

CRISIS LINES

HUMAN TRAFFICKING

National Runaway Safeline

1-800-RUNAWAY

**National Human Trafficking
Hotline**

1-888-373-7888 or text 233733

Safe Harbor Navigator: West Metro

612-232-5428

Safe Harbor Navigator: East Metro

612-813-5030

LGBTQ+

LGBTQ National Hotline

1-800-273-8255

Trans Lifeline

877-565-8860

**Trevor Project: 24/7 Help for LGBTQ
Youth**

866-488-7386

Gay & Lesbian National Hotline

1-888-843-4564

**OutFront MN: 24 Hr Crisis Line
for LGBTQ Community**

800-800-0350

DOMESTIC/SEXUAL ABUSE

National Domestic Violence Hotline

1-800-799-7233 or text LOVEIS to 1-
866-331-9474

**National Domestic Violence Hotline
(Spanish)**

1-800-942-6908

**Casa de Esperanza: 24 Hr Bilingual
Helpline**

651-772-1611

**RAINN: Rape Abuse + Incest National
Network**

800-656-4673

National Sexual Assault Hotline

1-800-656-4673

SUICIDE PREVENTION

**National Suicide Prevention
Lifeline**

1-800-273-8255

CRISIS Text Line

Text MN to 741741 to be
connected to a counselor.

**Metro Area Mental Health Crisis
Services**

612-348-2233