

 Hennepin Hennepin County	Department of Community Corrections & Rehabilitation Juvenile Detention Center Division <i>Policies and Procedures</i>	Number: 07-18 Effective: April 2015 Revision: July 21, 2016 Review: July 2017	No. of Pages: 2
	Chapter 06: Resident Rights	Subject: Resident Wellness	

PURPOSE To ensure the Juvenile Detention Center (JDC) promotes and protects residents’ health, well-being, and ability to learn by supporting healthy eating and physical activity.

AUTHORITY County Administration

APPLICABILITY All Staff, Volunteers, Interns

REFERENCES [Child Nutrition Act: 42 U.S.C. 1751](#)
[MN Rule 2960.0080 subp. 12](#)
[MN State Department of Education](#)

POLICY JDC will provide quality food services to the residents with access to a variety of nutritious foods that meet the health and nutrition requirements. JDC will accommodate the religious, ethnic, and cultural diversity of the residents in a clean and safe environment at appropriate scheduled times.

PROCEDURES

- Staff**
- A.** JDC staff will recognize that nutrition and physical education are essential components of the educational process and good health supports residents by:
 1. Promoting residents’ health, well-being, and ability to learn by supporting healthy eating and physical activity habits.
 2. Encouraging the involvement of residents, teachers, food service staff, and other interested persons in implementing, monitoring, and reviewing its nutrition and physical activity programs, policies, and practices.
 3. Providing access to healthy foods in order to grow, learn, thrive, and maintain healthy lifestyles.

- 4. Planning and implementing programs and activities that promote health and wellness to maintain a healthy lifestyle.
- 5. Providing residents opportunity, support, and encouragement to be physically active on a regular basis.
- 6. Providing resident meals and beverages that will meet United States Department of Agriculture (USDA) Dietary Guidelines where appropriate.

Superintendent **B.** Designate appropriate staff to ensure the implementation and compliance with JDC Resident Wellness Policy.

Approval:



August 1, 2016

Craig Riggs, Division Manager
Juvenile Detention Center

Date



August 1, 2016

Karen Kuglar, Area Director
Department of Community Corrections and Rehabilitation

Date