

Foster Care Training Calendar

This document includes registration information for all in-person and pre-recorded trainings. For details about training requirements that apply to you, go to the "Training" section of the foster parent website at www.hennepin.us/fosterparents. For questions, contact fostercare@hennepin.us.

In-person Trainings

All trainings listed in this section are conducted on Microsoft Teams or Zoom unless stated otherwise, and count towards your annual 5 hours "in-person" requirement. To register, email fostercare@hennepin.us and write "In-Person Training" in the subject line and include with your request:

1. Name of everyone attending the training and Licensing Worker, and the name of the training(s).
2. Please request all partner agency registration info no later than two days before their training.

Understanding Early Episode Psychosis for Families/NAMI

- Tuesday, November 12, 2024, 7:00pm – 9:00pm

Cultural Humility When Walking Alongside Indigenous Peoples/FAM

- Wednesday, November 13, 2024, 9:00am - 10:30am

Behavior with a Purpose/FAM

- Wednesday, November 13, 2024, 10:45am-12:15pm

Healing Together: Navigating Trauma for Foster Children and Caregivers/FAM

- Wednesday, November 13, 2024, 12:30pm-2:00pm

Inside Transracial Families/FAM

- Wednesday, November 13, 2024, 2:15pm-3:45pm

Grief and Loss: Foster Children and Foster Families

- Thursday November 14, 2024, 6pm-8pm

Girls on the Brink: Raising Emotionally Healthy Girls/FAM

- Tuesday, November 19, 2024, 9:00am - 10:30am

Attachment and Recovery/FAM

- Tuesday, November 19, 2024, 10:45am-12:15pm

Ambiguity, Loss, & Grief: Supporting Children, Teens, & Young Adults in Foster Care/FAM

- Tuesday, November 19, 2024, 12:30pm-2:00pm

Empowered Healing: A Strengths-Based Approach to Trauma and Well-Being//FAM

- Tuesday, November 19, 2024, 2:15pm-3:45pm

Understanding the Children's Mental Health System/NAMI

- Tuesday, November 19, 2024, 6:30 – 8:00 pm

Crisis Planning/NAMI

- Wednesday, November 20, 2024, 5:00pm – 6:00 pm

Question, Persuade, Refer (QPR) – Steps to Prevent Suicide/NAMI

- Tuesday, November 26, 2024, 12:00pm – 1:30 pm

Enhancing Your Skills as a Foster Parent: Session Three/FAM [must have completed session 2](#)

- Tuesday, December 3, 2024, 1:00pm - 2:30pm

Mental Health Crisis Planning for Families/NAMI

- Tuesday, December 3, 2024, 6:30pm – 8:00pm

Stop the Yelling: How to Communicate with your Foster Child

- Thursday December 12, 2024, 6pm-8pm

Child Protection & Foster Care Court System w/Hennepin County Attorney

- December 19, 2024, from 6pm-8pm

Children and Restraint Systems (C.A.R.S)

This training is required for foster parents and Substitute Caregivers who will transport children under the age of 8 years. To register email fostercare@hennepin.us and provide the name of your foster care licensing worker. Your licenser needs to request registration for a Substitute Caregiver. Children are not allowed at the training. The training is held at the Northwest Suburban Family Service Center, Brooklyn Center, MN

Tuesday evening, 5:30 p.m. – 8:30 p.m.

- November 12
- December 10

Saturday morning, 9 a.m. – 12 p.m.

- December 7
- December 21

Pre-recorded Trainings

Up to 7 training hours from the below list and/or Foster Parent College can be counted towards your annual training requirement. To register, email fostercare@hennepin.us and write "Prerecorded Training" in the subject line and include with your request the name of the training(s).

Children's Mental Health

- Introduction to Children's Mental Health (2hrs)
- Autism Spectrum African American community (30 min)
- Autism Spectrum Native American community (30 min)
- Autism Spectrum Hmong community (30 min)
- Autism Spectrum Latino community (30 min)
- Autism Spectrum Somali community (30 min)
- Children's Mental Health: ADHD (1.5hrs)
- Children's Mental Health: Anxiety (1.5hrs)
- Children's Mental Health: Depression (1.5hrs)
- Children's Mental Health: OCD (1.5hrs)

Fetal Alcohol Spectrum Disorder (FASD)

- Fetal Alcohol Spectrum Disorder (1hr)
- FASD, ADHD or both (1.5hrs)
- Implications of FASD for the Adoptive Family (1hr)
- Resources for Families Living with FASD: What is Out There (1hr)

Other

- Age Appropriate and Inappropriate Sexualized Behaviors (2.5hrs)
- Best Practices in Serving LGBTQ+ Parents (1.5hrs)
- Beyond Time In: Coaching Parents in Trauma Sensitive Discipline (1.5hrs)
- Building Self-esteem in Children (1hr)
- Child Defiance - Overcoming Opposition, Resistance and Backtalk (3.5hrs)
- Child Discipline Without Punishments or Bribes (1.5hrs)
- Developmental Impact of Trauma (2 hrs.)
- Discipline in Foster Care: Managing our Behaviors to Manage Theirs (2hrs)
- Foster Parent Guide (3hrs)
- Grief and Loss in Foster Care (1.5hrs)
- Healing through Tantrums and Tears (2hrs)
- Helping Kids with Difficult Behaviors (30min)
- Introduction to LGBTQ+ Inclusion (1.5hrs)
- Kids Hair Fundamentals (1hr)

- Mandated Reporter Training (1hr)
- MAPCY: Foster Care Supplemental Rate (2hrs)
- Nuts and Bolts: Foster Care the Hennepin Way (1hr)
- Overcoming Anger, Aggression and Violence in Kids (2hrs)
- Picky Eaters, Sugar Addicts and Dinner Table Power Struggles (2hrs)
- Prudent Parenting (1.5hr)
- SUID/AHT- Sudden Unexpected Infant Death and Abusive Head Trauma (1.5hr)
- Toileting Problems: Enuresis & Encopresis (1.5hrs)
- Trauma Sensitive Discipline for Parents (2hrs)
- Vulnerable Adults Mandated Training
- Working with Infants Experiencing Withdrawal (2hrs)

Foster Parent College

Foster Parent College trainings are additional pre-recorded trainings offered to foster parents at no cost.

- To learn more, visit Foster Parent College at www.fosterparentcollege.com
- Send an email to fostercare@hennepin.us to request an account.