

# HENNEPIN COUNTY MINNESOTA



Here. For residents' well-being.

Adult Behavioral Health

Hennepin County **Human Services**

Annual Report • October 2019



# Adult Behavioral Health

We provide a comprehensive continuum of care for individuals living with mental illness, substance use disorder or both. Our integrated, person-centered, recovery-focused interventions aim to help people live as independently as possible in their communities. Our approach involves coordinating services, policies, resources and data in a countywide framework.

## Our work includes:



### Evidence-based models of care

Advancing treatment that incorporates physical, chemical and mental health



### Informing policy

Leveraging county and other resources to provide care upstream and advocating for policies that reduce disparities and inequities



### Caring for those who need it most

Expanding capacity to serve particularly vulnerable residents and residents living with complex conditions



### Having an impact on the practice

Innovating with state and local hospitals, police, providers and the county Adult Mental Health Local Advisory Council

---

## Behavioral health in Hennepin County

Hennepin County does not maintain a registry of residents with a behavioral health condition. The 2017 National Institute of Mental Health data is listed at right.

In 2018, the federal Substance Abuse and Mental Health Services Administration (SAMHSA) estimated nationally, among people 12 and older, 5.4 percent had alcohol use disorders and 3 percent had a drug use disorder.

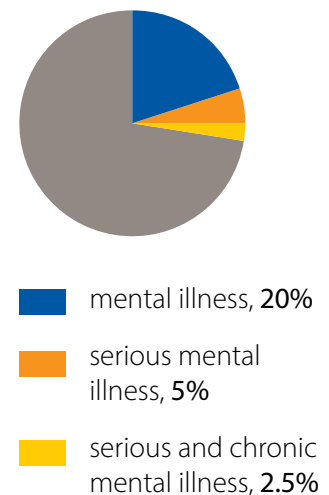
### Conditions overlap

13 percent of people with substance use disorders had both alcohol use disorder and drug use disorder. 50 percent of people with serious mental illness also have substance use disorder.

### Small proportion consume more resources

While people with co-occurring conditions represent a very small percent of the population, they consume resources at a significantly higher proportion than other residents do. A recent Hennepin County Center for Innovation and Excellence study found 21 percent of Medicaid Expansion clients with mental illness and substance use disorder were consuming 53 percent of public costs.

U.S. adults living with mental illness, 2017



# Our accomplishments

Our staff works to help people become safe, stable and well.

## Helping people right-size health care

Recovery needs a holistic approach that integrates mental, physical and chemical health practices with social service supports. County-operated community mental health programs keep residents stable using a multidisciplinary, person-centered approach. Our programs demonstrate excellent outcomes for some of the most complex and vulnerable residents in Hennepin County. Our teams have worked with clients to dramatically reduce emergency department visits and inpatient hospitalizations.

## Healthier moms delivering healthy babies

Project CHILD connects pregnant women who are addicted to drugs or alcohol with treatment and social services, with the goal that babies are born without drugs in their systems, and into families that are stable enough to care for them.

## Changing the substance use disorder service system

Hennepin County is partnering to improve health outcomes for people living with substance use disorders. This statewide reform adopts a model of chronic disease management, versus the current system of acute, episodic care.

- Direct access will replace the current Rule 25 process with a system that allows clients to bypass county authorization requirements.
- Withdrawal management services have replaced the out-of-date “detoxification” model with a person-centered approach.
- Medication-assisted treatment (MAT) is now the standard of care for people withdrawing from opioids, and greatly reduces overdose mortality rates.
- Peer recovery support enlists people who have experience with substance abuse disorder and/or a mental illness to mentor clients, and offer empathy and guidance toward recovery.
- Care coordination connects addiction treatment clients to other behavioral health and primary care services.

## Project CHILD results

In 2018:

- 96 percent of Project CHILD participants gave birth to drug-free babies and were able to keep custody of their children
- 63 percent were in stable community housing at discharge
- 99 percent were not committed or re-committed while in the program
- 87 percent of program graduates were in long-term supportive services in the community at discharge from Project CHILD

# In focus

## Making a place to find stability

Working with community partners, Hennepin County opened a new mental health crisis stabilization program at 1800 Chicago Ave. It is part of a larger effort to transform 1800 Chicago into an innovative behavioral health center that offers holistic care, including inpatient and outpatient services for people living with mental illness and/or substance use disorders. The model blends disciplines to meet immediate needs and address underlying issues. The model includes:

- Withdrawal management services
- Short-term residential mental health crisis stabilization services
- Human service supports including help getting food, housing and a job
- Triage and assessment
- Primary care services and interim case management to help people get help to stay out of detention, homeless shelters and hospitals

## Finding a more just path

Hennepin County's Criminal Justice Behavioral Health Initiative works with law enforcement, the jail, county attorney, public defender, public health, the bench, county mental health, county hospital, and community-based mental health providers to produce better outcomes for people through collaboration. 2018 accomplishments include:

### Supporting better interactions with law enforcement

- 500-plus Minneapolis Police Department officers and 100 detention officers learned de-escalation and intervention skills.
- Mental health professionals responded with police to almost 1,000 calls that included a mental health crisis.

### Providing intensive support for people with serious illness

- Adult Behavioral Health launched the Forensic Assertive Community Treatment Team (FACT) to support seriously ill residents with intensive probation supervision. It is part of a four-year national study.

### Reducing bookings at the jail

Social workers embedded in the county jail as part of the Integrated Access Team saw a 48% drop in bookings of program participants, compared to the six months prior, and a 26% decrease in emergency department visits.

## Hennepin County Board of Commissioners

- Mike Opat, District 1
- Irene Fernando, District 2
- Marion Greene, District 3
- Angela Conley, District 4
- Debbie Goettel, District 5
- Jan Callison, District 6
- Jeff Johnson, District 7

## Hennepin County

- David Hough, administrator
- Jennifer DeCubellis, Health and Human Services deputy county administrator

## Human Services

- Jodi Wentland, assistant county administrator
- Michael Herzing, director
- Leah Kaiser, senior department administrator, Adult Behavioral Health

