.8% ± 1.8	4.0% ± 1.2	2.4% ± 1.1
65-74	1,531	87.5% ± 2.2	9.1% ± 2.0	1.9% ± 0.9	*1.4% ± 1.0
75 and older	1,229	87.3% ± 2.3	8.0% ± 1.9	3.4% ± 1.4	*1.2% ± 0.9
Household income					
< 200% of FPL	1,457	67.1% ± 4.0	15.6% ± 3.2	11.5% ± 3.3	5.8% ± 1.8
≥ 200% of FPL	6,713	82.2% ± 1.4	12.4% ± 1.2	3.9% ± 0.7	1.5% ± 0.6

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

How You Feel



Experienced serious psychological distress during the past 30 days

TABLE 83	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,476	3.0% ± 0.7
Minneapolis		
Total	3,272	4.5% ± 1.4
Camden, Near North	746	5.8% ± 2.8
Longfellow, NE, University	825	*3.0% ± 1.8
Central, Phillips, Powderhorn	737	*6.8% ± 4.2
Calhoun-Isles, Nokomis, SW	964	*2.6% ± 1.9
Suburban Areas		
Total	5,204	2.3% ± 0.9
Northwest Suburbs	1,578	*3.0% ± 1.9
Northwest - Inner Ring	814	^2.0% ± 2.0
Northwest - Outer Ring	764	*3.5% ± 2.7
West Suburbs	1,648	*1.2% ± 0.8
West - Inner Ring	757	*2.2% ± 1.7
West - Outer Ring	891	^0.7% ± 1.0
South Suburbs	1,978	2.0% ± 1.1
South - Inner Ring	994	*2.5% ± 1.5
South - Outer Ring	984	^1.7% ± 1.7
Bloomington	634	1.8% ± 0.6
Gender		
Male	3,102	3.2% ± 1.2
Female	5,373	2.8% ± 0.8
Age		
25-34	1,191	3.0% ± 1.3
35-44	1,114	*3.6% ± 2.3
45-54	1,453	4.0% ± 2.2
55-64	1,975	2.8% ± 1.1
65-74	1,518	*1.4% ± 1.1
75 and older	1,204	^0.9% ± 0.9
Household income		
< 200% of FPL	1,433	9.4% ± 3.2
≥ 200% of FPL	6,679	1.8% ± 0.6

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)



**Metro SHAPE
2014**

Social-Environmental Factors

Social-Environmental Factors



How often are you involved in school, community, or neighborhood activities?

TABLE 84	Sample Size N	Weekly		Monthly		Several times a year		About once a year/ Less often than yearly		Never	
		%	± 95% C.I.	%	± 95% C.I.	%	± 95% C.I.	%	± 95% C.I.	%	± 95% C.I.
Hennepin County Total	8,505	26.4%	± 1.4	13.3%	± 1.1	22.4%	± 1.4	20.8%	± 1.3	17.0%	± 1.2
Minneapolis											
Total	3,298	25.0%	± 2.2	14.1%	± 1.8	22.7%	± 2.2	20.5%	± 2.0	17.7%	± 2.1
Camden, Near North	761	23.6%	± 5.6	12.7%	± 3.9	19.9%	± 4.2	19.0%	± 4.4	24.7%	± 5.1
Longfellow, NE, University	829	24.1%	± 3.9	16.5%	± 3.9	21.6%	± 4.0	19.2%	± 3.6	18.6%	± 4.9
Central, Phillips, Powderhorn	740	24.9%	± 5.0	12.3%	± 3.6	24.5%	± 5.1	21.0%	± 4.4	17.2%	± 4.4
Calhoun-Isles, Nokomis, SW	968	26.5%	± 3.6	15.0%	± 3.5	23.3%	± 3.8	22.0%	± 4.1	13.2%	± 3.1
Suburban Areas											
Total	5,207	27.1%	± 1.8	13.0%	± 1.3	22.3%	± 1.8	20.8%	± 1.7	16.8%	± 1.6
Northwest Suburbs	1,584	26.3%	± 3.1	12.1%	± 2.3	23.9%	± 3.3	20.2%	± 2.9	17.4%	± 2.7
Northwest - Inner Ring	812	25.3%	± 4.1	11.9%	± 3.4	20.9%	± 3.9	22.8%	± 4.5	19.1%	± 3.7
Northwest - Outer Ring	772	26.8%	± 4.2	12.2%	± 3.1	25.4%	± 4.5	19.0%	± 3.8	16.6%	± 3.7
West Suburbs	1,653	28.3%	± 3.1	14.9%	± 2.5	21.0%	± 2.6	21.6%	± 2.8	14.3%	± 2.2
West - Inner Ring	758	22.0%	± 4.0	15.1%	± 3.7	22.3%	± 4.2	23.9%	± 4.8	16.7%	± 3.9
West - Outer Ring	895	32.0%	± 4.3	14.8%	± 3.4	20.2%	± 3.5	20.1%	± 3.5	12.9%	± 2.8
South Suburbs	1,970	27.3%	± 2.7	12.8%	± 2.0	20.9%	± 2.7	21.2%	± 2.9	17.7%	± 2.7
South - Inner Ring	993	27.2%	± 3.5	15.0%	± 3.1	19.9%	± 3.4	19.9%	± 3.4	18.1%	± 3.2
South - Outer Ring	977	27.4%	± 3.8	11.5%	± 2.6	21.6%	± 3.8	22.0%	± 4.2	17.5%	± 4.0
Bloomington	629	26.9%	± 1.5	13.7%	± 1.2	23.8%	± 1.6	21.0%	± 1.5	14.6%	± 1.3
Gender											
Male	3,108	21.7%	± 2.2	12.2%	± 1.7	24.0%	± 2.4	22.6%	± 2.2	19.5%	± 2.2
Female	5,395	30.8%	± 1.7	14.5%	± 1.3	21.0%	± 1.5	19.1%	± 1.5	14.7%	± 1.3
Age											
25-34	1,195	21.0%	± 3.2	11.1%	± 2.2	24.4%	± 3.3	25.2%	± 3.4	18.3%	± 3.3
35-44	1,115	26.2%	± 3.5	15.1%	± 3.0	25.4%	± 3.8	19.9%	± 3.5	13.4%	± 3.0
45-54	1,453	27.9%	± 3.3	16.1%	± 2.7	23.0%	± 3.3	18.0%	± 3.0	15.0%	± 2.9
55-64	1,984	26.0%	± 2.8	12.8%	± 1.9	21.9%	± 2.6	21.5%	± 2.3	17.7%	± 2.3
65-74	1,526	32.9%	± 2.9	11.4%	± 2.0	18.9%	± 2.6	19.2%	± 2.4	17.6%	± 2.4
75 and older	1,212	32.7%	± 3.5	10.8%	± 2.3	12.4%	± 2.2	18.1%	± 2.8	26.0%	± 3.1
Household income											
< 200% of FPL	1,445	23.2%	± 3.8	11.4%	± 2.8	17.0%	± 3.5	20.0%	± 3.6	28.3%	± 3.8
≥ 200% of FPL	6,696	26.9%	± 1.5	13.7%	± 1.2	23.8%	± 1.6	21.0%	± 1.5	14.6%	± 1.3

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Social-Environmental Factors



How often do you get together or talk with friends or neighbors?

This includes on the phone or online.

TABLE 85	Sample Size	Daily	Weekly	Monthly	Less often than monthly	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,539	36.7% ± 1.5	42.1% ± 1.6	11.4% ± 1.1	7.8% ± 1.0	1.9% ± 0.5
Minneapolis						
Total	3,308	40.8% ± 2.4	40.1% ± 2.4	9.3% ± 1.5	7.2% ± 1.6	2.6% ± 1.1
Camden, Near North	764	34.7% ± 5.2	36.7% ± 5.5	12.3% ± 4.0	11.0% ± 4.1	*5.3% ± 3.3
Longfellow, NE, University	831	45.5% ± 4.8	39.9% ± 4.6	7.0% ± 2.3	5.9% ± 3.1	^1.6% ± 1.7
Central, Phillips, Powderhorn	744	41.5% ± 5.2	40.2% ± 5.3	8.3% ± 3.5	7.7% ± 4.2	*2.2% ± 1.5
Calhoun-Isles, Nokomis, SW	969	40.0% ± 4.2	41.9% ± 4.2	10.2% ± 3.0	5.6% ± 2.8	^2.3% ± 3.4
Suburban Areas						
Total	5,231	34.8% ± 1.9	43.1% ± 2.0	12.4% ± 1.5	8.0% ± 1.3	1.6% ± 0.6
Northwest Suburbs	1,591	31.8% ± 3.1	43.9% ± 3.4	13.7% ± 2.8	9.4% ± 2.5	*1.2% ± 0.9
Northwest - Inner Ring	818	32.9% ± 4.2	44.0% ± 4.7	12.4% ± 3.3	8.6% ± 3.5	*2.1% ± 2.0
Northwest - Outer Ring	773	31.3% ± 4.2	43.8% ± 4.6	14.3% ± 3.9	9.8% ± 3.4	^0.7% ± 1.2
West Suburbs	1,655	37.5% ± 3.1	43.7% ± 3.2	11.4% ± 2.4	6.3% ± 1.7	*1.1% ± 0.8
West - Inner Ring	759	36.5% ± 4.8	45.8% ± 4.9	10.3% ± 3.6	5.9% ± 2.5	^1.6% ± 1.9
West - Outer Ring	896	38.1% ± 4.1	42.4% ± 4.3	12.0% ± 3.3	6.6% ± 2.5	^0.9% ± 1.0
South Suburbs	1,985	37.2% ± 3.0	41.5% ± 3.1	11.5% ± 2.4	7.2% ± 2.2	*2.7% ± 1.7
South - Inner Ring	999	38.3% ± 3.8	42.9% ± 4.0	10.5% ± 3.0	6.7% ± 2.5	*1.6% ± 1.4
South - Outer Ring	986	36.5% ± 4.3	40.7% ± 4.3	12.0% ± 3.5	7.5% ± 3.3	*3.3% ± 2.7
Bloomington	637	36.0% ± 1.6	44.0% ± 1.7	12.4% ± 1.3	6.2% ± 1.0	1.4% ± 0.6
Gender						
Male	3,120	31.0% ± 2.4	44.7% ± 2.6	13.1% ± 2.0	9.1% ± 1.8	2.1% ± 0.9
Female	5,418	42.1% ± 1.8	39.8% ± 1.8	9.9% ± 1.2	6.5% ± 1.1	1.8% ± 0.6
Age						
25-34	1,196	34.8% ± 3.6	43.2% ± 3.7	13.2% ± 3.0	6.8% ± 2.4	*1.9% ± 1.6
35-44	1,118	32.0% ± 3.7	43.3% ± 4.0	15.1% ± 3.3	7.6% ± 2.9	*2.0% ± 1.6
45-54	1,457	34.4% ± 3.4	41.0% ± 3.6	11.8% ± 2.5	10.7% ± 2.9	2.1% ± 1.2
55-64	1,990	35.5% ± 2.8	46.1% ± 2.9	9.9% ± 1.9	6.4% ± 1.6	2.1% ± 1.0
65-74	1,531	45.6% ± 3.0	38.8% ± 3.0	6.8% ± 1.6	7.8% ± 2.0	*0.9% ± 0.6
75 and older	1,226	54.4% ± 3.5	33.7% ± 3.4	4.0% ± 1.3	5.9% ± 2.0	*2.0% ± 1.3
Household income						
< 200% of FPL	1,456	39.5% ± 4.1	33.2% ± 4.1	7.6% ± 2.2	15.1% ± 3.7	4.7% ± 1.6
≥ 200% of FPL	6,713	36.0% ± 1.6	44.0% ± 1.7	12.4% ± 1.3	6.2% ± 1.0	1.4% ± 0.6

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Social-Environmental Factors



Overall, how would you rate your neighborhood as a place to walk?

TABLE 86	Sample Size	Very pleasant	Somewhat pleasant	Not very pleasant	Not at all pleasant
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,534	67.0% ± 1.5	28.2% ± 1.4	3.7% ± 0.6	1.1% ± 0.4
Minneapolis					
Total	3,303	59.1% ± 2.4	32.3% ± 2.4	6.6% ± 1.5	1.9% ± 0.6
Camden, Near North	764	32.8% ± 5.5	41.4% ± 5.3	18.5% ± 5.1	7.2% ± 2.7
Longfellow, NE, University	829	61.8% ± 4.8	32.9% ± 4.8	*4.6% ± 2.8	^0.7% ± 1.2
Central, Phillips, Powderhorn	743	47.3% ± 5.2	45.0% ± 5.4	6.5% ± 3.3	^1.2% ± 1.3
Calhoun-Isles, Nokomis, SW	967	84.4% ± 3.4	13.6% ± 3.2	^1.4% ± 2.3	^0.6% ± 1.6
Suburban Areas					
Total	5,231	70.8% ± 1.8	26.3% ± 1.8	2.2% ± 0.6	*0.7% ± 0.5
Northwest Suburbs	1,590	67.7% ± 3.1	29.0% ± 3.1	2.8% ± 1.1	^0.5% ± 0.8
Northwest - Inner Ring	818	58.2% ± 4.6	36.0% ± 4.5	4.5% ± 2.4	^1.2% ± 2.4
Northwest - Outer Ring	772	72.2% ± 4.1	25.7% ± 4.1	*2.0% ± 1.2	^0.1% ± 0.9
West Suburbs	1,657	77.1% ± 2.8	21.0% ± 2.7	1.1% ± 0.6	^0.8% ± 1.0
West - Inner Ring	760	71.9% ± 4.6	26.6% ± 4.6	*0.9% ± 0.8	^0.6% ± 1.9
West - Outer Ring	897	80.2% ± 3.6	17.6% ± 3.5	*1.2% ± 1.0	^0.9% ± 1.6
South Suburbs	1,984	70.5% ± 3.0	26.3% ± 2.9	2.3% ± 1.2	^0.9% ± 1.8
South - Inner Ring	999	67.8% ± 3.8	28.1% ± 3.7	3.2% ± 1.8	^0.8% ± 0.9
South - Outer Ring	985	72.1% ± 4.3	25.2% ± 4.1	^1.8% ± 1.8	^1.0% ± 3.7
Bloomington	637	71.0% ± 1.6	25.2% ± 1.5	2.9% ± 0.6	0.8% ± 0.5
Gender					
Male	3,122	66.9% ± 2.5	28.2% ± 2.4	3.8% ± 1.1	*1.2% ± 0.8
Female	5,410	67.2% ± 1.7	28.2% ± 1.6	3.6% ± 0.7	1.0% ± 0.3
Age					
25-34	1,194	60.9% ± 3.7	33.4% ± 3.6	4.5% ± 1.8	*1.2% ± 0.8
35-44	1,117	64.1% ± 3.8	30.9% ± 3.8	3.6% ± 1.3	^1.3% ± 1.7
45-54	1,457	68.7% ± 3.4	25.8% ± 3.3	4.5% ± 1.8	*1.0% ± 1.0
55-64	1,987	70.7% ± 2.7	25.6% ± 2.7	2.6% ± 0.9	*1.1% ± 0.8
65-74	1,532	72.8% ± 2.7	23.6% ± 2.6	2.7% ± 1.1	*0.8% ± 0.7
75 and older	1,226	73.6% ± 3.4	23.5% ± 3.3	2.1% ± 1.0	*0.8% ± 0.7
Household income					
< 200% of FPL	1,454	49.0% ± 4.1	41.2% ± 4.2	7.4% ± 2.5	2.4% ± 1.1
≥ 200% of FPL	6,708	71.0% ± 1.6	25.2% ± 1.5	2.9% ± 0.6	0.8% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Social-Environmental Factors



For walking in your neighborhood, would you say the sidewalks, trails, and walking paths are:

TABLE 87	Sample Size N	Very well maintained % ± 95% C.I.	Somewhat maintained % ± 95% C.I.	Not very well maintained/ Not at all maintained % ± 95% C.I.	There are no sidewalks in my neighborhood % ± 95% C.I.
Hennepin County Total	8,531	52.1% ± 1.5	29.5% ± 1.4	4.6% ± 0.8	13.9% ± 1.1
Minneapolis					
Total	3,303	53.4% ± 2.5	38.5% ± 2.4	7.6% ± 1.6	*0.5% ± 0.4
Camden, Near North	762	34.7% ± 5.3	45.8% ± 5.4	19.5% ± 5.7	^0.0% ± 0.2
Longfellow, NE, University	826	50.7% ± 4.7	41.5% ± 4.7	6.6% ± 3.2	*1.3% ± 1.0
Central, Phillips, Powderhorn	744	49.9% ± 5.3	43.2% ± 5.3	6.7% ± 3.3	^0.2% ± 0.7
Calhoun-Isles, Nokomis, SW	971	70.0% ± 4.1	27.2% ± 4.0	*2.4% ± 1.7	^0.4% ± 1.8
Suburban Areas					
Total	5,228	51.5% ± 2.0	25.1% ± 1.8	3.1% ± 0.9	20.3% ± 1.6
Northwest Suburbs	1,592	51.8% ± 3.4	26.3% ± 3.1	3.0% ± 1.3	18.9% ± 2.7
Northwest - Inner Ring	818	38.9% ± 4.5	33.8% ± 4.5	*4.2% ± 2.7	23.1% ± 4.2
Northwest - Outer Ring	774	57.9% ± 4.5	22.7% ± 4.2	*2.4% ± 1.7	17.0% ± 3.6
West Suburbs	1,657	51.1% ± 3.2	24.4% ± 2.9	1.7% ± 0.8	22.9% ± 2.8
West - Inner Ring	759	56.5% ± 4.9	33.9% ± 4.9	^1.4% ± 1.4	8.2% ± 2.4
West - Outer Ring	898	47.8% ± 4.3	18.7% ± 3.6	*1.8% ± 1.2	31.7% ± 4.1
South Suburbs	1,979	51.3% ± 3.1	24.1% ± 2.8	4.4% ± 2.2	20.2% ± 2.4
South - Inner Ring	995	43.7% ± 3.9	22.4% ± 3.6	2.8% ± 1.5	31.1% ± 3.9
South - Outer Ring	984	55.7% ± 4.3	25.0% ± 3.9	*5.4% ± 3.5	13.9% ± 3.2
Bloomington	636	54.6% ± 1.7	27.5% ± 1.5	3.3% ± 0.7	14.6% ± 1.2
Gender					
Male	3,115	53.2% ± 2.6	29.6% ± 2.4	4.4% ± 1.4	12.8% ± 1.8
Female	5,414	51.0% ± 1.8	29.3% ± 1.7	4.7% ± 0.8	14.9% ± 1.3
Age					
25-34	1,194	50.0% ± 3.7	35.1% ± 3.6	6.2% ± 2.1	8.7% ± 2.5
35-44	1,118	50.5% ± 4.0	31.2% ± 3.7	5.2% ± 2.4	13.1% ± 2.9
45-54	1,457	50.6% ± 3.6	29.3% ± 3.4	4.3% ± 1.7	15.8% ± 2.8
55-64	1,992	55.4% ± 2.9	24.7% ± 2.5	3.5% ± 1.2	16.3% ± 2.2
65-74	1,531	53.2% ± 3.0	25.7% ± 2.7	3.3% ± 1.1	17.8% ± 2.5
75 and older	1,219	58.4% ± 3.4	23.0% ± 3.0	2.4% ± 1.0	16.2% ± 2.6
Household income					
< 200% of FPL	1,450	40.7% ± 4.1	37.8% ± 4.1	10.8% ± 3.0	10.7% ± 3.1
≥ 200% of FPL	6,710	54.6% ± 1.7	27.5% ± 1.5	3.3% ± 0.7	14.6% ± 1.2

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Social-Environmental Factors



In general, how easy is it to safely cross the streets or roads in your neighborhood?

TABLE 88	Sample Size	Very easy	Somewhat easy	Not very easy	Not at all easy
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,530	60.0% ± 1.6	33.1% ± 1.5	5.5% ± 0.8	1.3% ± 0.4
Minneapolis					
Total	3,307	55.6% ± 2.5	37.2% ± 2.5	5.8% ± 1.4	*1.4% ± 0.9
Camden, Near North	763	51.1% ± 5.5	41.1% ± 5.6	7.1% ± 2.7	^0.6% ± 1.3
Longfellow, NE, University	831	57.9% ± 4.8	33.9% ± 4.5	7.1% ± 3.8	^1.1% ± 1.4
Central, Phillips, Powderhorn	744	45.7% ± 5.3	43.7% ± 5.3	8.1% ± 3.4	^2.5% ± 3.1
Calhoun-Isles, Nokomis, SW	969	66.4% ± 4.3	30.8% ± 4.2	*1.7% ± 1.4	^1.1% ± 1.6
Suburban Areas					
Total	5,223	62.1% ± 2.0	31.2% ± 1.9	5.4% ± 1.0	1.3% ± 0.5
Northwest Suburbs	1,592	63.0% ± 3.4	31.6% ± 3.3	4.5% ± 1.7	*0.9% ± 0.8
Northwest - Inner Ring	818	59.4% ± 4.6	34.8% ± 4.6	4.5% ± 1.9	^1.3% ± 2.5
Northwest - Outer Ring	774	64.6% ± 4.6	30.1% ± 4.4	4.5% ± 2.6	^0.7% ± 0.9
West Suburbs	1,654	61.6% ± 3.2	30.3% ± 3.0	6.1% ± 1.9	*2.0% ± 1.5
West - Inner Ring	760	60.3% ± 4.8	32.9% ± 4.7	5.9% ± 2.5	^0.8% ± 1.0
West - Outer Ring	894	62.3% ± 4.2	28.7% ± 3.9	6.2% ± 2.8	*2.7% ± 2.4
South Suburbs	1,977	61.1% ± 3.1	31.3% ± 3.0	6.2% ± 1.9	1.4% ± 0.8
South - Inner Ring	997	57.6% ± 4.0	33.8% ± 3.8	6.6% ± 2.4	*2.0% ± 1.5
South - Outer Ring	980	63.2% ± 4.4	29.8% ± 4.2	6.0% ± 2.9	*1.0% ± 1.0
Bloomington	632	61.5% ± 1.7	32.6% ± 1.7	4.8% ± 0.9	1.2% ± 0.4
Gender					
Male	3,121	60.7% ± 2.6	32.0% ± 2.5	5.6% ± 1.4	1.6% ± 0.8
Female	5,407	59.3% ± 1.8	34.1% ± 1.8	5.5% ± 0.9	1.1% ± 0.4
Age					
25-34	1,195	54.7% ± 3.7	37.7% ± 3.7	6.5% ± 2.2	*1.1% ± 1.1
35-44	1,119	53.8% ± 4.0	39.9% ± 4.0	5.0% ± 1.9	*1.3% ± 1.0
45-54	1,458	60.5% ± 3.6	31.3% ± 3.4	6.2% ± 2.2	*2.0% ± 1.5
55-64	1,989	67.3% ± 2.7	26.8% ± 2.6	4.6% ± 1.4	*1.2% ± 0.8
65-74	1,535	66.7% ± 2.9	27.9% ± 2.8	4.5% ± 1.4	*0.9% ± 0.7
75 and older	1,213	67.3% ± 3.1	26.5% ± 2.9	5.4% ± 1.6	*0.9% ± 0.7
Household income					
< 200% of FPL	1,455	52.6% ± 4.2	36.2% ± 4.1	9.2% ± 2.6	*2.0% ± 1.7
≥ 200% of FPL	6,703	61.5% ± 1.7	32.6% ± 1.7	4.8% ± 0.9	1.2% ± 0.4

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Social-Environmental Factors



Please rate the extent to which you agree or disagree.
This is a good community to raise children in

TABLE 89	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,477	62.3% ± 1.5	29.1% ± 1.4	6.4% ± 0.9	2.1% ± 0.5
Minneapolis					
Total	3,289	45.0% ± 2.4	38.4% ± 2.5	11.9% ± 1.8	4.7% ± 1.3
Camden, Near North	760	19.5% ± 4.8	42.2% ± 5.4	23.0% ± 4.7	15.3% ± 4.9
Longfellow, NE, University	826	49.4% ± 4.7	41.7% ± 4.7	6.8% ± 2.6	^2.2% ± 2.7
Central, Phillips, Powderhorn	738	29.9% ± 4.7	48.7% ± 5.4	17.5% ± 4.7	*4.0% ± 2.6
Calhoun-Isles, Nokomis, SW	965	71.8% ± 4.0	23.1% ± 3.8	3.8% ± 2.0	^1.3% ± 2.5
Suburban Areas					
Total	5,188	70.6% ± 1.8	24.7% ± 1.7	3.8% ± 1.0	0.8% ± 0.4
Northwest Suburbs	1,581	63.8% ± 3.1	30.1% ± 3.0	5.2% ± 1.8	*1.0% ± 0.8
Northwest - Inner Ring	813	49.7% ± 4.5	41.2% ± 4.6	6.9% ± 2.9	^2.2% ± 2.1
Northwest - Outer Ring	768	70.4% ± 4.1	24.8% ± 3.9	4.3% ± 2.4	^0.4% ± 0.9
West Suburbs	1,642	80.0% ± 2.6	18.0% ± 2.5	*1.2% ± 0.8	^0.8% ± 1.3
West - Inner Ring	751	70.5% ± 4.6	26.6% ± 4.4	^1.4% ± 1.3	^1.5% ± 4.5
West - Outer Ring	891	85.5% ± 3.2	13.0% ± 3.2	^1.1% ± 1.1	*0.4% ± 0.4
South Suburbs	1,965	73.6% ± 2.9	21.8% ± 2.7	3.9% ± 2.0	*0.6% ± 0.4
South - Inner Ring	987	70.5% ± 3.7	24.2% ± 3.5	3.9% ± 2.1	*1.4% ± 1.2
South - Outer Ring	978	75.5% ± 4.2	20.5% ± 3.8	*3.9% ± 3.3	^0.2% ± 0.3
Bloomington	630	66.5% ± 1.6	27.0% ± 1.5	5.0% ± 0.8	1.5% ± 0.5
Gender					
Male	3,101	60.2% ± 2.5	30.2% ± 2.4	7.5% ± 1.5	2.1% ± 0.9
Female	5,375	64.3% ± 1.7	28.1% ± 1.6	5.4% ± 0.9	2.1% ± 0.5
Age					
25-34	1,190	50.3% ± 3.7	37.4% ± 3.7	9.6% ± 2.4	2.7% ± 1.5
35-44	1,116	60.9% ± 3.8	30.6% ± 3.6	7.0% ± 2.3	*1.5% ± 1.2
45-54	1,453	66.0% ± 3.5	25.4% ± 3.2	6.0% ± 2.3	*2.5% ± 1.5
55-64	1,987	68.8% ± 2.7	25.1% ± 2.7	4.2% ± 1.1	1.8% ± 0.9
65-74	1,522	69.4% ± 2.7	24.5% ± 2.6	4.6% ± 1.5	1.4% ± 0.8
75 and older	1,188	69.3% ± 3.4	25.6% ± 3.4	3.4% ± 1.1	*1.6% ± 1.1
Household income					
< 200% of FPL	1,431	41.4% ± 4.1	40.2% ± 4.2	13.2% ± 3.2	5.2% ± 2.2
≥ 200% of FPL	6,685	66.5% ± 1.6	27.0% ± 1.5	5.0% ± 0.8	1.5% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Social-Environmental Factors



Please rate the extent to which you agree or disagree.
People in this neighborhood are willing to help one another

TABLE 90	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,501	44.6% ± 1.5	45.3% ± 1.6	8.4% ± 1.0	1.7% ± 0.4
Minneapolis					
Total	3,295	37.3% ± 2.3	48.0% ± 2.5	11.8% ± 1.9	2.9% ± 1.0
Camden, Near North	763	23.6% ± 4.9	52.0% ± 5.5	18.6% ± 5.2	5.8% ± 2.9
Longfellow, NE, University	825	40.5% ± 4.8	49.3% ± 4.7	8.4% ± 3.4	^1.8% ± 1.8
Central, Phillips, Powderhorn	739	28.8% ± 4.9	51.3% ± 5.3	16.1% ± 4.5	*3.8% ± 3.0
Calhoun-Isles, Nokomis, SW	968	51.2% ± 4.2	41.3% ± 4.4	6.2% ± 2.6	^1.3% ± 1.6
Suburban Areas					
Total	5,206	48.1% ± 2.0	44.1% ± 2.0	6.8% ± 1.1	1.0% ± 0.5
Northwest Suburbs	1,587	45.6% ± 3.4	45.4% ± 3.4	7.6% ± 2.1	*1.4% ± 1.0
Northwest - Inner Ring	816	37.4% ± 4.4	51.9% ± 4.6	8.4% ± 2.9	^2.2% ± 2.3
Northwest - Outer Ring	771	49.5% ± 4.5	42.2% ± 4.6	7.2% ± 2.9	^1.0% ± 1.1
West Suburbs	1,649	54.2% ± 3.2	40.3% ± 3.2	5.1% ± 1.7	*0.4% ± 0.3
West - Inner Ring	755	46.9% ± 4.8	45.5% ± 4.9	6.9% ± 3.4	^0.7% ± 0.8
West - Outer Ring	894	58.6% ± 4.2	37.2% ± 4.2	4.0% ± 1.9	^0.2% ± 0.4
South Suburbs	1,970	47.0% ± 3.1	45.2% ± 3.1	6.9% ± 2.0	*1.0% ± 0.7
South - Inner Ring	990	43.6% ± 3.9	47.5% ± 4.0	7.2% ± 2.2	^1.7% ± 1.7
South - Outer Ring	980	48.9% ± 4.4	43.8% ± 4.4	6.7% ± 3.1	^0.6% ± 0.8
Bloomington	633	47.9% ± 1.7	43.9% ± 1.7	7.2% ± 1.0	1.0% ± 0.4
Gender					
Male	3,111	43.3% ± 2.6	46.7% ± 2.6	8.6% ± 1.6	1.4% ± 0.7
Female	5,389	45.8% ± 1.8	44.1% ± 1.8	8.2% ± 1.2	1.9% ± 0.6
Age					
25-34	1,185	32.5% ± 3.7	52.9% ± 3.8	12.7% ± 2.7	1.8% ± 0.9
35-44	1,117	43.3% ± 4.0	46.6% ± 4.0	9.1% ± 2.7	^1.0% ± 1.4
45-54	1,453	51.8% ± 3.6	38.3% ± 3.5	7.6% ± 2.3	*2.3% ± 1.4
55-64	1,986	49.0% ± 2.9	43.3% ± 2.9	6.1% ± 1.3	1.6% ± 0.9
65-74	1,533	47.5% ± 3.0	45.7% ± 3.0	5.6% ± 1.5	*1.3% ± 0.8
75 and older	1,207	49.8% ± 3.5	44.6% ± 3.6	4.3% ± 1.4	^1.3% ± 1.5
Household income					
< 200% of FPL	1,444	29.0% ± 3.8	52.0% ± 4.2	14.3% ± 3.4	4.7% ± 1.9
≥ 200% of FPL	6,700	47.9% ± 1.7	43.9% ± 1.7	7.2% ± 1.0	1.0% ± 0.4

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Social-Environmental Factors



In general, how safe from crime do you consider your neighborhood to be?

TABLE 91	Sample Size	Very safe	Somewhat safe	Somewhat unsafe	Not at all safe
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,534	48.4% ± 1.5	41.2% ± 1.5	8.4% ± 0.9	2.0% ± 0.5
Minneapolis					
Total	3,307	23.1% ± 2.0	54.3% ± 2.5	17.4% ± 2.0	5.3% ± 1.4
Camden, Near North	765	8.2% ± 3.4	42.4% ± 5.5	32.0% ± 5.0	17.3% ± 5.0
Longfellow, NE, University	830	23.3% ± 3.6	63.8% ± 4.5	10.1% ± 3.3	^2.7% ± 2.8
Central, Phillips, Powderhorn	744	13.5% ± 3.9	56.2% ± 5.4	26.1% ± 5.1	*4.1% ± 3.0
Calhoun-Isles, Nokomis, SW	968	41.4% ± 4.2	51.7% ± 4.3	5.7% ± 2.1	^1.2% ± 2.6
Suburban Areas					
Total	5,227	60.4% ± 1.9	35.0% ± 1.9	4.1% ± 0.9	*0.5% ± 0.4
Northwest Suburbs	1,585	53.7% ± 3.3	39.4% ± 3.3	6.2% ± 1.7	*0.7% ± 0.6
Northwest - Inner Ring	817	39.8% ± 4.5	49.9% ± 4.6	8.9% ± 2.9	*1.3% ± 1.1
Northwest - Outer Ring	768	60.3% ± 4.4	34.4% ± 4.3	4.8% ± 2.3	^0.4% ± 0.9
West Suburbs	1,664	68.6% ± 3.0	29.7% ± 2.9	1.7% ± 0.9	^0.0% ± 0.1
West - Inner Ring	761	52.3% ± 4.8	43.6% ± 4.9	4.0% ± 2.2	^0.0% ± 0.3
West - Outer Ring	903	78.1% ± 3.5	21.5% ± 3.5	^0.4% ± 0.5	0.0% ± 0.0
South Suburbs	1,978	64.1% ± 2.9	32.5% ± 2.9	3.0% ± 1.5	^0.4% ± 1.6
South - Inner Ring	997	62.6% ± 3.7	33.8% ± 3.7	3.5% ± 1.5	^0.1% ± 0.4
South - Outer Ring	981	65.0% ± 4.2	31.8% ± 4.1	*2.7% ± 2.5	^0.6% ± 2.9
Bloomington	634	52.8% ± 1.6	39.4% ± 1.6	6.8% ± 0.8	1.1% ± 0.4
Gender					
Male	3,120	50.5% ± 2.5	40.2% ± 2.5	7.4% ± 1.4	1.9% ± 0.9
Female	5,412	46.4% ± 1.7	42.1% ± 1.8	9.3% ± 1.2	2.1% ± 0.6
Age					
25-34	1,195	39.2% ± 3.8	45.0% ± 3.7	12.7% ± 2.5	3.0% ± 1.7
35-44	1,113	45.4% ± 4.0	43.4% ± 4.0	9.7% ± 2.5	*1.5% ± 1.0
45-54	1,457	51.7% ± 3.5	38.9% ± 3.5	7.1% ± 1.9	2.3% ± 1.3
55-64	1,995	52.4% ± 2.8	39.5% ± 2.8	6.3% ± 1.4	*1.8% ± 1.1
65-74	1,530	54.5% ± 3.0	39.2% ± 2.9	5.1% ± 1.4	*1.3% ± 0.9
75 and older	1,224	58.1% ± 3.5	37.5% ± 3.5	4.0% ± 1.4	^0.5% ± 0.5
Household income					
< 200% of FPL	1,458	28.0% ± 3.6	49.5% ± 4.2	15.9% ± 3.3	6.6% ± 2.5
≥ 200% of FPL	6,712	52.8% ± 1.6	39.4% ± 1.6	6.8% ± 0.8	1.1% ± 0.4

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Social-Environmental Factors



How often are you in situations where you feel unaccepted because of your race, ethnicity, or culture?

TABLE 92	Sample Size	At least once a week	Once or twice a month	A few times a year	Once a year or less often	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,519	2.7% ± 0.6	3.2% ± 0.7	9.5% ± 1.1	14.4% ± 1.2	70.2% ± 1.5
Minneapolis						
Total	3,303	5.0% ± 1.4	4.6% ± 1.2	13.5% ± 2.0	18.7% ± 2.1	58.2% ± 2.5
Camden, Near North	765	10.3% ± 4.2	6.4% ± 2.6	22.9% ± 5.3	20.3% ± 4.8	40.0% ± 5.3
Longfellow, NE, University	828	*5.1% ± 3.6	*3.7% ± 2.2	11.7% ± 4.0	19.0% ± 4.0	60.5% ± 4.9
Central, Phillips, Powderhorn	741	*4.7% ± 3.3	6.2% ± 3.3	15.2% ± 4.2	19.3% ± 4.5	54.5% ± 5.4
Calhoun-Isles, Nokomis, SW	969	*2.1% ± 2.0	*2.4% ± 1.7	7.6% ± 3.4	16.9% ± 3.8	71.0% ± 4.4
Suburban Areas						
Total	5,216	1.7% ± 0.7	2.6% ± 0.9	7.6% ± 1.3	12.3% ± 1.5	75.9% ± 1.9
Northwest Suburbs	1,580	*1.5% ± 1.2	*2.9% ± 1.8	9.6% ± 2.5	14.1% ± 2.7	72.0% ± 3.4
Northwest - Inner Ring	815	^1.7% ± 1.8	*3.4% ± 2.7	10.1% ± 3.8	15.9% ± 4.0	68.9% ± 4.8
Northwest - Outer Ring	765	^1.3% ± 1.8	*2.7% ± 2.6	9.3% ± 3.5	13.2% ± 3.7	73.5% ± 4.5
West Suburbs	1,662	^1.6% ± 1.8	*2.4% ± 1.7	6.5% ± 1.9	9.1% ± 1.8	80.3% ± 2.9
West - Inner Ring	761	^2.9% ± 4.5	*1.6% ± 1.6	8.0% ± 3.1	13.2% ± 3.3	74.2% ± 4.7
West - Outer Ring	901	^0.8% ± 2.1	*2.8% ± 2.8	5.7% ± 2.6	6.7% ± 2.3	83.9% ± 3.7
South Suburbs	1,974	*2.0% ± 1.2	2.2% ± 1.3	5.4% ± 1.7	12.2% ± 2.5	78.2% ± 3.0
South - Inner Ring	997	*2.1% ± 1.7	*1.9% ± 1.3	7.5% ± 2.5	12.0% ± 3.1	76.4% ± 3.7
South - Outer Ring	977	^1.9% ± 1.9	*2.3% ± 2.0	*4.1% ± 2.5	12.4% ± 3.7	79.3% ± 4.3
Bloomington	633	1.6% ± 0.6	2.5% ± 0.7	8.5% ± 1.1	14.5% ± 1.4	72.9% ± 1.7
Gender						
Male	3,109	3.4% ± 1.2	3.3% ± 1.2	10.3% ± 1.9	14.4% ± 2.0	68.6% ± 2.6
Female	5,408	2.1% ± 0.7	3.1% ± 0.8	8.7% ± 1.2	14.4% ± 1.4	71.7% ± 1.8
Age						
25-34	1,194	2.9% ± 1.3	3.8% ± 1.5	11.3% ± 2.5	17.5% ± 3.1	64.6% ± 3.6
35-44	1,114	*2.3% ± 1.8	3.9% ± 2.2	11.5% ± 3.1	18.4% ± 3.4	63.9% ± 4.0
45-54	1,455	3.8% ± 2.0	4.5% ± 2.1	10.7% ± 2.9	12.7% ± 2.5	68.3% ± 3.6
55-64	1,991	2.9% ± 1.3	1.8% ± 0.7	8.4% ± 1.8	13.2% ± 2.2	73.7% ± 2.7
65-74	1,527	*1.6% ± 1.2	*2.0% ± 1.5	5.1% ± 1.4	11.4% ± 2.2	79.9% ± 2.7
75 and older	1,218	^0.9% ± 1.6	^0.5% ± 0.6	*2.5% ± 1.6	5.8% ± 2.9	90.2% ± 3.1
Household income						
< 200% of FPL	1,450	8.5% ± 2.7	7.1% ± 2.7	15.4% ± 3.6	13.7% ± 3.2	55.3% ± 4.2
≥ 200% of FPL	6,704	1.6% ± 0.6	2.5% ± 0.7	8.5% ± 1.1	14.5% ± 1.4	72.9% ± 1.7

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Social-Environmental Factors



During the past 12 months how often did you worry that your food would run out before you had money to buy more?

TABLE 93	Sample Size	Often	Sometimes	Rarely	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,557	3.2% ± 0.7	7.0% ± 1.0	7.5% ± 0.9	82.3% ± 1.3
Minneapolis					
Total	3,311	5.0% ± 1.4	10.5% ± 2.0	9.4% ± 1.7	75.0% ± 2.4
Camden, Near North	763	10.9% ± 4.1	18.7% ± 4.6	14.7% ± 5.2	55.7% ± 5.6
Longfellow, NE, University	833	^2.7% ± 2.9	9.9% ± 4.8	7.5% ± 2.4	80.0% ± 4.9
Central, Phillips, Powderhorn	744	6.8% ± 4.0	11.4% ± 4.8	11.9% ± 4.1	69.9% ± 5.6
Calhoun-Isles, Nokomis, SW	971	*1.6% ± 1.5	5.3% ± 2.5	5.4% ± 2.3	87.7% ± 3.2
Suburban Areas					
Total	5,246	2.3% ± 0.8	5.4% ± 1.1	6.5% ± 1.1	85.8% ± 1.6
Northwest Suburbs	1,593	3.1% ± 1.7	6.5% ± 2.1	7.0% ± 2.0	83.5% ± 2.9
Northwest - Inner Ring	820	*2.9% ± 2.0	6.1% ± 2.8	7.0% ± 2.8	84.1% ± 3.8
Northwest - Outer Ring	773	*3.2% ± 2.5	6.6% ± 3.0	7.0% ± 2.8	83.2% ± 4.0
West Suburbs	1,666	*1.5% ± 0.9	4.8% ± 2.0	6.7% ± 2.1	87.1% ± 2.6
West - Inner Ring	763	*1.9% ± 1.8	8.0% ± 4.7	9.4% ± 3.5	80.6% ± 4.9
West - Outer Ring	903	^1.3% ± 1.3	*2.8% ± 1.8	5.0% ± 2.9	90.9% ± 3.1
South Suburbs	1,987	*1.8% ± 1.1	4.2% ± 1.6	5.8% ± 1.7	88.2% ± 2.3
South - Inner Ring	1,002	*1.5% ± 1.4	5.1% ± 1.8	6.4% ± 2.2	87.1% ± 2.8
South - Outer Ring	985	*1.9% ± 1.8	*3.8% ± 2.6	5.5% ± 2.4	88.8% ± 3.3
Bloomington	637	1.0% ± 0.4	3.0% ± 0.7	6.2% ± 1.0	89.8% ± 1.2
Gender					
Male	3,123	2.8% ± 1.2	6.8% ± 1.7	6.5% ± 1.5	83.9% ± 2.2
Female	5,432	3.5% ± 0.9	7.3% ± 1.1	8.4% ± 1.2	80.8% ± 1.6
Age					
25-34	1,195	*2.8% ± 1.7	8.3% ± 2.5	8.8% ± 2.4	80.1% ± 3.3
35-44	1,117	3.8% ± 1.9	7.3% ± 2.7	8.3% ± 2.6	80.7% ± 3.5
45-54	1,459	5.1% ± 2.2	8.5% ± 2.5	6.7% ± 1.7	79.7% ± 3.1
55-64	1,997	2.1% ± 0.9	6.6% ± 1.9	7.4% ± 2.1	83.9% ± 2.6
65-74	1,536	*1.8% ± 1.1	3.5% ± 1.5	5.9% ± 1.7	88.7% ± 2.2
75 and older	1,233	^0.7% ± 1.0	3.3% ± 1.5	5.6% ± 2.8	90.4% ± 2.9
Household income					
< 200% of FPL	1,460	14.2% ± 3.5	27.3% ± 4.2	13.6% ± 2.9	44.9% ± 4.1
≥ 200% of FPL	6,728	1.0% ± 0.4	3.0% ± 0.7	6.2% ± 1.0	89.8% ± 1.2

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Social-Environmental Factors



During the past 12 months, did you miss a rent or mortgage payment because you did not have enough money?

TABLE 94	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	8,520	5.7% ± 0.9
Minneapolis		
Total	3,291	9.1% ± 1.9
Camden, Near North	760	19.7% ± 5.7
Longfellow, NE, University	828	*7.4% ± 4.5
Central, Phillips, Powderhorn	736	8.6% ± 4.3
Calhoun-Isles, Nokomis, SW	967	4.6% ± 2.5
Suburban Areas		
Total	5,229	4.1% ± 1.0
Northwest Suburbs	1,587	5.3% ± 1.9
Northwest - Inner Ring	817	5.0% ± 2.5
Northwest - Outer Ring	770	5.5% ± 2.7
West Suburbs	1,661	3.2% ± 1.7
West - Inner Ring	759	*5.2% ± 4.2
West - Outer Ring	902	*2.0% ± 1.4
South Suburbs	1,981	2.9% ± 1.5
South - Inner Ring	998	*2.6% ± 1.5
South - Outer Ring	983	*3.1% ± 2.4
Bloomington	635	2.8% ± 0.7
Gender		
Male	3,104	5.3% ± 1.5
Female	5,414	6.1% ± 1.1
Age		
25-34	1,193	5.5% ± 2.1
35-44	1,116	6.9% ± 2.7
45-54	1,458	7.0% ± 2.2
55-64	1,988	6.3% ± 1.9
65-74	1,527	2.6% ± 1.5
75 and older	1,218	^1.1% ± 1.1
Household income		
< 200% of FPL	1,446	20.2% ± 3.9
≥ 200% of FPL	6,709	2.8% ± 0.7

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Social-Environmental Factors



How many times have you moved in the past 2 years?

TABLE 95	Sample Size	0 times	1 time	2 or more times
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,554	79.7% ± 1.3	15.9% ± 1.2	4.4% ± 0.7
Minneapolis				
Total	3,313	72.6% ± 2.4	19.3% ± 2.1	8.2% ± 1.7
Camden, Near North	765	75.6% ± 5.4	16.8% ± 4.8	7.6% ± 3.9
Longfellow, NE, University	833	76.0% ± 4.4	16.7% ± 4.0	7.2% ± 3.0
Central, Phillips, Powderhorn	745	64.3% ± 5.4	25.4% ± 5.0	10.3% ± 4.5
Calhoun-Isles, Nokomis, SW	970	76.3% ± 4.1	16.6% ± 3.7	7.1% ± 2.8
Suburban Areas				
Total	5,241	83.1% ± 1.6	14.3% ± 1.5	2.6% ± 0.7
Northwest Suburbs	1,590	85.2% ± 2.7	12.4% ± 2.5	2.4% ± 1.3
Northwest - Inner Ring	818	86.8% ± 3.2	11.4% ± 3.0	^1.8% ± 1.8
Northwest - Outer Ring	772	84.5% ± 3.8	12.8% ± 3.6	*2.7% ± 1.9
West Suburbs	1,663	80.1% ± 2.9	16.1% ± 2.8	3.8% ± 1.4
West - Inner Ring	762	77.2% ± 4.5	16.8% ± 4.1	6.0% ± 3.0
West - Outer Ring	901	81.8% ± 3.9	15.7% ± 3.9	*2.5% ± 1.6
South Suburbs	1,988	82.3% ± 2.7	15.8% ± 2.7	2.0% ± 0.9
South - Inner Ring	1,003	81.1% ± 3.6	16.8% ± 3.6	*2.1% ± 1.4
South - Outer Ring	985	83.0% ± 3.8	15.1% ± 3.8	*1.9% ± 1.3
Bloomington	637	80.0% ± 1.5	16.1% ± 1.4	3.9% ± 0.7
Gender				
Male	3,124	79.7% ± 2.2	15.8% ± 2.1	4.5% ± 1.3
Female	5,428	79.7% ± 1.6	16.0% ± 1.5	4.3% ± 0.8
Age				
25-34	1,195	55.2% ± 3.7	33.0% ± 3.5	11.8% ± 2.4
35-44	1,117	80.2% ± 3.4	15.9% ± 3.2	3.9% ± 1.9
45-54	1,460	87.4% ± 2.5	10.4% ± 2.3	2.1% ± 1.2
55-64	1,995	91.0% ± 2.0	7.6% ± 1.9	*1.4% ± 0.9
65-74	1,532	91.0% ± 1.9	7.8% ± 1.8	*1.2% ± 1.1
75 and older	1,234	90.3% ± 2.0	8.8% ± 1.9	*0.9% ± 0.7
Household income				
< 200% of FPL	1,461	76.4% ± 3.8	16.2% ± 3.4	7.4% ± 2.5
≥ 200% of FPL	6,726	80.0% ± 1.5	16.1% ± 1.4	3.9% ± 0.7

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Social-Environmental Factors



Do you think of yourself as ...

TABLE 96	Sample Size	Gay, lesbian, or homosexual/ Bisexual/ Transgender
	N	% ± 95% C.I.
Hennepin County Total	8,350	6.2% ± 0.8
Minneapolis		
Total	3,234	12.4% ± 1.7
Camden, Near North	741	11.9% ± 4.3
Longfellow, NE, University	814	10.0% ± 3.4
Central, Phillips, Powderhorn	721	19.3% ± 4.4
Calhoun-Isles, Nokomis, SW	958	7.8% ± 2.4
Suburban Areas		
Total	5,116	3.2% ± 0.8
Northwest Suburbs	1,546	2.7% ± 1.4
Northwest - Inner Ring	795	*3.4% ± 2.1
Northwest - Outer Ring	751	*2.4% ± 2.1
West Suburbs	1,629	4.0% ± 1.6
West - Inner Ring	744	4.4% ± 2.0
West - Outer Ring	885	*3.8% ± 2.4
South Suburbs	1,941	3.3% ± 1.3
South - Inner Ring	975	4.9% ± 2.1
South - Outer Ring	966	*2.4% ± 1.9
Bloomington	624	5.9% ± 0.8
Gender		
Male	3,041	7.6% ± 1.3
Female	5,307	4.8% ± 0.8
Age		
25-34	1,169	8.3% ± 2.3
35-44	1,097	7.7% ± 2.2
45-54	1,423	6.4% ± 1.3
55-64	1,954	5.3% ± 1.5
65-74	1,500	2.9% ± 0.9
75 and older	1,189	*1.0% ± 0.8
Household income		
< 200% of FPL	1,380	8.3% ± 2.6
≥ 200% of FPL	6,644	5.9% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)



**Metro SHAPE
2014**

Appendices



Metro SHAPE 2014

APPENDIX A – How to Read the Table

This data book presents results for many health indicators from the Metro SHAPE 2014 survey. Most tables in this report include all response options for a particular question in one table. Each table starts with Hennepin County total results followed by the results for various geographic areas within Hennepin County. Finally, there are breakdowns by gender, age, and household income.

In most of the data tables, the title is the actual survey question and is presented as it was asked (e.g., “Do you currently have insurance that pays for all or part of your dental care?”). Some tables report results that are calculated from one or more survey questions. The titles for these tables state the content of the data tables without being in question form (e.g., “Weight status based on Body Mass Index calculation”). The survey questions used for those calculations and the applicable calculation methods are explained in Appendix D.

All results are reported as percentages (%) with corresponding 95% confidence intervals (\pm 95% C.I.). The one exception is Table 6, “Average number of unhealthy days during the past 30 days”, where the average, or mean, and its corresponding confidence intervals are reported. In all cases, the number N, listed in the column labeled Sample Size, is the actual number of persons whose responses were included to compute the results. The weighted sample size may be different from the observed sample size. Missing responses are not included in the calculated percentages.

Most questions in *Metro SHAPE 2014* were asked of all participants. However, some questions are part of a set (e.g., a series of questions about smoking), and are asked only of pertinent subgroups among all survey respondents after the lead question. These questions often have a much smaller sample size than other questions. Tables with questions of this type are indicated by the phrase “Among persons . . .”

Most of the data tables in this report are similar to the table shown in Figure 2. Each row on a table corresponds to a defined subgroup. The rows provide results for geographic areas within Hennepin County and demographic subgroups including gender, age and household income. For gender the categories are male and female. For the data on age, categories include: 25-34, 35-44, 45-54, 55-64, 65-74, and 75 and older. The data presented on household income are separated into two categories, those below 200% of the Federal Poverty Level and those greater than or equal to 200% of the Federal Poverty Level.

Figure 2: Example data table



TABLE X	Sample Size	Response 1	Response 2	Response 3	Response 4
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	8,512	14.8% ± 1.2	29.6% ± 1.5	30.9% ± 1.4	24.7% ± 1.4
Minneapolis					
Total	3,305	16.7% ± 2.0	27.8% ± 2.3	29.6% ± 2.3	25.9% ± 2.3
Camden, Near North	758	19.4% ± 9.2	28.5% ± 4.1	31.6% ± 8.2	20.5% ± 4.3
Longfellow, NE, University	832	15.0% ± 3.9	27.1% ± 4.4	30.3% ± 4.5	27.7% ± 4.4
Central, Phillips, Powderhorn	744	17.5% ± 4.5	28.0% ± 4.9	27.9% ± 4.9	26.5% ± 5.2
Calhoun-Isles, Nokomis, SW	971	19.4% ± 8.6	43.3% ± 7.6	26.4% ± 9.2	10.9% ± 4.1
Suburban Areas					
Total	5,207	13.9% ± 1.5	30.4% ± 1.9	31.6% ± 1.9	24.1% ± 1.7
Northwest Suburbs	1,576	12.8% ± 2.4	31.4% ± 3.3	32.6% ± 3.3	23.2% ± 3.1
Northwest - Inner Ring	811	15.7% ± 3.7	29.0% ± 4.4	33.2% ± 4.5	22.1% ± 4.1
Northwest - Outer Ring	765	11.4% ± 3.1	32.8% ± 4.5	32.3% ± 4.4	23.7% ± 4.2
West Suburbs	1,654	26.2% ± 6.2	42.5% ± 4.9	23.2% ± 5.2	8.2% ± 3.2
West - Inner Ring	754	25.1% ± 5.1	44.0% ± 9.0	22.1% ± 5.1	8.8% ± 4.8
West - Outer Ring	900	*28.3% ± 18.7	40.9% ± 10.9	25.1% ± 5.1	5.7% ± 2.3
South Suburbs	1,977	15.4% ± 2.8	30.3% ± 3.0	28.4% ± 2.7	25.9% ± 2.8
South - Inner Ring	997	12.4% ± 2.9	30.3% ± 3.9	29.6% ± 3.6	27.7% ± 3.7
South - Outer Ring	980	17.2% ± 4.1	30.3% ± 4.2	27.6% ± 3.8	24.9% ± 4.0
Bloomington	632	^8.0% ± 8.0	37.1% ± 8.2	32.0% ± 1.3	22.8% ± 1.2
Gender					
Male	3,100	16.6% ± 2.0	33.0% ± 2.5	29.3% ± 2.4	21.1% ± 2.3
Female	5,410	13.1% ± 1.3	26.3% ± 1.6	32.5% ± 1.7	28.1% ± 1.7
Age					
25-34	1,199	18.8% ± 3.1	24.8% ± 3.2	30.3% ± 3.6	26.2% ± 3.4
35-44	1,116	13.5% ± 2.8	31.3% ± 4.0	30.6% ± 3.7	24.6% ± 3.5
45-54	1,455	15.0% ± 2.7	29.9% ± 3.5	30.0% ± 3.3	25.1% ± 3.3
55-64	1,984	16.1% ± 2.4	30.6% ± 2.8	30.6% ± 2.6	22.6% ± 2.5
65-74	1,524	11.0% ± 2.1	33.6% ± 2.9	31.7% ± 2.8	23.8% ± 2.7
75 and older	1,215	6.9% ± 2.9	31.4% ± 3.2	36.3% ± 3.4	25.5% ± 3.1
Household income					
< 200% of FPL	1,437	19.7% ± 3.6	29.3% ± 3.9	27.5% ± 3.8	23.5% ± 3.8
≥ 200% of FPL	6,704	13.9% ± 1.3	29.7% ± 1.6	31.5% ± 1.6	24.9% ± 1.5

NOTE: Definitions for the indicators are provided in Appendix D.

* Estimate is potentially unreliable and should be used with caution. (Relative Standard Error is >30% and ≤ 50%)

^ Estimate does not meet criteria for statistical reliability and should be used with extreme caution. (Relative Standard Error >50%)

Symbols used in the data tables:

N: Sample size (unweighted number of survey respondents)

%: Percentage

C.I.: Confidence interval

The columns on a table show the sample size (number of cases, or N) within each subgroup, and the percentage of respondents within that population who gave a particular response to the question being presented in that table.

The percentage of respondents giving a particular response is listed as a pair of numbers, % \pm 95% C.I. These numbers should be interpreted in the following way: % is the percentage of respondents in the sample from that group who gave that particular response to the question. 95% C.I. is the number of percentage points that should be added to, or subtracted from, the percentage to obtain the upper and lower limits of the 95% confidence interval for the percentage.

For example, in Figure 2, in the column labeled “Response 2” and the row for West Suburbs in the Suburban Areas section, the percentage equals 42.5% and the 95% C.I equals 4.9%. Therefore, the 95% confidence interval is 37.6% (or 42.5% - 4.9%) to 47.4% (or 42.5% + 4.9%).

Please note that the sample size, or N, presented in the table is the actual number of respondents for that particular subgroup, while the % and the 95% C.I. are weighted results. The weighted sample size may be different from the observed sample size. For more information, please refer to Appendix E.

Calculation of results not presented in the tables

Appendix E provides detailed information on the weighting. It is important to note that data that are not provided in a table cannot be calculated from the data provided in the table.

The reader may think that data that are not presented in the table may be derived from the data provided. For example, readers may attempt to use specific calculations to obtain estimates combining geographic areas, for example Bloomington and Minneapolis. For *Metro SHAPE 2014* data, **such a practice is methodologically incorrect and must not be attempted** for the following reasons:

- All percentages and corresponding 95% confidence intervals are based on weighted results, and different weights were used for different estimates; and

- The sample sizes provided were the actual numbers of survey respondents and are not weighted sample sizes.

Confidence Intervals and Relative Standard Error

A confidence interval (C.I.) is sometimes called the “margin of error.” A 95% confidence interval can be interpreted as follows: if the survey was conducted many times, 95 times out of 100, the estimate for the actual percentage (%) would fall within the range % \pm 95% C.I. In the example above, this means that 95 times out of 100, the percentage for Response 2 for West Suburbs in Hennepin County would be 42.5% \pm 4.9% (between 37.6% to 47.4%).

Confidence intervals can be used to determine the reliability of an estimate from *Metro SHAPE 2014*, and can also be used to see if the difference in the estimates between groups is statistically significant or not. However, there are also limitations in the use of these confidence intervals in the *Metro SHAPE 2014* data. Both the uses and the limitations of confidence intervals are discussed below.

In addition to confidence intervals (described above), relative standard error (RSE) is also calculated for every estimate. Like the confidence intervals, RSE is a measure of data reliability, and is used in this data book to flag point estimates that have a high degree of sampling error, and to advise users to use data with caution. If an estimate has a RSE value of greater than 30 percent but less than or equal to 50 percent, it is flagged with an asterisk (*) indicating the estimate is potentially unreliable and should be used with caution. If an estimate has a RSE value greater than 50%, it is flagged with a caret (^) indicating the estimate is highly unreliable.

Uses of Confidence Intervals

One common use of the confidence interval is to determine the reliability of an estimate from *Metro SHAPE 2014*. A wider confidence interval indicates a less reliable estimate.

To continue the example from above, the confidence intervals for Response 2 for Camden, Near North; Calhoun-Isles, Nokomis, SW; and West Suburbs from Figure 2 are depicted in Figure 3.

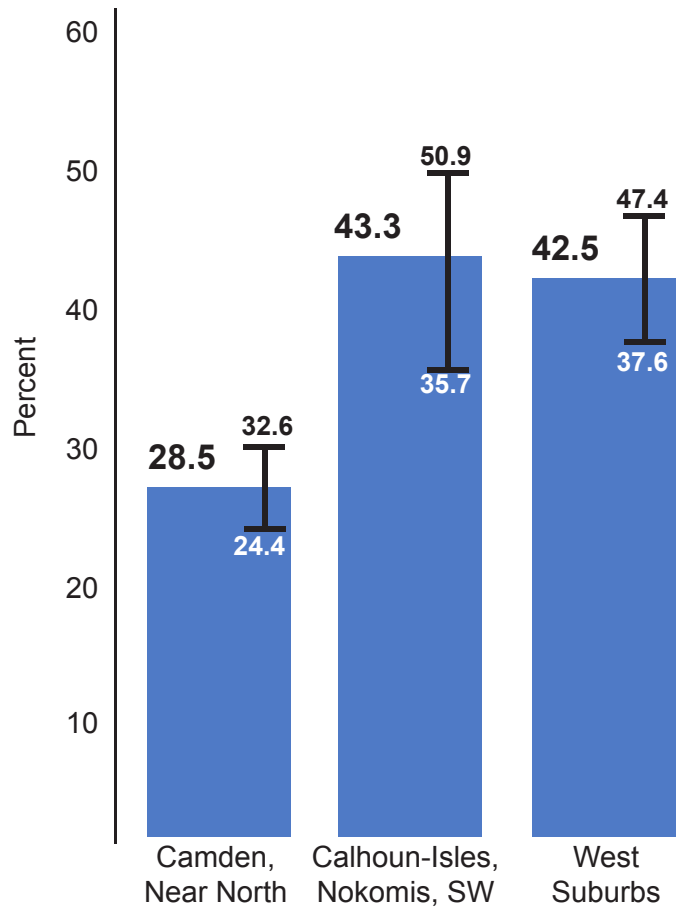
Each bar represents the point estimate (the percentage for the respective area) and the upper and lower limits of the corresponding 95% confidence interval are plotted. In Figure 3, the confidence interval for Camden, Near North is narrower than the confidence interval for Hennepin County. This implies that the percentage for Response 2, Camden, Near North (28.5%) is a relatively reliable estimate. The percentage for Response 2 for Calhoun-Isles, Nokomis, SW (43.3%) has a wider confidence interval and is therefore less reliable.

Readers will usually find that the confidence intervals are wider for smaller geographic areas such as the inner- and outer-ring suburban areas, and narrower for larger geographic areas such as Hennepin County as a whole. Many factors contribute to the width of confidence intervals; foremost in the Metro SHAPE 2014 data is the sample size. The larger the sample size, the narrower the confidence interval will be.

Another use of the 95% confidence interval is to compare differences in percentages between geographic areas or demographic subgroups. The general rule is that if there is no overlap between the confidence intervals for the percentages from different geographic areas or populations, then there is a statistically significant difference between the percentages. It could be that there is no significant difference, or there are not enough respondents to detect a difference.

Returning to Figure 3, it can be seen that the confidence intervals on Response 2 for Camden, Near North and Calhoun-Isles, Nokomis, SW, and for Camden, Near North and West Suburbs do not overlap. This means that the percentage for Camden, Near North (28.5%) differs statistically from the percentages for Calhoun-Isles, Nokomis, SW (43.3%) and West Suburbs (42.5%). In contrast, the confidence intervals for Calhoun-Isles, Nokomis, SW and West Suburbs do overlap, and one cannot state that there is a significant difference.

Figure 3. Percentage and confidence intervals for response 2 by geographic area



Limitations of Confidence Intervals

An important limitation of using confidence intervals to determine statistical significance is that such use may occasionally lead to incorrect conclusions about whether or not the difference is statistically significant. This is particularly likely to happen when the ends of the confidence intervals are very close (i.e., just barely do or do not overlap).

Another limitation of the confidence intervals in these data tables is that those presented are forced symmetric, which are often wider than the actual confidence interval. The conventional method for confidence interval calculation uses the normal approximation, and will lead to a confidence interval that is symmetric around the point estimate (either a percentage or an average).

However, the conventional method cannot provide correct confidence interval calculations for the *Metro SHAPE 2014* data due to its complex survey design.

Instead, a robust method (called the Sandwich method) for confidence interval calculation via the statistical package STATA is used. The confidence intervals calculated via this robust method often lead to an asymmetric confidence interval around a point estimate (either a percentage or an average). For example, in Figure 3, the exact 95% confidence interval for Camden, Near North for Response 2 is 24.7% (28.5% - 3.8%) to 32.6% (28.5% + 4.1%), slightly asymmetric around 28.5%.

To simplify the data for our readers, we used the absolute value of the largest end of the asymmetric 95% C.I. to provide a symmetric C.I. for the point estimate. In the above example, the 95% C.I. of 4.1% is used to provide the upper- and lower-end confidence intervals, symmetric around 28.5%. It should be noted that some lower confidence intervals might end with a value that is less than 0%. In this case, 0% should be used as the confidence interval lower limit.



Metro SHAPE 2014

APPENDIX B – Sample Characteristics

Description of the Metro SHAPE 2014 sample

The responses given by 8,578 adults in Hennepin County are the basis for the data tables reported in this *Metro SHAPE 2014* Hennepin County Geographic Data Book. They are part of the 12,028 adults aged 25 and older who responded to this metro wide project from six metro counties Carver, Dakota, Hennepin, Ramsey, Scott, and Washington Counties. The whole metro wide sample was used for many sections that describe survey methodology, weighting strategies, data process and coding strategies.

The distribution of the respondents from Hennepin County as well as from the whole metro six counties by key reporting categories is illustrated in Table B.

Table B: Number of unweighted respondents to the Metro SHAPE 2014 survey for Hennepin County as well for whole Metro six counties by reporting category

Data book reporting categories	Hennepin County N	All metro counties N
Total	8,578	12,028
Minneapolis Total	3,323	na
Camden, Near North	768	na
Longfellow, NE, University	835	na
Central, Phillips, Powderhorn	747	na
Calhoun-Isles, Nokomis, SW	973	na
Suburban Areas Total	5,255	na
Northwest Suburbs	1,595	na
Northwest - Inner Ring	821	na
Northwest - Outer Ring	774	na

Data book reporting categories	Hennepin County N	All metro counties N
West Suburbs	1,670	na
West - Inner Ring	765	na
West - Outer Ring	905	na
South Suburbs	1,990	na
South - Inner Ring	1,003	na
South - Outer Ring	987	na
Bloomington	637	na
Carver	na	608
Dakota	na	530
Ramsey	na	1,154
Scott	na	546
Washington	na	612
Gender		
Male	3,134	4,397
Female	5,442	7,631
Age		
25-34	1,201	1,565
35-44	1,120	1,596
45-54	1,463	2,087
55-64	2,000	2,849
65-74	1,537	2,210
75 and older	1,236	1,721
Household income		
<200 of Federal Poverty Level	1,465	1,988
≥ 200% of Federal Poverty Level	6,733	9,495
Federal Poverty Unknown	380	545



**Metro SHAPE
2014**

APPENDIX C – Survey Instrument



Metro SHAPE
2014

Your health matters
Your answers matter

Adult Survey

for an adult aged 18 or over

- ▶ Please have the *adult who will have the next birthday* answer the questions in this survey booklet, based on his or her own health.
- ▶ Please answer all of the questions in order, unless you are told to skip ahead.
- ▶ For more instructions, please see the inside cover.

HELP *improve the health
of residents in*
OUR COMMUNITY

Partially supported by the Statewide Health Improvement Program, Minnesota Department of Health.



How do I fill out the survey?

EXAMPLE 1:

Q1. How difficult is it to pay for your prescription medications each month

- Very difficult
- Somewhat difficult
- Not too difficult
- Not at all difficult

Read all of the answers before making a choice.

Fill in the whole circle completely with dark ink.

EXAMPLE 2:

Q2. What is your age in years?

64

Clearly print the number in the box provided.

EXAMPLE 3:

Q3. Are you currently...

MARK ALL THAT APPLY

- Employed for wages
- A homemaker or stay-at-home parent
- Self-employed or farmer
- A student
- Unemployed or out of work
- Retired
- Unable to work because of a disability

Here you may choose one or more of the answers that fit.

EXAMPLE 4:

Q4. Were you born in the United States?

- Yes → GO TO Q6
- No

Skip question Q5 and go directly to Q6. Leave question Q5 blank.



Metro SHAPE 2014 Adult Survey

Survey of the Health of All of the Population and the Environment



Please complete the entire survey, answering every question as honestly as you can.
Your responses are confidential.

SECTION A. GENERAL HEALTH AND HEALTH CONDITIONS

A1. In general, would you say that your health is ... ?

- Excellent
- Very good
- Good
- Fair
- Poor

A2. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Number of days

A3. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Number of days

A4. During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as work, recreation, and taking care of yourself?

Number of days

A5. Have you ever been told by a doctor, nurse, or other health professional that you had any of the following?

a. Hypertension, also called high blood pressure

- Yes
- Yes, but only during pregnancy
- No

b. Borderline high blood pressure or pre-hypertension

- Yes
- Yes, but only during pregnancy
- No

c. Diabetes or sugar disease

- Yes
- Yes, but only during pregnancy
- No

d. Pre-diabetes or borderline diabetes

- Yes
- Yes, but only during pregnancy
- No

e. High blood cholesterol

- Yes
- No

f. A heart attack, also called a myocardial infarction

- Yes
- No

g. Angina or coronary heart disease

- Yes
- No

h. A stroke

- Yes
- No

i. Arthritis or rheumatism

- Yes
- No

j. Asthma

- Yes
- No → **GO TO A7**

A6. Do you still have asthma?

- Yes
- No





A7. How tall are you without shoes?

Feet Inches

– OR –

Centimeters

A8. How much do you weigh without shoes? *If you are a female and are currently pregnant, please provide your weight before you were pregnant.*

Pounds

– OR –

Kilograms

A9. Has a doctor or other health care professional ever told you that you should lose weight?

- Yes, within the past year
- Yes, more than one year ago
- No

A10. Are you limited in any activities because of physical, mental, or emotional problems?

- Yes
- No

A11. Because of any impairment or health problem, do you have any difficulty in getting, keeping, or working at a job or business?

- Yes
- No

A12. Because of any impairment or health problem, do you need help from another person with personal care needs such as eating, bathing, dressing, or getting around your home?

- Yes
- No



A13. Because of any impairment or health problem, do you need help from another person in handling routine needs such as everyday household chores, doing necessary business, shopping, or getting around for other purposes?

- Yes
- No

SECTION B. ACCESS TO HEALTH CARE

B1. Do you currently have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medical Assistance, Medicare, Indian Health Services, or any plan through MNSure?

- Yes
- No

B2. During the past 12 months, did you have health insurance for the entire year, only part of the year, or were you not insured for the entire year?

- Insured the entire year
- Insured only part of the year
- Not insured for the entire year

B3. During the past 12 months, how difficult has it been for you and your family to pay for health insurance premiums, co-pays, and deductibles?

- Very difficult
- Somewhat difficult
- Not too difficult
- Not at all difficult
- Not applicable: I do not have insurance with premiums, co-pays, or deductibles

B4. During the past 12 months, was there a time when you needed medical care?

- Yes
- No → GO TO B7

B5. Did you delay or not get the care you thought you needed?

- Yes
- No → GO TO B7



- B6. Was that because of cost or lack of insurance?**
 Yes
 No
- B7. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about stress, depression, a problem with emotions, excessive worrying, or troubling thoughts? *A health professional here could be a doctor, a psychiatrist, a psychologist, a therapist, or a counselor.***
 Yes
 No → **GO TO B10**
- B8. Did you delay or not get the care you thought you needed?**
 Yes
 No → **GO TO B10**
- B9. Was that because of cost or lack of insurance?**
 Yes
 No
- B10. Do you have one person you think of as your personal doctor or health care provider?**
 Yes, only one person
 More than one person
 No, no personal doctor or provider
- B11. When you are sick or need medical care, where do you usually go?**
CHOOSE ONLY ONE
 Doctor's office, clinic, public health, or community clinic
 Veterans Affairs clinic or hospital
 Hospital emergency room
 Urgent care center
 Clinic located in a drug or grocery store
 No usual place
 Other – please specify:

- B12. Do you take any prescription medication on a regular basis, other than birth control pills?**
 Yes
 No → **GO TO B14**
- B13. During the past 12 months, was there any time you skipped doses, took smaller amounts of your prescription, or did not fill a prescription because you could not afford it?**
 Yes
 No
- B14. During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?**
 Yes
 No → **GO TO B16**
- B15. Did the doctor, nurse or other health professional discuss with you or ask you about your:**
MARK ALL THAT APPLY
 Physical activity or exercise
 Diet or nutrition
 Weight loss/losing weight
 Smoking or other tobacco use
 Stress
 Alcohol use

- B16. During the past 12 months, have you seen a psychiatrist, psychologist, therapist, counselor, or other mental health professional for your own health?**
 Yes
 No
- B17. How long has it been since your last complete physical exam?**
 Within the past year
 Within the past 2 years
 Within the past 5 years
 5 or more years ago
 Never





B18. Blood cholesterol is a fatty substance found in the blood. About how long ago has it been since you last had your blood cholesterol checked?

- Within the past year
- Within the past 2 years
- Within the past 5 years
- 5 or more years ago
- Never

B19. How long has it been since you last visited a dentist or dental clinic for any reason?

- Within the past year
- Within the past 2 years
- Within the past 5 years
- 5 or more years ago
- Never

B20. Do you currently have insurance that pays for all or part of your dental care?

- Yes
- No

SECTION C. HEALTHY LIFESTYLES AND BEHAVIORS

C1. A serving of vegetables is a cup of salad greens, or a half cup of any other vegetables, not including french fries. Yesterday, how many servings of vegetables did you eat?

Number of servings

C2. A serving of fruit is one medium sized fruit, a half cup of chopped, cut, or canned fruit, or 6 ounces of 100% fruit juice. Yesterday, how many servings of fruit did you eat?

Number of servings

C3. In a typical week, on how many days do you eat breakfast?

- Number of days per week:
- 0
 - 1
 - 2
 - 3
 - 4
 - 5
 - 6
 - 7



C4. About how often do you drink...?

a. Pop or soda (regular)

- Never
- Occasionally but not every week
- At least once per week but not daily
- Once per day
- More than once per day

b. Pop or soda (diet)

- Never
- Occasionally but not every week
- At least once per week but not daily
- Once per day
- More than once per day

c. Energy drinks such as Red Bull, 5-hour Energy, or Monster

- Never
- Occasionally but not every week
- At least once per week but not daily
- Once per day
- More than once per day

d. Other sugar-sweetened drinks such as sweet tea, coffee drinks, juice drinks, Kool-Aid, or Gatorade

- Never
- Occasionally but not every week
- At least once per week but not daily
- Once per day
- More than once per day

e. Water

- Never
- Occasionally but not every week
- At least once per week but not daily
- Once per day
- More than once per day

f. Milk

- Never
- Occasionally but not every week
- At least once per week but not daily
- Once per day
- More than once per day



C5. During the past 30 days, other than your regular job, did you participate in any physical activity or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

- Yes
- No

C6. Now, think about the moderate activities you do. In a usual week, on how many days do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes some increase in breathing or heart rate?

Number of days per week:

- 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7

C7. Would you say you get most of this activity...

- At work
- Outside of work

C8. On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

Hours per day

– OR –

Minutes per day

C9. Now, think about the vigorous activities you do. In a usual week, on how many days do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?

Number of days per week:

- 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7

C10. Would you say you get most of this activity...

- At work
- Outside of work

C11. On days when you do vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

Hours per day

– OR –

Minutes per day

C12. During a typical day, how many hours do you do each of the following?

a. Use a TV to watch shows, movies, videos, or play games

- 0 hours
- 1 hour
- 2 hours
- 3 to 5 hours
- 6 or more hours

b. Talk, text, or use an app on a phone

- 0 hours
- 1 hour
- 2 hours
- 3 to 5 hours
- 6 or more hours

c. Use a computer, laptop, or tablet for work or enjoyment

- 0 hours
- 1 hour
- 2 hours
- 3 to 5 hours
- 6 or more hours

C13. Do you consider yourself:

- Overweight
- About the right weight
- Underweight

C14. Have you smoked at least 100 cigarettes in your entire life? 100 cigarettes = 5 packs

- Yes
- No





C15. Do you now smoke cigarettes every day, some days, or not at all?

- Every day
- Some days
- Not at all

C16. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

- Yes
- No

C17. During the past 12 months have you used other tobacco products such as cigars, pipes, snuff, chewing tobacco, bidis, kreteks, snus, a hookah water pipe, or any other type of tobacco product?

- Yes
- No

C18. Does anyone, including yourself, smoke regularly inside your home?

- Yes
- No

C19. In the past 7 days, have you been in a car or other vehicle with someone who was smoking?

- Yes
- No

For the next questions, consider a drink of alcohol to be a can or bottle of beer or malt beverage, a glass of wine or a wine cooler, a shot glass of liquor, or a mixed drink.

C20. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?

Number of days

C21. During the past 30 days, on the days when you drank, about how many drinks did you have on average?

Number of drinks



C22. Considering all types of alcoholic beverages, how many times during the past 30 days did you have...?

FOR FEMALES

4 or more drinks on one occasion:

Number of times

FOR MALES

5 or more drinks on one occasion:

Number of times

SECTION D. HOW YOU FEEL

D1. Have you ever been told by a doctor or other health professional that you have depression or anxiety?

a. Depression

- Yes
- No

b. Anxiety

- Yes
- No

D2. Are you currently taking any medication that was prescribed for you to treat depression or anxiety?

a. Depression

- Yes
- No

b. Anxiety

- Yes
- No

Questions D3 to D8 ask about how you have been feeling during the past 30 days.

D3. About how often did you feel so sad that nothing could cheer you up?

- None of the time
- A little of the time
- Some of the time
- Most of the time
- All of the time



- D4. About how often did you feel nervous?**
- None of the time
 - A little of the time
 - Some of the time
 - Most of the time
 - All of the time
- D5. About how often did you feel so restless or fidgety that you could not sit still?**
- None of the time
 - A little of the time
 - Some of the time
 - Most of the time
 - All of the time
- D6. About how often did you feel hopeless?**
- None of the time
 - A little of the time
 - Some of the time
 - Most of the time
 - All of the time
- D7. About how often did you feel that everything was an effort?**
- None of the time
 - A little of the time
 - Some of the time
 - Most of the time
 - All of the time
- D8. About how often did you feel worthless?**
- None of the time
 - A little of the time
 - Some of the time
 - Most of the time
 - All of the time

SECTION E. ABOUT YOUR COMMUNITY

- E1. How often are you involved in school, community, or neighborhood activities?**
- Weekly
 - Monthly
 - Several times a year
 - About once a year
 - Less often than yearly
 - Never

- E2. How often do you get together or talk with friends or neighbors? *This includes on the phone or online.***

- Daily
- Weekly
- Monthly
- Less often than monthly
- Never

- E3. Overall, how would you rate your neighborhood as a place to walk?**

- Very pleasant
- Somewhat pleasant
- Not very pleasant
- Not at all pleasant

- E4. For walking in your neighborhood, would you say the sidewalks, trails, and walking paths are:**

- Very well maintained
- Somewhat maintained
- Not very well maintained
- Not at all maintained
- There are no sidewalks in my neighborhood

- E5. In general, how easy is it to safely cross the streets or roads in your neighborhood?**

- Very easy
- Somewhat easy
- Not very easy
- Not at all easy

For E6 and E7, please rate the extent to which you agree or disagree.

- E6. This is a good community to raise children in.**

- Strongly agree
- Somewhat agree
- Somewhat disagree
- Strongly disagree

- E7. People in this neighborhood are willing to help one another.**

- Strongly agree
- Somewhat agree
- Somewhat disagree
- Strongly disagree





E8. In general, how safe from crime do you consider your neighborhood to be?

- Very safe
- Somewhat safe
- Somewhat unsafe
- Not at all safe

E9. How often are you in situations where you feel unaccepted because of your race, ethnicity, or culture?

- At least once a week
- Once or twice a month
- A few times a year
- Once a year or less often
- Never

SECTION F. FOOD AND HOUSING

F1. During the past 12 months, have you or anyone in your household received MFIP, WIC, or food support (food stamps, SNAP, EBT) services?

- Yes
- No
- Don't know

F2. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

- Often
- Sometimes
- Rarely
- Never

F3. During the past 12 months, did you miss a rent or mortgage payment because you did not have enough money?

- Yes
- No

F4. How many times have you moved in the past 2 years?

- Never
- 1 time
- 2 or more times



F5. What type of home do you live in?

- Single family home
- Duplex
- Double or multi-family home
- Condominium
- Townhouse
- Apartment building
- Other, please specify:

SECTION G. ABOUT YOU

G1. Are you:

- Male
- Female

G2. What is your age?

 years

G3. What is the highest grade or year of school you have completed?

- Less than high school
- High school graduate or GED
- Some college, associate's degree, or vocational/ technical/ business school
- Bachelor's degree or higher

G4. Are you currently...?

MARK ALL THAT APPLY

- Employed for wages
- A homemaker or stay-at-home parent
- Self-employed or farmer
- A student
- Unemployed or out of work
- Retired
- Unable to work because of a disability

G4a. Do you think of yourself as ...?

MARK ALL THAT APPLY

- Heterosexual or straight
- Gay, lesbian, or homosexual
- Bisexual
- Transgender



G5. Are you a member of any of the following ethnic or cultural groups?

a. Hispanic or Latino/a

- Yes
- No

b. Somali

- Yes
- No

c. Hmong

- Yes
- No

G6. Which of the following do you consider yourself?

MARK ALL THAT APPLY

- Asian or Asian American
- American Indian or Alaska Native
- Black or African American
- Native Hawaiian or other Pacific Islander
- White
- Other – please specify:

G7. If you have selected more than one race in the previous question, which do you identify with most?

CHOOSE ONLY ONE

- Asian or Asian American
- American Indian or Alaska Native
- Black or African American
- Native Hawaiian or other Pacific Islander
- White
- Bi-racial or Multi-racial
- Other – please specify:

G8. Were you born in the United States?

- Yes → **GO TO G10**
- No

G9. How many years have you lived in the United States?

 Number of years

G10. Are you currently:

- Married
- Living with a partner in a marriage-like relationship
- Separated or divorced
- Widowed
- Single, never married

G11. How many adults (including you) and children live in your household?

 Number of adults age 18 or older (including you)

 Number of children under age 18

G12. Please tell us your annual household income in 2013 from all earners and all sources, before taxes. Remember, your responses are confidential.

- \$23,000 or less
- \$23,001 - 31,000
- \$31,001 - 39,000
- \$39,001 - 47,000
- \$47,001 - 55,000
- \$55,001 - 63,000
- \$63,001 - 71,000
- \$71,001 - 79,000
- \$79,001 - \$100,000
- \$100,001 or more





Survey Project Team
Assessment Unit
MC-963
300 South 6th Street
Minneapolis, MN 55487

Do you have any comments about the Metro SHAPE 2014 survey?
Please share your comments in the space below.

Thank you for taking the time to participate in this important project. Your health matters. Your answers matter. Please use the enclosed prepaid envelope to return the survey by U.S. mail.

QUESTIONS OR CONCERNS about the survey?
Call 612-543-3034 or e-mail MetroShape@MPHAN.org

The Metro SHAPE 2014 survey is sponsored by eight local health departments in the Twin Cities.





Metro SHAPE 2014

APPENDIX D – Technical Notes

This appendix provides both technical notes that apply to every data table in this report and technical notes that are specifically related to a particular table.

General technical notes

Each of the data tables in this data book presents one or more health indicators. The data are reported for Hennepin County total, many geographic areas within Hennepin County, including the cities of Minneapolis and Bloomington, and for selected demographic characteristics including age, gender, and household income. The sample of 8,578 adults aged 25 and older from Hennepin County is the basis for the data tables for this report. However, for consistency in reporting with the Metro data book as well as the jurisdiction-specific data books, the technical notes described below are based on the whole metro project sample of 12,028 adults aged 25 and older.

- **Geographic area**

Information on residential location of the survey respondents was obtained by extracting address data from the sample frame used for this project. The address data were then geocoded and the geographic area was assigned to each participant. Respondents needed to have geographic data available in their response to be included in the final dataset. However, a few respondents of the mail survey blacked out or removed survey barcodes

that contained geographic area information. They are excluded from final survey dataset as they could not be assigned to a geographic reporting area. Details on geographic areas are described in the introductory section of this report.

- **Gender**

Gender group was based on the survey respondent's self-reported gender (Question G1) and categorized as male or female.

- G1. Are you:
- Male
 - Female

Gender is one of the key variables used for calculating statistical weight. A number of steps were taken to reduce the number of missing and potential data processing errors. First, the survey question on gender from the mail mode survey was scanned as a "check all that apply" question, even though "check all that apply" was not in the survey instruction. This decision was based on staff observation that some respondents checked both "male" and "female." After all mail surveys were scanned, surveys where both male and female were checked were manually reviewed to determine if there were any gender related comments, or potential errors introduced during the scanning, such as issues with stray marks. Changes and corrections were made as needed. For the 12,028 survey respondents in the final

survey dataset, there were five respondents with “male” and “female” both checked, and eight respondents with gender missing. For these 13 respondents, survey staff reviewed the following survey questions to further determine gender:

- Hypertension during pregnancy (A5a);
- Borderline or per-hypertension during pregnancy (A5b);
- Diabetes during pregnancy (A5c);
- Borderline or pre-diabetes during pregnancy (A5d); and
- Gender specific binge drinking question (C22).

Using these additional questions, gender was assigned for 11 of 13 cases. The remaining two respondents with gender missing were kept in the final dataset as they had completed the majority of the survey. They were randomly assigned a single gender only for the statistical weight calculation. However, in data reporting, they were excluded in any gender data reporting.

• **Age**

Age was based on the survey respondent’s self-reported age (Question G2).

G2. *What is your age?*
 ___ Years

Age is one of the key reporting demographic variables for this data book as well as for the statistical weight calculation. Six age groups are presented based on the respondent’s self-reported age. The groups are: 25-34, 35-44, 45-54, 55-64, 65-74, and 75 and older. As described in the Survey Administration section, adult respondents aged 18-24 were excluded from the data reporting due to very low response.

Among the 12,028 survey respondents aged 25 and older presented in this data book, 48 either had age missing or an age value which fell outside of a valid range, that is, age was less than 18 or older than 115. For these respondents, two efforts were made to reduce the number of missing and potential data errors. First, survey staff manually reviewed all paper surveys where age was missing or age was outside the valid age range to check any for age-related comments or notes written

on the survey or potential scanning errors, and to make respective corrections and changes. Secondly, staff reviewed the responses from other age-related survey questions, including: years living in the United States if US-born or if the respondent marked they were retired. Based on this manual review, 16 cases were assigned with an actual age value within normal range and 32 were assigned the age group “65 and older” for weighting purposes. For the data book, the 32 cases that are assigned the age group “65 and older” are excluded from reporting by age due to lack of information to place them in either age 65-74 or age 75 and older.

• **Household Income**

Household income was measured by Federal Poverty Level (FPL) either under 200 percent Federal Poverty Level (<200%FPL) or at or above 200 percent FPL (≥200%FPL). Household income was derived from the answers to survey questions on household income and household size and categorized using 2013 FPL⁵.

Data on household size was gathered via asking respondents (G11):

G11. *How many adults (including you) and children live in your household?*
 Number of adults age 18 or older (including you):____
 Number of children under age 18:_____

Household size is the sum of the number of adults and the number of children who live in the household, and is also used for statistical weight calculation. Special efforts were made to reduce potential data error, correct invalid values, and impute those that were missing.

There were ten surveys in the final dataset that had household sizes that were exceptionally large, such as a size of ten or more. These surveys were checked in combination with housing types to make needed corrections. If the surveys were completed by mail mode, the surveys were manually checked for potential scanning errors, if there were any household size related remarks or notes, and to make respective changes or corrections.

A small percentage of respondents left “number of adults in the household” blank (0.8% or 96 respondents) or entered “0” (1.3% or 155 respondents). A simple imputation was performed to designate a new value for number of adults living in the household for these respondents using the following logic:

- If value is missing or 0, the designated value will be 1; and
- If the value is 1 and the respondents reported being married, living with a partner in a marriage-like relationship, the designated value will be 2.

To get the measurement for household income, survey respondents were asked (G12):

G12. *Please tell us your household’s annual household income in 2013 from all earners and all sources, before taxes. Remember, your responses are confidential.*

- \$23,000 or less
- \$23,001 - 31,000
- \$31,001 - 39,000
- \$39,001 - 47,000
- \$47,001 - 55,000
- \$55,001 - 63,000
- \$63,001 - 71,000
- \$71,001 - 79,000
- \$79,001 - 100,000
- \$100,001 or more

The income level ranges listed in G12 were designed to capture data for 200% FPL classification, and were guided by the 2013 FPL (Table C) with more detailed income levels at the low income end.

Table C. 2013 Federal Poverty Guidelines

Household size	200% FPL
1	\$22,980
2	\$31,020
3	\$39,060
4	\$47,100
5	\$55,140
6	\$63,180
7	\$71,220
8	\$79,260
9	\$87,300
10	\$95,340

These income categories were then converted to FPL, either under 200 percent FPL (<200% FPL) or at or above 200 percent FPL (≥200% FPL) according to 2013 FPL and household size. The household size was capped at ten in the poverty level calculation. Details on the classification are illustrated in Table D.

Table D. Classification of household income measured by 2013 200% Federal Poverty Guidelines (FPL)

HH income (G12) / Household size (G11)	\$23,000 or less (1)	\$23,001-\$31,000 (2)	\$31,001-\$39,000 (3)	\$39,001-\$47,000 (4)	\$47,001-\$55,000 (5)	\$55,001-\$63,000 (6)	\$63,001-\$71,000 (7)	\$71,001-\$79,000 (8)	\$79,001-\$100,000 (9)	\$100,001- or more (10)
1	Shaded									
2	Shaded	Shaded								
3	Shaded	Shaded	Shaded							
4	Shaded	Shaded	Shaded	Shaded						
5	Shaded	Shaded	Shaded	Shaded	Shaded					
6	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded				
7	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded			
8	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded		
9	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	
10	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	

<200% FPL
 ≥200% FPL

For example, for a two-person household, the 200 percent FPL cut is \$31,020. If a respondent from a two-person household checked either \$23,000 or less or \$23,001 to \$39,000, he/she was classified as under 200 percent FPL. If a respondent from a two-person household checked \$39,001 to \$47,000 or above, he/she was classified as at 200 percent FPL or above.

Due to the number of permutations of household size and limitations on the number of income categories in the survey response categories, it was not always possible to ascertain 200% FPL with complete accuracy. In cases where income range selected by a respondent overlapped with the 200% FPL cutoff, household incomes were categorized according to the category that aligned with the greatest portion of that income bracket.

However, the broad household income choices in *Metro SHAPE 2014* do not always fall neatly into the 2013 Federal Poverty Guidelines. In these cases, the maximum of the income bracket rule was followed. The three-person household 2013 200% FPL is \$39,060. If a respondent from a three-person household checked \$39,001 to \$47,000, depending on actual income, this respondent could be either classified as under 200% FPL (if actual household income is between \$39,001 to \$39,060) or be classified as at or above 200% FPL (if actual income is between \$39,061 to \$47,000). As the range of \$39,061 to \$47,000 is much larger than \$39,001 to \$39,060, all respondents from 3 person households who checked \$39,001 to \$47,000 were classified as having household income at 200% FPL or above, knowing a small percentage of them should have been in 200% FPL category.

Among the 12,028 survey respondents in the final survey dataset, 572 (or 4.8%) did not answer the household income question. For these respondents, if they answered “Yes” to survey question F1 (see below), they are classified as under 200% FPL. (The income eligibility requirement for receiving MFIP, WIC or Food Support is below 200 percent FPL). As a result, 27 additional respondents were classified as under 200 percent FPL.

- F1. *During the past 12 months, have you or anyone in your household received MFIP, WIC, or food support (food stamps, SNAP, EBT) services?*
- Yes
 - No
 - Don't know

The classification of household income measured by FPL for the 12,028 respondents who answered household income questions is illustrated in Table E. There were 545 (or 4.5%) respondents who had unknown household income measured by FPL. These cases were excluded when results were reported by household income in the data tables.

Table E. Number of respondents by household income as measured by Federal Poverty Level (FPL), Metro SHAPE 2014 Adult Survey (unweighted)

Household income	N	Percent
<200% of FPL	1,988	16.5%
≥ 200 of FPL	9,495	79.0%
FPL unknown	545	4.5%
Total	12,028	100.0%

The household income question (G12) is a “check only one response” question. The web survey mode forced a single response. However, in the mail survey mode, there were a few respondents who checked two or more income levels. In the mail survey pre-scan process, a conservative approach was used to check only lower household income category to be scanned in for data reporting.

Key data cleaning and recode steps include:

- Open-ended answers: text that respondents wrote in “other- please specify” in both G6 and G7 were coded following an established protocol. When the text matched one of the printed response categories, it was coded back to that category;
- While the respondents were instructed to CHOOSE ONLY ONE for Question G7, some mail survey respondents checked more than one. To reduce data process error, this question from the mail survey was scanned in such way that allowed for multiple answers. In data coding, a trumping rule was applied to allow only one response category to be used

for the final race variable calculation. The trumping rule placed less represented racial and ethnic groups at a higher priority to be counted; and

- All mail surveys with multiple race categories checked in questions G6 and G7 that were next to each other were pulled out to review if any were due to error introduced during the scanning, such as a “stray mark” being read as “checked.”

Due to insufficient sample size for some racial/ethnic groups in the survey, data are not reported by race and ethnicity in this data book.

Table-specific technical notes

Most data tables in this data book report survey responses from a single survey question and report all response options. However, there are some exceptions.

- For some tables, while only one survey question was used, the indicators reported combine two or three response options. This is done either due to column space limitations or because the percentages for some response options are very low and combining response options increases the meaning of the indicator; and
- Some tables report data that are coded specifically or calculated from two or more survey questions, and details are described in Table F.

The public use data file for this project contains original as well as created variables used for this data book and is available upon request at a later date.

Table F. Table-Specific Technical Notes

Table	Topic	Table-Specific Technical Notes
2 to 3	Unhealthy physical health days	Valid range is 0 to 30 days. A value of 31 days is coded as 30. A value exceeding 31 days is classified as invalid ⁶ .
4	Unhealthy days	<i>Unhealthy days (or unhealthy physical and mental health days)</i> is the sum of unhealthy physical health days plus unhealthy mental health days during the past 30 days, and is only calculated if respondents answered both questions. The value is set to 30 days if the sum is greater than 30 days ⁶ .
5	Activity limitation days	Valid range is 0 to 30 days. A value of 31 days is coded as 30. A value exceeding 31 days is classified as invalid. If <i>unhealthy physical health days</i> is zero and <i>unhealthy mental health days</i> is zero, the value of activity limitation days was coded as zero ⁶ .
6	Unhealthy days ... (average)	Multiple indicators are reported in this table. For each of the indicators, the valid range is 0 to 30 days. A value of 31 days is coded as 30. A value exceeding 31 days is classified as invalid. For <i>activity limitation days</i> , the value is coded as zero if <i>unhealthy physical health days</i> is zero and <i>unhealthy mental health days</i> is zero ⁶ .
7 to 10	Hypertension and diabetes	The response options for the survey questions used for Table 7 to 10 are: <input type="radio"/> Yes <input type="radio"/> Yes, but only during pregnancy <input type="radio"/> No The category Yes, but only during pregnancy is not reported in these data tables due to very low percentage. In addition, this response option would require gender-specific reporting.
12	Cardiovascular disease	<i>For Heart attack</i> , the survey question includes a specifying phrase, <i>also called a myocardial infarction</i> . <i>Any of these three</i> is derived by summing the responses of three cardiovascular diseases or conditions: heart attack, angina or coronary heart disease, and stroke. The sample sizes for each of four indicators presented in the table differ slightly. Due to column space limitation, one indicator's sample size is printed, that is Any of these three.
15	Body weight, Body Mass Index (BMI)	<i>Body mass index (BMI)</i> is calculated from self-reported weight and height using the standard formula: BMI=(weight in kilograms)÷[(Height in meters)*(height in meters)] or BMI=703*(weight in pounds)÷[(Height in inches)*(height in pounds)]. While reporting weight, female respondents who were pregnant at the time of the survey were asked to provide their weight before they were pregnant. Classification of weight status by BMI according to national guidelines are: underweight (BMI< 18.5); normal weight (BMI = 18.5 to 24.9); overweight (BMI = 25.0 to 29.9) and obese (BMI≥ 30.0) ⁷ . Valid value range for height is 36 to 95 inches; for weight is 50 to 650 pounds; and for BMI is 12 to 99, and is consistent with BRFSS 2014 data coding guidelines ⁸ .

Table	Topic	Table-Specific Technical Notes
22	Healthcare coverage, current status	<i>HMO</i> : health maintenance organization. <i>MNSure</i> : a marketplace where Minnesotans can shop, compare and choose health insurance coverage that meets their needs, and is the only place where consumers can qualify for financial help either through federal tax credits or through MinnesotaCare and Medical Assistance.
23	Healthcare coverage in the past 12 months	Some respondents reported that they were <i>currently uninsured and also reported that they were insured the entire year</i> . These cases are included in the <i>insured only part of the year</i> category.
24	Healthcare coverage-difficulty to pay	The complete response option for Not applicable printed in the survey is <i>Not applicable+C6: I do not have insurance with premiums, co-pays, or deductible</i> .
26	Mental health care need and service utilization	The survey question includes a clarifying statement: <i>A health professional here could be a doctor, a psychiatrist, a psychologist, a therapist, or a counselor</i> .
28	Usual/regular place of care	<p>Respondents were instructed to check only one answer for this survey question. The reported categories in this table are mutually exclusive. Due to space limitations, two response categories that have relatively low percentages (<i>A Veterans Affairs clinic or hospital and Other</i>) are not reported. As a result, the total percentage does not add to 100%.</p> <p>Significant data processing notes include:</p> <ul style="list-style-type: none"> • Open-end answers- text that respondents wrote in "<i>Other- please specify</i>," are coded following an established protocol. When text agreed or suggested, it was coded back to response categories. • Some mail survey respondents checked more than one response option. To reduce data processing error, this question from the mail survey mode was scanned in such a way that allowed for multiple answers. In data coding, a trumping rule that followed the order of printed response options was applied to allow only one response option to be reported in this data table.
36	Blood cholesterol check	The survey question included a clarifying statement: <i>Blood cholesterol is a fatty substance found in the blood</i> .
39	Servings of vegetables yesterday	<p>This survey question included a clarifying statement: <i>A serving of vegetables is a cup of salad greens, or a half cup of any vegetables, not including French fries</i>.</p> <p>A value exceeding 12 is classified as invalid.</p>
40	Servings of fruit yesterday	<p>The survey question included a clarifying statement: <i>A serving of fruit is one medium sized fruit, 1/2 cup of chopped, cut, or canned fruit, or 6 ounces of 100% fruit juice</i>.</p> <p>A value exceeding 10 is classified as invalid.</p>
41	Servings of fruits and vegetables yesterday	<p>Total servings of fruits and vegetables eaten yesterday"" were calculated by adding the answers from two questions:</p> <p><i>C1. Yesterday, how many servings of vegetables did you eat?</i> <i>C2. Yesterday, how many servings of fruit did you eat, including 100% fruit juice?</i></p> <p>A value exceeding 20 is classified as invalid.</p>

Table	Topic	Table-Specific Technical Notes
49	Nutrition and beverage intake	<p>See Tech notes for Table 39, 40, 41 on Servings of fruits or vegetables. <i>Having sugar-sweetened beverage daily or more often is derived from responses to the following three questions:</i></p> <p>C4. <i>About how often do you drink...</i></p> <ul style="list-style-type: none"> a. <i>Pop or soda (regular)</i> c. <i>Energy drinks such as Red Bull, 5-hour Energy, or Monster</i> d. <i>Other sugar-sweeten drinks such as sweet tea, coffee, drinks, juice, drinks, Koo-Aid, or Gatorade.</i> <p>Response options for each of the questions are: Never, Occasionally but not every week, At least once per week but not daily, Once per day, More than once per day.</p> <p>If respondents checked Once per day or More than once per day to any of the three questions listed, they will be classified as <i>Having sugar-sweetened beverage daily or more often.</i></p>
51	Moderate physical activity	<p>Three survey questions are used to assess the level of moderate physical activity engagement. They are:</p> <p>C6. <i>Now think about the moderate activities you do. In a usual week, how many days do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening or anything else that causes some increase in breathing or heart rate?</i></p> <p style="text-align: center;"><i>Number of days per week</i></p> <p style="text-align: center;">○ ○ ○ ○ ○ ○ ○ ○</p> <p style="text-align: center;">0 1 2 3 4 5 6 7</p> <p>C7. <i>Would you say you get most of this activity...</i></p> <ul style="list-style-type: none"> ○ <i>At work</i> ○ <i>Outside of work</i> <p>C8. <i>On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?</i></p> <p style="text-align: center;">___Hours - or - ___minutes per day.</p> <p>Total minutes of moderate physical activity in a usual week are calculated by multiplying the days in a usual week that adults participate in moderate physical activity by number of minutes on the day when they do moderate physical activities. Valid range for minutes per week are 10 to 720 minutes. Classifications on the level of moderate physical activity and data coding strategies are consistent with the reporting of leisure time physical activity from National Health Interview Survey (NHIS), the data source for monitoring Healthy People 2020 Objectives that reflect 2008 Federal Physical Activity Guidelines for Americans^{9,10,11}.</p> <p>Engaged in no leisure time physical activity: a person answered No to survey question:</p> <p>C5. <i>During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening, or walking for exercise?</i></p>

Table	Topic	Table-Specific Technical Notes
		<p>This indicator measures HP2020 Objective PA-1 and is the reciprocal to the data reported in Table 50.</p> <p>Met the 150 minutes aerobic activity guideline through leisure time: a person reported that in a usual week and mostly not at work, they participated in at least 150 minutes of moderate physical activity, or at least 75 minutes of vigorous physical activity, or at least 150 minutes of equivalent combination of moderate and vigorous physical activity. The minutes per week for the equivalent combination=minutes per week of moderate-intensity activity+ 2 x minutes per week of vigorous-intensity activity. This indicator measures <i>Healthy People 2020 Objective PA-2.1</i>.</p> <p>Met the 300 minutes aerobic activity guideline through leisure time: a person reported that in a usual week and mostly not at work, they participated in at least 300 minutes of moderate physical activity, or at least 150 minutes of vigorous physical activity, or at least 300 minutes of equivalent combination of moderate and vigorous physical activity. The minutes per week for the equivalent combination=minutes per week of moderate-intensity activity+ 2 x minutes per week of vigorous-intensity activity. This indicator measures <i>Healthy People 2020 Objective PA-2.2</i>.</p> <p>When reporting times spent on either moderate or vigorous physical activity, respondents were asked to count only those activities that they performed in episodes of at least 10 minutes. <i>The 2008 federal physical activity guidelines</i> refer to any kind of physical activity, not just leisure time. However, the data presented in this table are limited to leisure time physical activity- the activity occurred mostly not at work. This is primarily due to the <i>HP 2020 objective</i>, and because all major state and national monitoring systems on adult physical activity are focused on leisure time.</p>
65-72	Alcohol use	<p>Alcohol use is measured by three survey questions: C20, C21 and C22.</p> <p>C20. <i>During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage? ___ number of days</i></p> <p>C21. <i>During the past 30 days, on the days when you drank, about how many drinks did you have on average? ___ number of drinks</i></p> <p>C22. <i>Considering all types of alcoholic beverages, how many times during the past 30 days did you have... (FOR FEMALES) 4 or more drinks on the occasion ? ___ number of times (FOR MALES) 5 or more drinks on the occasion ? ___ number of times</i></p> <p>Respondents were provided with clarifying statement on the definition of one alcoholic drink: For the next questions, consider a drink of alcohol to be a can or bottle of beer or malt beverage, a glass of wine or wine cooler, a shot glass of liquor, or a mixed drink.</p>

Table	Topic	Table-Specific Technical Notes
65	Alcohol use-current	<p>Current drinker is a person who had at least one drink of any alcohol or alcoholic beverage on one or more days during the past 30 days (C20).</p> <p>There are a few respondents who reported 0 days to question C20 or left it blank, but responded question C21 with one or more drinks or question C22 with one or more times. These respondents are classified as current drinkers.</p>
66	Alcohol use-number of days used alcohol in 30 days	<p>There are a few respondents who are current drinkers, but reported 0 days to question C20 or left it blank. These respondents are included in the 1-2 days category in Table 66.</p>
67-68	Alcohol use-number of drinks per day	<p>There are a few respondents who are current drinkers but reported 0 drinks to question C21 or left it blank. These respondents are included in the 1-2 drinks category in Tables 67 and 68.</p>
83	Serious psychological distress	<p>Serious psychological distress is a scale derived from six psychological distress questions that are reported in Tables 77 to 82. The cronbach's alpha for these six-item internal reliability is 0.86.</p> <p>For each of these six questions, the response values of 0 to 4 were assigned to each of the five response categories (with All of the time assigned 4 and None of the time assigned 0). The response values of all six questions were then summed to yield a scale ranging from 0 to 24. A value of 13 or more on this scale was used to define experiencing serious psychological distress^{12,13}.</p>
96	Self identified with LGBT	<p>Survey question that gathers data for this table is:</p> <p><i>G4a. Do you think of yourself as...?</i> MARK ALL THAT APPLY</p> <ul style="list-style-type: none"> <input type="radio"/> <i>Heterosexual or straight</i> <input type="radio"/> <i>Gay, lesbian, or homosexual</i> <input type="radio"/> <i>Bisexual</i> <input type="radio"/> <i>Transgender</i> <p>The percentages that respondents who checked bisexual (1.9%) or transgender (0.2%) were too small to report separately. In this data table, they are combined with those checked gay, lesbian or homosexual.</p> <p>Three counties-Dakota, Scott and Washington did not ask this question.</p>

* The survey question number referenced in this table is the actual survey question number printed in mail survey questionnaire (See Appendix C)



Metro SHAPE 2014

APPENDIX E – Weighting Methodology

To estimate what percent of the population have a particular characteristic or behave a particular way, one can either do a complete enumeration of the population, such as the decennial U.S. Census, or take a random sample of that population and mathematically estimate what that measure is along with a corresponding confidence interval for that measure.

One can get information from a group of people who self-select, are found at some event, or are in some way easy to find – often called a “convenience sample.” While this has the advantage that it takes relatively little effort and cost to accomplish, the people who are in this group may not be representative of the population as a whole, so the estimates gathered from these respondents may be biased in some way and far off from the population as a whole.

To overcome these problems, one needs to:

1. employ a random-sampling strategy to select and include people who represent the population as a whole;
2. compute what the probability was that that person was selected from the population; and
3. assign a weight to each respondent based on that probability

Doing these steps and if everyone selected responds to the survey at the same rate allows one to make an estimate of characteristics or behaviors of the population as a whole. These estimates would be based on accounting for disproportionate sampling probability.

However, it is often the case where some groups respond to a particular survey at a different rate than other groups. For example, older people may respond at a higher rate than young people or people who do not speak English well may respond at a lower rate to a survey where strong English-language skills are important to compete the survey.

When this difference in response rate occurs and the characteristics or behaviors of those who complete the survey and those who do not differ widely, one still may compute an estimate for the population as a whole that is biased.

To adjust for this difference in response rate, one may decide to do some post-stratification weighting. To do so, one needs to have data from some population standard, such as the U.S. decennial census, against which the characteristics of the respondents can be compared. To do that comparison and adjustment, the following are necessary:

1. The classification variables (e.g., age, household income category, etc.) should be measured in the same way as was done in the population standard;
2. The classification variables cannot be missing for the survey respondents;
3. There should be an “adequate” number of sample elements in each cell; and
4. The respondents should have been selected at random within each cell.

A key trade-off that must be assessed at each step in the post-stratification process is that the increased accuracy of the point estimate for the measure of interest almost always results in a widening of the confidence interval for that estimate. Thus, one is likely to decide to do a post-stratification step only when:

1. there is large over- or under-representation of a particular segment of the population among the survey respondents;
2. there are major differences in the characteristics or behaviors between the over- and under-represented groups;
3. the estimate after any adjustment is substantially different from the estimate without making that adjustment; and
4. there is not an unacceptable widening of the confidence interval for that measure.

The weighting process for the *Metro SHAPE 2014* survey is based on previous SHAPE and MAHS survey methodology and consultation with local and national statistical survey research experts. The *Metro SHAPE 2014* survey data was weighted in two steps. The steps accounted for:

1. Differences in the probability that a particular person was selected; and
2. Differences in the proportion of persons who completed the survey compared to population as a whole as measured by the 2010 Census.

For *Metro SHAPE 2014*, there are two stages of random sampling: random selection of households and random selection of an adult within those households.

First is the random selection of household. The sampling was built on groups of Census tracts where a different sampling rate for households was chosen for each group of Census Tracts. For example, in Dakota County, some of the Census tracts were sampled at 1.25 percent and others were sampled at 3.75 percent. The percentage of households that were sampled depended on factors associated with that geographic area, such as:

1. The estimated vacancy rate;
2. The probability that there were households with some of the populations of special interest (e.g., Hispanics);
3. The estimated response rate;
4. The total number of completed surveys each agency chose to seek within their jurisdiction; and
5. The desire to obtain an adequate number of completed surveys from the population groups of special interest.

Second is the random selection of an adult within that household. The instructions told the persons living in the selected household that the person whose birthday was next should be the person designated to complete the survey. A person in a household with two adults in it had a higher probability of being that designated person than a person with five adults in it.

To account for these differences, each respondent was given an initial equal probability weight connected with his or her sampling area, or strata, based on the ratio of the number of occupied households in that strata divided by the number of completed surveys from that strata (thus accounting for differences in response rates) multiplied by the number of adults in that person's household. The number of adults living in any given household was capped at seven for weighting purposes. For simplicity, we will call this weight the **disproportionate sampling weight**.

The disproportionate sampling weights were then normalized so that the sum of them would add up to the number of respondents in the *Metro SHAPE 2014* survey (i.e., 12,028). This now becomes the **normalized disproportionate sampling weight**. Once the normalized disproportionate sampling adjustment was done, an analysis was completed to see if any **post-stratification adjustments** were needed. In almost all population-based surveys, the profile of the respondents is different from that of the underlying population. Historically, women are more likely to complete surveys than men and older people are more likely to complete surveys than younger people.

For each of the implementations of SHAPE since 1998 and for MAHS 2010, a post-stratification adjustment was done based on the age and gender distribution within geographic areas. Since the profile of the *Metro SHAPE 2014* respondents again was older and more female than the population of the six metro counties and, most importantly, since health status and behaviors are known to differ substantially across these groups, it was again determined to adjust for age and gender for each of the 17 geographic areas for which results were planned to be reported.

The adjustment takes the percent of persons from the 2010 Census for each cell in the three-dimensional table of gender (male, female), age (25-34, 35-44, 45-54, 55-64, 65-74, 75 and older), and the 17 reporting areas compared to the total 2010 Census count for the six-county area (Note: the sum of the cells adds up to 100 percent) and divides that number into the comparable percentage cell by cell for the Metro SHAPE respondents (weighted by the normalized disproportionate sampling weight).

For example, if 25-34 year old males in Scott County represent 6 percent of the 2010 Census (aged 25 or older), but represent only 2 percent of the *Metro SHAPE 2014* respondents, all those respondents (i.e., 25-34 year old males from Scott County) would be assigned an **age/gender/location adjustment** of 3 (i.e., 6 percent / 2 percent).

The age/gender/location adjustment thus helps to weight “up” all the respondents who are under-represented among the persons who completed the survey and to weight “down” all the respondents who are over-represented among the persons who completed the survey.

At this point, we multiply the disproportionate sampling weight by the age/gender/location adjustment to come up with an interim weight, W_2 .

The data is now weighted by W_2 to assess if any further adjustments are needed.

For each implementation of SHAPE since 1998, a second post-stratification adjustment was done based on the race and Hispanic ethnicity of the respondents. The health status and behaviors of people in some racial and ethnic groups is substantially different from that of the majority White population. In addition, persons from those same racial and ethnic groups historically complete surveys at a lower rate than other groups.

Upon examination of the *Metro SHAPE 2014* data, after weighting by W_2 , there seemed to be enough differences in the response rates and health profiles to justify making this adjustment.

The adjustment takes the percent of persons from the 2010 Census for each cell in the two-dimensional table of race/ethnicity (Hispanic, non-Hispanic Black, non-Hispanic Asian, and everyone else) and location (Saint Paul, Minneapolis, Suburban Hennepin County, everywhere else) compared to the total 2010 Census count for the six-county area (Note: the sum of the cells adds up to 100 percent) and divides that number into the comparable percentage cell by cell for the Metro SHAPE respondents. Any reporting done by race or Hispanic ethnicity with the *Metro SHAPE 2014* data would not be done at any geographic level smaller than the four geographic areas used in this weighting step.

For example, if non-Hispanic Asians in Saint Paul represent 12 percent of the 2010 Census (aged 25 or older), but represent 15 percent of the Metro SHAPE 2014 respondents, all those respondents (i.e., non-Hispanic Asians from Saint Paul) would be assigned an **race/ethnicity adjustment** of .8 (i.e., 12 percent/ 15 percent).

At this point, we multiply W_2 by the race/ethnicity adjustment to come up with an interim weight, W_3 .

The data is now weighted by W_3 to assess if any further adjustments are needed.

There are many substantial health status and behavior differences between US-born and African-born Blacks living in the seven-county metro area.

An investigation was done to assess whether it was worthwhile to make a third post-stratification adjustment to account for this to come up with a more accurate point estimate for health measures for the population. The assessment showed that the changes in some of the measures for the population as a whole taking this adjustment into account were very small and that the uncertainty (i.e., the 95 percent confidence interval) for those same measures increased. Therefore, it was determined not to include this adjustment with the final weights.

To avoid any one person having an unduly large influence in any of the health measures for the population, the weights were capped at six. So, anyone with a value for W_3 that was greater than six, was replaced with a value of six. All the “extra” weight (i.e., the amount greater than six that was removed) was then redistributed to the other respondents whose value of W_3 was less than six. This is now a **capped W_3** .

The capped W_3 is now the weight used for any analyses of adult individuals based on geography.

There is normally a set of weights generated based on the type of analysis needed. For example, if the unit of analysis is a household (e.g., how many households are there where there is second-hand smoke), a weight based on the household is more appropriate than a weight based on an individual.

REFERENCES

1. Metro Public Health Analyst Network. The *Metro SHAPE 2014* Project. Minnesota. Retrieved February 24, 2016, from <http://www.mphan.org/MetroSHAPE/MetroSHAPE.html>.
2. Hennepin County Public Health Department. *Metro SHAPE 2014* Hennepin County Disparities Data Book, Minneapolis, Minnesota, April 2016.
3. Bade T, Countryman M, Kinney A, Kleinfehn-Wald N, Kremser B, Lenartz S, Stenso-Velo S; Metro Adult Health Survey Collaborative (2010). *Metro Adult Health Survey Data Book*. January 2011.
4. Messer, B. L., & Dillman, D. A. (2011). Surveying the general public over the internet using address-based sampling and mail contact procedures. *Public Opinion Quarterly*, 75(3), 429-457.
5. HHS 2013 Poverty Guidelines. 78 Fed. Reg. 5182-5183 (January 24, 2013).
6. Centers for Disease Control and Prevention. (2011). Health-related quality of life (HRQOL), SAS, SPSS, and SUDAAN syntax. Retrieved June 10, 2015, from www.cdc.gov/hrqol/syntax.htm.
7. National Institutes of Health. (1998). Clinical guidelines on the identification, evaluation and treatment of overweight and obesity in adults--The evidence report. *Obesity Research*, 6(Suppl. 2), 51S-209S.
8. Centers for Disease Control and Prevention (2015). Calculated variables in the data file of the Behavior Risk Factor Surveillance System 2014, Version #8-revised: August 10, 2015). Retrieved September 16, 2015, from http://www.cdc.gov/brfss/annual_data/2014/pdf/2014calculated_variables_version8.pdf.
9. Centers for Disease Control and Prevention (2011). National Health Interview Survey Leisure time Physical Activity recodes. Retrieved September 14, 2015, from www.cdc.gov/nchs/nhis/physical_activity/pa_recodes.htm.
10. United States Department of Health and Human Services, Office of Disease Prevention and Health Promotion. (2010). *Healthy People 2020*. Retrieved September 4, 2015 from www.healthypeople.gov.
11. US Department of Health and Human Services, Office of Disease Prevention and Health Promotion. (2008). *Physical activity guidelines for Americans* (ODPHP Publication No. U0036). Washington DC:HHS.
12. Kessler, R. C., Andrew, G. Colpe, L. J., Hiripi, E., Mroczek, D. K., Normand, S.L., et al. (2002) Short screening scales to monitor population prevalence and trends in non-specific psychological distress. *Psychological Medicine*, 32(6), 959-976.
13. Kessler, R. C., Barker, P. R., Colpe, L. J., Epstein, J. F., Gfroerer, J. C., Hiripi, E., et al. (2003). Screening for serious mental illness in the general population. *Arch Gen Psychiatry*, 60(2), 184-9.

INDEX

Topics	Tables	Topics	Tables
Activities of daily living (ADL)	20	Community	89
Activity limitation	5,18,20,21	Community connectedness	84,85,90
Activity limitation - employment	19	Community involvement	84
Activity limitation days	5,6	Community support	85
Alcohol use	33,65,66,67,68,69,70,71,72	Consumption - dairy	48
Alcohol use - average number of drinks	67,68	Consumption - fruit	40
Alcohol use - current	65	Consumption - fruit and vegetables	41
Alcohol use - drinking days	66	Consumption - vegetables	39
Alcohol use - females	71,72	Coronary heart disease (CHD)	12
Alcohol use - males	69,70		
Alcohol use - number of days used alcohol		Days breakfast eaten	42
in 30 days	66	Delayed mental health care need - mental	26
Alcohol use - number of drinks per day	67,68	Delayed health care need - medical	25
Alcohol use - provider screening risk factor	33	Delayed medical care need due to cost	25
Angina	12	Delayed medical care need due to coverage	25
Anxiety	75,76	Delayed mental health care need due to cost	26
Anxiety - currently have	75	Delayed mental health care need due to coverage	26
Anxiety - ever had	75		
Anxiety - taking medication	76	Dental care	37,38
Anxiety - under professional care	76	Dental insurance	38
Arthritis	13	Depression	3,73,74
Asthma	14	Depression - ever had	73
Asthma - currently have	14	Depression - taking medication	74
Asthma - ever had	14	Depression - under professional care	74
		Diabetes	9,10
Binge drinking	69,70,71,72	Diabetes - ever had	9
Binge drinking - female current drinkers	72	Diet	32,39,40,41,42,43,44,45,46,47,48,49
Binge drinking - females	71	Diet - fruits	41,49
Binge drinking - male current drinkers	70	Diet - servings of fruit	40
Binge drinking - males	69	Diet - servings of fruit and vegetables	41,49
Binge drinking among current drinkers	70,72	Diet - servings of vegetables	39
Bisexual - self-identified with	96	Diet - vegetables	41,49
Blood cholesterol check	36	Diet or nutrition - provider screening risk factor	32
Body Mass Index (BMI)	15	Dietary behavior	39,40,42,43,44,45,46,47,48
Body weight	15,16,17	Disability	5,18,19,20,21
Borderline diabetes	10	Disability - activity limitation	5
Borderline diabetes - ever had	10	Disability - employment	19
Borderline high blood pressure	8	Discrimination	92
Borderline hypertension	8	Discrimination - chronic	92
Built environment - physical activity	86,87,88	Discrimination - felt unaccepted due to race, ethnicity, culture	92
Cardiovascular disease (CVD)	12	Economic distress	24
Cholesterol	11,36	Emotional health	73,74,75,76,77,78,79, 80,81,82,83
Cholesterol screening	36		
Cigarette use	59,60	Energy drinks intake	45
Cigarette use - everyday smokers	59	Environmental tobacco smoke (ETS)	63,64
Cigarette use - former smokers	59	Environmental tobacco smoke (ETS) - inside your home	63
Cigarette use - never smokers	59		
Cigarette use - someday smokers	59		

INDEX

Topics	Tables	Topics	Tables
Exercise	32,50,51,52,53,54	Last dental visit	37
Exercise - provider screening risk factor	32	Leisure time physical activity	50
Felt unaccepted	92	Lesbian - self-identified with	96
Five-A-Day	41	LGBT - self-identified with	96
Food insecurity	93	Low income	93,94
Friends or neighbors - get together with, talk with	85	Medical care	31,35
Fruits	40	Medical care - sought care in last 12 months	31
Functional limitation	19,20,21	Medical care needed	25
Functional limitation- employment	19	Mental health	3,4,5,26,34,73,74,75,76, 77,78,79,80,81,82,83
Gay - self-identified with	96	Mental health - feeling everything was an effort	81
General health	1	Mental health - feeling hopeless	80
Good community to raise children	89	Mental health - feeling nervous	78
Health access - barrier	26	Mental health - feeling restless or fidgety	79
Health insurance	22,38	Mental health - feeling so sad	77
Health insurance - current status	22	Mental health - feeling worthless	82
Health insurance - dental care	38	Mental health - sought mental health care in last	
Health problem or impairment - employment	19	12 months	34
Health Related Quality of Life (HRQOL)	1,2,3,4,5,6	Mental health care need	26
Health screening	35,36	Milk intake	48
Health screening - cholesterol check	36	Mobility	95
Healthcare access	22,23,24,25,27,28,38	Moderate physical activity	51,55
Healthcare access - barrier	24,25	Moderate physical activity - highly active	51
Healthcare access - coverage	22,23,38	Moderate physical activity - inactive	51
Healthcare coverage	22,23,24	Moderate physical activity - insufficiently active	51
Healthcare coverage - difficulty paying for	24	Moderate physical activity - sufficiently active	51
Healthcare coverage in the past 12 month coverage	23	Myocardial infarction	12
Healthy People 2020 Objectives	55	Neighborhood - a pleasant place to walk	86
Healthy People 2020 Objectives - physical activity	55	Neighborhood - people willing to help each other	90
Heart attack	12	Neighborhood - safe from crime	91
Heterosexual or straight - self-identified with	96	Neighborhood - safely crossing the streets or roads	88
High blood cholesterol	11	Neighborhood - sidewalks, trails, walking paths	
High blood pressure	7,8	maintenance	87
High blood pressure - ever had	7	Neighborhood walkability	86,87
High cholesterol	11	Neighborhood cohesion	90
High cholesterol - ever had	11	Neighborhood involvement	84
Homosexual - self-identified with	96	Neighborhood safety	88,91
Housing insecurity	94,95	Neighbors or friends - get together with, talk with	85
Hypertension	7,8	Non-specific psychological distress	77,78,79,80, 81,82,83
Hypertension - ever had	7	Normal weight	15
Impairment or health problem - employment	19	Number of times moved	95
Instrumental activities of daily living (IADL)	21	Nutrition	32,39,40,42,43,44,45,46,47,48
Insurance coverage	22,23,24	Nutrition and beverage intake	49
		Nutrition or diet - provider screening risk factor	32

INDEX

Topics	Tables	Topics	Tables
Obese	15	Regular place of care	28
Obesity	15	Regular source of care	27
Other tobacco use	33	Residential stability	95
Other tobacco use - provider screening risk factor	33	Rheumatism	13
Overall health	1	School involvement	84
Overweight	15	Screen time	56,57,58
Perceived weight	17	Secondhand smoke (SHS)	63,64
Personal doctor	27	Secondhand smoke (SHS) - in a car, vehicle	64
Physical activity	32,50,51,52,53,54,55	Secondhand smoke (SHS) - inside your home	63
Physical activity - leisure time	50	Sedentary lifestyle	56,57,58
Physical activity - moderate	51,52,55	Self-rated health	1
Physical activity - moderate, at work	52	Serious psychological distress	83
Physical activity - moderate, outside work, at leisure	52	Servings of fruits and vegetables yesterday	41
Physical activity - provider screening risk factor	32	Servings of fruits yesterday	40
Physical activity - vigorous	53,54,55	Servings of vegetables yesterday	39
Physical activity - vigorous, at work	54	Sexual identity	96
Physical activity - vigorous, outside work, at leisure	54	Sexual orientation	96
Physical exam	35	Smoking	33,59,60,61,63,64
Physical health	2,4,5,6,25	Smoking - current status	60
Physical inactivity	56,57,58	Smoking - provider screening risk factor	33
Poor medication adherence due to cost	30	Smoking cessation	61
Pop - diet intake	44	Smoking exposure at home	63
Pop intake	43	Smoking exposure in a car, vehicle	64
Pre-diabetes	10	Social connectedness	84,85
Pre-diabetes - ever had	10	Social support	85
Pre-hypertension	8	Soda - diet intake	44
Pre-hypertension - ever had	8	Soda intake	43
Prescription medication	29	Stress	33
Prescription medication - regular use	29	Stress - provider screening risk factor	33
Prescription medications	30	Stroke	12
Prescription medications - skipped doses due to cost	30	Sugar disease	9
Preventive care	16,32,33,35,36,37	Sugar disease - ever had	9
Provider advised - weight loss	16	Sugar-sweetened beverage (SSB)	43,45,46
Provider screening risk factor - alcohol use	33	Sugar-sweetened drinks intake - other	46
Provider screening risk factor - diet or nutrition	32	Sugary drinks	43,44,45,46
Provider screening risk factor - exercise	32	Tobacco	59,60,61,62,63,64
Provider screening risk factor - nutrition or diet	32	Tobacco - use other products	62
Provider screening risk factor - other tobacco use	33	Tobacco cessation	61
Provider screening risk factor - physical activity	32	Tobacco exposure at home	63
Provider screening risk factor - smoking	33	Tobacco exposure in a car, vehicle	64
Provider screening risk factor - stress	33	Tobacco use	62
Provider screening risk factor - weight loss	32	Tobacco use - cigarette	59,60
Quit attempt	61	Transgender - self-identified with	96
Quit smoking	61		

INDEX

Underweight	15
Unhealthy days	4,6
Unhealthy mental health days	3,4,6
Unhealthy physical and unhealthy mental health days	6
Unhealthy physical health days	2,4,6
Uninsured	22
Uninsured - ever during the year	23
Uninsured - point in time	22
Unmet health care need - medical	25
Unmet health care need - mental	26
Unmet medical care need due to cost	25
Unmet medical care need due to coverage	25
Unmet mental health care need due to cost	26
Unmet mental health care need due to coverage	26
Usual place of care	28
Vegetables	39
Vigorous physical activity	53,55
Vigorous physical activity - highly active	53
Vigorous physical activity - inactive	53
Vigorous physical activity - insufficiently active	53
Vigorous physical activity - sufficiently active	53
Water intake	47
Weight	15,16,17,32
Weight - self-perception	17
Weight loss	32
Weight loss - provider advised	16
Weight loss - provider screening risk factor	32

For more information about *Metro SHAPE 2014*, please contact the participating agencies.

Agency	Website	Phone
Carver County Public Health and Environment	www.co.carver.mn.us	952-361-1329
Bloomington Public Health Division	www.bloomingtonmn.gov	952-563-8900
Dakota County Public Health Department	www.co.dakota.mn.us	651-554-6100
Hennepin County Public Health	www.hennepin.us	612-348-6150
Minneapolis Health Department	www.minneapolismn.gov	612-673-2301
Saint Paul – Ramsey County Public Health	www.co.ramsey.mn.us	651-266-2400
Scott County Public Health	www.co.scott.mn.us	952-496-8584
Washington County Public Health & Environment	www.co.washington.mn.us	651-430-6655

This report and other information about *Metro SHAPE 2014* can be accessed at www.Hennepin.us/SHAPE.

The *Metro SHAPE 2014* survey is funded in part by the Minnesota Department of Health’s Statewide Health Improvement Program (SHIP).



**Metro SHAPE
2014**



Hennepin Hennepin County
Public Health