

The Basics: Hand Hygiene in the Long-Term Care Setting

Facilitator guide

Overview

This training is intended to provide basic hand hygiene education for long-term care frontline staff in an interactive format including demonstrations, activities, and discussion. Consider using for new employee orientation, annual in-service training, or in response to newly identified concerns in hand hygiene practices. It is designed to be easily accessible and facilitated by the facility's infection prevention leader(s). The facilitator may choose to play the recording or present the material themselves. The learning objectives for this training are as follows:

Upon completion of this training, participants should be able to:

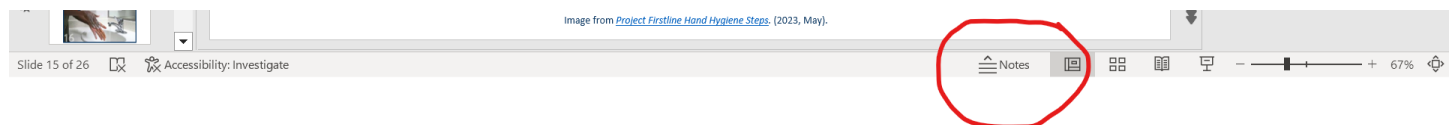
1. Identify the important moments for hand hygiene in the long-term care setting.
2. Differentiate when alcohol-based hand sanitizer is preferred and when soap and water is preferred for hand hygiene.
3. Demonstrate proper hand hygiene technique.
4. Identify strategies to promote a positive hand hygiene culture.

Materials needed

1. Download the PowerPoint slide deck: [The Basics: Hand Hygiene in the Long-Term Care Setting](#)
2. Platform to present slide deck with visual and audio (e.g., computer, laptop, speakers and/or projector)
3. Gloves (enough for training participants)
4. Fluorescent germ indicator gel or lotion
 - ★ Attention Hennepin County Facilities: Limited quantities of fluorescent germ indicator gel are available for Hennepin County long-term care facilities. Please email LTC.InfectionPrevention@hennepin.us to inquire about supply availability.

Slide notes

The slide notes contain talking points for the speaker and instructions on how to facilitate activities and discussions. To view the slide notes, click "Notes" which can be found on the bottom mid-right-hand side of the window.



Evaluation

You may choose to have the participants complete a post training evaluation or quiz to test their knowledge. Consider keeping documentation of the employee's participation and evaluation in the employee's file. [Access the evaluation and answer key.](#)

Post training feedback

The Long-Term Care Infection Prevention Coalition of Hennepin County strives to provide access and to develop resources that long-term care facility leadership can use to expand facilities' capacity to establish & maintain robust infection prevention & control programs. We can do this best by hearing from you!

We invite your staff to take an extremely short survey to rate this training and provide additional feedback if they wish from the eyes of the attendee. We also invite you to take the survey and provide any feedback from the facilitator's point of view.

You can access the survey via the QR code or link to the right. The QR code and link can also be found on slide 29 of the slide deck.



https://hennepinco.az1.qualtrics.com/jfe/form/SV_b26WOMtu2KNhV0G

Proof of attendance

Some licensed employees may benefit from a proof of attendance certificate. It is the responsibility of the attendee for determining whether this training meets the requirements for acceptable continuing education. After submitting the post training feedback survey, attendees will receive a proof of attendance certificate.

Additional hand hygiene resources

1. LTC IP Coalition of Hennepin County [Important Moments for Hand Hygiene in the LTC Setting Poster](#)
2. LTC IP Coalition of Hennepin County [Approach and Coach Punch Cards](#)
3. MDH [Project Firstline Training and Resources](#)
4. MDH [Hand Hygiene Homepage](#)
5. MDH [Hand Hygiene Observation Tool](#)
6. MDH [Hand Hygiene Audit Tracking Workbook](#)
7. UNC SPICE [Hand Hygiene/Transmission-Based Precautions Observation Tool](#)
8. CDC Nursing Home Infection Prevention Training Course – [Module 7: Hand Hygiene](#)
9. MDH videos: [How to Wash Your Hands and Cleaning Hands with Hand Sanitizer](#)
10. SPICE [Hand Hygiene Competency Validation](#)
11. APIC Implementation Guide: [Guide to Hand Hygiene Programs for Infection Prevention](#)
12. CDC [Guideline for Hand Hygiene in Health-Care Settings](#)
13. CDC Clinical Safety: Hand Hygiene for Healthcare Workers – [Maintain fingernail length and jewelry safety](#)

For questions or consultation:

Hennepin County Public Health
Long-Term Care Infection Prevention
LTC.InfectionPrevention@hennepin.us