

**SHAPE  
2022**

Dadka Qaangaaray  
18 jir iyo ka weyn

**Wax ka dheh sida Hennepin  
u caafimaad qabo.**

### Fikrad naga sii sida ay Hennepin ku heli karto caafimaadqab!

Qoyskaaga ayaa si nasiib ama teelteel ah loogu soo doortay in aad uga qaybqaadataan daraasadeynta fayaqabka ee SHAPE 2022, oo ah mashruuc lagu caawinayo caafimaadka dadka deegaanka. Natiijoyinka daraasaddan waxay naga caawin doonaan inaan ku fahamno baahida caafimaadka ee bulshada ugu muhiimsan. Waxa ay si gaar ah nooga caawin doontaa marka aan hawsha ku shaqeyno in aan ku fahamno sida uu innagoo dhan noo saameeyey xanuunkii nagu faafay ee COVID-19. Adinka ayaa si nasiib ah ku noqday qoyska keliya ee xaafadda laga soo xushay, sidaas awgeed aad ayey muhiim noogu tahay in aad daraasaddan nooga soo jawaabtaan.

Daraasadda SHAPE 2022 waxaa dadka laga wareysan doonaa caafimaadka, cuntada, jimicsiga, xaafadda, iyo in ay haystaan daryeel caafimaad. Daraasadda waxa kale oo la isku weydiin doonaa sida uu dadka u saameeyey xanuunkii faafayey ee COVID-19. Daraasaddan qofna khasab kuma aha in uu nooga jawaabo (oo ma rabno magacyada dadka). Warbixinta dadka oo dhan, iyo jawaabaha waxa la isu geynayaa iyagoo ah boqollaal ay dadku nooga soo jawaabeen.

Waxay kugu qaadan kartaa ilaa 20-daqiiqo si aad uga jawaabto su'aalaha daraasadda oo dhan, fadlan raac tilmaamaha soo socda:

1. Ka codso qofka weyn (18 jir iyo ka weyn) ee ay taariikhdiisii dhalashadiisu soo dhowdahay in uu ka jawaabo su'aalaha daraasadda.
2. Ka soo jawaab su'aalaha waraaqda ku qoran oo noogu soo dir boostada bakhshadda diyaarsan ee aan kuu soo dirnay.

SHAPE 2022 waxaa dhaqaalaha ku taageeray Caafimaadka Dadweynaha ee Hennepin County. Wixii macluumaad dheeraad ah ka eego at [www.hennepin.us/SHAPE](http://www.hennepin.us/SHAPE).

Haddii aad su'aalo ka qabto daraasadda, soo garaac 612-543-3034 ama farrin noogu soo dir SHAPE@hennepin.us.

Waxaad ku mahadsan tahay wakhtigaaga iyo ka-qeybqaadashada mashruucan oo muhiim ah.

Qaddarin Badan,

Susan Palchick, PhD

Agaasimaha Caafimaadka Dadweynaha ee Degmada Hennepin

#### Tilmaamaha Daraasadda

Fadlan isticmaal qalin khaddiisu tahay buluug ama madow.

Calaamadinta saxa ah:

Calaamadinta aan saxa ahayn:

Haddii aad khalad sameyso, isku-tillaab ku samee jawaabta khaldan oo calaamadi jawaabta saxda ah:

# Qeybta A.

## Caafimaadka guud iyo xaaladaha caafimaadka

A1. Guud ahaan, ma oran lahayd caafimaadkaagu waa mid ah...?

- Heer-sare
- Aad u Fiican
- Fiican
- Dhexdhexaad
- Liita

A2. Miyaad weligaa ka maqashay dhakhtar, kalkaaliye, ama xirfadle kale oo caafimaad in aad qabto mid ka mid ah 4 waxyaabaha soo socda?

a. Dhiigkar, oo la yiraahdo cadaadiska dhiigga oo kacsan

- Haa
- Haa, mar aan xaamilo ahaa keliya
- Xadka ama qarka dhiigkarka
- Maya

b. Sokorow ama kaadi-macaan

- Haa
- Haa, mar aan xaamilo ahaa keliya
- Xadka ama qarka sokorowga
- Maya

c. Neef

- Haa
- Maya → U GUDUB SU'AASHA A3

ci. Weli ma qabtaa xanuunka neefta?

- Haa
- Maya

A3. Ka feker caafimaadkaaga dhimirka, sida walbahaar, murugada, dhibaato ah xagga dareenka, intee maalmood ayaad

30kii maalmood ee la soo dhaafay isku aragtay in UUSAN caafimaadkaaga dhimirku ficneyn?

Tirada maalmaha

A4. Miyaad ka xaddidan tahay inaad hawlqabato sababtoo ah dhibaatooyin jidh ahaaneed, mid maskax ahaaneed ama mid shucuur ahaaneed?

- Haa
- Maya

A5. Intii lagu jiray 2 toddobaad ee la soo dhaafay, immisa jeer ayaad dhib ku qabtay dhibaatooyinka soo socda?

a. Dareemid cabsi, walaac ama xasillooni la'aan

- Maya haba yaraatee
- Dhowr maalmood
- In ka badan kala bar maalin kasta
- Ku dhawaad maalin kasta

b. Ma awoodo inaan joojiyo ama xakameyso welwelka

- Maya haba yaraatee
- Dhowr maalmood
- In ka badan kala bar maalin kasta
- Ku dhawaad maalin kasta

c. Xiiso yar ama farxad la'aan waxaad qabaneyso

- Maya haba yaraatee
- Dhowr maalmood
- In ka badan kala bar maalin kasta
- Ku dhawaad maalin kasta

d. Dareemid hoosu-dhac, murugo ama rajo la'aan

- Maya haba yaraatee
- Dhowr maalmood
- In ka badan kala bar maalin kasta
- Ku dhawaad maalin kasta

A6. Qiyaasta dhererkaagu waa intee marka aadan kabo xirneyn?

Fiit     Inji

AMA

Sentimitir

A7. Miisaankaagu waa immisa markaadan kabo xirneyn?

*Haddii aad tahay haweeney uur leh, fadlan qor miisaankaagii hore ee ka hor intaadan uurka yeelan.*

Bawn

AMA

Kiilogaraam

## Qeybta B.

### Helitaanka daryeelka caafimaadka

**B1. Hadda ma haysataa mid ka mid ah noocyadan soo socda ee caymiska caafimaadka ama daboolka?**

(CALAAMADI INTII KU KHUSEYSA OO DHAN)

- ceymiska shaqada ama mid toos loo iibsado, kan lammaanahaaga ama qoyska
- Medicaid, MA, MinnesotaCare, ama ceymiska kale oo dowladeed
- Medicare \_\_\_\_\_
- Mid kale (sheeg):
- Ma haysto ceymis caafimaad (ceymis la'aan)

**B2. Muddo intee le'eg ayaa ka soo wareegtay markii kuugu dambeysey ee aad u tagtay dhakhtarka ilkaha ama kilinigga ilkaha sabab kasta oo jirtay?**

- Sannadkii la soo dhaafay gudahiisa
- 2dii sano ee la soo dhaafay gudahooda
- 5tii sano ee la soo dhaafay gudahooda
- 5 sano ama ka badan ka hor
- Marna

**B3. Ilaa iyo 12kii bilood ee la soo dhaafay, ma la kulantay dhakhtar, kalkaaliye caafimaad, ama xirfadle caafimaad oo kale caafimaadka awgiis?**

- Haa
- Maya

**B4. Markaad xanuunsato ama aad u baahan tahay daryeel caafimaad, halkee baad la xiriirtaa badanaa (Calaamadi 1 keliya)**

- Dhakhtar ama xarun caafimaad (sida taleefan ama fogaan-arag)
- Imarjansada isbitaalka
- Kilinig furan wakhtiyada aan la shaqeyn
- Kilinig ku dhex yaalla farmashiye
- Meelna lama xiriiro

**B5. Ilaa iyo 12kii bilood ee la soo dhaafay, marna ma u baahatay in aad hesho dhakhtar iyo daryeel caafimaad**

- Haa
- Maya → U GUDUB SU'AASHA B8

**B6. Ma dib dhigatay ama ma heli weyday daryeel aad rabtay oo aad u baahneyd?**

- Haa
- Maya → U GUDUB SU'AASHA B8

**B7. Ma waxaa kuugu wacnaa kharash ama ceymis in aadan haysan awgeed?**

- Haa
- Maya

**B8. Ilaa iyo 12kii bilood ee ugu dambeeyey, miyey kugu dhacday mar aad rabtay in aad la hadasho ama aad caawimaad ka hesho xirfadle caafimaad sabab ah walbahaar, murugo, dhibaato dareen ah, walaac xad dhaaf ah, ama fikrado dhib badan?**

*Xirfadlaha caafimaadka waxaa loo jeedaa dhakhtar daaweynta guud, dhakhtarka dhimirka, xirfadlaha cilminafsiya, dabiibe, ama la-taliye.*

- Haa
- Maya → U GUDUB SU'AASHA B11

**B9. Ma dib dhigatay ama ma heli weyday daryeel aad rabtay oo aad u baahneyd?**

- Haa
- Maya → U GUDUB SU'AASHA B11

**B10. Maxaad u dib dhigatay ama u heli weyday daryeel aad rabtay oo aad u baahneyd? (Calaamadi ilaa 3 jawaabood)**

- Ma garanayo meel la aado ama sida loo helo caawimaad
- Ma heli karin dhakhtar ama ballan
- Ma heli karin dhakhtar ku hadla afkeyga hooyo oo fahmaya dhaqankeyga
- ama dadka shaqada jooga waxay sameyn lahaayeen ama u maleyn lahaayeen
- Ma haysan ceymis oo kharashka ayaa aad u badnaa
- Waxaan ku mashquulay shaqo, qoys, ama waajibaad kale
- Wax kale, sheeg \_\_\_\_\_

**B11. Ilaa iyo 12kii bilood ee la dhaafay, ma iska hilmaantay daawadaada, qeyb ma ka qaadatay, amama iska dhaaftay daawo farmashiye kharash awgiis?**

- Haa
- Maya
- Wax daawo ah la iima qorin

**B12. Miyaad hadda heesata mid ka mid ah ceymiska caafimaadka ama waxay bixiyaan? (CALAAMADI INTII KU KHUSEYSA OO DHAN)**

- Ma heesti ama kambuyuutarka/xalleefka ah aa gaabis leh
- Ma heesti ama Internetka baa daciif iga ah
- Ma garanayo sida loo isticmaalo
- Dhakhtarkeygu ma isticmaalo
- Wax kale, sheeg \_\_\_\_\_
- Waxba

## Section C.

### Nolol iyo hab-nololeed caafimaad qaba

C1. Khudaarta la cuno – marka laga reebo baradhada shiilan – waxaa ka mid ah hal koob ama sacab ah cagaarka dadku cuno ama khudaar. Immisa jeer oo khudaar ahayaad cuntay shalay?

Tirada inta jeer

C2. Miraha la cuno waa noocyo badan oo kala duwan oo ku jira weel ama diyaarsan, la soo jarjaray, ama qasacadeysan. Immisa jeer ayaad miro kala duwan cuntay shalay? Ha ku darin miraha cabitaanka ah.

Tirada inta jeer

C3. Sidee bay kuugu fududdahay ama adag tahay in aad hesho...

a. Miro iyo khudaar aad ka iibsato deegaankaaga?

- Aad bay u fududeyd
- Xoogaa ayey fududeyd
- Xoogaa ayey adkeyd
- Aad bay adkeyd

b. Cunto in aad deegaankaaga ka iibsato adigoo awoodi kara?

- Aad bay u fududeyd
- Xoogaa ayey fududeyd
- Xoogaa ayey adkeyd
- Aad bay adkeyd

C4. Ilaa iyo 30kii maalmood ee la dhaafay, oo aan ahayn shaqadaada caadiga ah, ma ka qeyb qaadatay wax ah dhaqdhaqaaqid ama jimicsi sida lugeynta, orodka, shaqada beerta guriga, ciyaaro, ama noocyo kale oo ah jimicsi?

- Haa
- Maya

C5. Markaad eegto celceliska hal toddobaad, wax aan ka ahayn shaqadaada caadiga ah, immisa maalmood ayaad sameysay dhaqdhaqaaq ama wax jimicsi ah ugu yaraan 30 daqiiqo maalin kasta?

Tirada maalmaha

C6. Markaad eegto celceliska hal toddobaad, immisa maalmood ayaad lugeysaa/baaskiil wadataa si aad ugu isticmaasho gaadiid ahaan meelaha ay ka mid yihiin shaqada, dukaamada, ama si aad hawlo kale ugu soo qabsato?

Tirada maalmaha

Su'aalaha C7 ilaa C9, u tixgeli cabbitaanka aalkolada ama khamradu in loola jeedo hal qasacad ama dhalo ama cabitaan lagu sakhraamo, koob khamri kale ah ama khamri qabow, khamriga hal mar la cabbo, ama khamri isku dhafan.

C7. Ilaa iyo 30kii maalmood ee la soo dhaafay, immisa maalmood ayaad cabtay ugu yaraan hal mar oo khamri ah?

Tirada maalmaha

C8. Ilaa iyo 30kii maalmood ee la soo dhaafay, immisa maalmood khamri cabtay, oo ilaa iyo immisa jeer ayaad cabtay celcelis ahaan?

Tirada cabitaanka

C9. Adigoo la tixgelinaya dhammaan noocyada khamriga, Ilaa iyo 30kii maalmood ee la soo dhaafay immisa maalmood...

a. Khamri ah 4 jeer ama in ka badan hal mar?

Tirada inta jeer

b. Khamri ah 5 jeer ama in ka badan hal mar?

Tirada inta jeer

C10. Ilaa iyo 12 bilood ee la soo dhaafay, ma la kulantay mid ka mid ah waxyaabaha soo socda oo dhibaato idin ku ahaa adiga ama goyskaaga? (calaamadi intii ku khuseysa oo dhan)

- Aalkolo
- Mariwaana
- Daroogo (daawooyinka xanuunka, herowiin, ama fentanool)
- Daawooyinka kale, sheeg \_\_\_\_\_
- Khamaarid
- Midkoodna → U GUDUB SU'AASHA C12

C11. Ilaa iyo 12kii bilood ee la soo dhaafay, inta jeer ayey khamri, mariwaana, daroogada xanuunka, daroogo kale, ama khamaar dhib idinku ahaayeen adiga iyo goyska?

- Badanaa
- Marmar
- Mar-dhifa
- Marna

## Qeybta D. Sidaad dareemeyso

- C12. Miyaad cabtay ugu yaraan 100 sigaar ah ilaa noloshaada oo dhan? 100 sigaar = 5 baakadood
- Haa  
 Maya → U GUDUB SU'AASHA C15
- C13. Miyaad hadda cabtaa sigaar maalin kasta, maalmaha qaar, ama marnaba?
- Maalin kasta  
 Maalmaha qaar  
 Maya haba yaraatee → U GUDUB SU'AASHA C15
- C14. Miyuu caadi ahaan sigaarkaad cabto yahay menthol ama mid aan ahayn menthol?
- Menthol  
 Mid aan ahayn menthol  
 Ma cabbo nooc gaar ah  
 Sigaar ma cabbo
- C15. Miyuu jiraa qof, adigoo ku daraya naftaada, si joogta ah sigaar ugu cabba guriga gudhiisa?
- Haa  
 Maya
- C16. Hadda ma isticmaashaa sigaarka buufiska ama aan qiiqiisu urin?
- Maalin kasta  
 Maalmaha qaar  
 Waagii hore, laakiin hadda maya  
 Marna
- C17. Ilaa iyo 30kii maalmood ee la soo dhaafay, miyaad isticmaashay mariwaana ama wax ay ku jirto THC qaab kasta oo ay tahay? (CALAAMADI INTII KU KHUSEYSA OO DHAN)
- Haa, waxaa ii qoray dhakhtar ama daawaqore kale  
 Haa, sababo kale ayaan u isticmaalay  
 Maya, ma isticmaalin mariwaana ama wax ay ku jirto THC

Su'aasha D1 ilaa D6 waa sidii aad dareemeysey ilaa iyo 30kii maalmood ee la soo dhaafay.

- D1. Qiyaastii intee jeer ayaad dareentay murugo aad gaartay in aysan waxba kaa farxin karaa?
- Marna iskuma arkin  
 Xoogaa yar wakhti ah  
 Mararka qaarkood  
 Marar badan  
 Had iyo jeer
- D2. Qiyaastii intee jeer ayaad dareentay khalkhalid?
- Marna iskuma arkin  
 Xoogaa yar wakhti ah  
 Mararka qaarkood  
 Marar badan  
 Had iyo jeer
- D3. Qiyaastii intee jeer ayaad dareentay khalkhalid ma salfudeyd ah in aadan si caadi ah u joogi karin?
- Marna iskuma arkin  
 Xoogaa yar wakhti ah  
 Mararka qaarkood  
 Marar badan  
 Had iyo jeer
- D4. Qiyaastii intee jeer ayaad dareentay rajo la'aan?
- Marna iskuma arkin  
 Xoogaa yar wakhti ah  
 Mararka qaarkood  
 Marar badan  
 Had iyo jeer
- D5. Qiyaastii intee jeer ayaad dareentay in wax kasta ay dedaal ku xiran yihiin?
- Marna iskuma arkin  
 Xoogaa yar wakhti ah  
 Mararka qaarkood  
 Marar badan  
 Had iyo jeer
- D6. Qiyaastii intee jeer ayaad dareentay inaadan qiimo lahayn?
- Marna iskuma arkin  
 Xoogaa yar wakhti ah  
 Mararka qaarkood  
 Marar badan  
 Had iyo jeer

## Qeybta E.

### Wax ku saabsan bulshadaada

**D7. Intee jeer ayaad heleysay dareenka bulshada iyo dareen ah taageerada aad u baahan tahay?**

*Fadlan ku dar taageerada meel kasta, sida qoyska, asxaabta, deriska iyo/ama dadka kula shaqeeya.*

- Mar kasta
- Badanaa
- Marmar
- Mar-dhifa
- Marna

**D8. Intee jeer ayaad dareentaa keli ahaan ama in aysan dad kula joogin?**

- Mar kasta
- Badanaa
- Marmar
- Mar-dhifa
- Marna

**E1. Guud ahaan, saameyn intee le'eg ayay kula tahay adiga in aad bulshadaada ka dhigto mid leh ammaan iyo meel wanaagsan oo lagu noolaado?**

- Saameyn weyn
- Saameyn dhexdhexaad ah
- Saameyn yar
- Maya wax saameyn ah
- Ma garanayo

**E2. Sidee baad u raacsan tahay ama sidee baadan u raacsaneyn waxyaabaha soo socda?**

**a. Bulshadan waa mid wanaagsan oo lagu korsan karo carruur.**

- Aad baan u raacsanay
- Xoogaa ayaan raacsanahay
- Xoogaa ma raacsani
- Aad baan uga soo horjeedaa

**b. Dadka xaafadda deggan waxa ay haystaan jardiinooyin badqabid leh ama jidadka baaskiilka ama lugeynta.**

- Aad baan u raacsanay
- Xoogaa ayaan raacsanahay
- Xoogaa ma raacsani
- Aad baan uga soo horjeedaa

**E3. Guud ahaan, sidee baad uga badqabtaan dambiyada ma oran lahayd xaafaddaada waxa ay tahay?**

- Badqabid aad u badan
- Xoogaa badqabid ah
- Xoogaa badqabid la'aan
- Maya haba yaraatee

**E4. Adiga ama qof guriga kugula nool ma la kulmay tacaddi ama wax rabsho ah?**

*Waxaa ka mid ah khatar kasta oo ah hub, weerar, ama tacaddiga qoyska gudihiisa.*

- Haa, sannadkii hore gudihiisa
- Haa, in ka badan hal sano ka hor
- Maya

**E5. Ilaa iyo 12kii bilood ee la soo dhaafay, miyaad adiga ama qof guriga ku nool la siiyey ceymiska Medical Assistance (MA), taageerada cuntada (sida, kaarka cuntada, SNAP), WIC, ama kaalmo lacageed sida MFIP ama Caawimaadda Guud (GA)?**

- Haa
- Maya
- Ma garanayo

E6. Ilaa iyo 12kii bilood ee la soo dhaafay, ma la kulantay welwel ah in ay cuntadu qoyskaaga ka dhammaaneyso ka hor inteydnaan helin lacag aad cunto ku soo iibsataan?

- Badanaa
- Marmar
- Mar-dhifa
- Marna

E7. Ilaa iyo 12-kii bilood ee la soo dhaafay, immisa jeer ayey cuntadu qoyskaaga ka dhammaan lahayd adiga oo aan haysan lacag aad cunto ku soo iibsataan?

- Badanaa
- Marmar
- Mar-dhifa
- Marna

E8. Ilaa iyo 12-kii bilood ee la soo dhaafay, miyaad adiga ama qoyskaagu bixin weydeen ama la daahdeen kirada ama rahmaadda ama amaahda guryaha sababta oo ah adinka oo aan haysan lacag idinku filan?{6}

- Haa
- Maya

E9. Ilaa iyo 12 bilood ee la soo dhaafay, intee jeer ayaad soo joogteenguryo dad kale, guri meelgaar ah, oo aad seexateen guryahaas, ama meel aan loogu talagalay in meel lagu seexdo ama lagu noolaado adinkoo waayey meel aad joogtaan?

- Marna
- Halmar
- Laba-jeer
- Saddex jeer ama ka badan

E10. Ilaa iyo 12kii bilood ee la soo dhaafay, inta jeer ayaad weydeen gaadiid aad ku gaarteen meelo aad rabtaan in aad aadaan, sida shaqooyinka, ballamaha caafimaadka, ama in aad wax iibsataan?

- Badanaa
- Marmar
- Mar-dhifa
- Marna

E11. Immisa jeer ayey idinku dhacday xaalad ahayd in la idiin aqbali waayey isir aad ka soo jeeddaan awgiis, qowmiyad, diin, ama sharciga dalka lagu joogo?

- Ugu yaraan toddobaadkii hal mar
- Hal ama laba mar bishii
- Dhowr jeer sannadkii
- Sannadkii hal mar ama in ka yar
- Marna

E12. Immisa jeer ayey idinku dhacday xaalad ahayd in la idiin aqbali waayey sababtoo ah dookha ama aqoonsiga jinsiga awgood?

- Ugu yaraan toddobaadkii hal mar
- Hal ama laba mar bishii
- Dhowr jeer sannadkii
- Sannadkii hal mar ama in ka yar
- Marna

E13. Ilaa iyo 12kii bilood ee la soo dhaafay, ma la kulantay mid kasta oo ka mid ah waxyaabaha soo socda? Hadday haa tahay, ma dareentay in adiga laguula dhaqmay si aan ahayn caddaalad ama takoorid? (CALAAMADI INTII KU KHUSEYSA OO DHAN)

Adigu miyaad...

Codsatay shaqo ama ma shaqaysay? Ma dareentay in laguula dhaqmay si aan ahayn caddaalad ama takoorid?

- Haa
- Maya

Ma u baahatay daryeel ah caafimaadka, dhimirka, ama ilkaha?

Ma dareentay in laguula dhaqmay si aan ahayn caddaalad ama takoorid?

- Haa
- Maya

Ma u baahatay in aad kireysato ama iibsato guri aad ku noolaato?

Ma dareentay in laguula dhaqmay si aan ahayn caddaalad ama takoorid?

- Haa
- Maya

Ma codsatay adeegyada bulshada ama kaalmo dowladeed?

Ma dareentay in laguula dhaqmay si aan ahayn caddaalad ama takoorid?

- Haa
- Maya

Booliiska ma la macaamishay?

Ma dareentay in laguula dhaqmay si aan ahayn caddaalad ama takoorid?

- Haa
- Maya



## Qeybta F. COVID-19 Pandemic

### F1. Faaftaankii COVID-19 waxa uu bulshada ku saameeyey siyaabo badan oo kala duwan. Calaamadi siyaabaha uu noloshaada sida xun ugu saameeyey faaftaankii COVID-19. (CALAAMADI INTII KU KHUSEYSA OO DHAN)

- Caafimaadka jirka
- Caafimaadka dhimirka
- Xiriirkii qoyska iyo/ama asxaabta
- Dhimasho ah qoyska iyo/ama asxaabta
- Guriyeyn
- Shaqada iyo/ama dakhliga
- Helitaanka waxbarasho tayo leh
- Wax kale, sheeg \_\_\_\_\_
- Nolosheyda xanuunkaasi si xun uma saameyn

### F2. Calaamadi siyaabaha uu carruurta (0 ilaa 17 jir) ee gurigaaga sida xun ugu saameeyey faaftaankii COVID-19. (CALAAMADI INTII KU KHUSEYSA OO DHAN)

- Caafimaadka jirka
- Caafimaadka dhimirka
- Xiriirkii qoyska iyo/ama asxaabta
- Helitaanka xannaano carruureed oo tayo leh
- Helitaanka waxbarasho tayo leh
- Wax kale, sheeg \_\_\_\_\_
- Nolosha ilmahayga xanuunku kuma yeelan saameyn
- Nooma joogaan carruur da'doodu u dhaxayso 0 ilaa 17 jir guriga qoyska

### F3. Weligaa ma lagaa helay COVID-19?

- Haa, laakiin isbitaal LA IIMA dhigin
- Haa oo waxaa LA II dhigay Isbitaal
- Maya → TAG SU'AASHA

### F4. Ma isku aragtay calaamado gaaray afar toddobaad ama ka badan oo uu kugu keenay COVID-19?

- Haa
- Maya

## Qeybta G. Wax adiga kugu saabsan

Su'aalaha soo socda waxay ku saabsan yihiin adiga iyo qoyskaaga. Macluumaadka waxaa lagu hubinayaa in ay daraasaddan ku wada jiraan dadka ku nool Degmada Hennepin oo dhan. Xusuusnow, jawaabahaagu waa wax qarsoodi ah.

### G1. Ma waxaad tahay...?

- Lab
- Dheddig
- Jinsi saddexaad
- Wax kale, fadlan sheeg \_\_\_\_\_

### G2. Miyaad tahay qof ku jira beddelashada jinsiga?

- Haa
- Maya

### G3. Ma waxaad tahay ...?

(CALAAMADI INTII KU KHUSEYSA OO DHAN)

- Qof xiiseeya lammaane jinsi ka duwan
- Khaniisad ama khaniis
- Laba-gashaan ama gashaan-furan
- Jinsi-laawe
- Su'aalid
- Wax kale, fadlan sheeg \_\_\_\_\_

### G4. Immisa jir ayaad tahay?

Jir

### G5. Hadda ma waxaad tahay ...?

- Xaas ama qof gashaan la nool qof ku jira xiriir guur oo kale ah
- Lammaane caro ku maqan, ku jira furriin, ama laga dhintay
- Weligay ma guursan

### G6. Ma ku hadashaa luuqad kale oo aan ahayn afka Ingiriiska? inta badan guriga markaan joogo?

- Haa
- Maya

### G7. ADIGOO KU DARAYA NAFTAADA, immisa qof oo waaweyn iyo immisa carruur ayaa ku nool gurigaaga?

- Tirada dadka waaweyn ee da'doodu tahay 18 ama ka weyn OO AAD NAFTAADA KU JIRTO
- Tirada carruurta da'doodu u dhaxeeyso 0-5
- Tirada carruurta da'doodu u dhaxeeyso 6-11
- Tirada carruurta ay da'doodu u dhaxeeyso 12-17

**G8. Qowmiyaddee baad ka soo jeeddaa naftaada?  
(CALAAMADI INTII KU KHUSEYSA OO DHAN)**

- Xisbaanig ama Laatiin
- Caddaan
- Madow ama Madowga Mareykanka
- If Black or African American, are you ...?**
  - Madowga Mareykanka
  - Soomaali, Oromo, Itoobiyaan, ama ma ka soo jeeddaa dal kale ka mid ah Afrikada Bariga
  - Laaybeeriya, Naayjeeriya, ama dal kale ka mid ah ama Dal kale oo ka mid Afrikada Galbeed
  - Dal kale (sheeg) \_\_\_\_\_
- Aasiyaan ama Asiyaanka Mareykanka
- Haddii aad tahay Aasiyaan ama Asiyaanka Mareykanka, ma waxaad tahay...?**
  - Moong, Kaamboodiyaan, Laawooshiyaan, Taaylaandiis, Fiyetnaameys, ama Barmiis
  - Dal kale (sheeg): \_\_\_\_\_
- Hindida Mareykanka ama Dhaladka Alaska
- Dhaladka Haawaay ama Jasiiradaha kale ee Baasifigga
- Dal kale (sheeg): \_\_\_\_\_

**G9. Ma waxaad ku dhalatay Mareykanka?**

- Haa
- Maya

**G10. Miyuu mid ka mid ah labadaa waalid ku dhashay dal kale?**

- Haa
- Maya

**G11. Waa intee heerka aad waxbarashada ka gaartay ama aad soo dhammeysatay?**

- Wax ka hooseya dugsiga sare
- Dugsiga sare ama GED
- Xoogaa kulleej ah, kulleej laba sano, ama sanco/farsamo/ganacsi
- Kulleej afar sano ama wax ka sarreey

**G12. Fadlan noo sheeg dakhligii qoyskaaga ee 2021 all wadarta dakhliga dadkoo dhan iyo dakhli kasta canshuurta ka hor. Xusuusnow jawaabahaagu waa wax qarsoodi ah.**

- |   |   |
|---|---|
| <input type="radio"/> Dakhli La'aan ama wax ka yar \$13,000 | <input type="radio"/> \$44,001 - \$53,000 |
| <input type="radio"/> \$13,001 - \$17,000                   | <input type="radio"/> \$53,001 - \$62,000 |
| <input type="radio"/> \$17,001 - \$26,000                   | <input type="radio"/> \$62,001 - \$71,000 |
| <input type="radio"/> \$26,001 - \$35,000                   | <input type="radio"/> \$71,001 - \$80,000 |
| <input type="radio"/> \$35,001 - \$44,000                   | <input type="radio"/> \$80,001 or more    |

Fadlan bixi ciwaankaaga. Ciwaankaaga waxaa kaliya oo isticmaali doona Kooxda Xog ururinta ee Degmada Hennepin (Hennepin County Survey Team) si loo tilmaamo cida ka soo jawaabtay xog ururintan. Mar labaad xasuusnow, waad diidi kartaa in aad ka jawaabto su'aashii aad rabto, mana saameyn doonto adeegyada aad ka hesho Degmada Hennepin (Hennepin County). Dhamaan akhbaarta aad bixisaa waa qarsoodi. Kaliya shaqaalaha xog ururinta ee Waaxda Caafimaadka ee Degmada Hennepin (Hennepin County Public Health) ayaa arki karta akhbaarta aad bixiso. Akhbaar kale ee dheeraad ah ayaa laga heli kartaa shabakada [www.Hennepin.us/SHAPE](http://www.Hennepin.us/SHAPE). Hadii aad qabto wax su'aalo ah ee ku saabsan xog ururintaan, soo wac khadka 612-543-3034 ama e-mail u dir [shape@hennepin.us](mailto:shape@hennepin.us).

**Waa maxay ciwaankaagu?**

Wadada (Tusaale ahaan: 123 Elm Street) \_\_\_\_\_

Aqalka/qolka # \_\_\_\_\_

Magaaladda \_\_\_\_\_ Lambarka Boostada

**Wax faallo ah ma ku darsaneysaa daraasaddan?  
Fadlan meesha hoose ee bannaan nagula wadaag wixii fikrad ah.**

**Mahadsanid!**



<<Barcode>>

