

Connections to resources

The Parent Support Outreach program can help you find support and provide assistance handling many types of issues, including:

Your family's health

- Medical needs
- Mental health and crisis counseling
- Resources to stay clean and sober
- Parenting help

Basic needs

- Food and clothing
- Limited housing resources
- Safety from violence at home
- Academic success

Financial needs

- Limited financial assistance
- Job training and search
- Money management



Find out more

hennepin.us/parentsupport

PSOPnewreferrals@hennepin.us

612-348-0211



Hennepin County
Human Services and Public Health

hennepin.us

Parent Support Outreach Program
Here. Helping all families thrive.



Hennepin County can connect you with help so you can be the parent you want to be.

How the program works

Participation is voluntary, but getting help even for a short time can make a difference. We will help you find a parent support practitioner who will work with you at a time that fits in your schedule. Services can take place at home, at the agency or in the community.

To qualify, you need to:

- Live in Hennepin County
- Be pregnant or have at least one child 10 years old or younger in the home
- Need help with issues that make it hard to be a parent, such as financial challenges, addiction, domestic violence, homelessness, abuse, neglect or behavioral health concerns



How to apply

We accept referrals from community agencies or school staff, or clients themselves can apply.

- Visit hennepin.us/parentsupport.
- Download and fill out the program application and privacy forms.
- Fax the application and forms to 612-677-6450. You will get a call back within 10 days.



Partner support programs

PSOP school initiative

The PSOP school initiative enhances early identification, intervention and prevention services for students and families who attend school in Hennepin County. Partnering schools identify children/families who may benefit from services to address issues that the family may not be able to resolve on their own. This collaboration helps ensure that families gain access to support services sooner.

Family Stabilization Services (FSS)

PSOP collaborates with the Family Stabilization Services program to ensure early identification, intervention and prevention services for families receiving services from Hennepin County. This collaboration helps ensure that families have easier and more timely access to the support they need.

The PSOP program is very nice for parents that need resources and services. I really appreciate my social worker because she has been in my corner as a support helping my family with the services that we need which is a blessing.

– Tishanda